

North Central Thames Foundation School (NCTFS)

Individual Placement Description – Royal Free London NHS Foundation Trust (Barnet Hospital)

Trust	Royal Free London NHS Foundation Trust
Site	Barnet Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL26/FND/FY1/008 LDN/RAL26/FND/FY1/009 LDN/RAL26/FND/FY1/010 LDN/RAL26/FND/FY1/011 LDN/RAL26/FND/FY1/040
Placement	F1 General Medicine: Acute Medical Unit
The department	The Acute Medicine department is comprised of AAU and MSSU wards and AEC, which are short-stay wards for emergency medical patients with an anticipated stay of 48-72 hours. These areas are covered by a team of 8 consultants . There are daily consultant ward rounds. MSSU has 2 dedicated consultants each week to provide senior input and continuity to patient care.
The type of work to expect and learning opportunities	The FY1 doctor will spend time between the AAU and MSSU and provide daily medical care to acute general medical patients in a ward-based setting. This will include participating in the daily consultant-led ward round, and then providing care to patients including relevant treatment, investigation and referral to specialties. The Acute Medicine setting allows for recognition and management of the acutely ill patient. Learning opportunities: <ul style="list-style-type: none"> • professionalism • good clinical care including history, examination, diagnosis and clinical decision making • safe prescribing • recognition and management of the acutely ill patient • patients with long-term conditions • core procedures • investigations • interface with different specialties
Location	Barnet Hospital: Acute med covers AAU, MSSU and AEC, F1s alternate between AAU and MSSU (not necessarily weekly)
Supervisor(s)	Dr Lauren Farber, Dr Ayano Funaki, Dr Beth Carr
Main duties of the placement	The FY1 doctor is responsible for ward-based patient care in conjunction with other team members. One is expected to fulfil the clinical duties as allocated by the consultant on the daily ward-round, and additionally assist in providing emergency care for acutely unwell patients. One is expected to attend weekly mandatory FY1 teaching.
Typical working pattern in this placement	<u>Routine:</u> (0830 – 1730) <i>Daily:</i> 0830: Medical handover 0830/0900: Morning ward-round 1300 – 1400 – FY1 teaching/Acute Medicine teaching <u>Teaching:</u> <i>Tuesday:</i> 1300 – 1400 – FY1 teaching <i>Thursday:</i> 0800 – 0900 – Medical grand round <u>On-call:</u> General medical on-call rota covering Take clerking and OOH wards <i>Early shift:</i> 0830 – 2130; <i>Late Shift:</i> 1100 – 2130; Approximately 1 in 1/3 weekend shifts.
Employer information	The employer for this post is Royal Free London NHS Foundation Trust - Barnet Hospital. The post will be based in Barnet Hospital . Barnet Hospital is based in north London, providing general and specialist care to patients. The Royal Free London NHS Foundation Trust runs three hospitals in London: <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital Across our three London hospitals, our vision is clear: to deliver world class expertise and

local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.

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How the Royal Free will achieve its mission

We will achieve our mission by making sure that we have:

- Excellent outcomes, in our clinical treatment, research and teaching
- Excellent experiences for patients, staff and GPs
- Excellent value, by improving the efficiency and productivity of our services, and reducing costs
- Full compliance, meeting or exceeding all regulatory standards and outcomes we are set
- A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges

How the Royal Free measures its performance

- In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for:
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Placement	F1 Cardiology
The department	The department is comprised of 9 consultants and 4-5 registrars. The consultants rotate ward cover on a weekly basis, in between which they carry out other work eg clinics/cath lab. They each have a different sub-specialty interests and usually have links to Barts Hospital
The type of work to expect and learning opportunities	The F1 duties include the ward duties (usually) for 8-15 patients, either on CCU, the male ward or the female ward. This involves taking responsibility for knowing the patients, presenting them on the ward rounds, and carrying out the jobs generated from the ward round. They are also responsible for dealing with and escalating where necessary the deteriorating patient and clerking in patients admitted from the cath lab or repatriated from tertiary centres. There are opportunities to learn from ward duties including diagnosing and managing common conditions and interpretation of results. There is cardiology teaching on alternate Wednesday lunch time which you are expected to attend.
Location	Barnet General Hospital
Supervisor(s)	Dr Deven Patel, Dr Ameet Bakhai, Dr Nelson Amaral, Dr Manoj Makharia, Dr Paramjit Jeetley
Main duties of the placement	<ul style="list-style-type: none"> • Prepare patients for ward rounds • Carry out jobs from ward round • Check and act on blood results • Keep accurate records in notes • Write timely and accurate discharge summaries • Act on problems arising during the day • Act rapidly on any potential health issues for rota and cover planning to cardiology service managers, rota coordinator registrars and HR team, supervisors • Act in conjunction with the registrars as their 'on the ground' line managers for work, education and supervision support • Work professionally with nursing staff, physician associates, pharmacists, research practitioners and other allied professionals • Discuss care with patients and families • Communicate with other team members including handover at evenings/weekends • Ensure accurate discharge summaries and electronic documentation • Ensure timely onward referrals to other sites for procedures • Ensure accurate post discharge planning and discussions with primary care teams if needed • Attend audit and governance meetings • Support research activities with identifying patients and communication and timely liaison with research teams •
Typical working pattern in this placement	<p>Mon – Fri: 0830 – 1730 based on ward</p> <p>Morning: ward round (time depends on which ward you are working on) 08:30 CCU, 09:00 board round in Rowan ward</p> <p>Afternoon: Jobs and occasional clinics or cath lab</p> <p>On-call commitments: General Medical on call rota covering Medical Take clerking and wards: Early shift: 0830-2130, Late shift: 1200-2130 Approximately 1 in 3 weekend shifts.</p>

Employer information

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The post will be based in **Barnet Hospital**. Barnet Hospital is based in north London, providing general and specialist care to patients.

The Royal Free London NHS Foundation Trust runs three hospitals in London:

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- Chase Farm Hospital
- Royal Free Hospital

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Placement	FY1 – Diabetes and Endocrinology within General Medicine Acute Rota
The department	The medicine department consists of several firms covering all of the following specialties: Respiratory, Rheumatology, Gastroenterology, Geriatrics, Endocrinology, Stroke, Cardiology, Haematology, and CDU (acute medicine)
The type of work to expect and learning opportunities	Ward based except when on call. Regular on call either clerking new admissions on medical take in A&E or ward cover for hospital. Cover short stay ward approx 1 week in 11. Learning opportunities: <ul style="list-style-type: none"> - clerking and examining patients - safe prescribing - accurate medical record keeping - time management and effective clinical prioritisation - Effective communication with relatives and patient and colleagues - Use of evidence, guidelines and audit to benefit patient care - Patient education
Location	Barnet Hospital
Clinical / Educational Supervisor(s)	Dr Sabina Russell
Main duties of the placement	Ward base care of patients, maintenance of medical records on ward rounds, patient assessment, investigation, liaising with other MDT members for effective discharge planning. Attend diabetic foot MDT. Attend structured FY1 teaching (Tuesdays) Endocrine teaching (Thursdays) On-call commitments for general medicine including weekend and evening work (includes patient clerking, ward cover and attending emergencies). One week on short stay ward.
Typical working pattern in this placement	Daily work is 08:30 until 17:30. Handover every morning, followed by ward round, teaching or clinic. On call shifts either 08:30-21:30 or 12:00 to 21:30. 2100-08.30 1 in 4 weekends on-call.
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Placement	F1 Gastroenterology
The department	General Medicine / Gastroenterology firm
The type of work to expect and learning opportunities	<p>The Dept comprises 8 Consultant gastroenterologists who look after the acute wards on a rotating basis.</p> <p>The department has many outpatient clinics and endoscopy lists</p> <p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers. <p>There is a Medical Day Treatment Unit where you may be required to attend to help with venesections, biologics/iron infusion reactions, and ascitic drainage procedures.</p>
Location	Barnet Hospital
Supervisor(s)	Dr Steve Mann
Main duties of the placement	<p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record.</p> <p>They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
Typical working pattern in this placement	<p>Mon: Ward Round, jobs</p> <p>Tues: Ward Round + jobs</p> <p>Wed: Ward Round, jobs</p> <p>Thurs: Ward Round +-jobs</p> <p>Fri: Ward Round, jobs</p> <p><u>On-call:</u> General medical on-call rota covering Take clerking and OOH wards <i>Early shift:</i> 0830 – 2130; <i>Late Shift:</i> 1300 – 2300 Approximately 1 in 2/3 weekend shifts.</p>
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust - Barnet Hospital.</p> <p>The post will be based in Barnet Hospital. Barnet Hospital is based in north London, providing general and specialist care to patients.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital

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Trust	Royal Free London NHS Foundation Trust
Site	Springwel Centre, Barnet Hospital, EN5 3DJ
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL26/FND/FY1/037
Placement	FY1 in General Adult Psychiatry – Barnet Early Intervention in Psychosis Service
The department	<p>The trainee will join the Barnet Early Intervention in Psychosis Service (EIPS) which is part of the Barnet Borough structure. The team is based in the Springwell Centre, Barnet Hospital.</p> <p>The EIPS covers the whole of the borough of Barnet (population very approximately 350,000). The EIPS manages the care of patients who present with a first episode of psychosis. Currently the teams work with patients between 18 and 65 years, with patients presenting between the ages of 14 and 18 being held within the CAMHS service.</p> <p>Barnet EIPS holds a maximum caseload of 147. Referrals are received from a number of sources. The team offers a timely response to referrals in keeping with the tenets of early intervention work, with the aims of reducing the duration of untreated psychosis and improving outcomes. The service is subject to the 2 week access and wait time standard for people presenting with first episode psychosis.</p> <p>The work of the team involves proactive engagement, and initiation of drug and psychosocial treatments. There is a strong focus on social, educational and occupational recovery aiming for maximum symptomatic and functional recovery and the prevention of relapses. The team aims wherever possible to discharge clients back to primary care.</p> <p>The trainee will assist in the assessment and management of patients under the supervision of one of the part time Consultants, Dr Richard Parkin. The other part time Consultant is Dr Lubna Anwar. The majority of patients will be seen in out-patient clinics based at the Springwell Centre and the Redhill Clinic in Edgware. Some patients and their families will be seen in their own home. The trainee will also join other members of the team on their visits to gain experience of early intervention working.</p> <p>The team is currently made up of 2 part-time Consultants (= 1 whole time equivalent), a whole time Specialist Registrar, a Team Manager, one senior nurse practitioner, 4.6 community psychiatric nurses, 2 psychologists (1.6 wte), 1 family therapist, 3 associate mental health workers and 0.8 admin.</p> <p>Dr Anwar will work with the team for 3 days - Monday to Wednesday and Dr Parkin is with the team on a Wednesday morning, all day Thursday and Friday morning. On a Wednesday pm Dr Parkin works on the Adult ADHD Clinic at the Springwell Centre and the FY1 Dr is very welcome to sit in on this.</p>
The type of work to expect and learning opportunities	<p>This is an excellent opportunity for the F1 to gain a broad experience of how mental disorders first present to services. They will also see how this impacts reciprocally on families and they will get some exposure to the psychological and social consequences. Most of the work will be done alongside the medical members of the team or qualified nursing staff. If deemed appropriate the F1 may see patients on their own but will have</p>

	<p>quick access to supervision. As a minimum requirement the first month will be spent shadowing the Consultant and other medical and nursing staff. The trainee should gain experience of diagnosis and management of patients presenting with a first episode of psychosis and the effect on their social and family situation and overall functioning.</p> <p>The educational objectives of the F1 year are to provide the trainee with the knowledge, skills and aptitudes to be able to:</p> <ul style="list-style-type: none"> • Take a psychiatric history and a mental state examination. • Undertake clinical assessment and review of patients who are presenting with a first episode of psychosis. This includes carrying out relevant investigations • Advise on any associated medical problems • Assess risk and prioritise safe clinical practice • Communicate effectively with patients, carers and colleagues • Communicate with patients in difficult circumstances such as domestic violence, child protection cases • Learn to work effectively in a multi-disciplinary team in a community setting • Keep accurate and relevant medical records • Develop diagnostic skills and clinical decision making in psychiatry • Learn to conduct safe prescribing for psychiatric crises • Assist patients in making their own decisions and working within the 'Recovery Model' approach • Take part in care planning for transfer to other secondary psychiatric teams • Plan discharges back to primary care with the team and consultant • Manage physical illness in EIPS patients in collaboration with the GP • Interface with general practice and other specialties as necessary • Use evidence based practice, NICE guidelines, Trust protocols and audit to benefit patient care • Educate patients about good physical and mental health effectively • Cope with ethical and legal issues which occur during the management of psychiatric patients • Maintain and use systems to update knowledge and its application to any aspect of your professional practice • Monitor and maintain professional performance • Become life-long learners and teachers • Learn about careers in Psychiatry • Act in a professional manner at all times • Opportunity to contribute to clinical audit and/or quality improvement work
Location	Springwell Centre, Barnet Hospital, Wellhouse Lane, Barnet, Herts, EN5 3DJ
Clinical / Educational Supervisor(s)	Dr Richard Parkin
Main duties of the placement	The F1 doctor is responsible with other staff for the care of patients under the EIPS and the maintenance of the patient's electronic medical records. They will have the opportunity to work with the consultant and other senior members of the team seeing patients in various settings on a daily basis. They are expected to attend the structured teaching programmes provided by the department. They may have the opportunity to conduct small group teaching sessions with nursing students. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	<p>Monday am – OP clinic Monday pm – OP clinic/home visits</p> <p>Tuesday am – OP clinic Tuesday pm – OP clinic</p> <p>Wednesday am – MDT meeting</p>

	<p>Wednesday pm – Home visits/ADHD Clinic</p> <p>Thursday am – OP clinic Thursday pm – OP clinic/admin</p> <p>Friday am – OP clinic/supervision Friday pm – Academic Programme Springwell Centre, admin</p>
<p>Employer information</p>	<p>The employer for this post is Barnet and Chase Farm NHS Trust.</p> <p>Barnet and Chase Farm Hospitals NHS Trust is a major hospital trust based in north London, across two main hospital sites, providing general and specialist care to patients.</p> <p>Every year we treat thousands of families offering high quality, specialist hospital treatments and therapies to over half a million patients from Barnet, Enfield, Haringey, East Harrow, South Hertfordshire, South Essex and Waltham Forest.</p> <p>Our mission statement - Barnet and Chase Farm Hospitals NHS Trust will deliver excellent patient outcomes and care, of which patients, the public and staff can be proud.</p> <p>Our objectives - We will work towards securing the organisation's future as part of an NHS Foundation Trust by 2014 through the following objectives:</p> <ul style="list-style-type: none"> • We will provide safe, accessible and modern clinical care. • We will respect the privacy and dignity of our patients and ensure the best possible patient experience, encouraging and acting upon patient feedback. • We will work with GPs, commissioners, partners and other stakeholders to deliver more integrated care in primary and community settings reflecting the diverse needs of our community. • We will deliver excellent operational performance and patient outcomes. • Staff will be engaged in the success of the organisation and have an equal opportunity to contribute to

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Site	Springwel Centre, Barnet Hospital, EN5 3DJ Clinics: Redhill Unit , 64 Station Road, Edgware HA87AB
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL26/FND/FY1/038
Placement	F1 General Psychiatry
The department	<p>The trainee will join the Barnet South Community Team, , covering the South of the London Borough of Barnet. The team is based at the Springwell Unit , Barnet general Hospital , It is a multidisciplinary team, which works with those patients with severe and enduring mental illness and complex needs. Out patients will be seen at the Redhill Unit, Station Road, Edgware.</p> <p>The trainee will assist in the assessment and management of patients under supervision of the consultant Dr Schipperheijn. This will occur in a clinic setting and in the patient's own home. The trainee will also join other members of the team on their visits to gain experience of how each member of the team contributes towards the Recovery process.</p> <p>The team is currently made up of 1.6 Consultants,; An ST4-6 doctor ; a part time speciality doctor ,a VTS Trainee, and a team of care coordinators, from nursing, occupational therapy and social work backgrounds. There is a team meeting once per week, which the F1 will be expected to take an active part in.</p>
The type of work to expect and learning opportunities	<p>Under current arrangements the F1 will see new patients and follow up patients. The Consultants, the Speciality Doctor and VTS Trainee will be able to assist and supervise as necessary. The first 2 weeks will be spent shadowing the Consultant and other senior staff.</p> <p>The trainee should gain experience of diagnosis and management of patients with severe mental illness and its effects on their social situation by observation of other team members, shadowing the Consultant and reviewing patients themselves with other members of the team. At times medical students are attached to the team and F1 would be expected to participate in their teaching.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> • Take a psychiatric history and a mental state examination. • Undertake clinical assessment and review of patients with long term mental illness such as schizophrenia, bipolar disorder, severe personality disorder and treatment resistant depression, including relevant investigations • Communicate effectively with patients, carers and colleagues • Communicate with patients in difficult circumstances such as domestic violence, child protection cases • Learn to work effectively in a multi-disciplinary team in a community setting • Keep an accurate and relevant medical record • Develop diagnostic skills and clinical decision making in psychiatry • Manage acute mental symptoms and self-harm in patients with chronic mental disorders • Assist patients in making their own decisions and working within the 'Recovery Model' approach • Plan discharges back to primary care with the team and consultant • Manage physical illness in patients with chronic mental disorder in collaboration with the GP • Manage psychiatric and medical emergencies in the community centre • Assess risk and prioritise safe clinical practice • Interface with general practice and other specialties as necessary • Use evidence based practice, NICE guidelines, Trust protocols and audit to benefit patient care • Educate patients about good physical and mental health effectively

	<ul style="list-style-type: none"> • Cope with ethical and legal issues which occur during the management of psychiatric patients • Maintain and use systems to update knowledge and its application to any aspect of your professional practice • Monitor and maintain professional performance • Become life-long learners and teachers • Learn about careers in Psychiatry • Act in a professional manner at all times <p>The consultant chairs the Balint group and supervises junior doctors in their long psychotherapy case (psychodynamic psychotherapy) and would expect the F1 to participate in these groups.</p>
Location	Springwel Centre, Barnet Hospital, EN5 3DJ Clinics are held in Redhill clinic
Clinical / Educational Supervisor(s)	Dr Johanna Schipperheijn, (Dutch medical qualifications; Kandidaats and Arts examen in Medicine) MRCPsych, MA in psychoanalytic psychiatry
Main duties of the placement	The F1 doctor is responsible with other staff for the community care of patients and the maintenance of the patient's electronic medical records. They will have opportunity to work with the consultants in outpatients clinics for at least three day each week and also conduct home visits with more experienced members of the multi-disciplinary team. They are expected to attend the structured teaching programmes provided by the department. They will have the opportunity to conduct small group teaching sessions with medical students..The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	<p>Mon: am clinic pm home visits/admin /</p> <p>Tues: am clinic pm Foundation teaching,</p> <p>Wed: am clinic pm home visits /emergency work/ Academic Programme (Zoom)/ balint group (MS Teams)/ psychotherapy supervision.</p> <p>Thurs: am/pm HTT meeting ;team meeting ; Referral meeting.</p> <p>Fri: am clinic/admin ; pm supervision for foundation doctor and VTS trainee</p>
Employer information	<p>The employer for this post is Barnet and Chase Farm Hospitals NHS Trust.</p> <p>Barnet and Chase Farm Hospitals NHS Trust is a major hospital trust based in north London, across two main hospital sites, providing general and specialist care to patients.</p> <p>Every year we treat thousands of families offering high quality, specialist hospital treatments and therapies to over half a million patients from Barnet, Enfield, Haringey, East Harrow, South Hertfordshire, South Essex and Waltham Forest.</p> <p>Our mission statement - Barnet and Chase Farm Hospitals NHS Trust will deliver excellent patient outcomes and care, of which patients, the public and staff can be proud.</p> <p>Our objectives - We will work towards securing the organisation's future as part of an NHS Foundation Trust by 2014 through the following objectives:</p> <p>We will provide safe, accessible and modern clinical care. We will respect the privacy and dignity of our patients and ensure the best possible patient experience, encouraging and acting upon patient feedback. We will work with GPs, commissioners, partners and other stakeholders to deliver more integrated care in primary and community settings reflecting the diverse needs of our community. We will deliver excellent operational performance and patient outcomes. Staff will be engaged in the success of the organisation and have an equal opportunity to contribute to it. We will continue to deliver financial performance in accordance with our long term financial plan.</p> <p>.....</p>

The post will be based in a Community Support and Recovery Team base in the West of Barnet, within the Barnet, Enfield and Haringey Mental Health NHS Trust (BEHMHT).

BEHMHT are a large provider of integrated mental health and community health services, following the transfer of Enfield Community Services in January 2011. We currently employ 2,800 staff and our annual income in 2013-14 is £189 million.

We provide specialist mental health services to people living in the London boroughs of Barnet, Enfield and Haringey and a range of more specialist mental health services to our core catchment area and beyond. Following the transfer of Enfield Community Services, we also provide the full range of child and adult community health services in Enfield and are increasingly integrating these with our mental health services to provide a range of more holistic services.

In January 2014 we were awarded 'University Affiliated' by Middlesex University. The 'University Affiliated' status will facilitate stronger working relations, including the opportunity for experienced academics at Middlesex and experienced clinicians within the Trust to co-produce mental health education and research projects which meet the needs of local people. This agreement will enhance the current partnership between the two organisations, demonstrating a strong commitment to education, research and development.

