

Foundation Programme Individual Placement Descriptor*

Trust	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital
Intrepid Post Code (and local post	LDN/RVR05/040/F1/001
number if known)	
Placement details (i.e. the	Obstetrics and Gynaecology
specialty and sub-specialty)	
Department	Obstetrics and Gynaecology
Type of work to expect and learning opportunities	Work as part of the acute gynaecology on call team and manage the workload on gynaecology ward. See patients attending A&E with the SHO. Do labour ward on call every 5 th weekend under supervision with the SHO/ registrar and consultant. Attend special interest sessions (theatres/ clinics) for learning once a week.
Where the placement is based	St Helier Hospital.
Clinical supervisor(s) for the	Miss Faizah Mukri/Miss Antoinette Johnson
placement	
Main duties of the placement	As above.
Typical working pattern in this	Monday to Friday 8am to 4pm. Every 5 th Saturday on call. (Working
placement (e.g. ward rounds,	pattern has been discussed with the trainee and the rota co ordinator).
clinics, theatre sessions)	
Local education provider (LEP) /	The employer for this post is Epsom and St Helier University Hospitals
employer information	NHS Trust. http://www.epsom-sthelier.nhs.uk

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

Educational Opportunities for Foundation Year 1 Junior Doctors

F1 Programme codes:

LDN/RVR05/040/F1/001

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and	Opportunities for	Useful links and additional
	Informal learning	obtaining experience	resources
	opportunities	and training outcomes	

 the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen increasing understanding of the healthcare environment start to develop interest for career progression 	 Weekly F1 teaching ALS Simulation Crisis Communication skills Script modules e-learning specialist clinics theatre sessions presentations participation in Quality improvement projects 	SLEs including - mini-CEXs - DOPs - CBDs - Developing the clinical teacher	http://www.foundationprogramme.n hs.uk/pages/home/e-portfolio http://www.foundationprogramme.n hs.uk/pages/home/your-career-path http://www.foundationprogramme.n hs.uk/pages/home/foundation- ARCP http://www.stfs.org.uk/
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	Obstetrics and Gynaecology – St Helier
Monday	
Tuesday	Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	
Thursday	Grand Round Meeting 08:30-09:30
Friday	
On-call shift	

Updated: 21 March 2023

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Trust	Epsom And St Helier University Hospitals NHS Trust
Site	Epsom Hospital
Intrepid Post Code (and local post	LDN/RVR50/035/F1/001
number if known)	LDN/RVR50/035/F1/002
,	LDN/RXX36/035/F1/001
Placement details (i.e. the	General Medicine - Acute Medicine
specialty and sub-specialty)	
Department	The Acute Medical Units encompass
	SDEC (Same Day Emergency Care) – previously Ambulatory unit
	Acute Assessment
	Short Stay wards
Type of work to expect and learning opportunities	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty attachment. The F1 will be involved with the generic clerking of unselected take during the daytime when on-call and are responsible for the on-going care of the patients when admitted. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to Take a history and examine a patient Interpret the findings on examination and investigations Identify and create a problem list Present cases to the consultant and other specialties when appropriate Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems
	Educate patients effectively
	Become life-long learners and teachers
Where the placement is based	Chuter-Ede ward in Epsom Hospital
Clinical supervisor(s) for the	– