

Pan London Foundation School Prospectus – South London

Programmes Commencing in August 2023



Developing people
for health and
healthcare

www.hee.nhs.uk



Introduction

Welcome

The Pan London (South London) Foundation School is large, with about 1700 F1 and F2 programmes in 18 NHS acute trusts and 6 mental health trusts. Our prospectus aims to provide all the relevant information about foundation training in Pan London (South London) for those considering their options. We hope that you find it useful.

Pan London (South London) Team

Dr Alice Carter – Associate Dean (Foundation School Director)



Dr Alice Carter graduated from Edinburgh University, worked in Edinburgh and then Leeds for a few years, before moving to London to complete her training. She works as an Intensive Care Medicine (ICM) and anaesthetics consultant at University College London Hospital.

Alice has a long-standing interest in medical education and has undertaken a variety of education roles including local Postgraduate Medical Education Lead and Faculty tutor for ICM, Training Programme Director (TPD) for Foundation Doctors at UCLH, Lead TPD for Pan-London Intensive Care Medicine, Associate Dean (Distribution) and continues to be a FICM Regional Advisor for North Central London.

Dr Mark Cottee MBBS, FRCP Deputy Foundation School Director



Mark Cottee qualified in 1986 from Guy's. He subsequently trained in Geriatric and General Medicine in various hospitals throughout the South East and spent one year working in New Zealand. In 1996 he was appointed as a consultant and senior lecturer in Geriatric Medicine at St George's Hospital and Medical School.

Dr Cottee has developed a strong interest in undergraduate and postgraduate education since his appointment as a consultant. He has served as college tutor for St George's and programme director for Geriatric Medicine for nearly 15 years. At undergraduate level he is head of teaching in Geriatric Medicine and ageing and is chair of the board of finals examiners.

South London contact details

Health Education Team

Pan London Foundation School South London staff structure

Dr Alice Carter – Foundation School Director
Dr Mark Cottee – Deputy Foundation School Director

Telephone: 020 7866 3216

The Foundation Team

Mark Bellaera – Service Delivery Manager
Simon Rosan – Operations Manager (Foundation School Manager)
Mohamed Guled – Operations Manager (Foundation School Manager)

Adeola Teluwo – Officer
Farhana Chowdhury – Officer

Yasmin Ahmed – Senior Administrator

David Jarvis – Administrator
Launa Broadley – Administrator
Molly Norton-Bragg – Administrator
Paige Arnold – Administrator

Contact Details

Health Education England
Stewart House
32 Russell Square
London
WC1B 5DN
Telephone: 020 7866 3216

Trust and Trainee enquiries need to be submitted via the London and South East PGMDE Support Portal (PSP):
lasepgmdesupport.hee.nhs.uk/support/home

What is a Foundation School?

Foundation training is a two-year programme acting as the bridge between undergraduate medical education and further training to become a general practitioner or specialist. Foundation schools oversee the training of the foundation doctors (FDs) in that school. They bring together local medical schools, local education and training boards (LETBs), trusts and other organisations involved in training doctors.

www.foundationprogramme.nhs.uk

The UK Foundation Programme Office (UKFPO)

The UK Foundation Programme Office provides a central information point for medical schools, foundation schools, foundation doctors and the faculty involved in foundation training.

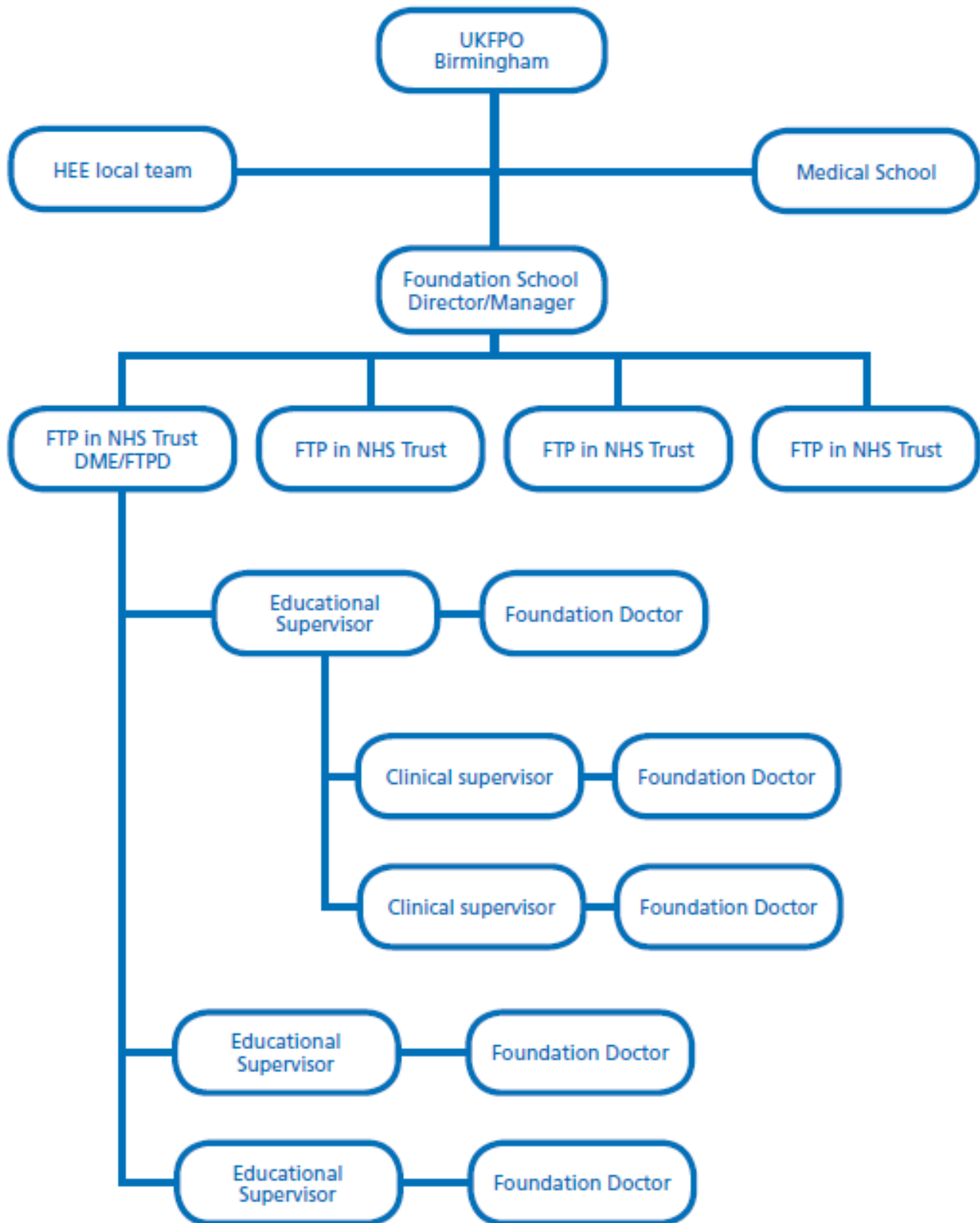
The aim of the UKFPO is to develop and promote innovative training methods, such as e-learning and the electronic portfolio, as well as to develop and administer the recruitment and programme allocation system throughout England, Northern Ireland, Wales and Scotland.

Structure of Foundation Training

FTP = Foundation training

DME = Director of Medical Education

FTPD = Foundation Training Programme Director



Overview of South London

Applying for Foundation Training

The national eligibility criteria and person specification together with a detailed applicant guide is available to download from:

<http://www.foundationprogramme.nhs.uk>

Allocation to programmes within Pan London (South London)

Once applicants have been successfully allocated to South London, the next step is for them to be matched to a specific programme.

Foundation Programme Fair

Pan London Foundation School invites medical students allocated to Pan London via the national recruitment process to attend a programme fair before they rank their preferences. Trusts from across the school attend and each one has a stand to show what their trust offers, and to answer queries. The national F1 allocation system informs applicants which foundation school they have been allocated to in early March, and the programme fair for applicants entering Pan London in August 2023 was held at the Kia Oval on Friday 17th March 2023. If you were unable to attend the Foundation School Director Talks have been recorded and will be posted on the webpage link below.

Further information is available at:

<https://lonkssfoundation.hee.nhs.uk/prog-fair>

F1

Pan London (South London) uses a two-stage preference process to minimise the number of programmes needing to be ranked.

Stage 1

Doctors wishing to apply to train in Pan London will be able to preference groups all 5 areas of London (North & South London):

South London West
South London East

Stage 2

Ranking of programmes within that group will then be followed by individual programme preferencing. Programmes have been divided up into groups carefully, to try and ensure the groups are similar in number.

Group Name Group Description

South London West
South London East

Once allocated to a group, applicants rank specific linked 2-year F1 and F2 programmes. To provide a range of experience, the F1 and F2 years are sometimes based in two different trusts.

In line with national objectives, an increasing proportion of programmes include some experience in psychiatry and all programmes now include a community placement.

Unfortunately, sometimes programmes must be amended after the allocation process, for example because of service reconfigurations. If this is the case, applicants will be notified as soon as possible.

Swap Shop

The South London swaps process aims to offer flexibility to trainees whilst ensuring a generic and broad training programme for all. Swaps are available for the F2 year. Either the entire F2 year or one or two 4-month placements can be swapped, with arrangements being made in the spring of the F1 year.

For full information and criteria please visit <https://lonkssfoundation.hee.nhs.uk/swaps>

Purpose of the Foundation Programme

The foundation programme is part of the continuum of medical education. It is the only point in medical training which is common to all United Kingdom medical students and doctors and bridges the 'gap' between undergraduate medical training and hospital or general practice specialty training.

The foundation programme aims to ensure that all doctors deliver safe and effective patient care in accordance with GMC guidance. During the programme, FDs work in a supportive environment where they are properly managed and supervised enabling them to learn through service delivery whilst ensuring that patients are not put at risk.

FDs practise within their own level of competence and are provided with adequate supervision and feedback to reach higher levels of competence and to acquire new competences. The foundation programme builds on and develops the responsibilities of clinical professionalism. Satisfactory progress indicates that a doctor is moving towards independent practice. Throughout medical school and foundation training, students and graduates should draw upon career information and guidance and reflect on their abilities, interests, opportunities and service needs to make more informed choices about their future career. Refer to the Career Management section in the Reference Guide and to www.healthcareers.nhs.uk

The foundation programme aims to:

Build on undergraduate education by imbuing recently graduated doctors with the attributes of professionalism, and the primacy of patient welfare, which are required to provide for safe and effective practice and the care of patients with acute and long-term conditions. Provide deliberately generic training ensuring that FDs develop and demonstrate a range of essential clinical skills that are required of all doctors regardless of specialty. Provide the opportunity to begin to develop leadership, team working and supervisory skills in order to deliver care in the setting of a contemporary multidisciplinary team and to begin to make independent clinical decisions with appropriate supervision. Provide opportunities for foundation doctors to experience a variety of career options in order to inform career choice and ensure that whatever career path is subsequently entered, all FDs have experienced the provision of medical care in both hospital and community settings.

Outcomes of Foundation Training

Foundation Year 1 enables medical graduates to begin to take supervised responsibility for patient care and consolidate the skills learned at medical school. Satisfactory completion of F1 allows the relevant university, or their designated representative in a postgraduate local education and training board (LETB) or foundation school, to recommend to the GMC that the FD be granted full registration.

Foundation year 2 doctors remain under clinical supervision (as do all doctors in training) but take on increasing responsibility for patient care. In particular, they begin to make management decisions as part of their progress towards independent practice. F2 doctors further develop their core generic skills and contribute more to the education and training of allied healthcare professionals, medical students and less experienced doctors. At the end of F2 they will have begun to demonstrate clinical effectiveness, leadership and the decision-making responsibilities that are essential for hospital and general practice specialty training. Satisfactory completion of F2 leads to the award of a Foundation Programme Certificate of Completion (FPCC) which indicates that the doctor is ready to enter a core, specialty or general practice training programme.

Broadening the Foundation Programme (BTFP)

Broadening the Foundation Programme (2014) emerged in response to recommendations in the following reports: Professor John Collins' Foundation for Excellence Report, Francis Report, Keogh Review and Berwick Review. It addressed the need for newly qualified doctors to be able to respond to the evolving needs of the 'whole patient' and to be able to develop their capabilities across a range of settings.

The report put forward recommendations including:

- FDs should not rotate through a placement in the same specialty or specialty grouping more than once, unless this is required to enable them to meet the outcomes set out in the curriculum.
- All FDs should undertake a community placement or an integrated placement from

August 2017. Also included was a previous target to increase the numbers of psychiatry posts to 7.5% of F1 and 7.5% of F2 posts, so that 45% of FDs have a psychiatry placement. Since 2017, FDs now undertake a minimum of one community or integrated placement during their two-year foundation programme. This is to ensure that they receive a wider experience of working in community settings such as general practice, community psychiatry or community paediatrics to obtain a broader understanding of community care and the whole patient journey. Delivering this programme necessitated changes in training delivery structures. Some specialties such as surgery experienced a reduction in posts while others such as psychiatry see an increase. There has been an increase in community posts.

Community Placements

There are excellent learning opportunities for FDs to gain experience of general practice and community work. All our clinical supervisors have been trained to support the needs of FDs and have developed a range of additional learning opportunities.

Previous FDs have commented positively on the different opportunities available in general practice, such as being able to follow a patient's care pathway and having autonomy to work and make decisions, with of course the full support and guidance of a qualified GP.

They are included in all aspects of general practice from audits to clinical practice meetings and social activities. FDs are a fully integrated member of the practice but work in a supernumerary capacity. Previous FDs have been able to experience not just a GP surgery but other areas such as palliative care and clinical commissioning groups.

Dr Toolbox

South London supports the Dr Toolbox website, created and run by junior doctors to provide up-to date local information such as reference and handover guides, essential telephone and bleep numbers etc. The site has been created to help doctors to collate local hospital knowledge and pass it to their successors, so that they can 'hit the ground running', thereby improving efficiency and patient safety. The Doctor Toolbox hub is available at www.dr-toolbox.com and can be downloaded as an app. Dr Toolbox is always looking for enthusiastic editors to update/maintain the site. Becoming a Toolbox editor means taking an important role in a national patient safety project. It provides significant opportunity to undertake a quality improvement project as well as developing leadership skills. A representative from Dr Toolbox will be available at the South London programme fair for further information and queries.