The Trust's patient care services are now managed through 'Service Lines'. Service lines bring all services which treat or support people with similar mental health conditions into one overall team.

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Placement	FY in Old Age Psychiatry – Barnet Mental Health Services for Older People
The department	<p>The trainee will join Barnet's Old Age Psychiatry Service. The team is based at the Springwell Centre, Barnet Hospital. This is a busy and well-established service providing Mental Health care for a large elderly population in the borough of Barnet. The service includes two CMHTs (East and West), a Memory Service, a continuing care unit (Ken Porter ward), and has access to and liaises closely with the inpatient unit at Chase Farm Hospital (The Oaks) and the psychiatric liaison team based at Barnet Hospital. The emphasis of the service is on community-based assessment and treatment. Responsibility is accepted for the full range of psychiatric disorders affecting those over 65. Requests for domiciliary assessments are received from General Practitioners and visits are carried out by a doctor, usually accompanied by either a community mental health nurse (CMHN) or Social Worker. A minority of patients are subsequently admitted to the inpatient unit for assessment and treatment. The Department of Medicine for the Elderly is based at Barnet Hospital. There are medical rehabilitation beds at Edgware and Finchley Community Hospitals. The CMHN service provides ongoing support, education and supervision for patients and carers. Occupational Therapists provide specialist assessments of patients' functional abilities and activities of daily living in order to maximise independence. They also offer Anxiety Management treatments and a Community Support Group. The Psychology service provides psychometric assessments as well as psychotherapy for elderly patients.</p>
The type of work to expect and learning opportunities	<p>The service is responsible for providing a broad range of clinical interventions for people with various psychiatric disorders, functional and/or organic. The trainee will assist in the assessment and management of patients under the supervision of the Consultant. Patients will be seen in the Memory Clinic. Clinical duties will include memory assessment in the memory clinic and care of patients on Ken Porter continuing care ward. This will provide the trainee with clinical experience in a variety of settings, with exposure to the full spectrum of psychiatric conditions affecting older adults. The overall educational objectives of the FY doctor are to provide the trainee with the knowledge, skills and aptitudes to be able to:</p> <ul style="list-style-type: none"> • Take a competent psychiatric history and a mental state examination as part of diagnostic assessment • Be competent in carrying out an extended cognitive assessment • Be clinically competent in carrying out diagnostic assessments on people with suspected dementia • Undertake clinical assessment and review of older patients who present with disorders of mental health, both functional and organic, including arranging

	<p>relevant investigations</p> <ul style="list-style-type: none"> • Manage/advise on any associated medical emergencies • Assess risk and prioritise safe clinical practice • Communicate effectively with patients, carers and colleagues • Learn to work effectively in a multi-disciplinary team in a community setting • Keep accurate and relevant medical records • Develop diagnostic skills and clinical decision making in psychiatry • Interface with general practice and other specialties as necessary • Use evidence-based practice, NICE guidelines, Trust protocols and audit to benefit patient care • Educate patients about good physical and mental health effectively • Cope with ethical and legal issues which occur during the management of psychiatric patients • Develop knowledge of medico-legal aspects of old age psychiatry, including knowledge of the Mental Health Act, Mental Capacity Act, Deprivation of liberty, Testamentary Capacity • Be aware of the range of services available for older people in the community • Develop knowledge of Pharmacological and Psychosocial treatments used in Old Age Psychiatry • Maintain and use systems to update knowledge and its application to any aspect of your professional practice • Monitor and maintain professional performance • Become life-long learners and teachers • Learn about careers in Psychiatry • Act in a professional manner at all times
Location	Springwell Centre, Barnet Hospital, EN5 3DJ
Clinical / Educational Supervisor(s)	<p>Formal weekly Clinical/Educational supervision: Dr Robert Tobiansky (based at the Ken Porter ward)</p> <p>Day-to-day clinical supervision of Memory Service work: Dr Amirtha Pasupathy</p>
Main duties of the placement	<p>Under the supervision of your consultant, you are expected to assume responsibility for the assessment and management of patients allocated to you. You will carry out clinical assessments and reviews on patients. You may expect to encounter patients with a broad range of psychiatric disorders, including cognitive impairment, depressive disorders and psychotic disorders. You are expected to keep medical records to a high standard. Duties will include shared clinical care of patients on Ken Porter ward, a continuing care unit with long stay patients, many of whom are subject to treatment under the mental health act. Under the supervision of your Consultant, you will prescribe pharmacological and psychosocial treatments for the patients that you are working with. You will refer them promptly to other professionals as directed by your Consultant. During the course of your placement you may encounter patients presenting with urgent psychiatric disorders. You may encounter patients with acute medical disorders and will need to use your clinical skills to ensure their safe transfer to an acute hospital. You will see older patients who require urgent psychiatric assessment. You will have access to advice and guidance from a Consultant at all times.</p>
Typical working pattern in this placement	Ken Porter ward Tuesday and Thursday AM. Based at Memory Service for the remainder.
Employer information	The employer for this post is Barnet and Chase Farm NHS Trust. The post will be based in Barnet Hospital. Barnet and Chase Farm Hospitals NHS Trust is a major

	<p>hospital trust based in north London, across two main hospital sites, providing general and specialist care to patients. Every year we treat thousands of families offering high quality, specialist hospital treatments and therapies to over half a million patients from Barnet, Enfield, Haringey, East Harrow, South Hertfordshire, South Essex and Waltham Forest. Our mission statement - Barnet and Chase Farm Hospitals NHS Trust will deliver excellent patient outcomes and care, of which patients, the public and staff can be proud. Our objectives - We will provide safe, accessible and modern clinical care. • We will respect the privacy and dignity of our patients and ensure the best possible patient experience, encouraging and acting upon patient feedback. • We will work with GPs, commissioners, partners and other stakeholders to deliver more integrated care in primary and community settings reflecting the diverse needs of our community. • We will deliver excellent operational performance and patient outcomes. • Staff will be engaged in the success of the organisation and have an equal opportunity to contribute to</p>
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North Central Thames Foundation School (NCTFS)

Individual Placement Description – Royal Free London NHS Foundation Trust (Barnet Hospital)

Trust	Royal Free London NHS Foundation Trust
Site	Barnet Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	<p>LDN/RAL26/FND/FY1/014</p> <p>LDN/RAL26/FND/FY1/015</p> <p>LDN/RAL26/FND/FY1/016</p> <p>LDN/RAL26/FND/FY1/017</p> <p>LDN/RAL26/FND/FY1/018</p> <p>LDN/RAL26/FND/FY1/019</p> <p>LDN/RAL26/FND/FY1/020</p> <p>LDN/RAL26/FND/FY1/021</p> <p>LDN/RAL26/FND/FY1/033</p>
Placement	F1 General Surgery
The department	The General surgical department consists of approximately 7 surgical consultants which cover general and colorectal surgery. The department (ward team) is split into 3 main teams of junior doctors who are distributed accordingly to cover the consultants (on call and post-take). Patients served include those undergoing surgery for colorectal malignancies, to day cases such as hernia repairs and laparoscopic cholecystectomies.
The type of work to expect and learning opportunities	<p>The F1 role is primarily ward based, with doctors caring for patients of the ward and ensuring medical needs are met. Each day begins with a ward round led by a senior member of the team, from which the care plan is established for each patient, and is subsequently carried out by the team.</p> <p>Doctors are able to fulfill the educational objectives expected in the F1 role including but not limited to:</p> <ul style="list-style-type: none"> • Taking histories and examining patients • Identification and recognition of problems • Safe prescribing • Keeping accurate and relevant medical records • Management of time and clinical priorities • Effective communication with patients, relatives and colleagues • Use of evidence, guidelines and audit to benefit patient care • Professionalism • Coping with ethical and legal issues which occur during the management of patients • Education of patients • Learning and the teaching of others <p>In addition to ward work, F1 doctors are also given the opportunity to attend and assist in theatre during the placement.</p>
Location	Barnet General Hospital, primarily on Damson and Cedar wards
Supervisor(s)	Mr Maitham Alwhouhayb, Mr Daren Francis, Mr Michael Saunders, Mr Luis Soares, Mrs Helena Tabry, Mr Neel Sengupta, Mr Martin Klein
Main duties of the placement	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. Duties can include arranging for specific investigations to be carried out to help with diagnosis, as well as developing practical skills such as cannulation and phlebotomy. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other clinical duties as allocated by consultants including supporting senior doctors in specific circumstances.
Typical	Daily: 0800 Ward round, followed by ward cover, possible Night shifts

working pattern in this placement	<p>Tue: 1300 formal teaching Weds: 1300 formal teaching Fri: Grand round</p> <p>On call requirements: 3x weekends 0800 – 2000 (Sat-Sun). Approximately 15 weekdays in total (in 5 day blocks) that are either 0800 - 2030 or 10:00 – 22:30</p>
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust - Barnet Hospital. The post will be based in Barnet Hospital. Barnet Hospital is based in north London, providing general and specialist care to patients.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: • quality of clinics and treatments • medical research • teaching and training new medical staff • patient satisfaction and experience • value for money

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North Central Thames Foundation School (NCTFS)

Individual Placement Description – Royal Free London NHS Foundation Trust (Barnet Hospital)

Trust	Royal Free London NHS Foundation Trust
Site	Barnet Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL26/FND/FY1/001 LDN/RAL26/FND/FY1/002 LDN/RAL26/FND/FY1/004 LDN/RAL26/FND/FY1/013 LDN/RAL26/FND/FY1/024 LDN/RAL26/FND/FY1/030 LDN/RAL26/FND/FY1/031 LDN/RAL26/FND/FY1/041
Placement	F1 in Care of the Elderly (CoE)
The department	The Dept of Medicine for the Elderly is comprised of 23 consultants with varied interests, including falls, Parkinsons disease, continence, stroke and TIA and orthogeriatrics. All participate in the acute medical on-call rota and rotate through the wards.
The type of work to expect and learning opportunities	<p>The trainee is ward-based (comprising 'normal' working days) and delivers daily medical care to all patients on their ward (including some outliers) as part of a multi-disciplinary team. The overall educational objectives of the F1 year are to provide the trainee with the knowledge and skills to be able to:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify differentials and draw up a problem list • Safe prescribing • Keeping accurate medical records • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which arise during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers <p>Managing acute presentations is facilitated by participating in the acute medical on-calls, which cover a wide range of medical conditions and across all age groups. There is a varied mix of ward patients, however, the majority of patients are elderly.</p>
Location	Palm, Olive, Larch, Juniper, Spruce, Mulberry, Beech and Rainbow Wards, Barnet General Hospital
Supervisor(s)	Dr Dan Epstein, Dr Debbie Bertfield, Dr Shahid Noor, Dr Shama Mani, Dr Tariq Khilji, Dr Tim Gluck, Dr Sam Qureshi, Dr Adam Webber, Dr Justin Penge, Dr Mel Romain, Dr David Levy, Dr Devesh Shah, Dr Jo Fleming, Dr Anna Steel, Dr Patrick Harbinson, Dr Sarah Fowler, Dr Tamar Ish-Horowicz, Dr Rosalind Kings, Dr Rob Barker, Dr Raj Vignaraja
Main duties of the placement	The F1 doctor is responsible along with the rest of the team for the ward care of patients and the maintenance of the patient's medical record. They are expected to attend the FY1 teaching, medical grand round and departmental teaching programmes. Additionally there is the opportunity to participate in regular MDT meetings and other activities, which form the basis of elderly care.
Typical working pattern in this placement	<p>Daily: 0900 Daily consultant ward round</p> <p>Mon: 0830 – 1730 ward cover</p> <p>Tues: 0830 – 1730 ward cover 1300 – 1400 Formal FY1 teaching programme</p> <p>Wed: 0830 – 1730 ward cover</p> <p>Thurs: 0800 – 0900 Grand Round 0930 – 1730 ward cover</p>

	<p>Fri: 0830 – 1730 ward cover 1300 – 1400 CotE departmental teaching program</p> <p>On-call: <i>General medical on-call rota covering Take clerking and OOH wards</i> <i>Early shift: 0830 – 2130; Late Shift: 1200 – 2130; Nights: 2100 - 0900</i> <i>Approximately 1 in 4/5 weekend shifts.</i></p>
<p>Employer information</p>	<p>The employer for this post is Royal Free London NHS Foundation Trust - Barnet Hospital. The post will be based in Barnet Hospital. Barnet Hospital is based in north London, providing general and specialist care to patients.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: • quality of clinics and treatments • medical research • teaching and training new medical staff • patient satisfaction and experience • value for money

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North Central Thames Foundation School (NCTFS)

Individual Placement Description – Royal Free London NHS Foundation Trust (Barnet Hospital)

Trust	Royal Free London NHS Foundation Trust
Site	Barnet Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL26/FND/FY1/022 LDN/RAL26/FND/FY1/036
Placement	F1 ITU / Anaesthetics
The department	<p>The ITU team at Barnet General Hospital consists of 5 consultants – all anaesthetics qualified. Our ITU team consists of consultants, registrars/CT2s and an F1, as well as senior nursing staff and an HCA, as well as all other allied healthcare professionals. The unit has 12 beds and has capacity for up to 7 ventilated patients.</p> <p>The Anaesthetics department at Barnet is extensive, with consultants with a variety of specialist interests including Paediatrics and total intravenous Anaesthesia. There are 5 main theatres and 3 day surgery theatres; however endoscopy, obstetrics and interventional radiology departments also require Anaesthetic cover.</p>
The type of work to expect and learning opportunities	<p>Although the F1 role in ITU/Anaesthetics is described as supernumerary, this is not the case whilst on ITU. The daily team on ITU consists of a consultant, registrar/SHO and the F1. The placement includes surgical on-calls and is in fact a 50:50 split between ITU and general surgery on-calls</p> <p>Duties include:</p> <ul style="list-style-type: none"> • Attending morning handover • Performing daily examinations of patients • Formulating plans • Checking blood results and other investigations • Going on a consultant-led ward round • Putting plans in action i.e. booking relevant tests and investigations, referrals as necessary • Understand ventilation and different modes/methods used • Discharge planning and handover of patients being stepped down • If clinical duties allow, to attend cardiac arrest calls • If clinical duties allow, to see outreach referrals on other wards • Communication with patients, relatives and colleagues • Professionalism • Attending departmental teaching <p>Whilst on ITU, the trainee will have the opportunity develop their practical skills and once learnt they will be expected to sue these to help out with duties on the ward. Practical skills include – Ultrasound guided cannulation, arterial lines, central lines, lumbar puncture, vascaths, bronchoscopy, tracheostomy. Airway management skills will also be developed on the unit and attending cardiac arrest calls.</p> <p>On Anaesthetics the duties are different:</p> <p>Perform pre-operative assessment before surgical list begins each morning</p> <ul style="list-style-type: none"> • Present each case to the consultant/senior registrar in charge of the list • Check the Anaesthetic machine (once taught how to) • Prepare the emergency medicines tray (once competent) • Draw up medications for each case (once competent) • When patient arrives in theatre, to aid with patient checks, insert cannula and pre-oxygenate patient • Airway management during Anaesthesia • Understand types of ventilation during surgery • Transfer to recovery and handover • Ensuring post-operative analgesia and anti-emetics prescribed
Location	Barnet General Hospital ITU/Main theatres/Day Surgery Unit/Interventional Radiology
Supervisor(s)	Dr Versha Pandit.
Main duties of the placement	On ITU, you are responsible for the assessment of patients, and acting on any clinical deterioration. At times, you will be working alone as your seniors may be caught up with referrals/arrests elsewhere in the hospital. There are ward-based duties and maintaining patient records, however it is imperative to know the patient history and handover relevant information. It is also the F1s

	<p>responsibility to present patients at the weekly MDT, and to receive input from the allied healthcare professionals.</p> <p>In Anaesthetics, the F1s duty is the same as all other ACCS/SHO trainees and the emphasis is put on learning new skills in a new environment and put these into practice under close guidance of seniors.</p>
Typical working pattern in this placement	<p>Daily start – 0800 and handover on ITU</p> <p>End times – around 1700 although on ITU this is normally later</p> <p>Ward cover on ITU everyday</p> <p>Anesthetics, see pre-op patients by 0830 and be ready to start in anaesthetic room</p> <p>Weekly F1 teaching on Tuesdays – 1300</p> <p>Weekly ITU teaching on Thursday lunchtimes</p>
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust - Barnet Hospital. The post will be based in Barnet Hospital. Barnet Hospital is based in north London, providing general and specialist care to patients.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: • quality of clinics and treatments • medical research • teaching and training new medical staff • patient satisfaction and experience • value for money

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North Central Thames Foundation School (NCTFS)

Individual Placement Description – Royal Free London NHS Foundation Trust (Barnet Hospital)

Trust	Royal Free London NHS Foundation Trust
Site	Barnet Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL26/FND/FY1/025 LDN/RAL26/FND/FY1/042
Placement	FY1 General Paediatrics/Neonates
The department	The department of Paediatrics comprises a General Paediatric Ward, Neonatal Unit (level 2), Paediatric Accident and Emergency and Outpatient clinics . There are special clinics in interests in Epilepsy, allergy, asthma and diabetes. The department is closely linked with tertiary centre at Great Ormond Street Hospital.
The type of work to expect and learning opportunities	Role of the FY1 is mostly ward based work on General Paediatric Ward: Participation in daily ward round (usually consultant-led), ensures TTAs are written in timely manner to allow efficient discharge, updates ward list in time for handover, attend psycho-social meeting and x-ray meeting. opportunities to attend PAU and A&E and clerk patients. Opportunities to attend neonatal unit and clinics. Safeguarding training.
Location	Barnet
Clinical / Educational Supervisor(s)	Dr Austin Isaacs, Dr James Rosenberg
Main duties of the placement	Cover ward duties: updates ward list, discharge paperwork, helping PAU and on-call team, attends crash calls, prepares and chairs psychosocial meeting. Observe A&E to clerk new patients. SCBU week – attend deliveries, baby checks, attend ward rounds, X-Ray Meeting (prepares and chairs) and A&E week.
Typical working pattern in this placement	8.30am – 5pm. Handover at 8.30am and 4.30pm, Tuesday: X-Ray meeting (8:45 – 9:30) Wednesday: psychosocial meeting (13:30 – 14:30) No OOH work this year. At least 3 hours of paediatric teaching per week The foundation doctor is released to attend the weekly foundation teaching and self-learning time.
Employer information	The employer for this post is Royal Free London NHS Foundation Trust - Barnet Hospital . The post will be based in Barnet Hospital . Barnet Hospital is based in north London, providing general and specialist care to patients. The Royal Free London NHS Foundation Trust runs three hospitals in London: <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best. Our mission is to be world class in terms of healthcare treatment, clinical research and teaching

excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.