Safe Prescribing

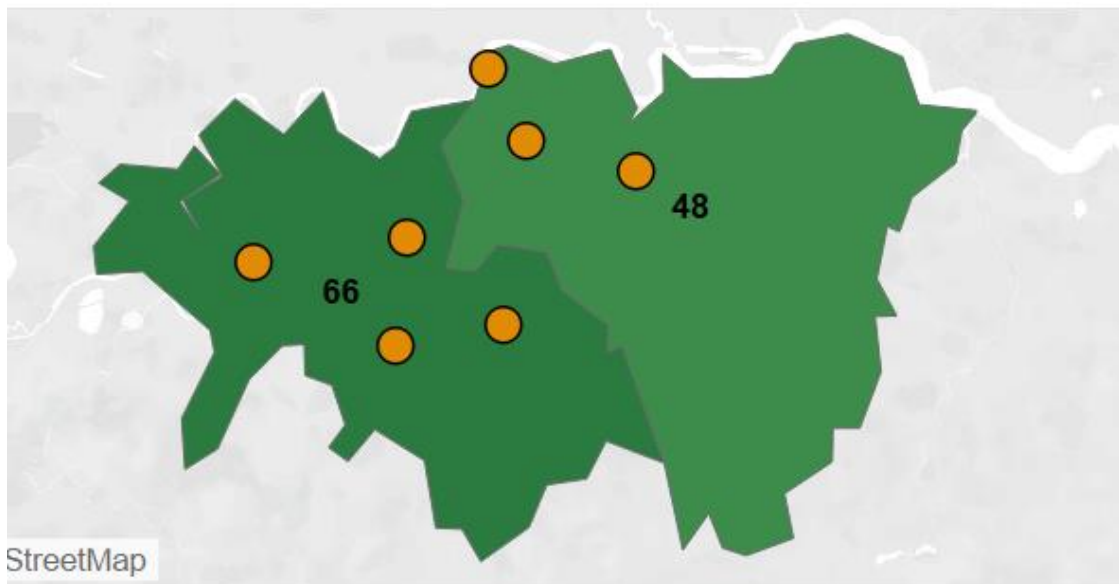
Many risks to patient safety and a quarter of litigation claims in the NHS stem from medication errors. In order to address this South London has introduced both a FD prescribing assessment on local systems and an e-learning tool – standard computerised revalidation instrument for prescribing and therapeutics (SCRIPT). Both F1s and F2s are required to complete a specific number of SCRIPT modules as prescribed by their trust. Further details are available at <http://lonkssfoundation.hee.nhs.uk/safe-prescribing>

Doctors with Disabilities

South London wishes to support FDs with disabilities which may affect their training, for example by facilitating reasonable adjustments to training programmes. Additional careers support can also be arranged where appropriate. FDs are welcome to make an appointment to see one of the directors in confidence to discuss their training further.

Map showing location of trusts affiliated to South London

South-West London



South-East London



List of trusts affiliated to South London

Acute Trusts - South London

Croydon Health Services

www.croydonhealthservices.nhs.uk

- Croydon University Hospital

Epsom and St Helier University Hospitals NHS Trust

www.epsom-sthelier.nhs.uk

- Epsom General Hospital
- St Helier Hospital

Guy's and St Thomas' NHS Foundation Trust

www.guysandstthomas.nhs.uk

- Guy's Hospital
- St Thomas' Hospital

King's College Hospital NHS Foundation Trust

www.kch.nhs.uk

- King's College Hospital
- Princess Royal University Hospital, Orpington

Kingston Hospital NHS Foundation Trust

www.kingstonhospital.nhs.uk

- Kingston Hospital

Lewisham & Greenwich NHS Trust

www.lewishamandgreenwich.nhs.uk

- University Hospital Lewisham
- Queen Elizabeth Hospital

St George's University Hospitals NHS Foundation Trust

www.stgeorges.nhs.uk

- St George's Hospital

Community Trusts

Kent and Medway NHS and Social Care Partnership Trust

www.kmpt.nhs.uk

Oxleas NHS Foundation Trust

www.oxleas.nhs.uk

South London and Maudsley NHS Foundation Trust

www.slam.nhs.uk

South West London and St George's Mental Health NHS Trust

www.swlstg.nhs.uk

Surrey and Borders Partnership Trust

www.sabp.nhs.uk

Sussex Partnership NHS Foundation Trust

www.sussexpartnership.nhs.uk

Glossary of trust staff

Your training within trusts is provided by a number of people, some based in a postgraduate or education centre. Their contact details will be included in trust induction packs, but a summary of their roles is given below.

Director of medical education (DME)

The director of medical education is a consultant in the trust and works for the LETB as well as the hospital. They have managerial responsibility for medical education. They work closely with the clinical tutor/s and MEMs and can also be approached for formal and informal advice.

Clinical tutor (CT)

The clinical tutor is a consultant in the trust who is responsible for organising trust induction and general educational programmes. If you have any problems with educational matters or supervision you can take them to the clinical tutor. They can also help you deal with any problems concerning your career, as they have wide experience and specialist contacts.

College tutor (specialty programme director)

The college tutor is a consultant with particular responsibility for training in a specialty. They usually organise departmental teaching programmes, and can be asked for advice about the specialty, including careers.

Foundation training programme director (FTPD)

The FTPD oversees the training of 20- 40 FDs, and organises their teaching programmes. They meet with new F1 doctors during their first attachment. In some trusts the foundation and clinical tutors are the same.

Educational supervisor

This may be the clinical supervisor for your first attachment or for another attachment depending on local arrangements. They have a particular responsibility for your education through the whole year. You will meet them at regular intervals and they should generally be the first port of call for any concerns you may have about your training.

Clinical supervisor

The clinical supervisor is normally the consultant you are working for in each attachment, and is responsible for your teaching and supervision. You should have regular meetings with them during your attachment.

Medical education manager (MEM)

The medical education manager runs the postgraduate centre and administers the induction and educational programmes. They work closely with medical staffing and the clinical tutor. They are readily available for general advice and will be on hand to help you adapt to your new way of life in the Trust.

Foundation key documents

Curriculum

The Foundation Programme Curriculum sets out the framework for educational progression that will support the first two years of professional development following graduation from medical school. The curriculum builds on the competences, attitudes and behaviours acquired during undergraduate training. The foundation programme curriculum is available to download from www.foundationprogramme.nhs.uk

Reference guide

The Reference Guide provides guidance to LETBs and foundation schools about the structures and systems required to support the delivery of the curriculum. It is a companion document to the FP curriculum and should be used in conjunction with it. The reference guide is available to download from: www.foundationprogramme.nhs.uk

Horus e-Portfolio

FDs within South London now use the UK Horus ePortfolio system developed by the HEE North West local team. F1s are issued with a username and password on entry to South London. The e-portfolio is a record of an FD's progress and development through the foundation years. Evidence of achievement of outcomes and increasingly sophisticated performance will be recorded in the e-portfolio. The completed e-portfolio contributes to the end of year report. Elements of the e-portfolio may also be used in specialty interviews by FDs to demonstrate competence and highlight achievements. See lonkssfoundation.hee.nhs.uk/horus for further details.

Information about your training

Bulletin

It is essential that all trainees read the Foundation Bulletin which is sent around on a fortnightly basis via email.

We share a lot of important actions, updates, opportunities that you will need to be aware of.

To ensure you are not missing out on any important information we share it is your responsibility to ensure we have up to date contact information for you.

Curriculum

Trainees should familiarise themselves with the Curriculum requirements. These are published on the UKFPO Website here:

www.foundationprogramme.nhs.uk/curriculum The curriculum was last updated in 2021.

COVID-19

COVID had a widespread unexpected impact on Medical and Dental training in 2020 where HEE, in conjunction with the GMC, BMA and Trust colleagues, had to make changes to programmes to maintain service.

If this happens again HEE will ensure all trainees are apprised and discussions held, where appropriate, to make reasonable adjustments for trainees at risk.

Self-Development Time

Following the Foundation Review, HEE determined that Foundation Doctors were not receiving sufficient time to complete essential development activities. It was therefore determined that:

- FY1 doctors should have one hour per week of self-development time in their work schedule.
- FY2 doctors should have three hours per week of professional self-development time.

Further information regarding Self-Development Time (SDT) can be found on the NHS Employers website:

www.nhsemployers.org/your-workforce/plan/medical-workforce/foundation-review/self-development-time

Training vs employment (inc banding & EWTR)

Although South London oversees foundation training, NHS trusts are the employing healthcare organisations responsible for all contractual issues including:

- Pay
- Rotas
- Accommodation

Deferring the start of foundation training

An applicant who has been accepted onto the Foundation Programme may only defer the start date of their training for a statutory reason (e.g. maternity leave, sickness). Wherever possible, applicants are asked to give their foundation school as much notice as possible of the need to defer the start date. This may allow the foundation school to offer the foundation placement to someone else.

Time limit on provisional registration

From 1 April 2015, the length of time doctors will be allowed to hold provisional registration is limited to a maximum of three years and 30 days (1125 days in total). After this provisional registration will expire. For further information visit www.gmc-uk.org

Shadowing

It is a mandatory requirement for those entering the foundation programme to undertake a paid period of four days' shadowing and induction with their first F1 employer immediately before the start of their employment. This provides incoming F1s with an opportunity to work closely with the F1 doctor who is in the post that they will take up and to familiarise themselves with the department and hospital settings before starting their post. The shadowing placement should be paid on an unbanded F1 basic pay basis. An F1s first day of work will be the first Wednesday of August however we suggest that FDs keep the 10 days before available for induction and shadowing as starting dates can vary between trusts.

Extended induction

South London provides non-UK graduates and those who qualified more than 2-years before commencing F1 with the opportunity to undertake an additional 3-weeks of extended induction/shadowing in order to familiarise them with the NHS in advance of formally commencing F1. Invitations to attend extended induction are sent out shortly after allocation to programmes.

STEP (Supporting Trainees Entering Practice)

See: lonkssfoundation.hee.nhs.uk/step

All South London FDs are required to complete a transfer of information questionnaire before the beginning of both their F1 and F2 years. The STEP

(previously known as TOI) process is supportive and designed to allow FDs to highlight to their training programme director (FTPD) issues that might be relevant to their training, such as academic, health, social or psychological difficulties. It is strongly recommended that the F1 form should be completed with the help and support of medical school advisors/tutors or another appropriate medical school member of staff, and the F2 form with the FD's F1 FTPD. A medical school clinical advisor or official must countersign the F1 form and the F1 FTPD the F2 form.

Travel and relocation expenses

The reimbursement of travel and relocation expenses is administered by the HEE London and South East team. Full details are available at: <https://london.hee.nhs.uk/medical-training/trainee-resources/relocation-and-excess-travel-claims>

General practice (GP) location and travel allowances

Usually, FDs are allocated to a practice within the area served by their current trust, but occasionally, they may need to be placed in another trust's area. Some trusts do cover a wide area and so FDs may be expected to travel a reasonable distance from home or the trust to the placement. During the FDs' time in GP, it is not essential for them to do any out of hours working, although they may well be asked to carry out home visits. In most cases this will be alongside the clinical supervisor.

Tasters

Tasters provide an opportunity to experience a specialty not included in a two-year foundation programme, and thereby develop understanding of that specialty to inform career choices. Tasters can also benefit those who have already made career decisions as it suggests to employers that they are dedicated and committed to their chosen specialty. We encourage all FDs to arrange a taster during their first F2 rotation so that they have completed it before the recruitment process to specialty training programmes which usually starts in November of the F2 year. It is also possible for FDs to "borrow" up to 5 days of their F2 study leave to use for a taster during the second half of their F1 year.

Careers

Good quality careers information and advice can be invaluable in enabling doctors to make informed, pragmatic and realistic choices throughout their careers.

Within South London, trusts provide workshops to introduce FDs to career planning tools, linked into a four-stage career planning framework:

- **Stage 1:** self-assessment e.g., skills, interests, values

- **Stage 2:** career exploration e.g., how to research different career options
- **Stage 3:** decision making e.g., look at how you have made decisions
- **Stage 4:** implementation e.g., application forms, CVs and interview preparation

For specific one-to-one advice the first point of contact for foundation doctors is their educational supervisor. Educational supervisors can call on other resources both locally from the trust and from the local HEE office.

A careers lead is also available in each trust. What you choose for the next stage of your career should be a personal decision, but you should ensure that you plan your approach and investigate career options fully before deciding. The NHS national careers website is available at www.healthcareers.nhs.uk. It contains information on all specialties including workforce statistics, real-life stories, videos and podcasts and interactive tools to support career planning.

Supervised learning events (SLEs)

Supervised learning events are an important opportunity for learning and reflection on practice and are a crucial component of the curriculum. FDs must demonstrate engagement with this process. This means undertaking an appropriate range and number of SLEs and documenting them in the e-portfolio. The clinical supervisor's end of placement report draws on the evidence of the FD's engagement in the SLE process. Full participation with reflective practice is the best way to demonstrate progression towards the outcomes expected of the programme, and the competences specified in the curriculum.

Purpose of SLEs

The purpose of SLEs is:

- To highlight achievements and areas of excellence
- To provide immediate feedback and suggest areas for further development.

SLE methodology

SLEs are designed to help foundation doctors develop their clinical and professional practice. FDs are expected to demonstrate improvement and progression during each attachment and, therefore, should arrange for SLEs to be evenly spread throughout each placement. Improvement in clinical practice results from regular SLEs leading to constructive feedback and subsequent review of progression.

- SLEs use the following tools:
- Mini-clinical evaluation exercise (mini-CEX)
- Case based discussion (CBD)
- Direct observation of procedural skills (DOPS)
- Developing the clinical teacher

FDs should usually agree the timing and the clinical case/problem with their trainer, unscheduled interactions are also encouraged. The SLE should be used to stimulate immediate feedback and to provide a basis for discussion with the clinical and/or educational supervisor. A different teacher/trainer should be used for each SLE wherever possible, including at least one consultant or GP per four-month placement. The SLE must cover a spread of different clinical problems, sampling from acute care, management of long-term conditions, psychiatric care etc. (categories listed in syllabus and competences). Teachers/trainers should have sufficient experience of the area under consideration, typically at least higher specialty training (with variations between specialties); this is particularly important for case-based discussions.

Educational and development tools

Supervised learning events with direct observation of doctor/patient encounter

Two tools can be used to give feedback after observation of doctor/patient encounters:

- Mini-clinical evaluation exercise (mini-CEX)
- Direct observation of procedural skills (DOPS). FDs are required to undertake a minimum of nine directly observed encounters per annum in both F1 and in F2. At least six of these encounters, each year, should use mini-CEX. FDs are encouraged to do many more than this minimum.

Mini-clinical evaluation exercise (mini-CEX)

This is an SLE of a clinical encounter.

- FDs should complete a minimum of six mini-CEX in F1 and another six in F2. These should be spaced out during the year with at least two mini-CEX completed in each four-month period
- There is no maximum number of mini-CEX and good trainees will often achieve very high numbers of SLEs, recognising the benefit they derive from them.

i) Direct observation of procedural skills (DOPS)

This is a structured checklist for giving feedback on the FDs interaction with the patient when performing a practical procedure.

- FDs may submit up to three DOPS as part of the minimum requirements for evidence of observed doctor-patient encounters
- Different assessors should be used for each encounter wherever possible
- Each DOPS could represent a different procedure and may be specific to the specialty (NB: DOPS may not be relevant in all placements)
- Although DOPS was developed to assess procedural skills, its purpose in foundation is to give feedback on the doctor/patient interaction.

Supervised learning events which take place remote from the patient

ii) Case-based discussion (CBD)

This is a structured discussion of clinical cases managed by the FD. Its strength is investigation of and feedback on clinical reasoning.

- A minimum of six CBDs should be completed each year with at least two CBDs undertaken in any four-month period
- Different teachers/trainers should be used for each CBD wherever possible
- There is no maximum number of CBDs and FDs will often achieve very high numbers of them.

iii) Developing the clinical teacher

This is a tool to aid the development of a FDs skill in teaching and/or making a presentation and should be performed at least once a year. The FD will be encouraged to demonstrate skills in preparation and scene-setting, delivery of material, subject knowledge and ability to answer questions, learner-centredness and overall interaction with the group.

Assessment

Several forms of assessment are used:

iv) Core procedures

The GMC requires demonstration of competence in a series of procedures in order for a provisionally registered doctor with a license to practise to be eligible for full registration. These must be recorded and signed off in the core procedures section of the e-portfolio. The core procedures from F1 do not need to be repeated in F2, but evidence for ARCP is required for successful completion of the foundation programme.

It should also be recognised that with practice the FD is expected to improve their skills in those procedures which they perform.

v) Multi-source feedback

Team assessment of behaviour (TAB) (previously described as 360-degree assessment)

- This comprises collated views from a range of co-workers. It is mapped to a self-assessment tool with identical domains
- MSF should usually take place at least once a year. LETBs have the option of increasing the frequency
- It is suggested that both F1 and F2 TAB be taken in the first four months of the year's training. If there is a risk of 'rater fatigue', i.e. overburdening a small number of colleagues, then F2 TAB could be undertaken in the second four months of training. If there are significant concerns about any FD, TAB should be repeated in the last four months of training
- For each assessment, the FD should nominate 15 raters. A minimum of 10 returns are required. The required mix of raters/assessors must include at least:

vi) Three doctors more senior than F2 at least two consultants or trained GPs

- 2 senior nurses (band 5 or above)
 - 2 allied health professionals
- Other team members including ward clerks, secretaries and auxiliary staff.

vii) Placement supervision group

PSG feedback (from usually 2-3 senior colleagues) should be gathered for **at least one placement** for each FD during each 12-month (pro-rata) rotation

Self-assessment

FDs have a personal responsibility to make self-assessment an integral part of their professional life. It is good educational practice for this to be stated clearly and discussed fully during induction. FDs, with the support of their supervisor(s), are responsible for arranging appraisals, having the outcomes recorded and documenting ways to improve.

Feedback and debriefing

Feedback is a key component of the interactions between supervisors and FDs. Giving and receiving feedback and engaging in constructive conversations about learning, successes, difficulties and progress are all part of an effective professional learning environment. Improvement in clinical practice will only happen if regular review of that practice leads to constructive feedback. As indicated above, unscheduled SLEs are a good opportunity for immediate feedback.

This is particularly true of mini-CEX and DOPS which may be opportunistic. It is essential that trainers provide, and FDs receive, structured feedback. FDs must learn to receive positive feedback and also, how to accept constructive criticism aimed at targeting future development. Towards the end of both the F1 and F2 years, the local foundation training programme director, under the guidance of the foundation school, convenes an Annual Review of Competence Progression (ARCP) panel to review the progress of all FDs in their programme.

Annual review of competence progression (ARCP)

The ARCP provides a formal process for reviewing FDs' progress which uses the evidence gathered by them and supplied by their supervisors which is usually contained within the foundation e-portfolio. The ARCP is not an additional method of assessment.

The ARCP fulfils the following functions:

- To document the judgement about whether a FD has met the requirements and has provided documentary support for the satisfactory completion of F1/F2
- To document recommendations about further training and support where the requirements have not been met.

Full details of the process will be provided during the F1 year. The requirements for successful completion of ARCP within South London are higher than the minimum requirements specified within the FP reference guide.

Details of all requirements to achieve a satisfactory ARCP outcome are provided to FDs during their annual induction to South London. Copies of the slides and an ARCP checklist are available at

lonkssfoundation.hee.nhs.uk/STFS-induction

Special circumstances

A few F1 doctors have significant special circumstances. Provided they meet one of the nationally agreed criteria South London will endeavour to allocate such doctors to a trust within a reasonable commuting distance (90 mins). South London is, however, unable to guarantee that this will be possible. FDs with special circumstances approved for their F1 year must reapply for F2. South London can only consider applications from F1 doctors for allocation on the grounds of special circumstances if they can demonstrate that they meet at least one of the following:

Criterion 1:

The applicant is a parent or legal guardian of a child or children under the age of 18, who reside primarily with you and for whom you have significant caring responsibilities.

Criterion 2:

The applicant is the primary carer for someone who is disabled (as defined by the Equality Act 2010).

Criterion 3:

The applicant has a medical condition or disability for which ongoing follow up for the condition in the specified location is an absolute requirement.

Criterion 4:

If you consider that there are particular unique circumstances that require you to be in a particular environment whilst you undertake your Foundation Programme, you can apply for Special Circumstances under this criterion.

Criterion 5a:

Educational Circumstances

Criterion 5b:

Widening participation

Training support

If an FD feels that s/he/they is struggling/experiencing difficulties they should contact their foundation training programme director as soon as possible so that appropriate support/advice can be provided. FDs may also self-refer to the Practitioner Health Programme (PHP), a

free, confidential service, for additional support. See www.php.nhs.uk. Trust foundation faculty groups meet on a regular basis and will update the South London director on any FDs experiencing difficulties, so that additional support can be considered.

Inter foundation school transfers (IFST)

Transfers normally take place at the start of the F2 year. Arrangements for IFSTs must be agreed between foundation school directors on the basis of individual FD requirements if there are special circumstances.

Transfers will take place only if:

- there are places available in the receiving foundation school
 - the applicant has jointly satisfied both foundation schools that there are special circumstances for doing so
- Guidance notes and an application form are available on the UKFPO website www.foundationprogramme.nhs.uk

Less than full time training (LTFT)

also known as flexible training Less than full time training is available to doctors and dentists in training who are unable to work full-time for “well founded individual reasons” (European Union Council Directive 93/16-/EEC 1993).

FDs requiring LTFT Training must compete for entry into foundation training on an equal basis with other applicants, i.e. in open competition. FDs also need to achieve the competences as well as the equivalent of two years whole time experience to meet the UK requirements for all foundation trainees. Slot-sharing is usually the most effective means of meeting educational needs and must be explored before alternative options are considered. In slot-sharing two FDs share one full-time post and the out-of-hours is managed between them. Each doctor is paid as an individual trainee. LTFT FDs must work a minimum of 50% to ensure educational approval. It may be possible for South London to review other applications in order to identify a potential slot-share partner.

Once successfully allocated to South London, applicants considering applying for LTFT should contact one of the South London managers via London and South East PGMDE Support Portal: lasepgmdesupport.hee.nhs.uk/support/home in the first instance so that they can provide appropriate information/advice. Details of the LTFT arrangements can be found at the link below. lasepgmdesupport.hee.nhs.uk/support/home

Time out of foundation programme (TOFP)

South London will consider requests for time out of the foundation programme (TOFP) in accordance with the ‘Time out of foundation programme (TOFP)’ entry contained within the foundation programme reference guide.

Leaving the foundation programme early

The foundation programme is both time and competency based. If you wish to leave before the official end date of your F1 or F2 programme in order to take up other employment opportunities, you will not be signed off as having met foundation training requirements.

In addition, you must give adequate notice to your employing trust. Failure to do so, could have implications for patient safety and could therefore, lead to a referral to the General Medical Council (GMC).

Revalidation

Revalidation is the process by which licensed by doctors are required to demonstrate on a regular basis that they are up to date and fit to practise. Revalidation aims to give extra confidence to patients that their doctor is being regularly checked by their employer and the GMC. Licenced doctors have to revalidate, usually every five years, by having regular appraisals with their employer that are based on the GMC’s core guidance for doctors, good medical practice. For FD’s, the revalidation process will be incorporated within the ARCP process. For all South London trainees.

- Designated body = HEE
- Responsible officer – Postgraduate Dean
- For further information see

www.gmc-uk.org/doctors/revalidation.asp

Communications

South London website

lonkssfoundation.hee.nhs.uk/STFS

South London is committed to fairness and transparency.

Our policies – for example for flexible training, maternity leave etc. – are set out on the South London website and if you have any queries, it is worth looking through these first, as well as the national information on the UKFPO website www.foundationprogramme.nhs.uk/pages/home.

If not, one of our managers will be happy to advise you please email the London and South East PGMDE Support Portal <https://lasepgmdesupport.hee.nhs.uk>

Email

Although doctors are given email addresses by their trusts, audits have shown that doctors in training

often do not use them, and have to discontinue them anyway when they move on. Hotmail and other accounts are not always secure or spam-free and are often changed, so it is very difficult to keep an up to date email list for hundreds of doctors. In addition, their spam filters may block emails from South London or specialty recruitment. It is important for South London to be able to email FD's to provide information about specialty training applications, GMC registrations etc. Currently doctors.net is the default email address for correspondence unless you choose to use another email address, please ensure that it can receive messages from South London.

Foundation doctor Representation

South London is keen to ensure that the views of FD's are adequately represented at relevant local/national meetings. During July, FD's are invited to express their interest in being a representative on various committees/groups by submitting a 100-word statement explaining why they wish to take part and how they would ensure that they represented the views of their peers. A list of FD representatives and guidance for medical student and FD representatives is available at

lonkssfoundation.hee.nhs.uk/STFS-fdrepresentatives

Appendix A1:

Acute Trusts Affiliated to South London

Croydon Health Services NHS Trust

Trust contact details

530 London Road, Croydon, Surrey, CR7 7YE
020 8401 3000
www.croydonhealthservices.nhs.uk

Foundation training programme directors

Dr Imran Qureshi (F1)
Dr John Rendle (F1)
Dr Rebecca Thurairatnam (F2)

Director of Medical Education
Dr Kathryn Channing

Deputy Director of Medical Education
Dr Deborah Kirkham

Support for Return to Training (SRTT) and Less than Full Time Training Lead (LTFT)
Dr Nima Hashemi

Medical Education Manager
Mrs Nisha Patel

Foundation Programme Administrator
Ms Aswathy Chandran (F1)
Mrs Aqsa Ghulab (F2)

Facilities - Postgraduate Centre (Location and resources)

The Centre has a total of seven teaching rooms; 4 with a full range of audio-visual equipment & and the Conservatory is used for teaching and meetings but has limited equipment. There is also a newly refurbished state of the art Dental skills laboratory, which accommodates 14 people. A four-station internet café is available in the reception area.

Facilities - Accommodation (Info about pricing, location etc)

Please contact the accommodation office on 020 8401 3377. All accommodation is subject to availability.

Social activities

Summer & Christmas Ball and monthly pay

day events organised by the Mess Committee. Information is advertised in the Centre and Mess with electronic information sent to all trainees.

Doctors' mess

The MESS has recently been upgraded and decorated, with new lockers and a wide screen television together with Sky TV. A full-size snooker table and access to 2 PC's, as well as showers and changing facilities are also available. Daily newspapers and breakfast refreshments are available. The MESS president is appointed on a yearly basis and they lead on the recreational activities that include a Summer and Christmas Ball.

Library facilities

The newly refurbished Library is in the PGMC; it provides the perfect space for you to study and for quiet reflection. The Library has been developed with you in mind; equipped with PC's, scanners, printing facilities and a Creative Thinking Area. A wide range of print and electronic resources are available. The Library is also part of local and national networks, with the ability to access and loan information and resources that you need in your role.

Our qualified library staff are here to help support Junior Doctors with their professional development, they offer information skills training and a literature search service. The library is staffed from 9am- 5pm Monday to Friday. Junior doctors can arrange to get 24/7 access to the physical library via their swipe cards.

I.T facilities

The Internet café in the PGMC has 4 PC's, IT room in the library has 14 PC's, with access to 2 PC's in the MESS.

Other facilities (recreational or otherwise)

The newly refurbished staff gym is equipped with modern training equipment in an inviting open environment. The gym is accessible 24 hours a day with a small joining fee and £10 monthly membership fee.

Local amenities/attractions

Croydon University Hospital is the North end of Croydon and Central Croydon hosts two large shopping centres. There is a lively night life, including a number of night clubs and cinemas, and a variety of good restaurants to the south of the borough. There is a good transport system in place with trams, train services and a 24-hour bus service.

Transport links

Easy access to Central London via train is approx. 15 mins. Gatwick airport has a direct line from East Croydon with a similar journey time of 15 mins, and Brighton is on the same line. A short drive out brings you to countryside and a further hour would bring you into the Sussex Downs and of course Brighton seafront.

Parking arrangements

There is limited on-site parking (first come first served); the cost is £3 per day, along with an annual fee of £30 payable to Cashiers. There is also off-site parking on surrounding roads.

Accolades/achievements of the trust

Awards have been received for our work on the following projects:

- An STFS award for helping doctors who are having difficulty reaching their goals.
- A number of bids have been awarded to the Trust for its impressive state of the art Simulation Centre and the promotion of training.

Any additional information

The Croydon University Hospital prides itself as a 'Great place to train, great place to learn'. Croydon University Hospital is a 564-bedded District General Hospital (with 45-day case beds) and a 24-hour Accident & Emergency Department. The Trust also provides services at Purley War Memorial Hospital.

Foundation specific - Induction/shadowing arrangements

FY1 and FY2 trainees are invited to attend the week prior to the August start date and the programme is set up to offer ALS training, Induction e-Learning and shadowing with the outgoing F1 trainees. This has been very well evaluated.

Foundation specific – tasters

Foundation trainees are encouraged to attend Taster weeks in specialties that they are interested in applying for in the future. Each trainee can take up to two weeks (one week per specialty).

Foundation specific – simulation

Croydon Healthcare Clinical Skills & Simulation Centre is one of the leading healthcare simulation centers in the South Thames region. Developing full immersion high-fidelity simulation training for interprofessional teams. To meet the safety needs of our staffing groups and our patient's. Our Simulation Based Learning (SBL) initiatives are designed so that all healthcare professionals can stretch their

knowledge and application of clinical skills as well as their team-working, communication and risk awareness skills in realistic but safe simulated clinical environments. With an overarching emphasis on improving Patient Safety and end patient outcomes through enhancing inter-professional team performances. Training is enhanced through a philosophy that those working together should also be training together allowing inter-professional teams the opportunity to enhance their team working skills in a safe and simulated environment.

Foundation Doctor forums

There is a local Foundation Faculty Group, with meetings attended by FY1 and FY2 trainee reps. This reports to the Local Education Committee (quarterly). There is a Junior Doctors' Forum (open to all), Local Negotiating Committee and Guardian of Safe Working Forum.

The Chief Executive has a monthly junior doctor feedback meeting and each quarter the BMA are invited to attend. The FY1 reps are encouraged to join Management meetings and have access via the PA to the Director of Operations.

Foundation specific - educational and clinical supervision

All FY1 and FY2s are allocated an educational Supervisor for the whole year and a Named Clinical Supervisor for each placement. In addition to this Foundation Doctors meet with the Trust Foundation Training Programme Directors when required.

Foundation specific - teaching programme

There is a well-supported teaching programme with protected one-hour slots per week for FY1s and FY2s. All trainees are expected to be trainers and assessors for the years below and therefore the assessment of competencies is achievable as well as the development of a rounded portfolio. Although the learning in the Foundation Years is trainee led, we are not afraid to give you a helping nudge in the right direction to ensure that you complete the year successfully.

A range of courses take place on site include:

- Advanced Life Support (ALS)
- Advanced Paediatric Life Support (APLS)
- Advanced Trauma Life Support (ATLS)
- Core Medical Procedures Skills course for Foundation Trainees.

Foundation trainees are given the opportunity to become involved with the 'Foundation Programme for Teaching Medical Students', which, in the past, has been very well received by the target student groups from King's and St George's. Trainees are also encouraged to be part of committee meetings such as:

- Management Committees
- Teaching

- Bedside teaching
- OSCE

Foundation specific - any additional information

We have now supported 10 years of Foundation Trainees through the Foundation Years to become competitive for entry into the core training programme of their choice. We try and ensure Foundation involvement in every aspect of the hospital environment and host a successful Junior Doctors feedback Forum where your voices are heard and evoke change. The Foundation representatives sit on the Faculty Board and allow your views to improve the Programme. We have set up trainee led Teaching, Patient Safety, Leadership and Service Improvement Committees. These have led to many presentations, posters and papers allowing trainees to evidence their skills. The Foundation Programme Directors operate an open-door policy and are available on request. Dr Kathryn Channing (Director of Medical Education) and Nisha Patel (Medical Education Manager) are also available for added support as and when required. Karen Bounds will ensure that your portfolios are full of your reflections of your experiences at CUH. We hope that you will enjoy your year with us and encourage you to approach current FY1s for their experiences of a learning environment. We look forward to meeting you and hope you will enjoy your stay at CUH.