How the Royal Free will achieve its mission

We will achieve our mission by making sure that we have:

- Excellent outcomes, in our clinical treatment, research and teaching
- Excellent experiences for patients, staff and GPs
- Excellent value, by improving the efficiency and productivity of our services, and reducing costs
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How the Royal Free measures its performance

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Individual Placement Description – Royal Free London NHS Foundation Trust (Barnet Hospital)

Trust	Royal Free London NHS Foundation Trust
Site	Barnet Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL26/FND/FY1/006 LDN/RAL26/FND/FY1/007 LDN/RAL26/FND/FY1/023
Placement	F1 General Medicine (Resp)
The department	Respiratory
The type of work to expect and learning opportunities	Participating in ward rounds, carrying out ward jobs, medical on calls. Learning opportunities: Discussions on ward rounds, assessing acutely unwell patients, practical procedures. Opportunities to shadow specialty respiratory clinics and procedures e.g. bronchoscopy, EBUS, pleural procedures.
Location	Barnet Hospital
Supervisor(s)	Dr Sajid Khan, Dr Dean Creer, Dr Simon Brill, Dr Hannah Jarvis, Dr Ash Husain, Dr Patrick Mallia, Dr Rob Hastings
Main duties of the placement	Completing ward jobs, consultant ward rounds, FY1 ward rounds. Assessing acutely unwell patients.
Typical working pattern in this placement	<ul style="list-style-type: none"> • Ward round in the mornings. Ward jobs in the PM. • Grand round Thursday morning • Radiology meeting Friday mornings • FY1 teaching Tuesday lunch • Respiratory teaching Thursday lunch
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust - Barnet Hospital.</p> <p>The post will be based in Barnet Hospital. Barnet Hospital is based in north London, providing general and specialist care to patients.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for:

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Individual Placement Description – Royal Free London NHS Foundation Trust (Barnet Hospital)

Trust	Royal Free London NHS Foundation Trust
Site	Barnet Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL26/FND/FY2/001 LDN/RAL26/FND/FY2/002 LDN/RAL26/FND/FY2/003 LDN/RAL26/FND/FY2/022
Placement	F2 – General Medicine, Acute Internal Medicine
The department	Acute Medicine department consists of the AAU hub and Quince/Maple Wards, covered by 8 consultants (Drs Jacobs, Lisk, Funaki, Barker, Vignaraja, Farber, Coleman and Carr)
The type of work to expect and learning opportunities	The team is divided between duties on the medical short stay unit, acute admissions unit and the ambulatory care service. There are daily consultant-led ward rounds. Usual hours are 8:30-5:30, with on call requirements for the medical team managing acute admissions and ward cover. The placement offers great opportunities for ward-based learning, supervised procedures, on call clerking and ward cover, and the Ambulatory Care Unit offers good outpatient clinic exposure. There are weekly departmental teaching sessions, with opportunities to present at educational meetings and teach medical students.
Location	Barnet Hospital, AMU, Quince/Maple Wards
Supervisor(s)	Dr Ayano Funaki, Dr Beth Carr
Main duties of the placement	SHOs in Acute Medicine will work within a dynamic team (including FY1, IMT, Physicians Assistants, Registrars, Consultants, and a wide range of allied health professionals) to deliver excellent care to our medical inpatients and those being managed in our Ambulatory Care Unit.
Typical working pattern in this placement	<u>Routine:</u> (0830 – 1730) <i>Daily:</i> 0830: Medical handover 0830: Morning ward-rounds 11.45: Quince/Maple MDT board round <u>Teaching:</u> <i>Monday:</i> 1300 – 1400 – Acute Medicine teaching <i>Thursday:</i> 0800 – 0900 – Medical grand round <i>Thursday:</i> 1300 – 1400 – FY2 teaching <u>On-call:</u> General medical on-call rota - Take Clerking and OOH ward cover: <i>Early shift:</i> 0830 – 2130; <i>Late shift:</i> 1300 – 2300; Nights 2100 – 0900; Weekend shifts on AAU hub, Quince/Maple, and Cardio wards. Approximately 1 in 4 weekend shifts.
Employer information	The employer for this post is Royal Free London NHS Foundation Trust - Barnet Hospital. The post will be based in Barnet Hospital . Barnet Hospital is based in north London, providing general and specialist care to patients. The Royal Free London NHS Foundation Trust runs three hospitals in London: <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission We will achieve our mission by making sure that we have: <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set </p>

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How the Royal Free measures its performance

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North Central Thames Foundation School (NCTFS)

Individual Placement Description – Royal Free London NHS Foundation Trust (Barnet Hospital)

Trust	Royal Free London NHS Foundation Trust
Site	Barnet Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	<p>LDN/RAL26/FND/FY2/009</p> <p>LDN/RAL26/FND/FY2/010</p> <p>LDN/RAL26/FND/FY2/011</p> <p>LDN/RAL26/FND/FY2/012</p> <p>LDN/RAL26/FND/FY2/013</p> <p>LDN/RAL26/FND/FY2/014</p> <p>LDN/RAL26/FND/FY2/015</p> <p>LDN/RAL26/FND/FY2/016</p> <p>LDN/RAL26/FND/FY2/017</p> <p>LDN/RAL26/FND/FY2/019</p> <p>LDN/RAL26/FND/FY2/020</p> <p>LDN/RAL26/FND/FY2/021</p> <p>LDN/RAL26/FND/FY2/023</p>
Placement	F2 Emergency Medicine
The department	The emergency department at Barnet Hospital serves a catchment population of just under 500,000. This population consists of a high number of elderly patients especially with a high number of care homes in the area. The department was renovated in 2013 to accommodate for the increase in workload following the closure of Chase Farm hospital A&E. The Consultants are all very supportive and work closely with the nursing teams. The department is split up into: resus (6 adult beds, 2 paed's bed); urgent care centre (minors); majors; paediatrics
The type of work to expect and learning opportunities	As an FY2 you are expected to see, manage and discharge patients, use guidelines, refer appropriately or discharge home with appropriate follow up and TTA medications. As an FY2 you have a significant amount of independence working in the ED, however help is always available. You work very closely with nurses, doctors, ENPs, EDP, radiographers etc. You participate in weekly teaching with A&E consultants including case presentations and audits. You work in all areas of the ED and are rota's specific areas. Learning opportunities are excellent with many senior staff to help complete Supervised Learning Events.
Location	Barnet General Hospital, Emergency Department
Supervisor(s)	Dr Kilian Hynes, Dr Rimal Shah. Mr David Mbamalu, Dr Erik Witt, Dr Chris Solomonides, Dr Angshuman Mukherjee, Dr.s Marta Sowa, Dr Helen Small
Main duties of the placement	See patients and ensure appropriate care is delivered with a follow up plan.
Typical working pattern in this placement	<p>The rota is compliant with the Junior Doctors New Deal.</p> <p>The rota is block starts and involves shifts: 0800-1700, 1500-2400 and 1200-2000, 0800-2000 weekends. Night shifts are 2200 to 0800hrs and morning handover is incorporated into the rota. You will be allocated to work across all areas of the department to enhance your learning and will be supervised in procedures. Consultants are on the shop floor from 0800-2300 giving excellent senior doctor supervision. There are also Registrars and SAS doctors working 24/7 so FY2s will always be supervised. Thursday afternoon is protected teaching time from 1300 – 1600 including acute medicine teaching and A&E teaching. The rotas have been designed to maximise attendance to these teaching sessions.</p> <p>Study leave is supported on a case by case basis.</p>
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust - Barnet Hospital.</p> <p>The post will be based in Barnet Hospital. Barnet Hospital is based in north London, providing general and specialist care to patients.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital

- Royal Free Hospital

Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.

Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.

How the Royal Free will achieve its mission

We will achieve our mission by making sure that we have:

- Excellent outcomes, in our clinical treatment, research and teaching
- Excellent experiences for patients, staff and GPs
- Excellent value, by improving the efficiency and productivity of our services, and reducing costs
- Full compliance, meeting or exceeding all regulatory standards and outcomes we are set
- A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges

How the Royal Free measures its performance

- In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for:
- quality of clinics and treatments
- medical research
- teaching and training new medical staff
- patient satisfaction and experience
- value for money

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North Central Thames Foundation School (NCTFS)

General Placement Description – Royal Free London NHS Foundation Trust (Royal Free Hospital)

Trust	Royal Free London NHS Foundation Trust
Site	Various, please see below(subject to change)
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RALGP/FND/FY2/001 LDN/RALGP/FND/FY2/002 LDN/RALGP/FND/FY2/003 LDN/RALGP/FND/FY2/004 LDN/RALGP/FND/FY2/005 LDN/RALGP/FND/FY2/006 LDN/RALGP/FND/FY2/007 LDN/RALGP/FND/FY2/008 LDN/RALGP/FND/FY2/009 LDN/RALGP/FND/FY2/010
Placement	F2 General Practice
The department	In general, a practice will offer doctors' appointments (telephone/video/face to face) from Monday-Friday from 8am-8pm, but precise scheduling arrangements may vary. Practices may also offer a range of additional services eg minor surgery, coil fitting, cryotherapy as well as nurse led services including asthma clinic, diabetes clinic, anticoagulation monitoring, smoking cessation advice, dietary advice and travel clinic.
The type of work to expect and learning opportunities	<p>All trainees will be allocated a named GP supervisor (though other GPs in the practice may also share day to day clinical supervision by agreement). F2s are responsible for assessing the patients on their list and initiating appropriate management plans. This provides experiences in (but is not limited to) :</p> <ul style="list-style-type: none"> • Time management • Communication skills • History taking and examination • Outpatient prescribing • Ordering and reviewing results of investigations • Clear documentation • Evidence based medicine, engaging in self-directed learning • Seeing a wide range of cases including paediatrics, obstetrics and geriatrics • Making referrals to and liaising with secondary care and community services • Reviewing patients appropriately, recognising unwell patients • Health promotion & health education with safety-netting • Clinical Audits and Quality Improvement • Home visits (where request has been discussed with clinical supervisor and deemed appropriate) <p>All patients will be discussed with the allocated GP supervisor at the end of the clinical session with immediate feedback. GPs are also available throughout the surgery to discuss cases as required.</p>
Location	Islington Central Medical Centre, Regents Park Practice, Ritchie Street Group Practice, James Wigg Practice, Greenfield Medical Centre, Lonsdale Medical Centre, Highgate Group Practice, Partnership Primary Care Centre, Hampstead Group Practice, Oak Lodge Medical Centre, Friern Barnet Medical Centre
Supervisor(s)	Dr Mervyn Rodrigues, Dr Adam Wander, Dr Stella Mills, Dr Jessica Baron, Dr Hilary Dunseath, Dr Simon Read, Dr Antonia Briffa, Dr Amish Gandhi, Dr William Zermansky, Dr Joe Rosenthal, Dr Sarah Morgan
Main duties of the placement	This will vary depending on the GP practice. In general, following a one week induction period (familiarising with IT systems, sitting in on clinical sessions with GPs, practice nurses, pharmacists) GP F2s will have their own appointment lists, usually starting with 30 minutes and gradually increasing at pace agreed with supervisor to 15 minutes per patient. Depending on practice arrangements approximately half of appointments will usually be booked in advance and half are booked on the same day. This provides a mix of acute

	<p>and chronic conditions. A small number of additional patients needing to be seen on the same day may be added to appointment lists according to practice arrangements for managing “extras”. The F2 is responsible for seeing their own patients and extras as required, taking a history and examining as appropriate, prescribing, ordering investigations, following up results and making appropriate referrals to secondary care. A clinical supervisor is allocated for each session and can be contacted at all times for advice. All patients seen are then discussed at the end of the clinical session.</p>
<p>Typical working pattern in this placement</p>	<p>Details will vary depending on the GP practice but in general terms F2 doctors working in general practice work a 10-session week, where a session is 4 hours. HEE recommends that the F2 week includes:</p> <ul style="list-style-type: none"> • Seven clinical sessions • One session for supervision in practice • One session for half-day release to attend F2 teaching at their Trust • One session for shadowing, project work or directed study • In the event of no half day release the clinical sessions can be increased to 8 sessions • F2 doctors are not expected to do out-of-hours work in general practice
<p>Employer information</p>	<p>The employer for this post is Royal Free London NHS Foundation Trust</p> <p>The post will be based in an approved GP Practice associated with the Foundation Programme.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: • quality of clinics and treatments • medical research • teaching and training new medical staff • patient satisfaction and experience • value for money

It is important to note that this description is a typical example of your placement and may be subject to change.

North Central Thames Foundation School (NCTFS)

Individual Placement Description - North Middlesex University Hospital NHS Trust

Trust	Royal Free London NHS Foundation Trust
Site	Dorset ward, Chase Building, Chase Farm Hospital, The Ridgeway, Enfield, EN2 8JL
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RRP02/FND/FY2/003
Placement	FY1/2 General Psychiatry
The department	<p>Dorset ward is a 15 bedded acute assessment ward which receives admissions from the whole of Barnet, Enfield and Haringey Mental Health Trust. The unit is a busy unit. The FY 1/2 will be part of a multidisciplinary team that will provide rapid assessment and management of all admitted patients, assessing their clinical and social needs. The team consists of nursing staff, medical staff and ward psychologist. In terms of medical staff there is a Consultant Psychiatrist, Dr Greensides and a full time ST4-6 and a CT1 with whom the post holder will share duties.</p> <p>The main non-medical professional relationships will be with the ward psychologist and the nursing staff. Medical students are present on the ward.</p> <p>At the beginning of the post the trainer will determine the level of clinical supervision required; as a guideline for foundation doctors who are new to psychiatry, it is mandatory for you to discuss all patient management decisions that you make, prior to their being enacted. In this post this will be either the consultant or the specialist registrar, out of hours this will be the on call ST4-6 or the on call consultant. The call rota is based at Chase Farm Hospital.</p>
The type of work to expect and learning opportunities	<p>The FY 1/2 will clerk new admissions to the ward and review patients who are already admitted.</p> <p>The consultant will review the patients and provide supervision to the FY 1/2.</p> <p>The trainee will gain experience of diagnosis and management of patients with severe mental illness admitted to Dorset Ward.</p> <p>The FY 1/2 would be involved with teaching and evaluation of medical students.</p> <p>The overall educational objectives of the FY1/2 year are to provide the trainee with the knowledge, skills and attitudes to be able to achieve the relevant competencies.</p> <ul style="list-style-type: none"> • Providing a good standard of practice and care. • Undertake clinical assessment of patients with mental health problems • Manage acute and chronic illness • Use the results of the clinical assessment to ensure effective patient management • Manage emergencies • Maintain and use systems to update knowledge and its application to any aspect of your professional practice • Monitor and maintain professional performance • Plan, deliver, and evaluate teaching and learning in a variety of environments • Conduct professional patient relationships
Location	Dorset ward, Chase Building, Chase Farm Hospital, The Ridgeway, Enfield, EN2 8JL
Supervisor	Dr Jonathan Greensides
Main duties of the placement	<p>The FY 1/2 doctor is responsible for the assessment and clerking of patients on Dorset Ward. The doctor would discuss management with the consultant and team. They would be expected to maintain electronic records. They will attend structured teaching programs provided by the department. They will have the opportunity to conduct small group teaching sessions with medical students. The doctor will be responsible for other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
Typical working	Mon: am 9-10am Daily Jonah review and White Board reviews Ward reviews

pattern in this placement	Tues:	pm	1pm Journal Club. Ward reviews, ward work
		am	9-10am Daily Jonah review and White Board reviews
	Wed:	pm	FY2 training program
		am	9-10am Daily Jonah review and White Board reviews Ward reviews
	Thurs:	pm	1-2 pm supervision. ward reviews, ward work
		am	9-10am Daily Jonah review and White Board reviews Ward reviews
		pm	1-5pm academic meeting. Lincoln room, chase farm. Ward reviews
	Fri:	am	9-10am Daily Jonah review and White Board reviews Ward reviews on the ward
		pm	Ward work

The employer is North Middlesex University Hospital NHS Trust. The post will be based in an inpatient assessment ward at Chase Farm Hospital, Enfield, within the Barnet, Enfield and Haringey Mental Health NHS Trust (BEHMHT). BEHMHT is one of the country's largest Mental Health Trusts, with over 2,500 staff and an income of around £175 million. The Trust was formed in 2001, bringing together specialist mental health services across North London. Our mission is to improve the mental health and wellbeing of all the people we serve. We do this by working in partnership with others to provide outstanding care which is responsive to the needs of our culturally diverse population. Our care is focused on promoting service users' recovery so that they can regain control over their lives. We provide specialist mental health services to the 800,000 people living in Barnet, Enfield and Haringey and a range of very specialist mental health services for people living further afield, including:

- Forensic services for people with severe mental health problems who have entered the criminal justice system
- Inpatient therapeutic support for children and adolescents
- Eating disorder services
- Liaison Psychiatry services

Our vision is to become an NHS Foundation Trust which is recognised as providing excellent quality, value for money, services for people with mental health problems and their carers. Our services need to continually develop to meet the changing needs of our local population. We are changing the way we provide services and where they are provided from. This includes providing more care nearer to where people live by basing more of our services in the community and in primary care.

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North Central Thames Foundation School (NCTFS)

Individual Placement Description – **Barnet Enfield and Haringey Mental Health NHS Trust**

Trust	Royal Free London NHS Foundation Trust
Site	Chase Farm Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RRP02/FND/FY2/001
Placement	Enfield Crisis Resolution Home Treatment Team
The department	The mental health unit, Chase Farm Hospital.
The type of work to expect and learning opportunities	Assessments of acutely unwell patients in community settings, including history taking, mental state examinations and risk assessment. Developing crisis management plans. On going monitoring of acutely unwell patients. Prescribing experience under consultant supervision. Liaison with GPs, community mental health teams and in patient services. Working within a multidisciplinary team. Experience of a broad variety of mental health conditions
Location	Chase Farm Hospital
Clinical / Educational Supervisor(s)	Dr Helen Moorey
Main duties of the placement	Attendance at daily team planning meetings. Home visits for assessment and on going treatment with the multidisciplinary team. Prescribing under consultant supervision. Teaching of medical students. We encourage trainees to use Attend Anywhere and Telephone calls where it is possible to avoid physical contact.
Typical working pattern in this placement	Daily work to be allocated at morning team meeting. The majority of work will be in patients' own homes. Will be part of the psychiatry on-call rota covering inpatient adult and forensic wards at the Chase Farm site
Employer information	<p>The employer for this post is Barnet Enfield and Haringey Mental Health NHS Trust.</p> <p>The post will be based in Enfield, Chase Farm Hospital.</p> <p>Every year we treat thousands of families offering high quality, specialist hospital treatments and therapies to over half a million patients from Barnet, Enfield and Haringey.</p> <p>Our objectives - We will provide safe, accessible and modern clinical care.</p> <ul style="list-style-type: none"> • We will respect the privacy and dignity of our patients and ensure the best possible patient experience, encouraging and acting upon patient feedback. • We will work with GPs, commissioners, partners and other stakeholders to deliver more integrated care in primary and community settings reflecting the diverse needs of our community. • We will deliver excellent operational performance and patient outcomes. • Staff will be engaged in the success of the organisation and have an equal opportunity to contribute to

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JOB DESCRIPTION

Foundation Year 2 Doctor in Liaison Psychiatry, Barnet hospital

(Training Post on the Royal Free London Training Programme Scheme)

CLINICAL SUPERVISOR: Dr Amy Enfield Bance

Trust	Royal Free London NHS Foundation Trust
Site	Barnet Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL26/FND/FY2/035

Introduction

The Trust: Barnet, Enfield and Haringey Mental Health NHS Trust:

BEHMHT is one of the largest providers of mental health services in the country, and since January 2011, has also been a provider of community services. The Barnet Liaison service is run by BEHMHT despite being located in the acute trust.

The Trust provides mental health services to residents in community and in-patient settings across the London boroughs of Barnet, Enfield and Haringey and the wider region north of the Thames. It employs over 2700 staff with an annual income of £189 million. The Trust's vision is to be the lead provider and co-ordinator of integrated care services to improve the health and well-being of the people of North London and beyond. Over the next few years there will be a focus on the provision of services to people with long-term conditions including mental health conditions.

The Trust covers a catchment population of 923,000. Barnet is the largest Trust borough with a population of 356,000.

The Hospital: Barnet Hospital

Barnet hospital was previously part of Barnet and Chase Farm Trust (BCF), however this trust became part of the Royal Free London NHS Foundation Trust on 1 July 2014.

BCF Trust was formed in 1999 with a merger of Chase Farm and 'Wellhouse' Hospital (what is now Barnet Hospital). The 2 hospitals (in addition to Finchley Memorial hospital) have catchment of approximately 500 000 patients. In 2013 the A&E department in Chase Farm closed and Maternity centralised its services on the Barnet site. Barnet hospital's A&E department has recently been extensively renovated.

Barnet hospital has roughly 450 inpatients and there are 110,000 A & E attendances per year.

The Royal Free London NHS Foundation Trust now runs three London hospitals:

- Barnet Hospital in north London
- Chase Farm Hospital in Enfield
- Royal Free Hospital in Hampstead

The Royal Free London NHS Foundation Trust provides a wide range of routine and specialist health services. They became a foundation trust on 1 April 2012.

The Post: Barnet Liaison Psychiatry Service:

The Liaison Psychiatry Service in Barnet Hospital started on January 2nd 2014. It is based on an integrated, Consultant-led, multi-disciplinary team approach. The team has a high presence in the hospital focussing on all adults over 18 years of age and all conditions, giving an immediate response to urgent cases, wherever the patient need is greater. The service has been running 24 hours, 7 days a week since October 2014 when Barnet CCG agreed to recurrent funding.

The team is funded for 20 whole time equivalents including Consultant Psychiatrists, junior doctors, Social Worker, Occupational Therapist, Psychologist, Psychiatric Nurses and Associate Mental Health Workers.

Staff	Grade	WTE
Consultant Psychiatrists	Consultant	2.0
Higher Trainee	ST4-6	1.0
GPVTS	ST1-3	1.0 – 2.0
Team Manager	Band 8a	1.0

Occupational Therapist	Band 7	1.0
Social Worker	Band 7	1.0
Psychologist	Band 8	1.0
Assistant Psychologist	Band 4	1.0
Nursing	Band 7	4.0
Nursing	Band 6	6.0
Associate MH Worker	Band 4	2.0
Administrator	Band 4	1.0
Administrator	Band 3	1.0

During the hours of operation, the service delivers:

- a dedicated, multi-disciplinary team providing a comprehensive range of mental health interventions
- improvement in the flow of patients through A&E including admission avoidance where possible
- support for the acute trust clinicians with Mental Capacity Act decisions as required
- Mental Health Act assessments, as required
- prompt assessment and intervention
- close working with patients on the wards to support the staff to manage them, particularly those patients exhibiting challenging behaviour
- increased skills for the in-patient ward staff and collaborative working between the team and acute trust staff
- liaison with Social Services to ensure that they are supportive of the early discharge of patients
- pragmatic and positive team philosophy ensuring all cases are reviewed and management plans developed in conjunction with the ward team
- increased quality of care for co-morbid patients and improved patient experience

The team undertakes the following:

- assessment and management of patients exhibiting signs of co-morbid mental health problems
- management of mental and physical health interactions
- assistance with Mental Capacity Act decisions and Mental Health Act assessments
- assistance with behavioural management of patients
- motivation of patients to engage with rehabilitation and physiotherapy

The post-holder responsibilities

During this placement the trainee will be welcomed as a full member of the Liaison Psychiatry multi-disciplinary team (MDT) and they will be expected to participate in all activities of the team and attend all business/governance and educational meetings.

The trainee will assist in the assessment and management of patients under supervision of Dr Amy Enfield Bance. This will occur in Accident and Emergency and on the inpatient wards of Barnet hospital. The trainee will be expected to carry out urgent assessments of allocated patients in crisis together with the team nurses. The trainee will also work with other members of the team to understand their role and contribution. They will be expected to discuss patients and contribute to decision making at MDT meetings.

Under supervision, the trainee will prescribe pharmacological and psychosocial treatments for the patients that they are working with.

They will be expected to maintain accurate, legible, contemporaneous and useful clinical records for all patients in whose care they are involved.

The team case load varies according to patient presentations, but typically at any one time the team might be providing mental health input to fifteen to twenty inpatients. Initial weeks will be spent shadowing the consultant and other senior staff.

The post provides an excellent training opportunity as the trainee will gain experience both in the diagnosis and management of patients with mental illness and the relationship between physical and mental illness. This will begin by observation of other team members, shadowing the consultant and progress to more direct involvement in assessing and managing patients.

There is a wide range of both mental and physical health problems. Due to the nature of liaison psychiatry and the interaction between physical and mental health problems patients may have relatively “mild” conditions that nevertheless have significant functional impact, such as panic attacks in the

context of respiratory disease, through to patients detained under the Mental Health Act.

The overall educational objectives of the FY2 placement are to provide the trainee with the knowledge, skills and attitudes to be able to:

- Take a psychiatric history and a conduct the mental state examination
- Assess risk in patients presenting with deliberate self-harm or thoughts of suicide
- Formulate basic management plans utilising a bio-psycho-social approach
- Communicate with patients, carers and colleagues, including explaining diagnoses and treatments
- Develop diagnostic skills and clinical decision making in psychiatry
- Understand basic principles of psychopharmacological treatment
- Work effectively in a multi-disciplinary team in a community setting
- Keep an accurate and relevant medical records
- Plan discharges in a safe and timely manner
- Liaise with statutory organisations in relation to safeguarding of children and vulnerable adults
- Interface with general practice and other specialties as necessary
- Use evidence based practice, NICE guidelines, trust protocols and audit to benefit patient care
- Educate patients about good physical and mental health
- Understand the ethical and legal issues which occur during the management of psychiatric patients
- Monitor and maintain professional performance
- Become life-long learners and teachers
- Learn about careers in psychiatry
- Act in a professional manner at all times

Induction

At the beginning of the placement the trainee will take part in a trust induction programme (if they have not worked at the trust before) which will introduce

them to the organisation. They will also be introduced to the workplace and informed of the requirements of the post.

The trainee will also have an educational induction that will help them to write an individual learning plan for the placement.

Clinical Supervision

The trainee will be supervised by Dr Amy Enfield-Bance (Consultant Old Age Liaison Psychiatrist, Full time). There will be a defined weekly slot for formal supervision, although the time can sometimes vary due to workload.

The other consultant in the team, Adult Liaison Psychiatrist, is currently filled by a locum whilst awaiting recruitment.

The clinical supervisor will give guidance as to the level of responsibility the trainee should assume in individual clinical situations. The trainee will not be expected, at any time, to work unsupervised. Day to day clinical supervision and support will be provided by the other doctors in the team.

Educational Supervision

The trainee's Educational supervisor will provide regular, formal educational supervision sessions. This may be supplemented by additional sessions with other team members.

Education and Training

A key component of the Liaison Psychiatry Service is to enhance the knowledge, skills and attitudes of the Barnet Hospital staff in mental illness and the psychological factors relating to physical illness.

The trainee would be expected to take part in the formal training of Barnet Hospital staff. Training will include both formal teaching in the form of lectures and workshops and informal opportunistic teaching regarding specific patients.

Internally, the team has developed a comprehensive rolling training programme for the Liaison team members, provided both by team members themselves, as well as external speakers. The trainee would be expected to take part in the teaching programme, and at time run the training sessions themselves.

The trainee may also wish to attend the Barnet Grand round (Thursdays at 8am).

Monitoring and maintaining professional performance

The trainee will undergo continuous assessment as part of developing their Foundation Training Programme NHS E-portfolio which the trainee will bring to meetings with their Clinical Supervisor when asked to do so. As a minimum, this will be at the beginning, mid-term and the end of the placement.

The trainee will evaluate their own learning and progress, using self-assessment forms that should be filed in their learning portfolio. They should take part in the multi-source feedback process and should participate in the multi-source feedback assessment of colleagues.

The trainee will be expected to attend the Foundation Training Programme weekly teaching that includes lectures covering the Foundation Training Program Curriculum.

The trainee will be expected to attend the weekly Mental Health Departmental Academic Programme (Wednesday pm). This includes lectures, case presentation and a journal club.

There will be the opportunity to complete audit, quality improvement and management projects.

Location and Administrative support

The post holder will share an office with the rest of the team (based in the Springwell Centre, at the back of Barnet hospital) and have a computer with internet access and access to library facilities. Secretarial support will be from the team administrators.

Maintaining probity

The trainee will be expected to:

- Ensure that reports and documents they have a responsibility for are complete, honest and accurate, follow the standard report format and are sent out in a timely fashion.
- Properly manage financial and commercial dealings - they must report receiving any gift from patients to their clinical supervisor and not solicit any fee or payment from a patient or third party. They should not meet with any representatives of the pharmaceutical industry during work time, unless this is at a postgraduate meeting that has been organised within ABPI Guidelines.
- Avoid conflicts of interest and advise others on preventing and dealing with conflicts of interest – they should inform their clinical supervisor of any real or potential conflict of interest they may have.

Health

The trainee must ensure that their health does not put patients at risk – they must always obtain advice and treatment for mental and physical health problems. They must comply with the Trust's occupational health policy.

Timetable for FY2

For convenience a notional timetable appears below. The particular clinical experience best suited to the post holders training needs would be discussed and the actual timetable set up at the beginning of the trainees' placement.

	AM	PM
Monday	Seeing patients: assessment, follow up or brief psychotherapy	Seeing patients: assessment, follow up or brief psychotherapy
Tuesday	Seeing patients: assessment, follow up or brief psychotherapy	Foundation Training teaching 1-2pm Supervision 2-3pm – Dr Enfield-Bance TBC Seeing patients: assessment, follow up or brief psychotherapy
Wednesday	Seeing patients: assessment, follow up or brief psychotherapy	Mental Health Academic Meeting 1-2pm Seeing patients: assessment, follow up or brief psychotherapy
Thursday	Barnet Grand Round 8am Seeing patients: assessment, follow up or brief psychotherapy Or Team teaching morning (monthly half day)	Seeing patients: assessment, follow up or brief psychotherapy
Friday	Seeing patients: assessment, follow up or brief psychotherapy	Seeing patients: assessment, follow up or brief psychotherapy

North Central Thames Foundation School (NCTFS)

Individual Placement Description – Royal Free London NHS Foundation Trust (Barnet Hospital)

Trust	Royal Free London NHS Foundation Trust
Site	Barnet Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL26/FND/FY2/006 LDN/RAL26/FND/FY2/031
Placement	F2 General Surgery
The department	General Surgery, BGH
The type of work to expect and learning opportunities	Daily ward rounds with reviews of patients with all of the consultants – may be supervised by SpR or consultant. Ensure investigations up to date. Clerking and management of acutely unwell patients during on-call. F2s also contribute to the SHO on call rota and attend clinics and theatres. There is formal teaching also every Wednesday at 1pm.
Location	Barnet General Hospital
Supervisor(s)	Mr Maitham Alwhouhayb, Mr Daren Francis, Mr Michael Saunders, Mr Luis Soares, Mrs Helena Tabry, Mr Neel Sengupta, Mr Martin Klein
Main duties of the placement	Supervising FY1 doctors and leading ward rounds. Responsible for ensuring all required investigations carried out and review of unwell patients on ward.
Typical working pattern in this placement	On Call Clerking and management of acutely unwell patients. Contribute to the SHO on call rota for General Surgery Supervise on call FY1 Elective work Attended 2-3 all day theatre lists per week Attend 2 half day Outpatient clinic per week Weekly CPD and Audit/QI sessions Attend Colorectal MDT Formal teaching also every Wednesday at 1pm. Attend Friday Surgical Grand Round Present at Surgical Grand Round
Employer information	The employer for this post is Royal Free London NHS Foundation Trust - Barnet Hospital. The post will be based in Barnet Hospital . Barnet Hospital is based in north London, providing general and specialist care to patients. The Royal Free London NHS Foundation Trust runs three hospitals in London: <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best. Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive. How the Royal Free will achieve its mission We will achieve our mission by making sure that we have: <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs

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| | <ul style="list-style-type: none">• Full compliance, meeting or exceeding all regulatory standards and outcomes we are set• A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges |
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How the Royal Free measures its performance

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- medical research
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- value for money

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North Central Thames Foundation School (NCTFS)

Individual Placement Description – Royal Free London NHS Foundation Trust (Barnet Hospital)

Trust	Royal Free London NHS Foundation Trust
Site	Barnet Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL26/FND/FY2/004 LDN/RAL26/FND/FY2/006 LDN/RAL26/FND/FY2/033 LDN/RAL26/FND/FY2/034
Placement	F2 Care of the Elderly Medicine
The department	4 months on a care of the elderly ward - Walnut Ward with acute medicine on calls
The type of work to expect and learning opportunities	<ul style="list-style-type: none"> • Ward round, ward jobs, MDT, advanced care planning, palliative care • Clerking in the acute general medical take/ ward cover on on-calls. • There is weekly general medical teaching for all medical SHO's and weekly care of the elderly teaching.
Location	Barnet General Hospital, four months walnut ward
Supervisor(s)	Dr Patrick Harbinson, Dr Sarah Fowler, Dr Anna Steel
Main duties of the placement	Ward rounds, board rounds, MDT meetings.
Typical working pattern in this placement	0830 – 1730 if on wards 0830 – 2130/ 1200 – 2300 if on call Long Day 0830 - 2130 2100 – 0900 for night on calls You cover medical on calls and night shifts.
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust - Barnet Hospital.</p> <p>The post will be based in Barnet Hospital. Barnet Hospital is based in north London, providing general and specialist care to patients.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for:

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North Central Thames Foundation School (NCTFS)

Individual Placement Description – Royal Free London NHS Foundation Trust (Barnet Hospital)

Trust	Royal Free London NHS Foundation Trust
Site	Barnet Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL26/FND/FY2/018 LDN/RAL26/FND/FY2/032
Placement	F2 Obstetrics and Gynaecology
The department	Obstetrics and Gynaecology
The type of work to expect and learning opportunities	<p>Obstetrics:</p> <ul style="list-style-type: none"> - Outpatient: general and high risk antenatal clinics (ANC), joint ANC clinics e.g. diabetic/endocrinology clinics. Assist registrar/senior colleagues when reviewing complex antenatal patients and assist in Maternity Day Unit with supervision. - Theatre: assist in elective lists and emergency cases, including caesarean sections, instrumental deliveries - Inpatient: Assess and review antenatal and postnatal patients. - Participate in on call obstetric rota and duties <p>Gynaecology</p> <ul style="list-style-type: none"> - Outpatient: general and specialist outpatient clinics with senior supervision. Clerking and review of patients in the Emergency Gynaecology Unit (EGU)/ Early Pregnancy Unit (EPU) - Theatre: assist in elective lists (at Chase Farm hospital) and emergency cases - Inpatient: care and review of gynae patients with supervision. Review and care of referrals from A&E - Participate in on call gynae rota and duties <p>Teaching</p> <ul style="list-style-type: none"> - Participation in rolling teaching rota on various topics – presentation on Monday afternoons, CTG case presentation, obstetric case presentations - Participation in/attendance at departmental audit - Attendance at local teaching: Mon afternoon, Tues morning, Thurs morning, Fri afternoons <p>Learning opportunities:</p> <ul style="list-style-type: none"> • Acute obstetric and gynaecological emergencies, both inpatient and outpatient • Management of common obstetric and gynaecological problems. • Theatre experience • Experience in OPD setting • Presentation skills • Audit/Quality Improvement Projects.
Location	Barnet General Hospital and Chase Farm Hospital
Supervisor(s)	Mr Mahantesh Karoshi/ Miss Elaine Cheung/ Miss Moneli Golara/ Mr Greg Premetis
Main duties of the placement	<p>See above</p> <p>Obstetrics: Antenatal clinics, on call on labour ward, postnatal ward rounds, assistance in MDU, assistance in antenatal ward rounds, elective CS lists</p> <p>Gynaecology: Outpatient clinics, EGU cover/ EPU patient reviews, on call for gynaecology, theatre</p> <p>Teaching</p>
Typical working pattern in this placement	<p>Non-fixed annual leave + zero days of 2 weeks every 2 months.</p> <p>Typically 1 long day a week. 0800 – 2030</p> <p>Short days (4 days a week): 0800 – 1730</p> <p>On calls incl nights and weekends</p>
Employer information	The employer for this post is Royal Free London NHS Foundation Trust - Barnet Hospital.

The post will be based in **Barnet Hospital**, with elective theatre lists and some outpatient clinics at **Chase Farm Hospital**. Barnet Hospital is based in north London, providing general and specialist care to patients.

The Royal Free London NHS Foundation Trust runs three hospitals in London:

- Barnet Hospital
- Chase Farm Hospital
- Royal Free Hospital

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North Central Thames Foundation School (NCTFS)

Individual Placement Description – Royal Free London NHS Foundation Trust (Barnet Hospital)

Trust	Royal Free London NHS Foundation Trust
Site	Barnet Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL26/FND/FY2/007 LDN/RAL26/FND/FY2/008 LDN/RAL26/FND/FY2/024 LDN/RAL26/FND/FY2/027
Placement	F2 Trauma and Orthopaedic Surgery
The department	10 consultants based at Barnet, Registrars – 14, SHOs 10 (3 CT's / 3 F2's / 1 GPVTS / 3 JCF) Busy department – lots of hands on opportunities.
The type of work to expect and learning opportunities	<ul style="list-style-type: none"> • General ward work • Presenting at the daily trauma meeting • Clerking new patients • Assisting in theatre • Observing fracture clinics • Audits
Location	Barnet General Hospital
Supervisor(s)	Mr Mellor, Mr Nwaboku, Mr Ray, Mr Fazal, Mr Subramanian
Main duties of the placement	Assigned to consultant – looking after the patient list
Typical working pattern in this placement	0800 (sharp) start every day, arrive 15 minutes early if presenting at trauma meeting. Weekly teaching meeting, educational topic preselected. SHO does introduction lecture, followed by registrar presentation along the same thread and faculty discussion. Individual ward round of all list patients, address concerns and issues with registrar and twice a week consultant ward round. Assist in theatre or attend fracture clinic in the afternoon. On call requirements: Complete day tasks and take all new referrals from GP and A&E. Prepare all patients for surgery. Clerk in new fracture clinic patients. 0800 to 2000. Present at trauma meeting every morning. No days off after on call (as compensated by early day ending) The majority of your work will be ward based and this involves mainly ordering and preparing patients for tests, taking blood and inserting cannulas, prescribing on EPR, writing TTAs and talking to relatives.
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust - Barnet Hospital. The post will be based in Barnet Hospital. Barnet Hospital is based in north London, providing general and specialist care to patients.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for:

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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	<p>LDN/RAL01/FND/FY1/001</p> <p>LDN/RAL01/FND/FY1/004</p> <p>LDN/RAL01/FND/FY1/005</p> <p>LDN/RAL01/FND/FY1/008</p> <p>LDN/RAL01/FND/FY1/009</p> <p>LDN/RAL01/FND/FY1/011</p> <p>LDN/RAL01/FND/FY1/012</p> <p>LDN/RAL01/FND/FY1/014</p>
Placement	F1 Acute Medicine
The department	The Acute Medicine Department is responsible for the admission of all medical patients after referral from either GP or the Emergency Department. The department looks after all short stay medical patients. Dr Johar runs a General Medical firm that picks up patients requiring a longer inpatient stay. The Acute Healthcare Services of the Elder Person (HSEP) team picks up all patients aged >80 years the day after admission.
The type of work to expect and learning opportunities	<ul style="list-style-type: none"> • Clerking new medical patients in ED or MAU. • Present cases on consultant post take ward round. • Ward work with General Medical and Acute Healthcare Services of the Elder PersonHSEP teams including discharge planning. • On call cover for medical wards (supervised). • Bedside teaching by consultants or registrar grades. • Attendance at Morning Report and Grand Round meetings and Compulsory Foundation Teaching program (including simulation).
Location	Royal Free Hospital
Supervisor(s)	Dr Negus, Dr Murch, Dr Shiu, Dr Karra. Dr Beckles, Dr Johar, Dr Wu, Dr Singh, Dr Moores
Main duties of the placement	<ul style="list-style-type: none"> • Clerk new medical patients in ED, AAU or MAU and supervised ward cover. • Member of cardiac arrest team. • Prepare notes for consultant ward round. • Promptly prepare discharge summaries & prescriptions. • Request investigations and make referrals as appropriate. • Carry out procedures such as venepuncture, urinary catheters, and arterial blood gas analysis. <u>These are only a few examples.</u>
Typical working pattern in this placement	Rolling rota that includes day shifts (including long days), weekends, nights and 12:30- 20:30 on call shifts.
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.</p> <p>The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital

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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY1/002 LDN/RAL01/FND/FY1/003
Placement	F1 Cardiology
The department	Royal Free Hospital is a major heart attack centre (HAC) providing cover to the North Central London area. The ward (10W) consists of 7 CCU beds and 20 ward beds, including 2 side rooms. There are 2 dedicated cath labs performing over 1200 procedures per year.
The type of work to expect and learning opportunities	The placement provides training in management of tertiary referral cardiology patients, acute coronary syndromes, primary angioplasty, heart failure patients, complex devices; with exposure to a range of other subspecialties including pulmonary hypertension, cardiac amyloidosis
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Dr Paramit Jeetley
Main duties of the placement	<p><u>Ward Care</u></p> <ul style="list-style-type: none"> • Day to day management of CCU/ward patients with supervision from senior members of the team • Ensuring discharge arrangements are in place and discharge summaries are completed • Presentation of cases at JCC and Mortality & Morbidity meetings • Communication with patients and families • Liaising with cardiac nurse specialists and catheter lab staff <p><u>Procedures</u></p> <ul style="list-style-type: none"> • Assisting with central/arterial lines • Management of patients with intra-aortic balloon pumps, temporary pacing wires, post PCI <p><u>Teaching</u></p> <ul style="list-style-type: none"> • Hospital Grand Rounds • Weekly FY1 teaching on Tuesdays at 13:00 – 14:00 • Opportunities for audit and other projects
Typical working pattern in this placement	<p>Working hours Weekdays: 8:30-5:00pm Weekends: 8:00-8:30pm Daily consultant-led board rounds Daily consultant-led CCU ward round Ward round of patients with registrar 1 in 4 weekend on call (hours are 0800 – 1800) - Some General medicine weekends on call</p>
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital. The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London. The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best. Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading</p>

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North Central Thames Foundation School (NCTFS)

Individual Placement Description –Royal Free

Trust	Royal Free London NHS Foundation Trust
Site	St Pancras Hospital 4 St Pancras Way NW1 0PE and 17 Lyndhurst Gardens , NW3
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/TAF01/FND/FY1/001
Placement	General Adult Psychiatry
The Department	Opened in response to the Covid 19 pandemic, the new 24- hour Mental Health Crisis Assessment Service will see people in need of care so that they do not have to go to a hospital emergency department unless they have an urgent medical need. Staff from our liaison and crisis teams will be at the service to treat people and refer them to the best service to meet their needs. The Consultant is Dr James Dove and there input from CTs and 2 sessions from a higher trainee and a multidisciplinary team. The North Camden Rehab and recovery team works with patients in the community with diagnoses of psychotic illnesses. Dr Kapadahou is one of the Consultants. There is another consultant, and sessions from higher trainees and F2. In Oct 2022 MHCAS is closing temporarily and being rebuilt as HMHC. Until the new unit is ready the MHCAS sessions will be in RFH liaison service
The type of work to expect and learning opportunities	<p>The overall educational objectives of the placement are to enable the F1 to:</p> <ul style="list-style-type: none"> • Take a history and mental state examination • Perform a risk assessment • Formulate a holistic management plan considering the biopsychosocial model • Keep accurate and relevant medical records • Manage time and clinical priorities effectively • Prescribe psychotropic medication safely • Work as part of a multidisciplinary team, understanding and respecting others' roles • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Participate in Balint Group • Act in a professional manner at all times • Gain competence in use of Mental Capacity Act and Mental Health Act • Cope with the legal and ethical issues that arise when treating psychiatric patients • Become lifelong learners and teachers • Be involved in a QI project
Location	North camden R&R, 3 Daleham Gardens, NW3 5BY and MHCAS (temp RFH liaison)
Supervisor(s)	Dr Katherina Kapadahou
Main duties of the placement	In the R&R team they will participate in CPA meetings and OP reviews. They will be involved in arranging and interpreting the results of various investigations. Under the supervision of a clinical supervisor they will prescribe pharmacological and psychosocial treatments for the patients that they are working with. They will refer them promptly to other professionals as directed by their clinical supervisors. The F1 will be involved in the assessment of patients at MHCAS or who are referred to RFH liaison team. They will work closely with the CT and MDT. The F1 will review patients' mental states and present new cases to the consultant and team and attend the handover meeting.
Typical working	Psychiatry Mon-Fri 9am-5pm

pattern in this placement	Lates and long day On call shifts on 6S for Stroke and Neuro RFH – details to be confirmed by acute trust Teaching weekly in Acute Trust <i>FY1 Tuesday 1.00pm – 2.00pm (both sites)</i> Two hours self directed learning/week. Monthly C&I teaching
Employer information	The employer will be Royal Free NHS Trust which is a high-performing trust with some of the best clinical outcomes in the country. The trust has around 900 beds and sees about 700,000 patients a year from all over the world. We want to give patients the best possible care in a safe, clean and welcoming environment. The post will be based in Camden & Islington NHS Foundation Trust. The Trust is responsible for the provision of in-patient and community mental health services within the London Boroughs of Camden and Islington.