Training in the time of Covid-19

Covid-19 specific teaching had been provided to Foundation Trainees. This includes access to Trust Intranet Covid-19 guidelines and sharing of learning resources available on e-learning for health. We have also run protected teaching sessions on ventilatory support, daily patient reviews on ITU, and

Simulation courses on the management of cardiac arrest in Covid-19 patients.

Self-development time

All Foundation Trainees will be allocated protected time for Self-Development from August 2021. The time allocated is two hours per week (though this may be arranged differently depending on rotas and working patterns across specialties). Time can be used towards audits, quality improvement projects, research and teaching initiatives, and must be done on-site.

Epsom and St Helier University Hospitals NHS Trust

Trust contact details

St Helier Hospital
Wrythe Lane, Carshalton, Surrey, SM5 1AA
020 8296 2000 (Switchboard)

Epsom General Hospital
Dorking Road, Epsom, Surrey, KT18 7EG
01371 735 735 (Switchboard)

www.epsom-sthelier.nhs.uk

Foundation training Programme Directors

Mr Mark Middleton (F1)
TBC (F2)

Director of Medical Education

Dr Emma Jones

Medical Education Manager

Ms Karen Saridis

Foundation Programme Manager

Ms Karen Saridis

Facilities - Postgraduate Medical Centres (Location and resources)

There is a well-equipped postgraduate medical centre on each both the Epsom and the St Helier Hospital site with videoconferencing facilities for cross-site teaching.

Facilities - Accommodation (Info about pricing, location etc)

Accommodation is available on site. For information contact the Accommodation Departments: St Helier Hospital 0208 296 3693.

Social activities

The mess president at Epsom and St Helier sites organizes a lively program of events. There is a doctors' mess centrally located in the hospital in each site.

Library facilities

Epsom and St Helier University Hospitals NHS Trust has two physical libraries: The Hirson and the Sally Howell Library.

I.T facilities

Junior doctors have access to 10 PCs and 4 laptops in the Hirson Library. There are 7 PCs and 3 laptops in the Doctors' Mess computer room. Scanning facilities are also available for scanning documents into Horus.

Transport links

A short bus ride takes you to Morden tube station on the Northern line (zone 4) or to Sutton station which provides the easiest access with frequent buses to the hospital. Sutton has direct rail services running to and from Epsom, Croydon, London Bridge, London Victoria, Clapham Junction and Wimbledon. Also running through Sutton is the Sutton Loop Thameslink line which links Luton and St Pancras International directly with the stations on the line. St Helier is approximately 8 miles from London. There is also a black cab rank outside Sutton station and the taxi journey takes about 5 minutes. The trust also operates a free hourly (Monday to Friday only) shuttle service between the two main hospitals and Sutton Hospital.

Local amenities/attractions

St Helier is very close to Sutton, a busy town with excellent shopping, a cinema and theatre, and fast trains to London.

Parking arrangements

Staff parking is available on all sites. There is an annual permit costs and the daily charge is dependent on salary.

Accolades/achievements of the trust

We are one of the best performing trusts in South West London. We are one of the most improved in London overall and meet all the key standards which makes us ranked as Good by the CQC. The feedback we receive excellent feedback from our patients.

Any additional information

Epsom and St Helier University Hospitals NHS Trust was formed in 1999 when Epsom Health Care NHS Trust and St Helier NHS Trust merged. It provides services to approximately 420,000 people in South West London and North East Surrey. We

provide specialist renal services and a neonatal intensive care to a wider area. We cover some of the most prosperous postcodes in the country as well as some poorer areas and together with our colleagues in our CCG's.

The Trust operates on two major sites: St Helier Hospital incorporating Queen Mary's Hospital for Children and Epsom Hospital. We also provide services from a number of other local hospitals. We have 11 renal centres throughout South London and Surrey and we host the Elective Orthopaedic Centre (EOC) at Epsom which is operated by the Trust in conjunction with neighbouring trusts on a partnership basis. The EOC is the largest hip and knee replacement centre in the UK and one of the largest in Europe. The EOC is also a major centre for shoulder surgery and hip arthroscopies as well as undertaking more than 1,000 minor orthopaedic procedures most as day cases or short stay.

Epsom Hospital serves the southern part of the catchment area and provides an extensive range of inpatient, day and outpatient services. It has an Accident and Emergency service with 54,000 attendances per year. It also undertakes all elective (pre-booked) inpatient surgery within the Trust. There is an extensive range of diagnostic and supporting services, including pathology, radiology (including CT, MRI and ultrasound) and vascular diagnostic services, and a busy modern purpose-built day care and day surgery unit. The site also includes an acute psychiatric facility operated by Surrey and Borders Partnership NHS Foundation Trust. St Helier Hospital is the largest site within the trust and shares its site with Queen Mary's Hospital for Children. The hospital has a comprehensive range of diagnostic facilities within pathology and radiology (including MRI and CT scanning, nuclear medicine, ultrasound and vascular diagnostic services), a busy Accident and Emergency department dealing with 80,000 attendances per annum, and a range of outpatient facilities. It undertakes all the emergency surgery in the Trust. The renal unit provides acute renal care and dialysis and is integrated with the St George's Hospital transplant program. For more information about the Trust see the website www.epsom-sthelier.nhs.uk.

Foundation specific - Induction/shadowing arrangements

The Preparation for Professional Practice is organized via the Foundation Programme administration team. For F1's there are 5 days of clinical induction training events and opportunities for shadowing. F2's are inducted as part of the general August induction intake.

Foundation specific – tasters

A good selection of tasters are available including:

Ophthalmology Microbiology, Chemical Pathology, Dermatology, GU Medicine, Immunology, Radiology, O&G, Diabetes, ED, Renal Medicine, Paediatrics, Anaesthetics, Cardiology, Neurology, Psychiatry, Palliative Care, Respiratory Medicine and Gastroenterology. Each taster is arranged collaboratively with the trainee and the programme outline is designed around the individual trainee's needs.

Foundation specific – simulation

The trust has a well-equipped Simulation centre on the Epsom hospital site and also has mobile Simulation equipment. We run an extensive programme of simulation courses including at all levels. ALS is offered to all F1 doctors.

Foundation Doctor forums

Junior doctors' representatives are elected for each year. They represent their colleagues at the Foundation Programme Faculty Group meetings and Junior Doctor Forum meetings.

Foundation specific - educational & clinical supervision

The Foundation Programme supervision team is comprised of 100 clinical supervisors, 25 educational supervisors. Foundation trainees are allocated a clinical supervisor for each four-month post and an educational supervisor for the year they spend with us. The clinical supervisor will supervise the trainee (in consultation with their educational supervisor and the Programme Director) to maintain an overview of development and progress of the foundation doctor within the training programme. An educational agreement will be agreed at the initial meeting within each post. Mid-point reviews are also required in each post.

Foundation specific - teaching programme

F1s have three hours of protected teaching each week on a Tuesday afternoon currently delivered virtually. F2s from all sites (including those in general practice) have their teaching on Wednesday mornings virtually.

Foundation specific Additional information

The trust has 42 foundation year 1 posts in General Medicine, General Surgery, Haematology, Trauma and Orthopaedics, Urology, UCC, Palliative Care and Psychiatry. There are 42 F2 posts covering Trauma and Orthopaedics, General Surgery, ED, Paediatrics, General Practice, General Medicine, Renal medicine, ITU and Obstetrics and Gynaecology. Most programmes involve rotations on both main sites, Epsom General Hospital and St Helier Hospital.

Foundation Buddy Programme

A near-peer mentoring programme where F1s can gain from the support of an SHO when they join the trust. Voluntary option for F2s to be mentors in this programme.

Self-Development Time

F1s & F2's have two hours a week to use for Supervisor meetings, portfolio work, audit or teaching preparation, etc.

For more information about the Trust see the website www.epsom-sthelier.nhs.uk and for information on any aspect of foundation training at Epsom and St. Helier University Hospitals NHS Trust please contact:

Mrs Karen Saridis
020 8296 4010 / 01372 735175
karen.saridis@nhs.net

Associate Director for Medical Education

Dr Rob Godfrey

Head of Medical Education

Guy's & St Thomas' NHS Foundation Trust

Trust contact details

Guy's Hospital
Great Maze Pond, London, SE1 9RT

St Thomas' Hospital
Lambeth Palace Road, London, SE1 7EH

Switchboard:

020 7188 7188
Medical Education Ext: 85194

Foundation training programme directors

Dr Shumontha Dev
Dr Leila Frodsham
Dr Amelia Hughes
Dr Rebekah Schiff
Dr Nick Ware
Dr Magda Sbai
Dr Samantha Desilva
Dr Shamim Nassrally

Director of Medical Education

Mr. Wathik ElAlami

Igor Tanjga

Service Manager for Medical Education

Julia Szemeredi

Foundation Programme Coordinator

Peter Stow

Facilities - Postgraduate Centre (Location and resources)

St Thomas' Hospital

We have a dedicated education centre based on York Road just a few minutes from St Thomas' Hospital. The foundation programme administration team are based in the centre where the trainees are welcome to pop in to discuss queries. The majority of foundation programme educational events are held at the education centre. The education centre has a number of seminar and training rooms of various sizes catering for a variety of training needs including video-conferencing, phone conferencing, SMART board technology, Blu-ray and DVD. There are also three training rooms set out like wards for scenario based training.

Guy's Hospital

The Sherman education centre is based at Guy's Hospital. There is a lecture theatre with videoconferencing facilities, two seminar rooms and a meeting room. The weekly F1 teaching and Medical Grand Round are video-linked to Sherman lecture theatre to allow trainees based at Guy's Hospital to attend more easily. There is also a simulation training space in Sherman Centre at Guy's Hospital which includes a simulation training lab and a large surgical simulation room.

Facilities - Accommodation / (Info about pricing, location etc.)

Elizabeth Newcomen House (Guy's Hospital)

- Bedsit with private facilities: Non-refurbished - £565.00 PCM / Refurbished - £915.00 PCM
- Shared Flat with communal kitchen and bathroom facilities: Non-refurbished - £530.00 PCM / Refurbished - £800.00 PCM
- Maisonette Flat with two bedrooms and private facilities: £1,630.00 PCM

Sancroft Street (Guy's Hospital) – In Kennington near St Thomas' Hospital

- Shared Flat with shared kitchen and bathroom facilities: £550.00 PCM

Gassiot House (St Thomas' Hospital)

- 4 Share Flat: £555.00 PCM/£800.00 PCM
- Refurbished River View 4 Share Flat: £900.00 PCM
- 2 Share Flat: £920.00 PCM/£1,100.00 PCM

The prices include council tax, electricity, gas, and water. You will need to provide your own broadband and TV licences.

Please note the tenancy contract is a minimum 6 months and a maximum 12 months.

Social activities

- Monthly mess parties

- Annual Review at Christmas
- Summer ball
- Doctors' mess

Mess facilities are available on both St Thomas' Hospital and Guy's Hospital site. The mess is very active and organises monthly mess parties, Christmas "House Officers Review" and a summer ball. Subscription is £15 per month.

Library facilities

Library facilities are located on both hospital sites and are part of the King's College London (KCL) system. Once registered you have access to:

- All KCL libraries
- Free skills development sessions
- KCL computers
- Ejournals / e-books anywhere via OpenAthens
- Onsite access to further e-journals
- Printing, photocopying and scanning
- Individual and group study areas
- Print and electronic document delivery / interlibrary loans
- Access to qualified staff who offer advice and assistance
- Extensive book collections

Opening hours:

St Thomas House: 24/7 access (staffed Mon – Fri 9:30am – 5:30pm)

New Hunts House (Guy's): Long hours including 24/7 at many times

Please see the following website for further details: www.kcl.ac.uk/library/NHS

I.T facilities

Junior doctors have access to Trust computers in most clinical departments and wards.

There are also computers available for use in the postgraduate centres, doctor's mess, libraries and the Knowledge and Information Centre (KIC) in St Thomas' Hospital.

Some clinical areas, Sherman education centre and the libraries have access to KCL computers. Trust emails can be accessed from home via webmail.

Wi-Fi access is available throughout Guy's Hospital and St Thomas' Hospital.

Transport links

London and surrounding counties, the whole of the UK and the continent. There is a regular shuttle service connecting Guy's with St Thomas' Hospital.

Guy's Hospital: easy access to underground and over ground via London Bridge as well as bus routes.

St Thomas' Hospital: easy access to underground (via Westminster, Waterloo and Lambeth North), over ground (via Waterloo and Waterloo East) and bus routes.

Local amenities/attractions

Guy's Hospital and St Thomas' Hospital are both located at the heart of central London with easy access to restaurants, bars, theatres, cinemas, clubs, museums, shops, parks and much more!

Guy's Hospital:

On site – several AMT coffee shops, canteen and a well-stocked hospital shop.
Immediate vicinity – Shard, Borough Market, River Thames, numerous restaurants, bars and shops.

St Thomas' Hospital:

On site – M&S food, WH Smith, chemist, several restaurants/cafeterias and a gift shop.
Immediate vicinity of: Big Ben, London Eye, Southbank, River Thames, numerous restaurants, bars and shops.

Parking arrangements

Limited parking facilities are available on both sites. Parking permits can be applied for.

Accolades/achievements of the trust

In 2013 the Dr Foster Hospital Guide named us Trust of the year for Safe Care. We are also in the top three Trusts for research; with 422 research studies in 2013-14. We have one of the largest capital investment programmes in the NHS and are making significant investments in our buildings, IT and medical equipment, for the benefit of patients.

Foundation specific - Induction/shadowing arrangements

All F1s will be employed from Monday 24th July 2023.

You will receive approximately two and a half days of a useful and relevant Trust induction which includes practical scenario training, electronic patient records training, workshops and talks from a variety of people relevant to being an F1. The induction is well evaluated. In addition to this there is an online induction specifically designed for junior doctors.

You will also have approximately 4.5 days to shadow the current F1 and meet with the clinical team.

Foundation specific – tasters

Foundation doctors are allowed to use up to 5 days for a Taster. Guy's and St Thomas' NHS Foundation Trust offers a full range of hospital services as well as specialist services, so our foundation doctors are usually able to find a suitable taster. As a foundation

doctor within the Trust you can really make the most of a taster as you can usually get involved with the patients and the clinical team.

Foundation specific – simulation

GSTT has a state-of-the simulation centre

- All FY1&2 receive interprofessional high fidelity simulation training
 - All FY2s receive simulation faculty training to teach on the undergraduate simulation courses
- For final year medical, nursing and midwifery students.
- There are usually other optional simulation events that foundation doctors are allowed to attend for free.