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North Central Thames Foundation School (NCTFS)

Individual Placement Description –Royal Free

Trust	Royal Free London NHS Foundation Trust
Site	St Pancras Hospital 4 St Pancras Way NW1 0PE and 17 Lyndhurst Gardens , NW3
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/TAF01/FND/FY1/002
Placement	General Adult Psychiatry
The Department	Jade ward is a treatment ward at Highgate Mental health Centre. There is a consultant on Jade ward, there are sessions from an ST and a core trainee and sessions from a GP trainee. There is a multi-disciplinary team comprising: Nursing staff and Care Workers, OTs and Psychologists, a Ward Manager and administrative staff. One day will be spent in a community service – Camden Early Intervention service where the consultant is Dr Adam Monsell.
The type of work to expect and learning opportunities	<p>The Foundation doctor will be involved in clerking new admissions and presenting them to the Consultant. They will undertake reviews and attend the team meeting. The Foundation doctors will always be supervised in their work by senior doctors.</p> <p>The overall educational objectives of the placement are to enable the F1 to:</p> <ul style="list-style-type: none"> • Take a history and mental state examination • Perform a risk assessment • Formulate a holistic management plan considering the biopsychosocial model • Keep accurate and relevant medical records • Manage time and clinical priorities effectively • Prescribe psychotropic medication safely • Work as part of a multidisciplinary team, understanding and respecting others' roles • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Participate in Balint Group • Act in a professional manner at all times • Gain competence in use of Mental Capacity Act and Mental Health Act • Cope with the legal and ethical issues that arise when treating psychiatric patients • Become lifelong learners and teachers • Be involved in a QI project
Location	Jade Ward Highgate Mental health Centre, Dartmouth Park Hill, N19 5NX. Community tbc
Supervisor(s)	Dr Monsell (tbc) from April 23
Main duties of the placement	When based at the in-patient ward, the F1 will ensure that all new patients admitted under the team's care are fully assessed, including an assessment of their physical state, so that a preliminary formulation of their problems is made. The F1 will attend ward rounds and present new cases to the consultant. They will work closely with the core trainee. They will be involved in arranging and interpreting the results of various investigations. They will be involved in discharge planning. Under the supervision of a clinical supervisor, they will prescribe treatments for the patients that they are working with. They will refer them promptly to other professionals as directed by their clinical supervisors. In the community there will be part of team meetings and assess and review patients in clinic or at home
Typical working	Mon – Fri: 9am-5pm psychiatry Late shifts/long days on call shifts on 6S for Stroke and Neuro RFH – rota details from RFH acute trust

pattern in this placement	<p>1 hour 1:1 Consultant supervision a week</p> <p>Teaching weekly in Acute Trust <i>FY1 Tuesday 1.00pm – 2.00pm (both sites)</i></p> <p>Two hours self directed learning/week. Monthly C&I teaching</p>
Employer information	<p>The employer will be Royal Free NHS Trust which is a high-performing trust with some of the best clinical outcomes in the country. The trust has around 900 beds and sees about 700,000 patients a year from all over the world. We want to give patients the best possible care in a safe, clean and welcoming environment. The post will be based in Camden & Islington NHS Foundation Trust. The Trust is responsible for the provision of in-patient and community mental health services within the London Boroughs of Camden and Islington.</p>

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Individual Placement Description – Royal Free London Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY1/038
Placement	F1 Liaison Psychiatry
The Department	The Liaison Psychiatry Service provides assessment and treatment to patients who develop psychiatric morbidity whilst being treated in medical and surgical wards of the Royal Free Hospital. Foundation Doctors are able to obtain shadowing experience with MHCAS in A&E
The type of work to expect and learning opportunities	<p>The Foundation Doctor will be working a normal day and expected to contribute to deliver daily psychiatric care to patients in medical and surgical wards. They will be attached to a Consultant who will be their Clinical Supervisor. The work involves clerking and regular reviewing patients. The Foundation doctors will always be supervised in their work by senior doctors. They will also receive a dedicated one hour of individual supervision with a Consultant. During the placement the doctor will be able to have experience in the following:</p> <ul style="list-style-type: none"> • Take a psychiatric history and mental state examination and risk assessment • Formulate a management plan • Management of psychiatric emergencies and Rapid Tranquilization • Prescribe psychotropic medication safely • Keep accurate and relevant medical records • Communicate effectively with patients, relatives and colleagues • Work within a multi-disciplinary team • Use evidence based medicine • Participate in undergraduate medical teaching • Use of Mental Capacity Act and Mental Health Acts • The trainees will gain experience with a wide variety of psychiatric presentations in both younger and older adults. This will help them in formulating a differential diagnosis. • If interested, FY1s are encouraged to shadow the mhcas staff seeing patients in A&E for some experience
Location	Royal Free London Foundation Trust
Supervisor(s)	Dr Matthew Hagger
Main duties of the placement	The Foundation doctor is responsible with other staff, for the psychiatric care of patients in the medical and surgical wards and maintenance of the patient's medical record. They will clerk patients and perform risk assessments.
Typical working pattern in this placement	<p>Mon – Fri: Ward and A&E based assessments (primarily wards)</p> <p>Thurs: Formal teaching</p> <p>Fri: One hour consultant's supervision</p> <p>On call requirements: F1s are expected to perform neurology/ stroke./ other medical on-calls throughout the Liaison placement, working some evening shifts and some weekend day shifts. Details tbc from RFH acute trust</p> <p>Weekly teaching in Acute trust <i>FY1 Tuesday 1.00pm – 2.00pm (both sites)</i></p>
Employer information	The employer will be The Royal Free London NHS Foundation Trust is a high-performing trust with some of the best clinical outcomes in the country. The trust has around 900 beds and sees about

	<p>700,000 patients a year from all over the world. We want to give patients the best possible care in a safe, clean and welcoming environment.</p> <p>The post will be based in the liaison service, part of Camden & Islington NHS Foundation Trust. The Trust is responsible for the provision of in-patient and community mental health services within the London Boroughs of Camden and Islington.</p>
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North Central Thames Foundation School (NCTFS)

Individual Placement Description – Royal Free London Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Pearl Ward, HMHC, Dartmouth Park Hill, N19
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/TAF72/FND/FY1/005
Placement	F1 Old Age Psychiatry
The Department	Pearl Ward is the older adult functional assessment and treatment ward at Highgate Mental Health Centre. It is a 16 bed ward that takes patients with functional mental health problems where there are needs related to ageing such as frailty, multiple medical comorbidities, psychological losses associated with ageing and a degree of cognitive impairment although there is a separate dementia ward. The consultant is Dr Blerta Cenko and there is input from a higher trainee and a full time core trainee as well as ward manager, nurses, OT and HCAs.
The type of work to expect and learning opportunities	<p>The Foundation doctor will be involved in clerking new admissions and presenting them to the Consultant. They will undertake reviews and attend the team meeting. The Foundation doctors will always be supervised in their work by senior doctors.</p> <p>The overall educational objectives of the placement are to enable the F1 to:</p> <ul style="list-style-type: none"> • Take a history and mental state examination • Perform a risk assessment • Formulate a holistic management plan considering the biopsychosocial model • Keep accurate and relevant medical records • Manage time and clinical priorities effectively • Prescribe psychotropic medication safely • Work as part of a multidisciplinary team, understanding and respecting others' roles • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Participate in Balint Group • Act in a professional manner at all times • Gain competence in use of Mental Capacity Act and Mental Health Act • Cope with the legal and ethical issues that arise when treating psychiatric patients • Become lifelong learners and teachers • Be involved in a QI project
Location	Pearl Ward, HMHC, Dartmouth Park Hill, N19
Supervisor(s)	Dr Blerta Cenko
Main duties of the placement	The F1 will ensure that all new patients admitted under the team's care are fully assessed, including an assessment of their physical state, so that a preliminary formulation of their problems is made. All in-patients should be reassessed as necessary and an update of their mental state made before each main ward round. The F1 will attend ward rounds and present new cases to the consultant. They will work closely with the core trainee They will be involved in arranging and interpreting the results of various investigations. They will be involved in discharge planning. Under the supervision of a clinical supervisor, they will prescribe treatments for the patients that they are working with. They will refer them promptly to other professionals as directed by their clinical supervisors.
Typical working	Psychiatry Mon – Fri: 9am-5pm One hour 1:1 consultant supervision

pattern in this placement	<p>On call requirements – details to be confirmed by acute trust: 6S (stroke and neuro), 11E (oncology) and 7N (winter pressure ward) at RFH</p> <p>Weekly teaching in Acute trust <i>FY1 Tuesday 1.00pm – 2.00pm (both sites)</i></p> <p>Two hours self directed learning/week. Monthly C&I teaching</p>
Employer information	<p>The employer will be The Royal Free London NHS Foundation Trust is a high-performing trust with some of the best clinical outcomes in the country. The trust has around 900 beds and sees about 700,000 patients a year from all over the world. We want to give patients the best possible care in a safe, clean and welcoming environment.</p> <p>The post will be based in Camden & Islington NHS Foundation Trust. The Trust is responsible for the provision of in-patient and community mental health services within the London Boroughs of Camden and Islington.</p>

It is important to note that this description is a typical example of your placement and may be subject to change.

North Central Thames Foundation School

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY1/016 LDN/RAL01/FND/FY1/017 LDN/RAL01/FND/FY1/018 LDN/RAL01/FND/FY1/019 LDN/RAL01/FND/FY1/020
Placement	F1 General Emergency and Lower GI Surgery
The department	University Department of Surgery, Royal Free hospital, SAU 7W
The type of work to expect and learning opportunities	<ul style="list-style-type: none"> • On-Call night and day Activity for Acute surgical admission (Consultant Lead) • Pre and post -operative medical and surgical care of acute surgical patients. (Consultant Lead) • Referrals, Investigations, Audit and Research • Medical student supervision • Colorectal ward round, elective surgical activity (4 lists per week), laparoscopic surgery, endoscopy. Simulation training facilities available
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Mr Colin Hart, Mr Gunju Ogunbiyi, Mr Gareth Jones, Reza Mirnesami
Main duties of the placement	<ul style="list-style-type: none"> • Participate to Consultant lead ward round, understand and apply the principles of patient optimization. Sepsis control, Acute Anemia, Optimization of pre-operative co-morbidity, Surgical complication recognition and management. • Communicate with patients and family. Safe prescribing Ward rounds. Patient reviews. Request and interpretation of test and investigation • Prepare for MDT discussion, prepare operating list, data collection for M&M with educational component once every 4 months
Typical working pattern in this placement	<p>5 FYs allocation:</p> <ol style="list-style-type: none"> 1) On take (1 Consultant) 0800 – 2000 2) Ward round-Nights (1Consultant) 0800 – 1800 3) Colorectal activity (3 Consultants) 0800 – 1800 4) Week end- teaching 0800 – 2000 5) Nights-Off
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.</p> <p>The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its</p>

	<p>best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none">• Excellent outcomes, in our clinical treatment, research and teaching• Excellent experiences for patients, staff and GPs• Excellent value, by improving the efficiency and productivity of our services, and reducing costs• Full compliance, meeting or exceeding all regulatory standards and outcomes we are set• A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none">• In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for:• quality of clinics and treatments• medical research• teaching and training new medical staff• patient satisfaction and experience• value for money
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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY1/040
Placement	F1 Renal Medicine w/ Transplant
The department	Renal Medicine w/ Transplant
The type of work to expect and learning opportunities	<p>The foundation doctor will contribute to the care of renal patients in this busy department. They will be attached to a consultant who will be their clinical supervisor. There is also registrar grade cover for support. The work involved clerking, formulating management plans and reviewing patients. There is an active renal transplant programme and foundation doctors will be involved with the care of these patients. FY1s typically do 2 months with the medical team and 2 months with the transplant surgical team to provide a range of experience. This job provides excellent experience in renal medicine and surgery. There is a lot of formal consultant teaching which is excellent.</p>
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Ayaz Hossain, Philip Masson
Main duties of the placement	<p>The trainee will be assigned to a group of approximately 25 patients for whom they will be responsible together with more senior team members, including an SHO and a consultant.</p> <ul style="list-style-type: none"> • Presenting patients at multi-disciplinary board round. • Clerking new patients & discharge (summary FU-Plans) patients. • Daily assessment and day to day management of assigned patients, attendance at MDT Meeting. • Management of pre and post op patients during surgery placement.
Typical working pattern in this placement	<p>Daily teaching 0800 – 0900 including 2 week consultant teaching & one week morning report</p> <p>Mon: Teaching (0800 – 0900), Ward round, Jobs</p> <p>Tues: Teaching (0800 – 0900), Ward round, Jobs</p> <p>Wed: Teaching (0800 – 0900), Ward round, Jobs</p> <p>Thurs: Ward round, Lunch time x-ray meeting, jobs</p> <p>Fri: Teaching (0800 – 0900), Ward round, jobs</p> <p>On call requirements: 2 weekend on calls with cardiology team during 4 months. (No renal on-calls)</p>
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.</p> <p>The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our

services, and reducing costs

- Full compliance, meeting or exceeding all regulatory standards and outcomes we are set
- A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges

How the Royal Free measures its performance

- In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for:
 - quality of clinics and treatments
 - medical research
 - teaching and training new medical staff
 - patient satisfaction and experience
 - value for money

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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY1/006 LDN/RAL01/FND/FY1/007
Placement	FY1 Geriatric Medicine
The department	The department of Geriatric Medicine/ Health Services for Elderly People (HSEP) runs 2 base wards (32 beds each; 10N & 8W). In addition there is a presence on the MAU (8N) and AAU to see acute patients 7 days a week and A&E (TREAT team) to prevent unnecessary admissions. There is daily input into the Orthogeriatric unit and a Consultant lead team for complex older and younger general medical patients (GIM team). TREAT also provides MDT input into several Camden Care Homes and the Frailty Hub. The department provides specialist clinics in Falls, Movement disorders, as well as a daily HOT clinic run out of A&E.
The type of work to expect and learning opportunities	<p>The FY1 Doctor will be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward. They will attend MDTs and case conferences and have regular structured programme for teaching. In addition there are regular departmental educational meetings.</p> <p>Whilst in the attachment the FY1 will be involved with the generic clerking of patients being admitted to the ward and the ongoing care of the patients.</p> <p>The overall educational objectives of the FY1 year are to provide the trainee with the knowledge, skills and attributes to be able to;</p> <ul style="list-style-type: none"> • Take a history and examine a patient. • Identify and synthesise problems. • Prescribe safely. • Keep an accurate and relevant medical record. • Manage time and clinical priorities effectively. • Communicate effectively with patients, relatives and colleagues. • Use evidence, guidelines and audit/QIP to benefit patient care. • Act in a professional manner at all times. • Cope with ethical and legal issues which occur during the management of patient with general medical problems. • Educate patients effectively. • Become life-long learners and teachers; deliver peer-to-peer & medical student teaching.
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Dr Glasser (10N) & Dr Noimark (8W)
Main duties of the placement	<p>The FY1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants on the wards, and also take responsibility for problems arising during day to day duties on the wards. They are expected to attend the structured teaching programmes set out by the department and the generic FY1 teaching sessions.</p> <p>The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>There will be an opportunity to teach the medical students from UCL on the wards.</p> <p>FY1s will be part of the out-of-hours on-call team. The on-call is paired with a department middle-grade doctor (SpR/GPVTS/SCF); Weekday on-call 17.00 – 20.25, Weekend on-call 8.45 – 20.45. Bank holidays are worked as per the weekend shift (8.45 – 20.45).</p> <p>FY1s will be expected to review patients planned by the usual team or when allied health professional request it. A middle-grade doctor will be available to help manage complex issues/ when help is required.</p>
Typical	Mon: 8.45 – 9am Ward round preparation/handover from night team.

<p>working pattern in this placement</p>	<p>0900 – Consultant ward round. 12noon – MDT, 1.00pm Xray meeting. PM – ward work</p> <p>Tues: 8.45 – 9am Ward round preparation/handover from night team. 0900 – Board Round followed by Consultant WR of new/sick patients and then middle-grade led WR. PM – ward work</p> <p>Wed: 8.45 – 9am Ward round preparation/handover from night team. AM – Board Round followed by Consultant WR of new/sick patients and then SpR led WR, PM – ward work</p> <p>Thurs: 8.45 – 9am Ward round preparation/handover from night team. 0900 – Consultant ward round. 12noon – MDT. 1300 – FY1 teaching programme (weekly) PM – ward work/clinic (generic teaching once/month)</p> <p>Fri: 8.45 – 9am Ward round preparation/handover from night team. Board Round followed by consultant WR of new/sick patients and then SpR led WR, 1300 Peer to peer teaching. PM – Ward work. 1645 Weekend handover meeting</p> <p>MDT Meeting Mon-Fri 12-1 on 10N and 8W</p>
<p>Employer information</p>	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital. The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London. The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best. Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: • quality of clinics and treatments • medical research • teaching and training new medical staff • patient satisfaction and experience • value for money

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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY1/033 LDN/RAL01/FND/FY1/034 LDN/RAL01/FND/FY1/035
Placement	F1 Hepatology (Gastroenterology / Neuroendocrine FY1)
The department	Placement F1 Hepatology + F1 Gastro The department Hepatology/Liver transplantation/Gastroenterology
The type of work to expect and learning opportunities	<ul style="list-style-type: none"> • Job is third hepatology, third gastro/NET and a third liver transplant • Weekends are 1 in 4 and you cover both hepatology and liver transplant patients • PITU shift is 11-8 whereby you start on the day unit inserting drains/assessing patients post biopsy/clerking transplant work up patients until 5PM where you are then on call for the ward patients back up on 9N • So the late shift is the PITU shift = 11-8 and Monday - Friday
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Dr Christos Toumpanakis, Dr Rachel Westbrook
Main duties of the placement	Preparing to present at ward rounds and transplant meeting, reviewing investigations, running day case unit for Hepatology.
Typical working pattern in this placement	<p>Hepatology Rolling rota with ward duties for Hepatology and Liver Transplant, with interspersed weeks on PITU. . One week in 6 is a late shift 1100-2100 Monday – Thursday.</p> <p>Mon: ward round and then do jobs generated by the ward round 1700 transplant meeting</p> <p>Tues: ward round, XR meeting, 1700 transplant meeting</p> <p>Wed: ward round, 1700 – transplant meeting</p> <p>Thurs: hepatology teaching at 8:15am, ward round, 1700 – transplant meeting</p> <p>Fri: hand-over meeting in the morning; ward round, histology meeting, transplant MDT at 12:30pm, 1700 transplant meeting</p> <p>Weekends: 1 in 6, covering hepatology and liver transplant.</p> <p>When on PITU (11:00-20:00) Daily - clerking patients for biopsy and TIPsogram and performing day case paracentesis. Writing discharge letters for the ward. Clerking patients attending for Liver Transplant assessment and preparing presentation for Transplant MDT. Presenting liver transplant work-up patient at Friday Liver Transplant MDT meeting. Attend handover at 5pm every day for hepatology and liver transplant; on-call shifts covering hepatology and liver transplant wards from 17:00-20:00 (then handover to night team).</p>
Employer information	The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.