Foundation Doctor forums

In August we invite F1s and F2s the opportunity to apply to become a Foundation Programme rep. Due to our large cohort of F1s and F2s we usually have at least 6 F1s and 6 F2 who are allocated a smaller number of foundation doctors to represent. The reps are responsible for:

- Gaining feedback from your foundation doctor colleagues
- Being a contact point for your small group of foundation doctors
- Working with the specialties to address issues raised from trainees.
- Attending a foundation programme reps meeting
- Attending the Foundation Faculty Meeting (3 per year) to feedback trainee issues and engage with

Developing the foundation programme at GSTT .Attend ad hoc meetings as requested

- Allocated projects to be involved with i.e. teaching programme design, IT projects, community involvement etc.
- Providing foundation doctor views on potential changes

Foundation specific - educational and clinical supervision

All Foundation Doctors are assigned an educational supervisor for the full year. This is usually a consultant who you will be working with in your first placement. You will also be assigned a clinical supervisor in each four-month placement. In addition to this you will be assigned a Foundation Training Programme Director who will meet with you at least twice during the year to check you are on track and discuss careers.

Foundation specific - teaching programme

F1s receive 1.5 hours weekly teaching which is usually presented from St Thomas' Hospital but is videolinked to Guy's Hospital (occasionally vice

versa). The format is designed to be case based and interactive. F1s are also expected to attend:

- ALS
- Acutely Ill Patient Workshop
- Simulation for Foundation Doctors
- Quality and Improvement half day workshop
- Medicine and the Law half day workshop
- Leadership half day workshop and e-learning
- Equality and diversity e-learning
- Prescribing e-learning

F2s receive a half day themed training session Every month as well as a variety of mandatory courses.

Which are:

- Leadership
- Acutely Ill and Injured Patients
- Medicine and Law
- Foundation Simulation
- Undergraduate Simulation

Foundation specific - any additional information

We have 69 F1s and 81 F2s at Guy's and St Thomas' Hospital. The placements include a variety of medical, surgical, psychiatry and community placements. We are currently engaging with community services to offer foundation doctors the opportunity to attend meaningful placements in line with Broadening the Foundation Programme. The Undergraduate Department within Medical Education will be providing Foundation Doctors a Clinical Skills Tutoring Scheme which is in place since 2019.

This includes:

- Participation in small group teaching sessions
 - Undergraduate Simulation
 - Annualised Clinical Skills days
 - Approved by Dr Ros Tilley, the director of Undergraduate Medical Education.
-

King's College Hospital NHS Foundation Trust (Denmark Hill Site)

Trust contact details

King's College Hospital
Denmark Hill, London, SE9 9RS

Switchboard:
02032999000

Foundation training programme directors

Mr Tunji Lasoye
Ms Avril Chang
Dr Geoffrey Warwick

Director of Medical Education
Mr Tunji Lasoye

Senior Medical Education Manager
Sheinaz Mahomedally

Foundation Programme Coordinator
Ifeoluwa Suleiman

Facilities - Postgraduate Centre (Location and resources)

There is a purpose-built postgraduate conference centre providing a venue for postgraduate medical and dental activities within the Trust. The Centre comprises a fully equipped lecture theatre and three seminar rooms:

Bill Whimster lecture theatre – Seats 80 people, equipped with latest audio-visual equipment and video conferencing.

Jan Welch teaching room
Seats 40 people with audio-visual equipment available and video conferencing.

Clare Vaughan seminar room
Seats 60 people with audio-visual equipment available. There is an acoustic partition dividing the area into 30/30 seating capacity.

Facilities - Accommodation (Info about pricing, location etc)

The accommodation office can assist FY1 trainees in sourcing housing association properties and should contact the accommodation office with their requirements. Accommodation Team telephone number – 020 3299 3400.

Social activities

We have a very pro-active Doctors' mess Committee who are keen for members to have plenty of opportunity to socialise and unwind, including monthly events. These include:

- Access to physical space away from the busy clinical area with daily newspapers, a kitchen area and provisions.
- Weekend pizza delivery.
- Monthly social events
- An annual Summer Party and Christmas Party.

The Doctors' mess at King's provides a relaxing environment with a TV, a kitchen regularly stocked with fresh fruit, bread and milk and newspapers. There are a number of social events throughout the year. There is also an opportunity for junior doctors to be members of the mess Committee.

Library facilities

As an employee of King's College Hospital you will have access to Libraries & Collections from King's College London. The Weston Education Centre hosts a substantial library with varied study space including PCs on both the university and hospital networks. You can also choose to use other campus libraries. Online access is a priority both for resources and for support. Extensive access is available to journals and books with the university collections extending those on your OpenAthens login. Specialist Library staff are ready to help you make the most of it all with remote support options. Our Clinical Support Librarian can help get you to the evidence you need for patient care, education and research.

Please visit www.kcl.ac.uk/library/nhs for further information.

I.T facilities

Within the Doctors' Mess there is a separate room where there are 5 web-enabled PCs and a networked printer.

Transport links

King's is located in Camberwell in south London, with good public transport links.

Local amenities/attractions

Close proximity/easy access to Central London and Dulwich Village.

Parking arrangements

Demand for car parking spaces at King's greatly exceeds supply and you are strongly urged to use public transport where possible. Permits are awarded on a strict points system to those members of staff who require them.

Accolades/achievements of the trust

King's College Hospital is part of a pioneering Academic Health Sciences Centre, King's Health Partners (KHP). This is a collaboration between one of the world's leading research-led universities, King's College London, and three of London's most successful NHS Foundation Trusts: King's College Hospital, Guy's and St Thomas' and South London and the Maudsley. Its driving purpose is to continually seek and bring about swifter and more effective improvements in health and well-being for our local population, as well as nationally and across the globe. KHP's work combines the best of basic and translational research, clinical excellence and world-class teaching to deliver ground-breaking advances in physical and mental healthcare. King's College Hospital has become the first major acute hospital in the UK to be awarded the Investors in People (IIP) Gold Standard award. Investors in People is a national quality standard awarded to well-run organisations which demonstrate good management practice with a high emphasis on best practice people management and development. King's first achieved Investors in People status in 1999, but this is the first time it has been recognized with the Gold award – a significant achievement. The Gold award is only given to those organisations which are able to demonstrate a degree of excellence in the way they develop and support their staff. Executive Director for Workforce Development at King's commented; "Achieving Gold standard is a tremendous achievement for the Trust. Our people are at the heart of everything we do for our patients at King's. Their individual skill and commitment are crucial in delivering quality services; we want our staff to continue to feel supported and valued, whatever their role, and we will continue to help them develop their potential."

Any additional information

King's College Hospital is a large teaching hospital and NHS Foundation Trust situated in South Central London. It provides healthcare for residents of a densely populated surrounding locality, as well as many tertiary services for South-East England and beyond. Our department is based within the Weston Education Centre, situated next to King's College Hospital, Denmark Hill. This affords us the luxury of a well-equipped postgraduate conference centre, in close proximity to the library facilities of King's College London on the campus of King's College Hospital.

King's College Hospital NHS Foundation Trust is one of the UK's largest and busiest teaching Trusts with a turnover of £1 billion, 1.5 million patient contacts a year and around 14,000 staff based across 5 main sites in Southeast London. The Trust provides a full range of local hospital services across its different sites, and specialist services from King's College Hospital (KCH) sites at Denmark Hill in Camberwell and at the Princess Royal University Hospital (PRUH) site in Bromley.

King's is committed to delivering sustainable healthcare for all via our green plan. In line with national Greener NHS ambitions, we have set net zero carbon targets of 2040 for our NHS Carbon Footprint and 2045 for our NHS Carbon Footprint Plus. Everyone's contribution is required in order to meet the goals set out in our Green Plan and we encourage all staff to work responsibly, minimising their contributions to the Trust's carbon emissions, waste and pollution wherever possible.

The Trust-wide strategy Strong Roots, Global Reach is our Vision to be Bold, Brilliant people, Outstanding care, Leaders in Research, Innovation and Education, Diversity, Equality and Inclusion at the heart of everything we do. By being person-centred, digitally enabled, and focused on sustainability, we can take Team King's to another level.

Foundation specific - Induction/shadowing arrangements

At King's we provide the FY1 trainees with seven days of shadowing and key induction elements. This week-long experience provides the opportunity for trainees to work alongside the FY1 from whom they will be taking over and gain an insight into the role and responsibilities of a junior doctor. They will gain firsthand experience of working with other members of the multidisciplinary team, communicating with patients and developing an understanding of how the NHS generally works. They also have training on ALS, EPR, Infection Control and e-Portfolio.

Foundation specific – tasters

All Foundation trainees have the opportunity to do a 'taster' of their choice in any specialty within the Trust, or outside the Trust if necessary. For further information and guidance please see the STFS website.

Foundation specific – simulation

Simulation training is provided at King's College Hospital in a dedicated simulator training facility. Simulation training sessions are mandatory for all FY1 and FY2 trainees. Trainees will also be given the opportunity to become involved as part of the faculty.

Foundation Doctor forums

Regular foundation forums are held for the FY1 and FY2 trainees and representatives from both years are asked to attend. Trainee representatives are also invited to attend the Medical & Dental Education Committee meetings, which are held on a quarterly basis.

Foundation specific - educational and clinical supervision

Trainees are allocated an educational supervisor for the year and for each placement they are placed with the lead consultant of their team for clinical supervision.

Foundation specific - teaching programme

We have 51 FY1 and 40 FY2 trainees at King's. Both FY1 rotations and FY2 rotations consist of three 4 month placements. All FY2 rotations include an Emergency Medicine placement. There is protected, bleep free teaching for all FY1's at lunchtime once a week and, in addition, there are several half-day workshops throughout the year. The FY2 teaching programme includes a two day 'FY2 Professional Development' course, specialised career sessions, interactive clinical teaching and access to a multitude of specialty teaching programmes across the Trust. Trainees also can access our more generic courses like Teaching the Teachers. There is a substantial team within the Department of Postgraduate Medical and Dental Education (PGMDE), several of whom work almost exclusively for the Foundation Training Programme. Although we have a large number of Foundation Trainees, we pride ourselves on looking after the individual needs of each of them. With the connection to KCL, trainees have the opportunity to participate in Undergraduate teaching as both teachers and organisers. Frequent formative OSCE's also take place on site and trainees are invited to examine throughout the year.

Foundation specific - any additional information

PGMDE held their annual Foundation Training Programme Awards Ceremony in July every year for the FY1 & FY2 trainees and incoming FY1s. We are proud to have amongst us distinguished guests who give inspirational talks to the Foundation trainees. These include the Chief Executive and Executive Board Members. Certificates of merits were awarded from South Thames Foundation School for contribution to and progress in the e-Portfolio, audit, teaching and leadership and an outstanding trainee of the year. Trainees are also recognised by King's for their leadership skills, leadership projects and for those who are truly outstanding. Alongside these

merits the trainees acknowledge the hard work of the trainers; awards are also presented to those trainers who have provided teaching and support to the Foundation trainees throughout the year. There is also an impressive display of audit and leadership project posters. These merits/awards are agreed by the Foundation Training Faculty who work hard to ensure that trainees progress, that they are given the right support and are appropriately recognised for their contributions.

King's College Hospital (Princess Royal University Hospital Site)

Trust contact details

Farnborough Common, Orpington, BR6 8ND

Switchboard: 01689863000

Website:

www.kch.nhs.uk

Foundation training programme directors

Dr Belinda Kessel

Dr Thomas Buttle

Dr David Jennings

Director of Medical Education

Mr Tunji Lasoye

Senior Medical Education Manager

Sheinaz Mahomedally

Medical Education Manager (PRUH-site)

Christine Nurthen

Foundation Programme Co-ordinator

Masuma Siddiqah

Facilities - Postgraduate Centre (Location and resources)

The postgraduate centre and annex is located close to the main hospital building. The centre has a large lecture theatre and a seminar room which is used for our educational activities. There is a Library facility within the centre which has quiet study areas and is open 24/7 providing out of hours access. There is a Cyber Café with 15 computers which is open from 8.30am – 5pm Monday to Friday and is open to all staff and students. The “Sanctuary” restaurant is a great facility serving hot food and snacks with ample seating area. The annex has a number of training rooms, an IT suite and a dedicated simulation facility.

Facilities - Accommodation (Info about pricing, location etc)

The accommodation office can assist FY1 trainees in sourcing housing association properties. Trainees should contact the accommodation office with their requirements. Accommodation Team telephone number – 020 3299 3400.

Social activities

We have a pro-active Doctors' mess Committee who are keen for members to have plenty of opportunity to socialise and unwind, including monthly events. These include:

- Access to physical space away from the busy clinical area with a kitchen area and provisions.
- Weekend pizza delivery.
- Monthly social events.
- An annual Summer Party and Christmas Party.

The Doctors' mess at PRUH provides a relaxing environment for our doctors. The kitchen area is regularly stocked with bread and milk. There are a number of social events throughout the year. There is also an opportunity for junior doctors to be members of the mess Committee.

Library facilities

As an employee of King's College Hospital you will have access to Libraries & Collections from King's College London. The Weston Education Centre hosts a substantial library with varied study space including PCs on both the university and hospital networks. You can also choose to use other campus libraries. Online access is a priority both for resources and for support. Extensive access is available to journals and books with the university collections extending those on your OpenAthens login. Specialist Library staff are ready to help you make the most of it all with remote support options. Our Clinical Support Librarian can help get you to the evidence you need for patient care, education and research.

Please visit www.kcl.ac.uk/library/nhs for further information.

I.T facilities

The Library and Cyber Café are located in the Education Centre and the computers are available for use by all staff and students. We also have a Clinical Support Librarian who is available for teaching sessions in our IT Training Suite.

Transport links

The Hospital is located near a vast number of Bus Routes that can reach the majority of the surrounding areas (Croydon, Bromley, and Orpington). Orpington station is 24mins from Charing Cross and 17min from

Pan London Foundation School – South London: Programmes Commencing in August 2023

London Bridge, while Bromley South Station is 17min from London Victoria. Both stations are a bus ride away, and commuting from Central London takes 40-50min.

Cycle parking is available around the PRUH site, and there are showers and changing facilities in the education centre as well as in most departments. There are monthly Dr Bike free bike maintenance sessions (details on the intranet). Cycle routes in Bromley can be found at www.bromley.gov.uk/downloads/download/181/cycle_route_maps/.

Local amenities/attractions

The hospital backs onto a large Sainsbury's which can be reached by walking through a direct cut-through into the car park. Locksbottom High Street located by Sainsbury's contains a variety of small shops, cafés and restaurants. Bromley High Street is a bus ride away with an array of shops and the Glades Shopping Centre

Parking arrangements

We are pleased to confirm that additional parking is now available on the PRUH site; this became available in December 2021. Staff parking permits are awarded on a strict points system to those members of staff who require them.

Accolades/achievements of the trust

King's College Hospital is part of a pioneering Academic Health Sciences Centre, King's Health Partners (KHP). This is a collaboration between one of the world's leading research-led universities, King's College London, and three of London's most successful NHS Foundation Trusts: King's College Hospital, Guy's and St Thomas' and South London and the Maudsley. Its driving purpose is to continually seek and bring about swifter and more effective improvements in health and well-being for our local population, as well as nationally and across the globe. KHP's work combines the best of basic and translational research, clinical excellence and worldclass teaching to deliver ground-breaking advances in physical and mental healthcare.

King's College Hospital has become the first major acute hospital in the UK to be awarded the Investors in People (IIP) Gold Standard award. Investors in People is a national quality standard awarded to well-run organisations which demonstrate good management practice with a high emphasis on best practice people management and development.

Any additional information

King's College Hospital is a large teaching hospital and NHS Foundation Trust situated in South Central London. It provides healthcare for residents of a densely populated surrounding locality, as well as many tertiary services for South-East England and beyond. Our department is based within the Education Centre, situated close to main hospital building. This affords us the luxury of a well-equipped postgraduate centre, with easy access to the library facilities.