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Weekly timetable for Gastroenterology / Neuroendocrine FY1

Days	am	pm
Monday	<ul style="list-style-type: none"> • In-patients' list update Gastroenterology – Handover at 8:45am • Consultant Ward Round for NET and Gastro (these usually occur at different times) • Requesting Tests for inpatients 	<ul style="list-style-type: none"> • Chasing tests results • Review and discuss results with Gastroenterology Registrar and Consultant and plans for the following day • Preparation of discharge summaries
Tuesday	<ul style="list-style-type: none"> • Consultant Ward Round • Clerking NET patients who are electively admitted for Peptide Receptor Radionuclide Treatments (depending on NET Registrar/PA, may need to do this on other week days) 	<ul style="list-style-type: none"> • Chasing tests results • Review and discuss results with Gastroenterology Registrar and Consultant and plans for the following day • Preparation of discharge summaries for NET patients
Wednesday	<ul style="list-style-type: none"> • Consultant Ward Round • Requesting Tests for inpatients • Audit opportunities 	<ul style="list-style-type: none"> • IBD Biologic Treatments MDT • Chasing tests results • Review and discuss results with Gastroenterology Registrar and Consultant and plans for the following day
Thursday	<ul style="list-style-type: none"> • Consultant Ward Round 	<ul style="list-style-type: none"> • Chasing tests results

	<ul style="list-style-type: none"> • Requesting Tests for inpatients • Audit opportunities 	<ul style="list-style-type: none"> • Review and discuss results with Gastroenterology Registrar and Consultant and plans for the following day • Opportunity to observe endoscopy lists
Friday	<ul style="list-style-type: none"> • Consultant Ward Round • Requesting Tests for inpatients 	<ul style="list-style-type: none"> • Chasing tests results • Review and discuss results with Gastroenterology Registrar and Consultant and preparation of Weekend Handover • Weekend handover to medics (for gastro patients) and oncology/11E (for NET patients)

Non-compulsory Clinical / Educational opportunities

1. Wednesday 08:00 – 08:30 : Radiology Gastroenterology / IBD MDT meeting
2. Friday 08:00 – 09:00 : Gastroenterology morning report meeting

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North Central Thames Foundation School (NCTFS)
Individual Placement Description –
Royal Free London NHS Foundation Trust - Barnet Hospital

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY1/015 LDN/RAL01/FND/FY1/037
Placement	Infectious Diseases/ HIV/ID
The department	Transplant & Specialist Services
The type of work to expect and learning opportunities	The FY1 is assigned to the Infectious Diseases team. Daily ward round with registrars and Monday and Thursday Consultant led ward round. Daily board round/MDT with nurse in charge, physiotherapists, occupational therapist and pharmacists. Once weekly multidisciplinary team meeting on Thursday AM with all the Infectious Diseases consultants and Microbiology consultants discussing all the patients. Once weekly ID + Radiology meeting (Wednesday AM) discussing interesting and difficult radiological scans. Learning opportunities during the ward rounds, consultant led rounds, weekly infectious diseases meetings and radiology meetings.
Location	Royal Free Hospital
Clinical / Educational Supervisor(s)	Professor Robert Miller, Professor Alison Rodger
Main duties of the placement	The role of the FY1 would be to ensure that jobs created during the ward round are done until the end of the day, bloods and investigations results are chased and appropriate further investigations are organized for the following day. Reviewing unwell patients in the afternoon and discussing them with the registrar in charge. Ensuring that discharge summaries are ready and prepared with adequate follow up plans so that the patient is discharge safely and in a timely manner. Updating the patient list and knowing the exact location of all the ID inpatients to ensure a smooth ward round and drafting patient list for weekly radiology meetings.
Typical working pattern in this placement	Weekday: 8.30am - 5pm Once weekly on-call covering the whole of ID + HIV: 5pm - 8pm - FY1s also do long days of ward cover in different clinical areas (cardiology) and shifts on the medical take. Weekly imaging MDT 08:30 -09:00 (Wednesday). Weekends (between 1 in 3 and 1 in 4): 8am - 8pm
Employer information	The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital. The post will be based in Royal Free Hospital . The Royal Free Hospital is a major teaching hospital in Hampstead, London. The Royal Free London NHS Foundation Trust runs three hospitals in London: <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital

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- teaching and training new medical staff
- patient satisfaction and experience
- value for money

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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY1/031 LDN/RAL01/FND/FY1/039
Placement	F1 Medical Oncology
The department	The department of oncology incorporates the departments of medical and clinical oncology (radiotherapy). They work in close association with each other as well as with other teams around the hospital to provide a multidisciplinary approach to cancer therapy. There is an active clinical research programme with a wide clinical studies portfolio. Also there are links with the UCL research departments and other major hospitals.
The type of work to expect and learning opportunities	<ul style="list-style-type: none"> • Responsibility for clinical management of Oncology In-patients • Experience gained in the management of both sick and stable cancer patients as well as excellent grounding in palliative care. • Present at ward-rounds • Interact with other clinical specialties and clinical staff effectively • Good rapport with patients and relatives • Request investigations reliably, efficiently and appropriately • Work effectively independently and within a multi-disciplinary team • Participation in audit projects • Participation in teaching and seminars • Twice Weekly departmental teaching.
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Dr Boleti
Main duties of the placement	Discharge summaries, ward duties, clerking new admissions, reviewing patient acute problems, presenting on ward rounds.
Typical working pattern in this placement	Days: 0830 – 1730, Monday to Friday. on calls till 2030, weekends.
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.</p> <p>The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p>

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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY1/041
Placement	F1 Renal Medicine
The department	Renal Department
The type of work to expect and learning opportunities	<p>The foundation doctor will contribute to the care of renal patients in this busy department. They will be attached to a consultant who will be their clinical supervisor. There is also registrar grade cover for support. The work involved clerking, formulating management plans and reviewing patients. There is an active renal transplant programme and foundation doctors will be involved with the care of these patients as well as those with acute kidney injury and chronic kidney disease.</p> <p>This job provides extensive experience in renal medicine. There is a lot of formal consultant teaching which is excellent.</p>
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Dr Alex Riding
Main duties of the placement	<ul style="list-style-type: none"> • Presenting patients at the daily board round (twice daily) • Mixture of consultant and registrar led ward rounds (writing in notes, reviewing patients' observations & investigation results) • Ordering investigations • Ordering blood tests • Writing discharge summaries • Phlebotomy/ cannulation • Referring patients to other teams for review • Communicating with relatives • Clerking in new patients to the ward and from A+E • Clerking in renal transplant recipients • Some opportunities to place central venous catheters under supervision
Typical working pattern in this placement	<p>Mon: Teaching (0800-0830), Teaching (0830 – 0910), Ward round, Jobs</p> <p>Tues: Teaching (0800-0830), Teaching (0830 – 0910), Ward round, FY1 teaching (1300-1400) Jobs</p> <p>Wed: Teaching (0800-0830), Teaching (0830 – 0910), Ward round, Jobs</p> <p>Thurs: Ward round/transplant MDT (0800-0830), Ward round, Lunch time x-ray meeting, jobs</p> <p>Fri: Handover (0800-0830), Teaching (0830 – 0910), Ward round, Jobs</p> <p>Sat:</p> <p>Sun:</p> <p>On call requirements: Split oncall arrangement with acute medical rota/12 week rolling on-call renal rota .</p> <p>Two months acute medical oncall comprises of long days and weekends, typically one weekend per month and one long day per week. Daytime ward work is for renal transplant surgery/</p> <p>Two months renal for general nephrology with oncall commitments (allocations described with respect to full 12 week rota):</p> <ul style="list-style-type: none"> • 5 weekday evening on calls (until 2030) • 5 late 1300-2100 clerking in ED • 2 weekends comprising one short day (0800-1700)and one long day (0800-2030) • 1 week nights 2000-0930 <p>There will also be allocated time within the rota to attend outpatient clinics.</p>

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Employer information	<p>The Royal Free London NHS Foundation Trust is a high-performing trust with some of the best clinical outcomes in the country.</p> <p>The trust has around 900 beds and sees about 700,000 patients a year from all over the world. We employ around 5,500 people and have a turnover of about £550m.</p> <p>We are ranked among the best English trusts for mortality rates - our rate is 29 per cent below the national average. We have the lowest MRSA bacteraemia rate among London teaching hospitals and are on target to reduce rates of c.difficile infections.</p> <p>Our mission is to be in the top 10 hospitals in England for clinical quality, customer satisfaction, staff satisfaction and financial performance. We want to give patients the best possible care in a safe, clean and welcoming environment.</p>

It is important to note that this description is a typical example of your placement and may be subject to change.

North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY1/010 LDN/RAL01/FND/FY1/013
Placement	F1 Respiratory Medicine
The department	Tertiary center Number of consultants with special interest The ward based doctors are informally split into two teams: acute and chronic, to help with division of patient care. Each team comprises of a ward – based consultant, at least one registrar, and either a FY2 or CT2.
The type of work to expect and learning opportunities	The FY1 will be involved in taking care of all the patients assigned to their team. A typical day involves: AM: <ul style="list-style-type: none"> • Attending an MDT board round to talk about patient progress and to aid discharge planning • Taking part in the ward round, helping it to run smoothly, documenting consultations and recording jobs PM: <ul style="list-style-type: none"> • Bloods, Cannulation, ABG's • Completing the jobs assigned during the ward round e.g. requesting and chasing investigations, seeking advice on management plans from other specialties • Solving problems as they arise on the ward • Reviewing investigation results • Writing discharge summaries • Communicating with patients and their families • Updating the team list • Attending a de-brief to update senior team members on progress in patient care Other roles: <ul style="list-style-type: none"> • Occasionally the FY1 will be asked to clerk patients coming in for day case procedures • They will be expected to attend both x ray and departmental meetings and to contribute as appropriate Learning opportunities: <ul style="list-style-type: none"> • Each ward round is an opportunity to learn more clinical medicine both respiratory and general. Senior team members are always happy to be observed performing more complex clinical skills e.g. pleural aspirates, chest drain insertion and will ask the FY1 to assist if appropriate. • There are also opportunities to attend clinics and bronchoscopy lists if ward based work has been completed.
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Dr Anant Patel
Main duties of the placement	<ul style="list-style-type: none"> • Prepare for the daily ward round and help it to be executed efficiently • Record all aspects of patients care in the notes • Play an active role in timely discharge especially with regard to discharge summaries • Complete jobs assigned on the ward round including clinical tasks e.g. venepuncture, ABGs

	<ul style="list-style-type: none"> • Communicate with patients and their relatives • Attend and contribute to departmental meetings • Attend mandatory FY1 teaching
Typical working pattern in this placement	<p>Mon – Fri: 0900 – 1700 Consultant/SpR led ward round/jobs</p> <p>Mon: 1230 Respiratory departmental meeting</p> <p>Tues: 1300 – 1400 F1 generic teaching (monthly teaching 1300 – 1700)</p> <p>Wed: 1100 – 1300 Joint Respiratory/ID x-ray meeting</p> <p>Thurs: 1400 – 1430 ward based MDT</p> <p>On call requirements: 1 in 8 weekends required to be on call (Sat and Sun) for the respiratory ward based cover 08:00 – 20:30.</p>
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.</p> <p>The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: • quality of clinics and treatments • medical research • teaching and training new medical staff • patient satisfaction and experience • value for money

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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY1/042
Placement	F1 Rheumatology
The department	The Centre for Rheumatology in The Royal Free Hospital is a highly renowned unit of excellence in clinical care and research. This job provides an excellent opportunity to understand and treat multi-system Rheumatological diseases including systemic sclerosis (scleroderma) for which the Royal Free is a tertiary referral Centre. Six Consultants, two Specialist Registrars, and 3 ST1, clinical fellows and an FY1 make up a team caring for patients on the ward, in specialist clinics and those on PITU [Patient Intervention and Treatment Unit]. Working with patients on PITU provides better acquaintance with Biological therapies, Immunosuppressives including cytotoxic agents and other anti-rheumatic treatments.
The type of work to expect and learning opportunities	<p>The F1 trainee will be provided the opportunity to further hone their knowledge, skills and attributes to be able to:</p> <ul style="list-style-type: none"> • Take a history and examine a patient, including new referrals in whom the diagnosis is unknown, as well as acutely unwell patients suffering sepsis or flare ups of their rheumatic disease • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively. • Communicate effectively with patients, relatives and colleagues. • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Educate patients effectively
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Professor Christopher Denton
Main duties of the placement	<ul style="list-style-type: none"> • Provide daily care for Rheumatology Inpatients • To participate in the acute medicine on call rota • To attend Morning Report [General Medical teaching], Medical grand round+ Rheumatology post-graduate teaching • Small group and bedside teaching of UCL MB BS students (3 named students allocated to the FY1).
Typical working pattern in this placement	<p>Rheumatology Mon/Wed/Fri 0900 – 1700, Tue/Thurs 0800 – 1700.</p> <p>HSEP on call rota – one weekday per week: 1700 – 2200 + one weekend every month: 0900 – 1800.</p> <p>Mon: Review of inpatients on 11W, ward round of inpatients with SpRs.</p> <p>Tue: 0800-0900 Morning report + Registrar ward round of inpatients + F1 ward round of PITU patients 1200 – 1300 Discharge Summary review meeting 1300 – 1400 F1 Teaching 14.00 Consultant led ward round of inpatients Dr Mangat 17.00-18.00 Rheumatology department post-graduate seminar Rheum library</p> <p>LG floor</p> <p>Wed: Rheumatology Xray meeting + Scleroderma ward round + Registrar ward round of remaining inpatients 12.30-13.30 Medical grand round</p> <p>Thurs: 0800-0900 Morning report + 09.15 Dr Stratton Consultant ward round 11W 11.00 Lumbar epidurals on PITU + 13.30 Registrar ward round of remaining inpatients</p>

<p>Employer information</p>	<p>Fri: Registrar ward round + PITU Iloprost Discharge summaries.</p> <p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.</p> <p>The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: • quality of clinics and treatments • medical research • teaching and training new medical staff • patient satisfaction and experience • value for money
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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY1/045 LDN/RAL01/FND/FY1/046 LDN/RAL01/FND/FY1/047 LDN/RAL01/FND/FY1/048
Placement	F1 Geriatric Medicine (Orthogeriatric) Trauma & Orthopaedic Surgery This is a Surgical Placement
The department	The base ward is (7E) but patients are spread across many different wards within the hospital - There is an orthogeriatric consultant who reviews some of the patients daily on weekdays, and there is one orthogeriatric junior doctor who does have some time allocated to the ward although also spends time in clinic and on HSEP wards/on medical rota/nights
The type of work to expect and learning opportunities	F1s are ward based, and mainly look after patients on 7E with an SHO to cover outliers. On weekends this differs with one F1 covering all 7E patients as well as the outliers
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Mr Arthur Galea / Mr Haroon Mann / Mr Akash Patel
Main duties of the placement	There are morning MDTs on the ward, these are not usually attended by the trauma co-ordinator or the specialist registrars but the other HCPs on that list do attend the meeting Typical working pattern - 10 hours a day for normal days - 12.5 hours a day for long days - 12.5-13 hours for night shifts
Typical working pattern	Scheduled hours: 10 hours a day
Employer information	The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital. The post will be based in Royal Free Hospital . The Royal Free Hospital is a major teaching hospital in Hampstead, London. The Royal Free London NHS Foundation Trust runs three hospitals in London: <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.

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How the Royal Free will achieve its mission

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How the Royal Free measures its performance

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North Central Thames Foundation School (NCTFS)
Individual Placement Description – Royal Free Hospital NHS Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY1/021 LDN/RAL01/FND/FY1/022
Placement	F1 Urology
The department	Urology
The type of work to expect and learning opportunities	<ul style="list-style-type: none"> <input type="checkbox"/> Consultant ward round – presenting patient cases, bedside teaching. <input type="checkbox"/> Practical procedures specific to Urology: Female catheters, 3-way catheters, bladder washouts, prostate examinations <input type="checkbox"/> Urological emergencies and management <input type="checkbox"/> When on-call to deal with all surgical admissions including General Surgery, Vascular and Urological cases
Location	Royal Free Hospital
Supervisor(s)	Mr Anuj Goyal, Mr Dimitrios Volanis
Main duties of the placement	Ward work, post-take ward work, theatres, on-call duties
Typical working pattern in this placement	<p>Daily : 0800 (need to arrive at 0745 to update ward list with overnight admissions) Daily Consultant Ward round including post-take (variable lengths) followed by ward jobs generated by ward round. Day shift finishes at 1800. Theatres/clinics/cystoscopy lists if able to do so.</p> <p>On-call requirements: 1/7 Nights - either 4 x weekday nights, or 3 x Fri/Sat/Sun nights. Shift 2000 - 0800. Clerking surgical admissions (covering gen surg, vascular, ortho, urology), supporting the night FY1 with ward cover, completing ward reviews of unwell patients)</p> <p>Tuesday 1300 – 1400: FY1 general teaching</p>

<p>Employer information</p>	<p>The employer for this post is Royal Free London NHS Foundation Trust - Barnet Hospital</p> <p>The post will be based in Royal Free Hospital.</p> <p>Royal Free Hospital is based in north London, providing general and specialist care to patients.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Barnet Hospital <input type="checkbox"/> Chase Farm Hospital <input type="checkbox"/> Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Excellent outcomes, in our clinical treatment, research and teaching <input type="checkbox"/> Excellent experiences for patients, staff and GPs <input type="checkbox"/> Excellent value, by improving the efficiency and productivity of our services, and reducing costs <input type="checkbox"/> Full compliance, meeting or exceeding all regulatory standards and outcomes we are set <input type="checkbox"/> A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <input type="checkbox"/> <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> <input type="checkbox"/> In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: <ul style="list-style-type: none"> <input type="checkbox"/> quality of clinics and treatments <input type="checkbox"/> medical research <input type="checkbox"/> teaching and training new medical staff <input type="checkbox"/> patient satisfaction and experience <input type="checkbox"/> value for money
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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	<p>LDN/RAL01/FND/FY1/024</p> <p>LDN/RAL01/FND/FY1/026</p> <p>LDN/RAL01/FND/FY1/027</p> <p>LDN/RAL01/FND/FY1/028</p> <p>LDN/RAL01/FND/FY1/030</p>
Placement	F1 Vascular Surgery
The department	The vascular department is now the surgical hub for north central London. Major complex vascular surgery is performed including endovascular surgery.
The type of work to expect and learning opportunities	The foundation doctor will be responsible for the inpatient care for general surgical and vascular both pre-operatively and post-operatively. There will also be the opportunity to learn about rehabilitation post amputation.
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Miss Janice Tsui, Mr Jason Constantinou, Meryl Davis
Main duties of the placement	<p>General FY1 Duties. Ward rounds. Admission clerking. Post-operative assessment. Prescribing fluids and renal protection pre-procedure. Assessment of unwell patient. Ordering investigations, cannulation. EPR discharge. Attending multidisciplinary case conferences. Attending MDT meetings.</p> <p>On take shifts – clerking new surgical A&E patients & organizing investigations as appropriate.</p> <p>Evening ward/on-call cover.</p>
Typical working pattern in this placement	<p>Mon: ward round, ward based jobs</p> <p>Tues: ward round, ward based jobs</p> <p>Wed: ward round, ward based jobs</p> <p>Thurs: ward round, ward based jobs,</p> <p>Fri: ward round, ward based jobs, MDT meeting</p> <p>Sat: ward round, ward based jobs</p> <p>Sun: ward round, ward based jobs, elective admissions</p> <p>Rota includes nights with all surgical specialties cover.</p>
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.</p> <p>The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help</p>

people thrive.

How the Royal Free will achieve its mission

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How the Royal Free measures its performance

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- patient satisfaction and experience
- value for money

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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust																														
Site	Royal Free Hospital																														
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/ACA/FY2/002																														
Placement	F2 Academic - Research Cellular Pathology																														
The department	Cellular Pathology																														
The type of work to expect and learning opportunities	<ul style="list-style-type: none"> The trainee can familiarise themselves with all aspects of general histopathology including cut up and basic H&E interpretation Opportunity to carry out a research project in histopathology Time available to pursue other academic interests outside of histopathology, including teaching if appropriate 																														
Location	Royal Free Hospital, Pond Street London, NW3 2QG																														
Supervisor(s)	Prof Alberto Quaglia																														
Main duties of the placement	<p>Duties Summary Your working pattern is arranged across a cycle length of 1 week and includes:</p> <table border="1" style="width: 100%; border-collapse: collapse; margin: 10px 0;"> <thead> <tr> <th>Duty</th> <th>Name</th> <th>Type</th> <th>Start</th> <th>Finish</th> <th>Days</th> <th>Duration</th> </tr> </thead> <tbody> <tr> <td style="background-color: #f8d7da;">A</td> <td style="text-align: center;">A</td> <td style="text-align: center;">Shift</td> <td style="text-align: center;">9:00</td> <td style="text-align: center;">17:00</td> <td style="text-align: center;">1</td> <td style="text-align: center;">8:00</td> </tr> </tbody> </table> <p>Rota template</p> <table border="1" style="width: 100%; border-collapse: collapse; margin: 10px 0;"> <thead> <tr> <th>Week</th> <th>Mon</th> <th>Tue</th> <th>Wed</th> <th>Thu</th> <th>Fri</th> <th>Sat</th> <th>Sun</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">1</td> <td style="text-align: center; background-color: #f8d7da;">9:00 - 17:00</td> <td style="text-align: center; background-color: #f8d7da;">9:00 - 17:00</td> <td style="text-align: center; background-color: #f8d7da;">9:00 - 17:00</td> <td style="text-align: center; background-color: #f8d7da;">9:00 - 17:00</td> <td style="text-align: center; background-color: #f8d7da;">9:00 - 17:00</td> <td></td> <td></td> </tr> </tbody> </table> <p>In this 1 week period there are: Normal days - 5</p>	Duty	Name	Type	Start	Finish	Days	Duration	A	A	Shift	9:00	17:00	1	8:00	Week	Mon	Tue	Wed	Thu	Fri	Sat	Sun	1	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00		
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Typical working pattern in this placement	<p>Average Weekly Hours of Work: 40.00 Your contract is a full-time contract 40 hours. You will in addition be contracted for an additional 0.00 hours, making for total contracted hours of 40.00 The distribution of these will be as follows: Average weekly hours at basic hourly rate: 40.00 Average weekly hours attracting a 37% enhancement: n/a Note 1: these figures are the <i>average weekly hours</i>, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week. Note 2: for the purpose of calculating average weekly hours this rota has been assessed using a leave entitlement of 35 days. This entitlement is the full time 12 month entitlement for annual leave (inclusive of 2 statutory days) <i>plus</i> 8 bank holidays.</p>																														

<p>Employer information</p>	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.</p> <p>The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: • quality of clinics and treatments • medical research • teaching and training new medical staff • patient satisfaction and experience • value for money
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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/ACA/FY2/005
Placement	F2 Academic - Neurology and Neuroscience
The department	Neurology and Neuroscience
The type of work to expect and learning opportunities	FULL SHIFT
Location	Royal Free Hospital, Pond Street London, NW3 2QG
Supervisor(s)	Anette Schrag
Main duties of the placement	Duties Summary
Typical working pattern in this placement	<p>Average Weekly Hours of Work: 40.00 Your contract is a full-time contract 40 hours. You will in addition be contracted for an additional 0.00 hours, making for total contracted hours of 40.00 The distribution of these will be as follows: Average weekly hours at basic hourly rate: 40.00 Average weekly hours attracting a 37% enhancement: n/a Note 1: these figures are the <i>average weekly hours</i>, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week. Note 2: for the purpose of calculating average weekly hours this rota has been assessed using a leave entitlement of 35 days. This entitlement is the full time 12 month entitlement for annual leave (inclusive of 2 statutory days) <i>plus 8 bank holidays</i>.</p>
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital. The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London. The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best. Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive. How the Royal Free will achieve its mission We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs

	<ul style="list-style-type: none">• Excellent value, by improving the efficiency and productivity of our services, and reducing costs• Full compliance, meeting or exceeding all regulatory standards and outcomes we are set• A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none">• In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for:• quality of clinics and treatments• medical research• teaching and training new medical staff• patient satisfaction and experience• value for money
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It is important to note that this description is a typical example of your placement and may be subject to change.