King's College Hospital NHS Foundation Trust is one of the UK's largest and busiest teaching Trusts with a turnover of £1 billion, 1.5 million patient contacts a year and around 14,000 staff based across 5 main sites in Southeast London. The Trust provides a full range of local hospital services across its different sites, and specialist services from King's College Hospital (KCH) sites at Denmark Hill in Camberwell and at the Princess Royal University Hospital (PRUH) site in Bromley.

King's is committed to delivering sustainable healthcare for all via our green plan. In line with national Greener NHS ambitions, we have set net zero carbon targets of 2040 for our NHS Carbon Footprint and 2045 for our NHS Carbon Footprint Plus. Everyone's contribution is required in order to meet the goals set out in our Green Plan and we encourage all staff to work responsibly, minimising their contributions to the Trust's carbon emissions, waste and pollution wherever possible.

The Trust-wide strategy Strong Roots, Global Reach is our Vision to be Bold, Brilliant people, Outstanding care, Leaders in Research, Innovation and Education, Diversity, Equality and Inclusion at the heart of everything we do. By being person-centred, digitally enabled, and focused on sustainability, we can take Team King's to another level.

Foundation specific - Induction/shadowing arrangements

At King's we provide the FY1 trainees with seven days of shadowing and key induction elements. This week-long experience provides the opportunity for trainees to work alongside the FY1 from whom they will be taking over and gain an insight into the role and responsibilities of a junior doctor. They will gain firsthand experience of working with other members of the multidisciplinary team, communicating with patients and developing an understanding of how the NHS generally works. They also have training on EPR, EPMA, Infection Control and e-Portfolio.

Foundation specific – tasters

All Foundation trainees have the opportunity to do a 'taster' of their choice in any specialty within the Trust, or outside the Trust if necessary. Tasters generally range from 2-5 days in duration. For further information and guidance please see the STFS website.

Foundation specific – simulation

Simulation training is provided at King's College Hospital in a dedicated simulator training facility, simulation training sessions are mandatory for all F1 and F2 trainees. Trainees will also be given the opportunity to become involved as part of the faculty.

Foundation Doctor forums

Regular foundation forums are held for the FY1 and FY2 trainees and representatives from both years are asked to attend. Trainee representatives are also invited to attend the Medical & Dental Education Committee meetings, which are held on a quarterly basis.

Foundation specific - educational and clinical supervision

Trainees are allocated an educational supervisor for the year and for each placement they are placed with the lead consultant of their team for clinical supervision.

Foundation specific - teaching programme

There is protected, bleep free teaching for all Foundation Trainees at lunchtime once a week. The Foundation teaching programme includes, a one day Developing Professional Skills course, specialized career sessions, interactive clinical teaching and access to a multitude of specialty teaching programmes across the Trust. FY2 Trainees also can access our more generic courses like Teaching the Teachers. There is a substantial team within the Department of Postgraduate Medical and Dental Education (PGMDE), several of whom work almost exclusively for the Foundation Training Programme. Although we have a large number of Foundation Trainees, we pride ourselves on looking after the individual needs of each of them.

Foundation specific - any additional information

PGMDE hold their annual Training Programme Awards Ceremony in July every year for the FY1 & FY2 trainees and incoming FY1s. We are proud to have amongst us distinguished guests who give

inspirational talks to the Foundation trainees. Certificates of merits were awarded from South Thames Foundation School for contribution to and progress with e-Portfolio, audit, teaching and leadership skills and an outstanding trainee of the year award. Trainees are also recognised by King's for their leadership skills, leadership projects and for those who are truly outstanding. Alongside these merits the trainees acknowledge the hard work of the trainers; awards are also presented to those trainers who have provided teaching and support to the Foundation trainees throughout the year. There is also an impressive display of audit and leadership project posters. These merits/awards are agreed by the Foundation Training Faculty who work hard to ensure that trainees' are given the right support and are appropriately recognised for their contributions.

Kingston Hospital NHS Foundation Trust

Trust contact details

Galsworthy Road, Kingston-Upon-Thames, Surrey,
KT2 7QB

Switchboard:
02085467711

www.kingstonhospital.nhs.uk

Foundation training programme directors

Dr Koteswara Muralidhara (F1)
Miss Rashmi Singh (F2)

Director of Medical Education

Dr Sally O'Connor
Interim DME Dr Elisabeth Peregrine

Medical Education Manager

Arvind Cheesman

Facilities - Postgraduate Centre (Location and resources)

The Postgraduate Medical Centre (PGMC) is purpose built and is located on Level 5 of Kingston Surgical Centre. The Centre has audio-visual facilities. There are two Lecture Theatres which can be opened into one room holding up to 150 people and eight other Seminar Rooms of different sizes. All rooms have AV equipment and Smart Boards. There are also video-conference facilities available. There are three Clinical Teaching rooms – a Resuscitation room, Mock Ward and Clinical Skills room.

Facilities - Accommodation (Info about pricing, location etc)

All accommodation is conveniently located close to Kingston town centre and located on the grounds of Kingston Hospital. The property offers fully furnished rooms, most of which are en-suite, with many of the en-suites having been renewed recently. Given the high rental values for the area, Keyworker Living in Kingston is highly affordable with rents being significantly lower than the average for the area. There are 78 bed spaces. Shared and en-suite single rooms. Pricing from £538.54 per month (no deposits and flexible contracts).

Email: www.keyworkeraccommodation.org.uk/kingston

Phone: 0203 202 0335

Twitter: twitter.com/OptivoKeyworker

Facebook:

facebook.com/KingstonHospital/Staff/Accommodation

Social activities

Various social activities are arranged via the Doctors' Mess, including nights out and the annual Hospital Ball.

Doctors' mess

The Doctors' Mess is located on Level 2 of Kingston Surgical Centre. There is a large seating and resting area with SKY TV, a kitchen (microwave, toaster, panini maker), 8 computer stations, toilet, shower separate male/female and locker facilities.

Subscription is £10 per month. Fees are used to cover the SKY subscription and to provide tea, coffee, bread and jams/spreads, biscuits, ham/cheese for members use.

Library facilities

Stenhouse Library is located on Level 5 of Kingston Surgical Centre and is open with 24 hour access. Members of the library can access a wealth of medical and health information from the books, journals and databases available at the facility.

In addition, and to help with the needs of clinical governance and evidence-based medicine, the librarians are able to:

- conduct literature searches with you or on your behalf
- provide training on retrieving medical and health information from the internet,
- hold workshops on database searching (e.g., MEDLINE, CINAHL).

I.T facilities

Kingston Hospital has an excellent IT department and provides both online and telephone support for all the Trusts' IT needs. Kingston Hospital uses the Cerner Millennium Care Records Service solution with electronic ordering/results for Pathology and Radiology tests.

Transport links

Transport and travel information is available on the Trust website.

Local amenities/attractions

Kingston Hospital is in an attractive part of Surrey and is within easy reach of Central London, Richmond Park, the river Thames, the historic Royal Borough of Kingston-upon-Thames, and open countryside. Kingston Town Centre has a large shopping area and plenty of restaurants some of which are located

by the river Thames. There are two or three nightclubs and plenty of pubs and wine bars. Richmond Park is opposite the Hospital, and you can get to Richmond, Ham and Roehampton through the park.

Parking arrangements

A managed car parking scheme operates at Kingston Hospital NHS Foundation Trust. The number of car parking spaces on site is limited so eligibility criteria are in place for staff who request permits. There are two main types of staff permit available: Red (Priority) Permits and Yellow (Standard) Permits. Red Permits allow access to the Essential Users Car Parks and are available to staff who undertake three or more off-site commitments per week. Yellow Permits can be applied for by all staff and are allocated according to the current Car Parking Policy. There is currently a waiting list for these permits. Applications for permits should be made using the Car Parking Permit Application Form on the Trust Intranet. Off-peak permits are also available for those working nights and weekends.

Accolades/achievements of the trust

Kingston Hospital became an NHS Foundation Trust on May 1st 2013 and is now known as Kingston Hospital NHS Foundation Trust. We have been rated 'Outstanding' by CQC – Kingston Hospital NHS Foundation Trust was rated Outstanding by the Care Quality Commission in August 2018. The hospital became the first acute Trust in London to receive an Outstanding rating for Leadership and was also rated Outstanding for Caring and Overall Quality. The Hospital is the first acute Trust to be licensed since April 2012 and the first to become a Foundation Trust (FT) in South West London. Becoming an FT is a seal of approval for the high-quality patient care we are all committed to delivering at Kingston Hospital and we are now looking forward to planning an exciting future for the Trust. Our Council of Governors is now fully established, and we are particularly looking forward to working with them to ensure we listen to the needs of the communities and patients they represent when planning our future and developing our services. We are proud of our reputation as the largest single site District General Hospital with the second largest Maternity Unit in London and the Hospital's Emergency Department is one of the busiest in the country seeing over 110,000 patients per year.

Any additional information

Kingston Hospital NHS Trust is approximately 12 miles from central London and provides a full range of diagnostic and treatment services to approximately 320,000 people on behalf of commissioners within South West London and North Surrey. We have approximately 500 beds and directly

employ around 2,700 across all groups including nursing and midwifery, medical and dental, administrative and clerical, ancillary and management.

Foundation specific - Induction/shadowing arrangements

The 2023 F1 induction/shadowing will take place from Monday 24th July to Tuesday 1st August, paid at basic rate. This includes time shadowing the outgoing F1, training on the use of the Care Record System (CRS), Hospital Induction and Foundation Induction with the Foundation Training Programme Director. ILS and ALERT training for F1s takes place during the shadowing/induction period prior to the F2 and Specialty Trainee intake. F2s attend a Hospital Induction on their first day, including training on the use of the Care Record System (CRS). A half-day Foundation Induction with the Foundation Training Programme Director takes place on the morning of the following day.

Foundation specific – tasters

Guidance about arranging a taster is provided to foundation trainees as part of their Foundation Induction information. All trainees are strongly encouraged to arrange a taster in a specialty of their choice.

Foundation specific – simulation

The Trust has an established state of the art Simulation Centre and has been successfully providing simulation training for foundation trainees since 2010. All foundation trainees are required to attend a Simulation Training day. Training takes place in the Simulation Suite, located on Level 5 of Kingston Surgical Centre.

Foundation Doctor forums

Both F1 and F2 doctors choose two representatives at the beginning of their rotation. Representatives attend Foundation Faculty Group Meetings, Trust Educational Faculty meetings on a quarterly basis as well as the Junior Doctors' Forum. Foundation Trainees are able to express their views and/or suggestions for improvement via the annual National GMC Survey and also through local Trust surveys.

Foundation specific - educational and clinical supervision

Each rotation has an overall Educational Supervisor and each placement within the rotation has a Clinical Supervisor. All supervisors have received appropriate training and education and

are approved assessors for supervised learning events (DOPS, mini-CEX and CBD).

Foundation specific - teaching programme

In addition to departmental teaching, F1 trainees receive 2 hours bleep free teaching per week. All trainees have opportunities to develop their teaching skills through peer teaching which is formally assessed by Educational Supervisors.

Foundation specific - any additional information

Foundation doctors are actively involved in Trust and national audits. There is a Trust Audit seminar each year and Foundation doctors have been involved in prize-winning audits.

Lewisham & Greenwich NHS Trust

Trust contact details

University Hospital Lewisham

Lewisham High Street, Lewisham, London
SE13 6LH

Trust Switchboard:

020 8333 3000

Trust website:

www.lewishamandgreenwich.nhs.uk

Foundation training programme directors

Dr Teresa Sealy

Dr Pamela Lutalo

Director of Medical Education

Dr Catherine Matthews

Head of Medical Education and Medical Staffing

Suzanne Faulkner

Medical Education Officer

Sally-Ann Maher

Foundation Programme Administrator

Sally Tracey

Facilities - Postgraduate Centre (Location and resources)

The postgraduate centre is situated in the Education Centre and shares an office with Medical Staffing. The Postgraduate Medical Education department has overall responsibility for ensuring the provision of education and training for Postgraduate doctors. The trust continues to meet the educational standards set

by the GMC and HESL. We have a major commitment to the development of Research and Education. The trust has a highly dedicated Director of Medical Education and Education Team which supports the learning needs of all medical staff. We aim to provide a consistent, reliable high quality administrative service to the trust. On-going medical education activities have included comprehensive induction, career counselling, supported educational supervision and assessment provision of an 'information supported' learning environment.

The Foundation Programme at Lewisham has an excellent reputation and we continue to attract high

calibre trainees at F1 and F2 levels. The innovative education week for F2 trainees once again registered over 95% attendance and this model is being copied by other Trusts. We have on site Clinical Skills laboratory and Resuscitation Training facilities which is housed in our state of the art new Simulation Suite

Facilities - Accommodation (Info about pricing, location etc)

No on or off site accommodation but The Lewisham Site do provide an extensive list of all local letting agencies. Our communication team also offer advice on any local flat/house rentals in the area.

Social activities

Out of hours there is a lively and vibrant social network including a Christmas and Summer Ball organised by Mess President. Five a side football and many other social events. Also Consultants from both sites contribute to a yearly summer ball which takes place each June to say thank you to all juniors for their hard work.

Doctors' mess

The Doctor's mess is located close to the Staff Restaurant. It has a wide-screen television with access to Sky, comfortable sofas and 4 wall mounted computers. Tea and coffee facilities are all provided. Free takeaway dinner is provided at the weekends for the on call teams in the Doctor's mess.

Library facilities

The library is located in the Education Centre. We have a wide range of e-journals and books and several online exam revision packages. We provide critical awareness and database training and support all aspects of research and learning both in the workplace and in the library. There is also free access to Up-to-date, and free access to a variety of electronic journals and books via Athens account. This can be requested through the library.

I.T facilities

The Learning Resource Centre houses 16 computers with internet access. There is also a small computer room of 8 computers in the postgraduate centre next to the disabled toilet and there are allocated rooms in each specialty/dept., which provide great IT facilities only accessible to doctors.

Transport links

Bus routes to Lewisham High Street from: Brixton P4, Canada Water 199, Deptford 47, West Croydon/Blackheath 54, Grove Park Cemetery 284, Croydon Via Sydenham 75, Crystal Palace/ Plumstead 122, Peckham/Grove Park 136, Victoria 185, Orpington via Bromley 208, Camberwell 484. Trains run from Charing Cross and London Bridge to Ladywell Station on the Hayes line. This is then a 5-minute walk to the hospital and is sign posted from the park.

Victoria, Cannon Street, Charing Cross and London Bridge trains run to Lewisham station through to all areas of Kent. This is 10-minute walk to the hospital or a short bus ride.

Local amenities/attractions

Located 12 minutes train ride from London Bridge. Plenty of local attractions walking distance to/from Lewisham DLR. Blackheath Village and Greenwich Park are tourist areas. There is a busy shopping centre in Lewisham.

Parking arrangements

We have very limited parking available. Although Lewisham has designated a scheme where security will provide you with a card, similar to the oyster card, which will allow you to park when working unsociable hours.

Accolades/achievements of the trust

The pastoral support provided to Foundation trainees within the postgraduate department is among the best in London. The co-location of the medical staffing department and the postgraduate department allows an excellent level of communication and co-operation between the two departments. This allows rota co-ordination with teaching and training opportunities making it easier than it might otherwise be. The innovative week-long foundation teaching programme for FY2 has consistently received excellent feedback. The hospital at night team were recently awarded excellent ratings by NHS London.

Any additional information

Lewisham and Greenwich NHS Trust was established in October 2013, following the integration of Lewisham Healthcare NHS Trust and Queen Elizabeth Hospital in Woolwich. The Trust provides a comprehensive portfolio of high quality acute healthcare services to a critical mass of more than 526,000 people living across the London Boroughs of Lewisham, Greenwich and North Bexley together with a broad portfolio of community services, primarily, but not exclusively, for those living in Lewisham. We are responsible for NHS services at University Hospital, Queen Elizabeth Hospital in Woolwich and in a number of community settings throughout Lewisham. In addition, we provide some services at Queen Mary's Hospital in Sidcup. The Trust employs more than 6,000 staff on both the hospital and community sites, which makes us one of the biggest employers in South East London. University Hospital Lewisham has 500 beds including a well-equipped 14 bed- Critical Care Unit providing level 3 and level 2 care, a 5 bed Cardiac Care Unit and a 46-bed Medical Admissions Unit with 8 monitored beds providing level 1 care. The hospital

has a highly rated Stroke Unit linked to the Hyper-Acute Stroke Service at Kings College Hospital. The Vascular Surgery Unit at Lewisham Hospital specialises in carotid artery surgery. The hospital has 11 operating theatres of which 2 are dedicated paediatric theatres and 1 is a dedicated obstetric theatre.

Foundation specific - Induction/shadowing arrangements

F1 Shadowing/Induction week commences 1 week prior to commencing of post. This is where you will be given the opportunity to shadow your predecessor, familiarise yourself with the surrounding and processes. Shadowing boosts confidence and ensures all new doctors are aware of the first day competencies of an FY1 role. We also provide a 2 day ALS course for all F1s. F2s are inducted as part of their general August Induction. Induction is vital in order to cover Mandatory and statutory training requirements set out by the HESL and STFS.

Foundation specific – tasters

Taster/Career week are offered to both F1 and F2 Foundation Trainees. This provides trainees with a unique opportunity to work for a week in a specialty not included in their rotations. The aim of this opportunity is to help inform you in your career decision making. Lewisham has designed a Taster Booklet, within the Taster Booklet it gives you timetables for each of our specialties but should you prefer exposure in a specific specialty which we do not offer, we can help you organise this externally.

Foundation specific – simulation

We have a state of the art clinical simulation centre which is set up to replicate an acute care NHS environment, providing realistic clinical facilities for all healthcare professionals. This multi-professional training facility comprises a mock theatre area, a ward area, and a maternity suite, and is home to a large family of sophisticated, life-size medical manikins that can mimic the acutely ill adult and child. They can talk, breath, bleed, blink and cry and even give birth! The centre provides training for a wide range of healthcare professionals studying our programmes. Our showcase of patient simulators include adults, pregnant women, children and babies, providing students with an authentic clinical experience. Every room in the centre is equipped with state of the art audio-visual recording equipment and clinical scenarios which are recorded for debriefing to give candidates an opportunity to reflect on their performance.

Foundation Doctor forums

Lewisham has run foundation doctor forums for the last several years. During these sessions, discussions centres on issues of training and service provision. The F1 and F2 foundation representatives also attend foundation faculty meetings which are held three times a year. Foundation doctors are also encouraged to get involved in projects/audits initiated by the consultants to improve clinical processes and systems.

Foundation specific - educational and clinical supervision

In accordance with HESL and GMC recommendations, there is a single ES for the whole year for each trainee, with CS for each post.

Foundation specific - teaching programme

Foundation Trainees have the opportunity to attend a variety of lectures, workshops, departmental teaching sessions, MDT and Grand Rounds which all cover the curriculum. The F1 Teaching programme is run weekly and is bleep free, so completely protected time. F2 Teaching programme is delivered as a one-week block taken as a study leave. This has proven very successful not only for attendance but to get to know your fellow FY2 colleagues better and create a better support network.

Foundation specific - any additional information

The trust merged in 2013 to become one of the first trusts in the country to have both acute and community services. This merger has proven successful in providing unique opportunities and introducing innovative training across sites. We offer a number of community placements/ rotations. Lewisham itself is in the centre of the London Borough of Lewisham and provides a wide range of elective and emergency healthcare to an urban residential population including people from a broad sweep of socio-economic and ethnic backgrounds. The Trust also provides some emergency and tertiary elective services to residents of neighbouring Primary Care Trusts, particularly Greenwich, Bexley and Bromley. University Hospital is a campus for the Guy's, King's and St Thomas' School of Medicine.

Lewisham & Greenwich NHS Trust – Queen Elizabeth Hospital

Trust contact details

Queen Elizabeth Hospital, Woolwich

Stadium Road, Woolwich London, SE18 4QH

Trust Switchboard:

020 8836 6000

Trust website:

www.lewishamandgreenwich.nhs.uk

Foundation training programme directors

Mr Mohamed Hammadeh

Dr Charlotte Davies

Director of Medical Education

Dr Catherine Matthews

Head of Medical Education and Medical Staffing

Suzanne Faulkner

Medical Education Team Leader

Nikola Hewitt

Foundation Programme Administrator

Tatiana Carvalho

Facilities - Postgraduate Centre (Location and resources)

The postgraduate centre is situated in the Education Centre and shares an office with Medical Staffing. The Postgraduate Medical Education department has overall responsibility for ensuring the provision of education and training for Postgraduate doctors. The trust continues to meet the educational standards set by the GMC and HESL. We have a major commitment to the development of Research and Education. The trust has a highly dedicated Director of Medical Education and Education Team which supports the learning needs of all medical staff. We aim to provide a consistent, reliable high quality administrative service to the trust. On-going medical education activities have included comprehensive induction, career counselling, supported educational supervision and assessment provision of an 'information supported' learning environment. The Foundation Programme at Lewisham has an excellent reputation and we continue to attract high

calibre trainees at F1 and F2 levels. The innovative education week for F2 trainees once again registered over 95% attendance and this model is being copied by other Trusts. We have on site Clinical Skills laboratory and Resuscitation Training facilities which is housed in our state of the art new Simulation Suit.

Facilities - Accommodation (Info about pricing, location etc)

St Nicolas House is the onsite accommodation at QEH. It is a 9 floor tower block in the centre of the site. The top floor is the Doctors Mess and on a good weather day has amazing views across London.

Social activities

Out of hours there is a lively and vibrant social network including a Christmas and Summer Ball organised by Mess President. Five a side football and many other social events. Also Consultants from both sites contribute to a yearly summer ball which takes place each June to say thank you to all Juniors for their hard work.

Doctors' mess

The Doctor's mini mess is located close to the Staff Restaurant. Tea and coffee facilities are all provided. Free takeaway dinner is provided at the weekends for the on call teams in the Doctor's mess.

Library facilities

The library offers a wide range of e-journals, books and several online exam revision packages. We provide critical awareness and database training and support all aspects of research and learning both in the workplace and in the library.

I.T facilities

Access to dedicated PCs during and out of working hours. There are allocated rooms in each specialty/ dept., which provide great IT facilities only accessible to doctors.

Transport links

- 161 Woolwich – Eltham-Chislehurst-North Greenwich
- 178 Woolwich-Kidbrooke-Lewisham
- 244 Abbeywood-Woolwich-Queen Elizabeth Hospital
- 291 Queen Elizabeth Hospital-Woolwich-Plumstead
- 386 Woolwich-Brook Estate-Greenwich-Blackheath
- 469 Woolwich Common-Erith-Bexleyheath
- 486 North Green-Queen Elizabeth Hospital-Welling-Bexleyheath
- Other local bus routes 53,54,89,122 & 422

Local amenities/attractions

QEH is located off of Shooters Hill and easy travelling distance from Woolwich, Blackheath & Greenwich.

Parking arrangements

QEH has staff parking areas and you can apply for a permit. There is also limited parking in surrounding streets.

Accolades/achievements of the trust

The pastoral support provided to Foundation trainees within the postgraduate department is among the best in London. The co-location of the medical staffing department and the postgraduate department allows an excellent level of communication and co-operation between the two departments. This allows rota co-ordination with teaching and training opportunities making it easier than it might otherwise be.

Any additional information

Lewisham and Greenwich NHS Trust was established in October 2013, following the integration of Lewisham Healthcare NHS Trust and Queen Elizabeth Hospital in Woolwich. The Trust provides a comprehensive portfolio of high quality acute healthcare services to a critical mass of more than 526,000 people living across the London Boroughs of Lewisham, Greenwich and North Bexley together with a broad portfolio of community services, primarily, but not exclusively, for those living in Lewisham. We are responsible for NHS services at University Hospital, Queen Elizabeth Hospital in Woolwich and in a number of community settings throughout Lewisham. In addition, we provide some services at Queen Mary's Hospital in Sidcup. The Trust employs more than 6, 000 staff on both the hospital and community sites, which makes us one of the biggest employers in South East London.

Foundation specific - Induction/shadowing arrangements

F1 Shadowing/Induction week commences 1 week prior to commencing of post. This is where you will be given the opportunity to shadow your predecessor, familiarise yourself with the surrounding and processes. Shadowing boosts confidence and ensures all new doctors are aware of the first day competencies of an FY1 role. F2s are inducted as part of their general August Induction. Induction is vital in order to cover Mandatory and statutory training requirements set out by the HESL and STFS.

Foundation specific – tasters

Taster/Career week are offered to both F1 and F2 Foundation Trainees. This provides trainees with a unique opportunity to work for a week in a specialty not included in their rotations.

Foundation specific – simulation

QEH, successfully bid for money from SteLi initiative at the HE South London to develop Simulation and Clinical Skills Labs. Continued success in bidding to the Deanery for funding to deliver and develop Foundation Simulation using simulation facilities as well which include Sim Man, Sim Baby, Sim NewB, Endoscopy Simulator, CVP using ultrasound, Interactive birthing simulator etc. Successful in bidding for Distributed Simulation.

Foundation Doctor forums

QE runs foundation doctors forum. During these session discussions centre on issues of training and service provision. Foundation doctor's representatives also attend foundation faculty meetings three times a year to provide feedback from Juniors.

Foundation specific - educational and clinical supervision

In accordance with HESL and GMC recommendations, there is a single ES for the whole year for each trainee, with CS for each post.

Foundation specific - teaching programme

The teaching programme's cover the Foundation Curriculum. As well as class room based training, there are opportunities to present cases at Grand Round, Ward Rounds, Divisional training meetings, as well as having bedside teaching, journal clubs etc. Other opportunities for learning include Academic Half Days, Grand Rounds, Divisional Training sessions as well as a pro-active in house teaching programme for all levels of staff.

Foundation specific - any additional information

The trust merged in 2013 to become one of the first trusts in the country to have both acute and community services. This merger has proven successful in providing unique opportunities and introducing innovative training across sites. We offer a number of community placements/ rotations. Lewisham itself is in the centre of the London Borough of Lewisham and provides a wide range of elective and emergency healthcare to an urban residential population including people from a broad sweep of socio-economic and ethnic backgrounds.

The Trust also provides some emergency and tertiary elective services to residents of neighbouring Primary Care Trusts, particularly Greenwich, Bexley and Bromley. University Hospital is a campus for the Guy's, King's and St Thomas' School of Medicine.

St George's University Hospitals NHS Foundation Trust

Trust contact details

Blackshaw Road, Tooting, London SW17 0QT

Trust switchboard:

020 8725 1000

PGME office:

020 8725 4026

Trust website:

<https://www.stgeorges.nhs.uk/>

Foundation training programme directors

Dr Charlotte Huddy (F1)

Dr Yael Gelfer (F2)

Medical Education Manager

Robert Bramwell

Foundation Programme Co-Ordinator

Jocelyn Villar

Facilities - Postgraduate Centre (Location and resources)

Located on perimeter road.

Facilities - Accommodation (Info about pricing, location etc)

Accommodation is available.

Located within walking distance of St George's Hospital. Fully furnished accommodation with en-suite bathrooms. Rent inclusive of bills (where applicable) On site launderette and accommodation office. 24 hour monitored CCTV and video door entry control. On-site parking (limited). Regular bus service and nearby rail and underground train stations. Outdoor gym equipment. Access to our self-serve online service [MyTVH](https://www.tvha.co.uk/rent/keyworker-housing/st-georges/) to manage your account.

<https://www.tvha.co.uk/rent/keyworker-housing/st-georges/>

Social activities

There is an active Doctor's Mess that arranges social activities for all grades, including a Summer Ball.

Doctors' mess

Our Doctors mess is located on 1st Floor Lanesborough Wing. There is a kitchen and Sky TV available here.

Library facilities

The Library, based in St George's, University of London, offers evidence-based information support for clinical decision-making, learning and research for all staff and placement students of St George's Trust. It has excellent facilities including: 4 bookable pcs connected to the Trust network; additional University-networked computer and printing facilities for onsite access to a variety of e-resources such as healthcare journals and databases; group and private study areas. The Library also facilities access to and provides training on the wide variety of health information resources coordinated nationally via HEE and NHS OpenAthens. A librarian mediated literature search service is also available to doctors in training.

<http://library.sgul.ac.uk/nhs-staff>

I.T facilities

There is 24-hour access to the Trust intranet as well as the internet available on site.

Transport links

The hospital is within easy access to underground stations, overground and several bus links.

Local amenities/attractions

Tooting offers a wide range of bars and restaurants. Clapham, Wimbledon and central London are within easy reach.

Parking arrangements

We do offer a park and ride facility.

There is no staff parking available on the hospital grounds unless you are a permit holder.

Any additional information

St George's Hospital is one of the country's principal teaching hospitals. It is a regional referral centre for a wide array of specialties and provides excellent standard of care for patients who come from the local area, from the region and from further afield. It has a close association with St. George's University of London and is the central point of postgraduate medical education for many trainees. St. George's Hospital has over 9,000 staff members. St George's University Hospitals NHS Foundation Trust serves a population of 1.3 million across southwest London. A large number of services, such as cardiothoracic medicine and surgery, neurosciences and renal transplantation, also cover significant populations from Surrey and Sussex, totaling around 3.5 million people.

Foundation specific - Induction/shadowing arrangements

There is a 5 day induction including a shadowing period for FY1 doctors. Further shadowing can be arranged by contacting Jocelyn Villar in the Training and Development department. Longer periods are available for doctors who trained overseas.

Foundation specific – tasters

Taster weeks are widely available and encouraged during F2 year and during the final rotation in the FY1 year.

Foundation specific – simulation

All trainees attend simulation training days. In addition, topic specific additional simulation projects have been developed by the trainees themselves over the summer months. These have been very successful.

Foundation Doctor forums

Foundation Doctors are represented at the Foundation Faculty meetings by 2-3 representatives from each year.

Foundation specific – educational and clinical supervision

Every Foundation Doctor is allocated an Educational Supervisor for the year. In each attachment, trainees are also allocated a Clinical Supervisor. The Foundation Trainees are also supported by Training

Program Directors and the Director of Medical Education, as well as the postgraduate centre staff. Every foundation doctor will have the opportunity to meet their TPD with a mid-point review.

Foundation specific - teaching programme

Foundation Programme posts at St. George's reflect the wide variety of clinical experience to be found in the hospital and its associated general practices and institutions. The rotations comprise three x four month jobs and have been designed to give an interesting variety of acute clinical experience. In some, there is an opportunity to work in one of the less common areas of medical practice and some trainees find that they are inspired to make a career choice based on their firsthand understanding of what it is like to work in areas such as paediatrics, neonatology, radiology, palliative care medicine, psychiatry and genito-urinary medicine. F2 posts all include four months of A&E.