North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/ACA/FY2/004
Placement	F2 Academic - Research Nuclear Medicine
The department	Nuclear Medicine
The type of work to expect and learning opportunities	FULL SHIFT
Location	Royal Free Hospital, Pond Street London, NW3 2QG
Supervisor(s)	Thomas Wagner
Main duties of the placement	Pharmacological cardiac stressing, monitoring renogram patients after captopril. Clinical help with assessing patients needing urgent clinical assessment. Academic projects including audit, research, quality improvement, systematic review
Typical working pattern in this placement	Monday-Friday 9am-5pm
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.</p> <p>The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: • quality of clinics and treatments • medical research • teaching and training new medical staff • patient satisfaction and experience

	value for money
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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/ACA/FY2/004
Placement	F2 Academic - Research Radiology
The department	Radiology
The type of work to expect and learning opportunities	FULL SHIFT
Location	Royal Free Hospital, Pond Street London, NW3 2QG
Supervisor(s)	Dr Mohamed Khalifa
Main duties of the placement	<p>Radiology is a rapidly expanding specialty with Interventional Radiology a subspecialty in its own right. It incorporates all areas of applied medicine and demands intimate knowledge of anatomy.</p> <p>Trained interventional specialists require a detailed knowledge of pre- and post-operative disease and an excellent understanding of anatomy and pathological processes and their imaging findings.</p> <p>Radiologists interact with all sub specialities, but the Interventional Radiologists at the Royal Free site specialise in Vascular and Hepatobiliary (HPB) intervention. The Royal Free Hospital is now the largest adult HPB centre in the UK and the regional hub for Vascular surgery.</p> <p>Clinical opportunities during this rotation include shadowing of specialty trainees on hot-seat and consultants on clinical reporting, attendance of MDTs, fluoroscopy lists, diagnostic and therapeutic ultrasound lists, the breast centre, image guided biopsies and the IR lab.</p> <p>All trainees are encouraged and supported in entering abstracts for national and international conferences.</p> <p>Academic projects include audit/quality improvement projects, case reports, systematic reviews and scope for projects with neighbouring centres within the deanery. In the past trainees have completed and presented the following work:</p> <ul style="list-style-type: none"> • Presentation of a DVT ultrasound QIP at an international imaging & oncology conference • Presentation of a systematic review on repurposing of Sirolimus in Klippel-Trenaunay syndrome at a national conference for Vascular Surgery • Publication of a case report on coronary stent-graft salvage of a juxta-anastomotic arterial rupture complicating fistuloplasty of a radiocephalic AVF stenosis
Typical working pattern in this placement	Monday-Friday 9am-5pm

<p>Employer information</p>	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.</p> <p>The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: • quality of clinics and treatments • medical research • teaching and training new medical staff • patient satisfaction and experience • value for money
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**Foundation Programme
Individual Placement Descriptor***

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/ACA/FY2/001
Placement details (i.e. the specialty and sub-specialty)	F2 Academic - Virology
Department	Virology
Type of work to expect and learning opportunities	<p>Objectives for Virology placement:</p> <ul style="list-style-type: none"> • To give FY2 trainees an experience of working in a clinical diagnostic Virology department and understand the role and importance of interaction between laboratory and clinical medicine in patient management. • To gain knowledge and experience of common clinical scenarios, range of differential diagnoses, evidence-based diagnostic approach, rational use of investigations, appropriate interpretation of results, and clinical liaisons. • To be familiar with viral infections in specific patient groups (transplantation, HIV, immunocompromised, dialysis, HPB). <p>Specific academic aims:</p> <ul style="list-style-type: none"> • To gain experience of the application of scientific methods through hypothesis generation and through collection, interpretation, analysis and presentation of data for the chosen project. • To understand the principles of audit and its applications • To develop and improve presentation skills by presenting audit and research findings to local and where appropriate national meetings.
Where the placement is based	Royal Free Hospital, Pond Street London, NW3 2QG
Clinical supervisor(s) for the placement	Dr Tanzina Haque
Main duties of the placement	<p>During his/her four months in Virology, the FY2 trainee will be expected:</p> <ul style="list-style-type: none"> ◆ To follow the guidance set out in the Junior Doctors Induction Documents for Virology. ◆ To become familiar with the interpretation of tests and differential diagnosis through review of test requests, participation to result authorisation and discussions of current clinical cases. ◆ To attend and prepare for the handover meetings attended by the Virology Medical Team ◆ To conduct clinical audit/research under the supervision of his/her clinical supervisor.

	<ul style="list-style-type: none"> ◆ To start writing up the findings of the audit/research projects for publication. This will be supervised closely by the designated supervisor. ◆ To attend and participate in research seminars, journals clubs and other educational events that take place in the Virology/Infection department and attend the core FY2 teaching programme.
<p>Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)</p>	<p>Monday-Friday 9am-5pm Usually, 60% of the time will be spent on clinical work and 40% on research. A timetable will be drawn at the start of the training to combining both the clinical and academic components. This timetable will be reviewed regularly by the trainee and the clinical supervisor.</p>
<p>Employer information</p>	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital. The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London. The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best. Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: <ul style="list-style-type: none"> • quality of clinics and treatments • medical research • teaching and training new medical staff • patient satisfaction and experience • value for money

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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY2/025 LDN/RAL01/FND/FY2/026 LDN/RAL01/FND/FY2/027 LDN/RAL01/FND/FY2/028 LDN/RAL01/FND/FY2/029 LDN/RAL01/FND/FY2/030 LDN/RAL01/FND/FY2/031 LDN/RAL01/FND/FY2/032 LDN/RAL01/FND/FY2/033 LDN/RAL01/FND/FY2/034 LDN/RAL01/FND/FY2/035
Placement	F2 Emergency Medicine (A&E)
The department	Emergency Department
The type of work to expect and learning opportunities	Minor injuries, major illness, response to patients brought into the ED as a result of blue light ambulance calls.
Location	Royal Free London NHS Foundation Trust A&E Department
Supervisor(s)	Clinical Supervisors: Baldeo Seunarine, Deven Ramoutar, Anushka Saroop
Main duties of the placement	Medical review for assessment of varied illnesses and injuries to determine admission to hospital or safe discharge, including care of both adult and paediatric patients. Review of minor injuries/fractures/wounds etc.
Typical working pattern in this placement	Typical working pattern in this placement: variable shift pattern up to 48 hours/week, including Self Development Time. Generally 10-hour day or late shifts and 11.5-hour night shifts, including regular weekend work. <i>On call requirements: none</i>
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust. The post will be based in the Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges

	<p>How the Royal Free measures its performance</p> <ul style="list-style-type: none">• In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for:• quality of clinics and treatments• medical research• teaching and training new medical staff• patient satisfaction and experience• value for money
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North Central Thames Foundation School (NCTFS)

General Placement Description – Royal Free London NHS Foundation Trust (Royal Free Hospital)

Trust	Royal Free London NHS Foundation Trust
Site	Various, please see below(subject to change)
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RALGP/FND/FY2/001 LDN/RALGP/FND/FY2/002 LDN/RALGP/FND/FY2/003 LDN/RALGP/FND/FY2/004 LDN/RALGP/FND/FY2/005 LDN/RALGP/FND/FY2/006 LDN/RALGP/FND/FY2/007 LDN/RALGP/FND/FY2/008 LDN/RALGP/FND/FY2/009 LDN/RALGP/FND/FY2/010
Placement	F2 General Practice
The department	In general, a practice will offer doctors' appointments (telephone/video/face to face) from Monday-Friday from 8am-8pm, but precise scheduling arrangements may vary. Practices may also offer a range of additional services eg minor surgery, coil fitting, cryotherapy as well as nurse led services including asthma clinic, diabetes clinic, anticoagulation monitoring, smoking cessation advice, dietary advice and travel clinic.
The type of work to expect and learning opportunities	<p>All trainees will be allocated a named GP supervisor (though other GPs in the practice may also share day to day clinical supervision by agreement). F2s are responsible for assessing the patients on their list and initiating appropriate management plans. This provides experiences in (but is not limited to) :</p> <ul style="list-style-type: none"> • Time management • Communication skills • History taking and examination • Outpatient prescribing • Ordering and reviewing results of investigations • Clear documentation • Evidence based medicine, engaging in self-directed learning • Seeing a wide range of cases including paediatrics, obstetrics and geriatrics • Making referrals to and liaising with secondary care and community services • Reviewing patients appropriately, recognising unwell patients • Health promotion & health education with safety-netting • Clinical Audits and Quality Improvement • Home visits (where request has been discussed with clinical supervisor and deemed appropriate) <p>All patients will be discussed with the allocated GP supervisor at the end of the clinical session with immediate feedback. GPs are also available throughout the surgery to discuss cases as required.</p>
Location	Islington Central Medical Centre, Regents Park Practice, Ritchie Street Group Practice, James Wigg Practice, Greenfield Medical Centre, Lonsdale Medical Centre, Highgate Group Practice, Partnership Primary Care Centre, Hampstead Group Practice, Oak Lodge Medical Centre, Friern Barnet Medical Centre
Supervisor(s)	Dr Mervyn Rodrigues, Dr Adam Wander, Dr Stella Mills, Dr Jessica Baron, Dr Hilary Dunseath, Dr Simon Read, Dr Antonia Briffa, Dr Amish Gandhi, Dr William Zermansky, Dr Joe Rosenthal, Dr Sarah Morgan
Main duties of the placement	This will vary depending on the GP practice. In general, following a one week induction period (familiarising with IT systems, sitting in on clinical sessions with GPs, practice nurses, pharmacists) GP F2s will have their own appointment lists, usually starting with 30 minutes and gradually increasing at pace agreed with supervisor to 15 minutes per patient. Depending on practice arrangements approximately half of appointments will usually be booked in advance and half are booked on the same day. This provides a mix of acute

	<p>and chronic conditions. A small number of additional patients needing to be seen on the same day may be added to appointment lists according to practice arrangements for managing “extras”. The F2 is responsible for seeing their own patients and extras as required, taking a history and examining as appropriate, prescribing, ordering investigations, following up results and making appropriate referrals to secondary care. A clinical supervisor is allocated for each session and can be contacted at all times for advice. All patients seen are then discussed at the end of the clinical session.</p>
<p>Typical working pattern in this placement</p>	<p>Details will vary depending on the GP practice but in general terms F2 doctors working in general practice work a 10-session week, where a session is 4 hours. HEE recommends that the F2 week includes:</p> <ul style="list-style-type: none"> • Seven clinical sessions • One session for supervision in practice • One session for half-day release to attend F2 teaching at their Trust • One session for shadowing, project work or directed study • In the event of no half day release the clinical sessions can be increased to 8 sessions • F2 doctors are not expected to do out-of-hours work in general practice
<p>Employer information</p>	<p>The employer for this post is Royal Free London NHS Foundation Trust</p> <p>The post will be based in an approved GP Practice associated with the Foundation Programme.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: • quality of clinics and treatments • medical research • teaching and training new medical staff • patient satisfaction and experience • value for money

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North Central Thames Foundation School (NCTFS)

Individual Placement Description –Royal Free

Trust	Royal Free London NHS Foundation Trust
Site	Camden Early Intervention Service (EIS), 4 Greenland Road NW1 0AS (From Royal Free Hospital)
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY2/048
Placement details (i.e. the specialty and sub-specialty)	F2 General psychiatry- Early Intervention Service (EIS) Community psychiatry and Dunkley Ward
Department	Early Intervention Service (EIS) Community psychiatry and Dunkley Ward
Type of work to expect and learning opportunities	<p>When based at the in-patient ward, the F2 will be involved in assessing, monitoring and reviewing patients admitted under the team's care, participating in ward rounds, organising physical investigations and completing discharge summaries. In the EIS, the F2 will participate in team activities including joint assessments, home visits and clinic based appointments as well as the team meeting.</p> <p>The overall educational objectives of the placement are to enable the F2 to:</p> <ul style="list-style-type: none"> • Take a history and mental state examination • Perform a risk assessment • Formulate a holistic management plan considering the biopsychosocial model • Keep accurate and relevant medical records • Manage time and clinical priorities effectively • Prescribe psychotropic medication safely • Work as part of a multidisciplinary team, understanding and respecting others' roles • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Participate in Balint Group • Act in a professional manner at all times • Gain competence in use of Mental Capacity Act and Mental Health Act • Cope with the legal and ethical issues that arise when treating psychiatric patients • Become lifelong learners and teachers <p>Be involved in a QI project</p>
Where the placement is based	EIS, 4 Greenland Road,NW1 0AS and Dunkley Ward, St Pancras Hospital NW1 0PE
Clinical supervisor(s) for the placement	Petros Lekkos
Main duties of the placement	In the EIS you will participate in MDT meetings, joint assessments with care coordinators in clinic and to patients' homes, and out-patient clinics. Under the

	<p>supervision of a clinical supervisor, you will prescribe treatments for the patients that you are working with. You will refer them promptly to other professionals as directed by your clinical supervisors. When based at the in-patient ward, the F2 will ensure that all new patients admitted under the team's care are fully assessed, including an assessment of their physical state, so that a preliminary formulation of their problems is made. All in-patients should be reassessed as necessary and an update of their mental state made before each main ward round. The F2 will present new cases to the consultant. They will be involved in arranging and interpreting the results of various investigations. They will be involved in discharge planning.</p>
<p>Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)</p>	<p>Psychiatry Mon-Fri 9am-5pm 2 hours self directed learning/week There may be late shifts/long days in geriatric medicine/neurology/other dept at RFH – tbc via RFH 1 hour 1:1 Consultant supervision a week Teaching in Acute Trust. Monthly C&I teaching.</p>
<p>Local education provider (LEP) / employer information</p>	<p>The employer will be Royal Free Hospital NHS Trust but the post will be based in Camden & Islington NHS Foundation Trust</p>

*It is important to note that this description is a typical example of the placement and may be subject to change.

North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

General Information	The placement is based at Camden and Islington NHS Foundation Trust and provides both inpatient and community psychiatry experience split between Pearl Ward, Highgate Mental Health Unit N19 5NX which, a an older adult functional ward with consultant Dr Cenko, and North Camden Recovery and Rehabilitation Team (NCRecT) at 3 Daleham Gardens NW3 5BY consultant Dr Hughes.
Site	Royal Free Hospital
Trust	Camden & Islington NHS Foundation Trust is responsible for the provision of in-patient and community mental health services within the London Boroughs of Camden and Islington.
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/TAF01/FND/FY2/002
Placement	F2 General Psychiatry
Job Summary	This is a Foundation Programme Year Two, four month training post (Royal Free Programme) in General Adult Psychiatry based at: <ul style="list-style-type: none"> • North Camden Community Mental Health & Recovery Team at 3 Daleham Gardens, London. NW3 5BY • Pearl Ward, Highgate Mental Health Centre, London, N19
Where the placement is based	Camden and Islington NHS Foundation Trust (from Royal Free London NHS Foundation Trust) The placement is based at Camden and Islington NHS Foundation Trust and provides both inpatient and community psychiatry experience split between Pearl Ward, Highgate Mental Health Unit which is an older adult functional ward with consultant Dr Cenko, and North Camden Recovery and Rehabilitation Team (NCRecT) at 3 Daleham Gardens NW3 5BY consultant Dr Hughes.
The type of work to expect and learning opportunities	There is exposure to a wide variety of psychiatric conditions and their management. There is substantial teamwork in both settings with allied mental health professionals. The overall educational objectives of the placement are to enable the F1 to: <ul style="list-style-type: none"> • Take a history and mental state examination • Perform a risk assessment • Formulate a holistic management plan considering the biopsychosocial model • Keep accurate and relevant medical records • Manage time and clinical priorities effectively • Prescribe psychotropic medication safely • Work as part of a multidisciplinary team, understanding and respecting others' roles • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Participate in Balint Group • Act in a professional manner at all times • Gain competence in use of Mental Capacity Act and Mental Health Act • Cope with the legal and ethical issues that arise when treating psychiatric patients • Become lifelong learners and teachers • Be involved in a QI project
Supervisor(s)	Dr Daniel Hughes
Professional Relationships	Dr Dan Hughes is one of the consultant psychiatrists for the North Camden Recovery team and is full time. There are also sessions from Dr Hughes' Specialist trainee and input into R&R from other trainees. Dr Cenko is consultant on Pearl where there is a core trainee and F1.
Main duties and responsibilities	Pearl Ward duties include

<p>of the placement</p>	<ul style="list-style-type: none"> • Clerking in new admissions • Monitoring of mental state and risk assessment • Physical examination of new admissions • Venepuncture • Performing and interpreting ECGs • Half a day a week of emergency bleep cover for all HMHC inpatient wards • Administration tasks including discharge summaries and letters to other teams • Liaising with other teams as needed <p>North Camden R&R duties include</p> <ul style="list-style-type: none"> • Outpatient follow up consultations • Reviews with care coordinators • Outpatient new patient assessments • Home visits with members of the multidisciplinary team • Administrative task including clinic and referral letters
<p>Typical working pattern in this placement</p>	<p>Psychiatry Mon-Fri 9am-5pm: RFH based Geriatric medicine/neurology late shifts and long days at week ends. No nights. Rota details from RFH acute trust 1 hour 1:1 Consultant supervision a week Weekly teaching in Acute Trust. Two hours self directed learning/week. Monthly C&I teaching</p>
<p>Employer information</p>	<p>This is part of the Royal Free London NHS Foundation Trust scheme. The psychiatry post will be based in Camden & Islington NHS Foundation Trust.</p>

It is important to note that this description is a typical example of your placement and may be subject to change.