Both F1 and F2 trainees have the opportunity to attend the enormous variety of lectures, seminars and departmental meetings in the hospital and medical school as well as weekly Grand Rounds. Career workshops are offered to both years. The 42 F1 trainees are offered simulation courses as well as protected teaching sessions that take place every Tuesday. There is a full day teaching session in alternate months.

At F2 levels trainees are offered ALS, Simulation and ATLS courses, as well as protected teaching.

Foundation specific - any additional information

Our foundation doctors have the equivalent of two hours/week for development time and many choose to do quality improvement projects. There are opportunities for the doctors to present their work and field questions at local, regional and sometimes national events. The FY1 doctors are also encouraged to present at their peer teaching afternoon on topics that are useful and relevant to FY1 doctors. This opportunity can also be used to complete the Developing the Clinical Teacher assessment in the ePortfolio.

Appendix A2:

Mental Health Trusts Affiliated to South London

South London and Maudsley NHS Foundation Trust

Trust contact details

Maudsley
Bethlem Royal
Lambeth
Ladywell Unit, Lewisham
Croydon University Hospital
St.Thomas' Hospital

Trust Head Quarters, Maudsley Hospital,
Denmark Hill, London
SE5 8AZ

Trust switchboard:

0203 228 6000

Trust website:

www.slam.nhs.uk

Key Personnel

Director of Medical Education

Dr Gopinath Ranjith

Foundation Training Programme

Director(s)

Dr Richard Haslam

Medical Education Manager

Corrine Jones

Medical Staffing Manager

Ms Janet Anderson

Foundation Programme Co-ordinator

Polly Khan

Facilities - Postgraduate Centre (Location and resources)

The Postgraduate Centre is situated on the 1st Floor Main Admin Building of the Maudsley Hospital opposite Trust Head Quarters. The Postgraduate Administration team are based in the centre, and there are hot desking facilities and a bookable meeting room for Trainees and Training Programme Tutors to use.

Facilities - Accommodation (Info about pricing, location etc)

SLAM offers staff accommodation at various sites around South East London at affordable rents via our housing partners Affinity Sutton.

Please contact on Lyn Pester 020 3228 4840 or lyn.pesther@slam.nhs.uk on Mondays, Wednesdays & Thursdays.

Social activities

The Junior Doctors Committee meets regularly, and plans a huge range of events; Film Clubs, Creative Writing Groups, Socials, Computer Game Clubs, Creative Writing Workshops, and Summer and Winter Balls. For further details contact JDC President.

JDC President is now:

Glori De Bernier

Glori-Louise.DeBernier@slam.nhs.uk

JDC Vice President is now:

Adam Gyulai-Lancaster

Adam.Gyulai-Lancaster@slam.nhs.uk

Doctors' mess

Doctor's Common Rooms are available on all the main hospital sites, with computers and kitchen facilities. At the Lambeth Hospital site, there is a Junior Doctor's office in Reay House, and a Doctor's flat, with shower facilities

Library facilities

The SLaM Library is based at 1st Floor, Reay House, Lambeth Hospital. Staff can borrow <10 books at a time, and access computers, journals and photocopying. Trainees are also given access to the KCL libraries at the Weston Education Centre and at the Institute of Psychiatry, Psychology and Neuroscience.

I.T facilities

There are hot desk facilities available at all major SLaM sites and SLaM IT network offers free Wi-Fi service to all staff. All trainees will have access to ePJS (Electronic Patient Journey System).

Transport links

The Maudsley and King's are opposite each other on Denmark Hill, and are convenient for public transport. Trains run from Denmark Hill (including the Overground) and Loughborough Junction. There are plenty of well-connected bus stops nearby and there is a free bus to and from The Bethlem.

To get to the Bethlem, trains run from London Bridge to Eden Park, (10 minute walk away). West and East Croydon Stations offer regular and far-reaching services. The city is well connected by tram and bus. 119 and 198 buses from Croydon go to The Bethlem.

To get to Lambeth Hospital, by Tube: Nearest station Clapham North (5-10 minute walk), with Stockwell and Brixton also within easy walking distance.

Rail: Nearest station is Clapham High Street on the London Overground line ~ 10 minutes' walk. Bus: Routes 88, 155 (24hrs), 345 (24hrs), 355 and P5 serve the Hospital. For Lewisham, the nearest train station to the hospital is Ladywell, a short walk from the hospital. Trains connect to London Bridge,

Waterloo East and Charing Cross and towards Hayes, Kent in the other direction. Lewisham station is approximately 20 minutes' walk away or a short bus ride. There are many bus routes nearby. St Thomas's nearest tube stations are Westminster (5 minute walk), Waterloo (10 minute walk) and Lambeth North (10 minute walk). Rail: Nearest Waterloo and Waterloo East (10 minute walk), Victoria and Charing Cross are also not far.

Bus: Many routes serve St Thomas'.

Local amenities/attractions

Bethlem Museum of the Mind is in the Hospital's former administration building. Its displays offer unparalleled resources to support learning about the history of mental healthcare and treatment. There is no charge for entry. The Maudsley is situated in Camberwell, and close to Peckham, and Lambeth Hospital is in between Clapham and Brixton. These areas are vibrant parts of South London with a range of restaurants, bars, galleries and parks. There is quick access to central London. The Ladywell Unit in Lewisham is within walking distance of Lewisham

town centre, where there is a street market, a bowling alley, gyms, and a large shopping centre. St Thomas' is a large, busy general hospital serving central London. There is an ATM on site and a number of places to buy food including M&S, WH Smith, the hospital restaurant and a few smaller cafes, one of which is 24hr. There are many shops and restaurants in the surrounding area.

Parking arrangements

The Maudsley has two parking spaces for the 'Oncall doctor'. If you are working out of hours (OOH) at the Maudsley or at King's you can park free of charge - just notify the Maudsley Reception. There are bike racks both at the Maudsley main entrance, between the ORTUS Training Centre and the IoPPN and outside King's. At the Bethlem, there is ample free parking on site for motorists and bike racks for the adventurous – both driving and cycling take 35 minutes from Denmark Hill. Lambeth has limited parking on the site for permit holders. Permits can be obtained from the Porters Lodge. At Lewisham Hospital, parking spaces are very limited, and most people park in the surrounding roads. There are many covered cycle racks on site. The parking office at UHL can issue a car parking permit to park at local roads at a cost of around £45 per month. A car parking card can be purchased on site for night shifts and evening shifts only. St Thomas' Hospital is located in the Congestion zone. Parking is very limited in the visitor's car park; we would advise you to use public transport. Bicycle racks are located near the front of the main reception alongside Gassiot House. Most community sites have free parking.

Accolades/achievements of the trust

The South London and Maudsley NHS Foundation Trust, which dates back to the foundation of Bethlem Royal Hospital in 1247, the oldest psychiatric institution in the world, provides the widest range of NHS mental health services in the UK.

We provide NHS care and treatment for people with mental health problems. We also provide services for people who are addicted to drugs or alcohol. As well as serving the communities of South London, we provide specialist services for people from across the UK and beyond. Locally, we deliver mental health services for people living in the London boroughs of Croydon, Lambeth, Lewisham and Southwark; and substance misuse services for residents of Bexley, Lambeth, Greenwich, Southwark and Wandsworth. We provide clinical services in seven London boroughs, with a combined population of nearly 2 million people covering an area of 168 square miles, rich in culture, diversity and architecture. We are part of an Academic Health Sciences Centre called King's

Health Partners with King's College London, Guy's and St Thomas' and King's College Hospital NHS Foundation Trusts. Our aim is to be a leader in improving health and wellbeing – locally, nationally and globally. The Trust is a truly unique organisation, offering excellence in treatment, research and training. There are very few organisations in the world that have such wide-ranging capabilities working with mental illness. Our scope is unique because it is built on three major foundations: care and treatment, science and research, and training. Service users benefit from the highest level of care; research teams explore new and better treatments; and in-house training facilities pass on the latest knowledge and skills to staff members. Close relationships between these three faculties ensure that lessons learned from patient contact and research can be translated into effective treatment, benefiting people locally, nationally and internationally. We are increasingly focused on promoting mental health and wellbeing rather than simply responding to mental illness. Our philosophy of care is the recovery model. We provide treatment that helps people get well and stay well, so they can achieve their full potential. Above all, we believe change is possible, no matter how long someone has had a mental health problem, or how much this has changed their life. Our integrated adult services make it possible for us to address both an individual's mental health and social care needs. In particular, we are focusing more on early intervention: getting help to people sooner and supporting them at an earlier stage in their lives – especially younger people. Our work is about changing lives, not just for individuals, but in partnership with them. The Maudsley Training Programme guarantees high quality training in evidenced-based psychiatry, working in a wide range of specialties, subspecialties and clinical settings. You will have access to world-class educational resources from affiliations with the Institute of Psychiatry, Psychology and Neuroscience, King's College London and King's Health Partners.

Foundation specific - Induction/shadowing arrangements

Dedicated inductions to working in psychiatry are organised every 4 months at the start of your psychiatry placement (August, December, April). Inductions cover topics such as psychiatric assessment, risk assessment, mental health law and safe prescribing. You will receive training using simulation as well as a Course covering PSTS (Promoting Safe & Therapeutic Services). In addition, at the August rotation you will receive details of your local induction to the teams you will be working with and will complete a checklist with a member of the team confirming this has taken place. If, for any reason, you are unable to attend Induction, you should contact the Postgraduate Education Training Centre – phone 0203 228 3834

or email postgrad@slam.nhs.uk

The August induction, for all SLaM trainees, runs for 3 days. This will not clash with your host Trust induction which you should attend as a priority.

Foundation specific – tasters

Formal Taster weeks can be organised during your foundation placement, either in another branch of psychiatry or a different specialty, by discussing with your consultant supervisor. You will need to give advance notice of your intention to do this.

Dr Ranjith, Foundation Lead, can help to organise psychiatry tasters for you. Also, after discussion with your clinical supervisor, you may spend a day or two observing another service if you wish.

Foundation specific – simulation

As a trainee on The Maudsley Training Programme you will have access to a range of courses provided by Maudsley Simulation, which is located at Reay House at the Lambeth Hospital site. This includes the Practising Psychiatric Competencies (PPC) which is offered to all new trainees to the Trust.

For further information and to view the full catalogue of simulation courses please visit www.maudsleysimulation.com, email Simulation@slam.nhs.uk,

nhs.uk, or telephone 0203 228 6149.

Foundation Doctor forums

While there is no specific Foundation doctors forum at SLaM, Doctors are encouraged to get involved with the Junior Doctors Committee and any forums organised at their host Trust.

As a Foundation trainee you will automatically be matched up with a core psychiatry trainee as your mentor, as part of the Peer Mentoring scheme. You can choose to opt out of this opportunity if you wish and if so, will need to inform one of the Peer Mentoring Leads at induction;

- Christine Chan

Christine.Chan@slam.nhs.uk

- Kuljit Hunjan

Kuljit.Hunjan@slam.nhs.uk

- Sarah Ashurst-Williams

Sarah.Ashurst-Williams@slam.nhs.uk

Foundation specific - educational and clinical supervision

You will receive regular supervision sessions with your clinical supervisor.

You should meet with your educational supervisor at regular mutually agreed intervals to discuss training progress and make sure your e-portfolio is up to date.

Foundation specific - teaching programme

A joint (both F1s & F2s) monthly half day teaching programme is organised, run by Dr Richard Haslam. This is held on a Monday afternoon at the Denmark Hill or St Thomas' Hospital sites. Information regarding the dates and programme will be circulated well in advance. You will have protected time to attend all mandatory training sessions and foundation teaching organised by your employing Trust.

South West London & St George's Mental Health Trust

Trust contact details

Hospital and Community sites across South West London

Trust Headquarters, Springfield Hospital, 61
Glenburnie Road, London SW17 7DJ

Switchboard:

020 3513 5000

Website:

www.swlstg.nhs.uk

Key Personnel

Director of Medical Education

Dr Louise Guest

Foundation Training Programme Director

Dr Marcus Hughes

Medical Education Manager

Catherine Gray

Medical Staffing Manager

Rob Bryan

Foundation Programme Administrator

Marie Wilson

Facilities - Postgraduate Centre (Location and resources)

The Postgraduate facilities are based at Springfield Hospital, with an additional base at Tolworth Hospital.

The administrative centre is:

Medical Education Department
Entrance 11, Newton Building 7
Springfield Hospital
Glenburnie Road

Facilities - Accommodation (Info about pricing, location etc)

See the accommodation section for each Acute Trust.

Social activities

Springfield Site, Doctors Mess, Building 7,
Tolworth Site, Woodroffe House.

Library facilities

Library facilities are available at Springfield and Tolworth Hospital. Doctors working at the Trust have access to the medical school library at St George's University of London, including an extensive electronic journal collection.

I.T facilities

All clinical sites provide access to IT facilities.

Transport links

Excellent transport links to central London and to Surrey and the south coast.

Local amenities/attractions

South West London is ideally situated between the attractions of central London and the open spaces of Surrey and Sussex.

Parking arrangements

Parking permits are available at Springfield and Tolworth Hospitals for a maximum daily fee of currently £2.

Accolades/achievements of the trust

In Psychiatry we place a lot of importance on postgraduate training and supervision. The Trust has one of the most successful Postgraduate Training Programmes in London. All Educational Supervisors are accredited, and all undergo continuing professional development specifically geared to their educational role.

Foundation specific - Induction/shadowing arrangements

For Foundation Year 1 doctors starting their first post in Psychiatry in August, there has generally been an opportunity to shadow in the week prior to starting in post. All doctors will complete the full induction programme in the parent acute trust and will have local inductions when they join their placement in psychiatry.

Foundation specific – tasters

Foundation Year 2 doctors will be encouraged to make use of their taster weeks. The Trust can offer tasters in Psychiatry for doctors considering Psychiatry as a career.

Foundation specific – simulation

All doctors will attend their scheduled simulation training in the parent acute trust. In addition, doctors working at South West London & St George's Mental Health NHS Trust (SWLSTG) currently have free access to an extensive programme of further simulation training, such as one-day training to help manage difficult patient encounters. These simulation days have been very well received by current Foundation doctors. The SWLSTG simulation lead is Dr Francesca Ducci.

Foundation Doctor forums

Foundation doctors are encouraged to participate in forums and trainee groups.

Foundation specific - educational and clinical supervision

Foundation doctors working in psychiatry have regular one-to-one contact with their supervising consultant throughout the post.

Foundation specific - teaching programme

All the teaching programmes in the parent acute Trust are considered protected teaching time.

Additional teaching in psychiatry will also be available.

Foundation specific - any additional information

Psychiatry placements in this Trust are available on the following rotations:

- Epsom & St Helier Hospitals NHS Trust
- Kingston Hospital NHS Foundation Trust
- St George's University Hospitals NHS Foundation Trust

In a recent survey of all Foundation doctors in this Trust, trainees reported a high level of satisfaction in their psychiatry placements. They reported feeling supported, and also empowered to be involved in decision making and managing complex patients. Patient feedback on their care by foundation doctors working in psychiatry was also high. Foundation doctors are encouraged to maintain strong links with the parent acute trust during their placement in Psychiatry. All Foundation Year 1 doctors in psychiatry placements off the acute trust site will have regular clinical time back at the acute trust. This is important for FY1 doctors, allowing them to meet and work regularly with their peer group and to maintain their physical health skills. The exact arrangements vary between the acute trusts, but one example is that FY1 doctors spend 4 days each week in their psychiatry placement and 1 day each week back at the acute trust, working in an acute medical setting.

Published: Friday, 24 March 2023