North Central Thames Foundation School (NCTFS)
Individual Placement Description –Royal Free

Trust	Royal Free London NHS Foundation Trust
Site	The placement is based at Camden and Islington NHS Foundation Trust and provides general adult psychiatry experience. The post is based on Dunkley Ward, St Pancras Hospital, , and in the Primary care based mental health team at St Pancras Hospital.
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/TAF01/FND/FY2/002
Placement details (i.e. the specialty and sub-specialty)	F2 General psychiatry- Community psychiatry and Dunkley Ward
Department	Dunkley Ward, St Pancras Hospital, a 16 treatment psychiatric ward, and in the Primary care based mental health team at St Pancras Hospital
Type of work to expect and learning opportunities	<p>There is exposure to a wide variety of psychiatric conditions and their management, including mood disorders, schizophrenia and personality disorders. There is substantial teamwork both with the ward MDT and liaison with community teams. There will be weekly supervision with the supervisor. The overall educational objectives of the placement are to enable the F2 to:</p> <ul style="list-style-type: none"> • Take a history and mental state examination • Perform a risk assessment • Formulate a holistic management plan considering the biopsychosocial model • Keep accurate and relevant medical records • Manage time and clinical priorities effectively • Prescribe psychotropic medication safely • Work as part of a multidisciplinary team, understanding and respecting others' roles • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Participate in Balint Group • Act in a professional manner at all times • Gain competence in use of Mental Capacity Act and Mental Health Act • Cope with the legal and ethical issues that arise when treating psychiatric patients • Become lifelong learners and teachers • Be involved in a QI project
Where the placement is based	PCMH team and Dunkley Ward, St Pancras Hospital NW1 0PE
Clinical supervisor(s) for the placement	Dr Golnar Aref Adib -on mat leave so Dr Farrah Anwar covering

Main duties of the placement	<ul style="list-style-type: none"> • Clerking in new admissions • Monitoring of mental state and risk assessment • Presenting in ward rounds • Physical examination of new admissions • Venepuncture • Performing and interpreting ECGs • Participation in the St Pancras daytime rota • Administration tasks including discharge summaries • Reviews with patients and care coordinators • Onward referral of patients as necessary • Prescribing treatments under supervision • Seeing new patients in assessment clinic
Typical working pattern in this placement <i>(e.g. ward rounds, clinics, theatre sessions)</i>	Psychiatry Mon-Fri 9am-5pm 2 hours self directed learning/week There may be late shifts/long days in geriatric medicine/neurology/other dept at RFH – tbc via RFH 1 hour 1:1 Consultant supervision a week Teaching in Acute Trust. Monthly C&I teaching.
Local education provider (LEP) / employer information	The employer will be Royal Free Hospital NHS Trust but the post will be based in Camden & Islington NHS Foundation Trust

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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY2/016
Placement	F2 Geriatric Medicine-Stroke
The department	The department of Health Services for Elderly People (HSEP) runs 2 base wards (32 beds and 28 beds). In addition there is a presence on the MAU to see acute patients 7 days a week and A&E (TREAT team) to prevent unnecessary admissions. There is daily input into the orthogeriatric unit and a consultant lead team of both older and younger medical outliers. Services in the community are currently being developed and the department provides specialist clinics in falls, parkinsons, memory impairment as well as a daily HOT clinic run out of A&E.
The type of work to expect and learning opportunities	<p>The FY2 Doctor will be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward. They will attend MDTs and case conferences and have regular structured programme for teaching. In addition there are regular departmental educational meetings.</p> <ul style="list-style-type: none"> • Whilst in the attachment the FY2 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit. • The overall educational objectives of the FY2 year are to provide the trainee with the knowledge, skills and attributes to be able to • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively. • Communicate effectively with patients, relatives and colleagues. • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients • with general medical problems • Educate patients effectively • Become life-long learners and teachers
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Dr Vivek Nadarajan
Main duties of the placement	<p>The FY2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants on the wards, and also take responsibility for problems arising during day to day duties on the wards. They are expected to attend the structured teaching programmes set out by the department and the generic F2 teaching sessions.</p> <p>The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>There will be an opportunity to teach the medical students from UCL on the wards.</p>
Typical working pattern in this placement	<p>Mon: 0800 – consultant ward round, midday – MDT, 1.30pm Xray meeting. PM – ward work</p> <p>Tues: 0800 – Board Round followed by consultant WR of new/sick patients and then SpR led WR. PM – ward work</p> <p>Wed: AM – Board Round followed by consultant WR of new/sick patients and then SpR led WR, PM – ward work</p> <p>Thurs: 0800 – consultant ward round,</p>

	<p>midday – MDT, 1300 – FY1 teaching programme (weekly) PM – ward work/clinic (generic teaching once/month) Board Round followed by consultant WR of new/sick patients and then SpR led WR, 1300 audit meeting , PM – ward work and 1600 consultant review of problems before weekend</p>
<p>Employer information</p>	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital. The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London. The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best. Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: • quality of clinics and treatments • medical research • teaching and training new medical staff • patient satisfaction and experience • value for money

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North Central Thames Foundation School (NCTFS)
Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY2/020
Placement	FY2 Hepatology
The department	Hepatology and Liver transplantation
The type of work to expect and learning opportunities	This job is half general Hepatology and half liver transplantation, with addition cover of day case procedures in PITU 11:00 – 2000. There are opportunities to join clinics, endoscopy and interventional radiology procedures.
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Dr David Patch, Dr Rachel Westbrook
Main duties of the placement	Preparing to present at ward rounds and transplant meeting, reviewing investigations, running the day-case unit for Hepatology in PITU.
Typical working pattern in this placement	<ul style="list-style-type: none"> • Rolling rota with Hepatology and Liver Transplant, with interspersed weeks on PITU. • Mon: ward round and then do jobs generated by the ward round, 1700 transplant meeting • Tues: ward round, XR meeting, 1700 transplant meeting • Wed: ward round, 1700 transplant meeting • Thurs: ward round, 1700 transplant meeting • Fri: hand-over meeting in the morning; ward round, histology meeting, transplant MDT, 5pm transplant meeting • Weekends: 1 in 3, covering hepatology and liver transplant • Weekends alternates between 0800-1700 and 0830-2000 days • One week in 6 is a late shift 1100-2000 (1100-1630 PITU; 1630-1730 handover; 1730-2000 ward cover for hepatolgy and liver transplant) • PITU Daily - clerking patients for biopsy and TIPsogram and performing day case paracentesis. Writing discharge letters for the ward. Clerking patients attending for day case liver transplant assessment and preparing presentations for Transplant MDT.
Employer information	<p>The Royal Free London NHS Foundation Trust is a high-performing trust with some of the best clinical outcomes in the country.</p> <p>The trust has around 900 beds and sees about 700,000 patients a year from all over the world. We employ around 5,500 people and have a turnover of about £550m.</p> <p>We are Dr Foster's 'large trust of the year' for 2010 and the organisation particularly praised our patient safety and infection control record. We are ranked among the best English trusts for mortality rates - our rate is 29 per cent below the national average. We have the lowest MRSA bacteremia rate among London teaching hospitals and are on target to reduce rates of c.difficile infections.</p> <p>Our mission is to be in the top 10 hospitals in England for clinical quality, customer satisfaction, staff satisfaction and financial performance. We want to give patients the best possible care in a safe, clean and welcoming environment.</p>

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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

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Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY2/012 LDN/RAL01/FND/FY2/017 LDN/RAL01/FND/FY2/037 LDN/RAL01/FND/FY2/039 LDN/RAL01/FND/FY2/040 LDN/RAL01/FND/FY2/041
Placement	F2 Intensive Care Medicine
The department	With the move of hepato-biliary and vascular services to the Royal Free and the expansion of ITU this post offers an excellent opportunity to gain experience in Intensive Care Medicine. Royal Free Hampstead NHS Trust is one of London's leading teaching hospitals which provides a wide variety of tertiary specialist services in addition to serving the local community. This post offers a unique opportunity to gain experience of the management of hepato-biliary medical and surgical patients including liver transplants as well as complex vascular cases.
The type of work to expect and learning opportunities	The Royal Free is recognised for training at all levels of intensive care - Advanced, Intermediate and Basic. This post would be excellent for physicians wishing to be involved in the acute medicine or surgical specialties or those wishing to pursue a CCST in Intensive Care Medicine at a later date.
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Jennifer Price, Prashanth Nandhabalan, Naz Unni
Main duties of the placement	<p>Main duties are shared amongst all trainees with exception of airway procedures which are covered by anaesthetic trainees.</p> <p>Ward:</p> <ul style="list-style-type: none"> • Day to day management of ward patients • Admission clerking and discharge summary of elective and non-elective cases • Become proficient and independent at practical procedures such as insertion of central lines, arterial lines and vascath. • Gain experience in chest drain and ascetic drain insertion under ultrasound guidance. • Attend cardiac arrest calls with senior colleagues • Learn basic airway skills <p>Training/ Teaching:</p> <ul style="list-style-type: none"> • Weekly departmental, including radiology teaching. • Weekly journal club led by trainees • Alternative month Audit and M&M meetings • Attendance at morning handover meetings which provide insight in to clinical decision making • Regular one to one bedside teaching • Foundation doctors are required to attend Foundation School training days
Typical working pattern in this placement	Foundation Year doctors work alongside more senior colleagues in 3-4 day blocks including weekends. Each day begins with a consultant led ward-round followed by ward based tasks supervised by senior colleagues. There is also a daily Microbiology ward round.
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.</p> <p>The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p>

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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY2/001 LDN/RAL01/FND/FY2/043
Placement	F2 Obstetrics & Gynaecology
The department	Women's Health Department
The type of work to expect and learning opportunities	<ul style="list-style-type: none"> • A mix of obstetrics and gynaecology experience, with some potential to express preference as to mix of obstetrics versus gynaecology (based on personal preference and service needs). • The job provides an excellent opportunity, usually in a busy environment, to increase experience in history-taking, examination and overall clinical assessment of patients (for both ward patients and patients presented to accident and emergency, and emergency gynae unit), clinical decision-making, development of management plans, discharge planning/ execution. The learning environment is supportive with supervision by consultants and registrars, both formally and as required intra-day. • For those interested in pursuing a career in O&G, there are significant opportunities to develop knowledge and practical skills specific to the specialty. For those interested in medicine, there are extensive opportunities to learn important general skills as listed above, including dealing with medical problems and findings which arise either as co-morbidities or incidentally. For those interested in surgery, there are opportunities to manage the surgical patient pre- and post-op and to develop basic practical surgical skills.
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Dr Deborah Boyle
Main duties of the placement	<p>There are a number of different roles which the O&G SHOs rotate through on a daily or weekly basis. At any one time, there are 4 SHOs on duty (with a further two SHO on fixed leave). The different roles include:</p> <ul style="list-style-type: none"> • Gynae on-call (full days) • Emergency gynae unit (full days) • Labour ward (full days) • Postnatal ward (half day, morning ward round) • Theatre (half days) • Elective caesarean sections (half days) • Gynae or antenatal clinic (half days)
Typical working pattern in this placement	<p>There is considerable variability between weeks but a typical week might include:</p> <p>Mon: Gynae on call (0800 – 2000) - involves morning ward round then covering EGU and DAU until 8pm.</p> <p>Tues: Labour ward</p> <p>Wed: Gynae clinic (0900 – 1300), post-natal ward (1300 – 1700)</p> <p>Thurs: Gynae on call (0800 – 1300), FY2 teaching (1300 – 1400)</p> <p>Fri: Gynae (1100 – 2000)</p> <p>Sat/ Sun: see below</p> <p>On call requirements: 1. On call 0800 – 2030 one weekend in four (either LW or gynae) 2. On call two evenings per week till 2000 3. No nights</p>
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.</p> <p>The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p>

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North Central Thames Foundation School (NCTFS)

Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY2/006 LDN/RAL01/FND/FY2/007 LDN/RAL01/FND/FY2/008 LDN/RAL01/FND/FY2/009
Placement	F2 Paediatrics
The department	The department of Paediatrics consists of 16 consultants, who cover General paediatrics and neonates. There is a consultant resident in hospital 24 hours a day. There are numerous special interests, including allergy, diabetes, cardiology, renal, gastroenterology, eating disorders, safeguarding, emergency and ambulatory care amongst others. We work closely with local tertiary centres (such as Great Ormond Street) and are ourselves a tertiary gastroenterology unit.
The type of work to expect and learning opportunities	<p><u>General Paediatrics:</u></p> <ul style="list-style-type: none"> • Daily consultant ward round, clerking, reviewing patients, communication with other health professionals about patient care. • Work along side physicians assistants who help with non medical workload such as admin, in order to free SHO up to perform clinical duties. • Weekly psychosocial meeting • Close relationship with CAMHS • Sit-in at out patient clinics <p><u>Emergency Department:</u></p> <ul style="list-style-type: none"> • See all GP referrals and children under 6 months, as well as A&E referrals. • Close supervision by consultant at all times, maximizing learning opportunities. <p><u>SCBU:</u></p> <ul style="list-style-type: none"> • Daily ward round, attendance at deliveries, newborn checks, reviewing babies on post-natal wards. <p><u>Teaching:</u></p> <ul style="list-style-type: none"> • 4 formal sessions a week including topic based learning, case discussion, X-Rays and simulation training • Frequent consultant delivered clinical teaching • Child protection training to level 3 • PLS and NLS courses • Training and practice in practical procedures • Improvement Projects established with opportunity to present/posters nationally
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Dr Rahul Chodhari & Dr Susie Gabbie
Main duties of the placement	<ul style="list-style-type: none"> • Ward based work – supervision by Consultants • Participation in three daily ward handover rounds • Clerking, ward work • Discharge patients safely • Completion of admission and discharge proformas • Review of patient management against local guidelines • Completing referral letters
Typical working pattern	<p>Monday & Friday Days: Short day - 09.00-17.00; long day - 09.00-21.30</p> <p>Tuesday - Thursday Days:</p>

	<p>Short day - 08.30-17.00; long day - 08.30-21.30</p> <p>Night shifts Monday-Sunday 21.00-09.30</p>
<p>Employer information</p>	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.</p> <p>The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: • quality of clinics and treatments • medical research • teaching and training new medical staff • patient satisfaction and experience • value for money

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Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY2/023 LDN/RAL01/FND/FY2/024 LDN/RAL01/FND/FY2/047
Placement	F2 Plastic Surgery
The department	One of the largest units in London with 19 consultants with sub-specialist interests in hand surgery, ear reconstruction, oncoplastics, sarcoma, breast reconstruction, hypospadias and facial reanimation, abdominal and chest wall reconstruction, and lasers.
The type of work to expect and learning opportunities	<p>Share of responsibilities with 9 other SHOs taking turns to do:</p> <ul style="list-style-type: none"> • Friday/Weekend on-call 0730 - 2000 • Weekday on call (one week each of Mon/Tue/Wed/Thu) 0730 - 2000 • Weekday nights 2000 - 0800 • Weekend nights 2000 - 0800 • Ward week (Mon – Fri 0730 – 1700; Sat – Sun 0800 – 1200) • Week off post weekend nights • Normal working day (theatres) 0730 - 1930 <p>When not undertaking on-call responsibilities (i.e. on weekday on-call Mon, then no ward responsibilities expected Tue-Fri), then will be allocated protected time for theatre experience with SpR/Cons on elective/trauma list.</p> <p>On-call duty roles:</p> <ul style="list-style-type: none"> • Reviewing patients in trauma clinic with SpR • Taking referrals for all of North London • Seeing trauma patients in A+E <p>Ward duty roles (only during ward week):</p> <ul style="list-style-type: none"> • Ward round daily • Performing tasks requested by teams for post-operative elective/trauma patients • TTA/discharge summaries <p>Weekly journal club, weekly teaching and hand fracture MDT review.</p>
Location	Royal Free Hospital
Supervisor(s)	Mr Stephen Hamilton
Main duties of the placement	As above
Typical working pattern in this placement	As above
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.</p> <p>The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical</p>

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Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY2/018 LDN/RAL01/FND/FY2/038 LDN/RAL01/FND/FY2/049
Placement	F2 Renal Medicine
The department	Renal Department
The type of work to expect and learning opportunities	The foundation doctor will contribute to the care of renal patients in this busy department. They will be attached to a consultant who will be their clinical supervisor. There is also registrar grade cover for support. The work involved clerking, formulating management plans and reviewing patients. There is an active renal transplant programme and foundation doctors will be involved with the care of these patients as well as those with acute kidney injury and chronic kidney disease. This job provides extensive experience in renal medicine. There is a lot of formal consultant teaching which is excellent.
Location	Royal Free Hospital
Supervisor(s)	Dr Alex Riding
Main duties of the placement	<ul style="list-style-type: none"> • Presenting patients at the daily board round (twice daily) • Mixture of consultant and registrar led ward rounds (writing in notes, reviewing patients' observations & investigation results) • Ordering investigations • Ordering blood tests • Writing discharge summaries • Phlebotomy/ cannulation • Referring patients to other teams for review • Communicating with relatives • Clerking in new patients to the ward and from A+E • Some opportunities to place central venous catheters under supervision
Typical working pattern in this placement	<p>Mon-Fri: Teaching (0800 – 0830), handover (0830-0900), Ward round and jobs</p> <p>Additional rotaed elements: Transplant MDT 0800-0830 FY2 teaching Thursday 1-2pm</p> <p>On call requirements: 8 week rolling on-call rota. Over the 8 weeks have:</p> <ul style="list-style-type: none"> • 5 x weekday evening on-calls • 2 weekends on call: one day 0800-1700 and one day 0800-2030 • 7 x 2000 – 0900 night shifts: split into a Mon – Thurs stint, and a Fri – Sun stint.
Employer information	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.</p> <p>The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p>

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Individual Placement Description - Royal Free London NHS Foundation Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY2/011
Placement	F2 Respiratory Medicine
The department	The respiratory department cares for inpatients with a full range of acute and chronic respiratory conditions. There are consultants with interests in COPD, asthma, TB, NIV, lung infection, lung cancer, pleural disease. There are nurse specialists in asthma, COPD, lung cancer and TB and a specialist respiratory physiotherapy team. The department is active in undergraduate training and research. The F2 doctor is a crucial part of this team who needs to support and manage the F1 doctors.
The type of work to expect and learning opportunities	<ul style="list-style-type: none"> • Board rounds • Ward rounds • Bloods, Cannulation, ABG's • Managing NIV patients • Opportunity to perform pleural procedures under supervision • Weekly departmental teaching and X-ray meeting • Weekly bedside teaching for medical students • TTAs
Location	Royal Free London NHS Foundation Trust
Supervisor(s)	Dr Paul Dilworth
Main duties of the placement	<ul style="list-style-type: none"> • Take responsibility for support, guidance and management of the F1 doctors • Attend all ward rounds which occur daily, and assist with the jobs generated • To perform several ABGs per day, interpret results and treat the patient accordingly- with advice and recommendations from the team • To make referrals to other specialties • To write the medical sections of rehab/hospice referral forms • To attend the weekly X ray and Respiratory team meetings • To assist with discharge summaries • To attend daily board rounds on Resp and MAU wards and communicate info about each patient including outstanding investigations and EDDs • To arrange inpatient/outpatient investigations including sleep studies, pulmonary function tests, on-ward spirometry • To make referrals to the Respiratory CNS's/Physios • To assist registrars with referrals including assisting/performing pleural procedures and taking over care of new patients
Typical working pattern in this placement	<p>Mon- Fri: Every day from 08:30 – 17:00</p> <p>NB: Variable working pattern- number of patients is very variable, often depending on time of year (i.e. more acute Respiratory patients in Winter months).</p> <p>General Medicine ward cover:</p> <ul style="list-style-type: none"> - Weekend 08:00 - 20:30 - (A couple weeks of twilights) 17:00 – 22:00 <p>Acute medical take:</p> <ul style="list-style-type: none"> - Weekdays 08:00 - 20:30 - Weekends 08:00 - 20:30 <p>General medicine Nights:</p> <ul style="list-style-type: none"> - 20:00 - 08:30 (ward cover or medical take).

	<p>Typically 4 weekends (take and ward cover) over 4 months. Typically 11-14 night shifts over 4 months.</p>
<p>Employer information</p>	<p>The employer for this post is Royal Free London NHS Foundation Trust – Royal Free Hospital.</p> <p>The post will be based in Royal Free Hospital. The Royal Free Hospital is a major teaching hospital in Hampstead, London.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> • Barnet Hospital • Chase Farm Hospital • Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> • Excellent outcomes, in our clinical treatment, research and teaching • Excellent experiences for patients, staff and GPs • Excellent value, by improving the efficiency and productivity of our services, and reducing costs • Full compliance, meeting or exceeding all regulatory standards and outcomes we are set • A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> • In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: • quality of clinics and treatments • medical research • teaching and training new medical staff • patient satisfaction and experience • value for money

It is important to note that this description is a typical example of your placement and may be subject to change.

North Central Thames Foundation School (NCTFS)
Individual Placement Description – Royal Free Hospital NHS Trust

Trust	Royal Free London NHS Foundation Trust
Site	Royal Free Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RAL01/FND/FY2/021 LDN/RAL01/FND/FY2/022
Placement	F2 Urology
The department	Urology
The type of work to expect and learning opportunities	<ul style="list-style-type: none"> <input type="checkbox"/> Consultant ward round – presenting patient cases, bedside teaching. <input type="checkbox"/> Practical procedures specific to Urology: Female catheters, 3-way catheters, bladder washouts, prostate examinations <input type="checkbox"/> Urological emergencies and management <input type="checkbox"/> When on-call to deal with all surgical admissions including General Surgery, Vascular and Urological & Orthopaedic cases
Location	Royal Free Hospital
Supervisor(s)	Mr Anuj Goyal, Mr Dimitrios Volanis
Main duties of the placement	Ward work, post-take ward work, theatres, on-call duties
Typical working pattern in this placement	<p>Daily : 0800 (need to arrive at 0745 to update ward list with overnight admissions) Daily Consultant Ward round including post-take (variable lengths) followed by ward jobs generated by ward round. Day shift finishes at 1800. Theatres/clinics/cystoscopy lists if able to do so.</p> <p>On-call requirements: 1/7 Nights - either 4 x weekday nights, or 3 x Fri/Sat/Sun nights. Shift 2000 - 0800. Clerking surgical admissions (covering gen surg, vascular, ortho, urology), supporting the night FY1 with ward cover, completing ward reviews of unwell patients)</p> <p>Thursday 1300 – 1400: FY2 general teaching Friday 08:00am Urology teaching</p>

<p>Employer information</p>	<p>The employer for this post is Royal Free London NHS Foundation Trust - Barnet Hospital</p> <p>The post will be based in Royal Free Hospital.</p> <p>Royal Free Hospital is based in north London, providing general and specialist care to patients.</p> <p>The Royal Free London NHS Foundation Trust runs three hospitals in London:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Barnet Hospital <input type="checkbox"/> Chase Farm Hospital <input type="checkbox"/> Royal Free Hospital <p>Across our three London hospitals, our vision is clear: to deliver world class expertise and local care. We combine globally recognised clinical expertise with local and friendly hospital care to represent the NHS at its best.</p> <p>Our mission is to be world class in terms of healthcare treatment, clinical research and teaching excellence. We aim to deliver and develop leading local healthcare in all three of our hospitals, to improve lives and help people thrive.</p> <p>How the Royal Free will achieve its mission</p> <p>We will achieve our mission by making sure that we have:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Excellent outcomes, in our clinical treatment, research and teaching <input type="checkbox"/> Excellent experiences for patients, staff and GPs <input type="checkbox"/> Excellent value, by improving the efficiency and productivity of our services, and reducing costs <input type="checkbox"/> Full compliance, meeting or exceeding all regulatory standards and outcomes we are set <input type="checkbox"/> A strong organisation, investing effectively in our staff and infrastructure to make sure we are fit for future challenges <input type="checkbox"/> <p>How the Royal Free measures its performance</p> <ul style="list-style-type: none"> <input type="checkbox"/> In order to meet our aims, we want to ensure that our three London hospitals are in the top 10% of all healthcare providers for: <ul style="list-style-type: none"> <input type="checkbox"/> quality of clinics and treatments <input type="checkbox"/> medical research <input type="checkbox"/> teaching and training new medical staff <input type="checkbox"/> patient satisfaction and experience <input type="checkbox"/> value for money
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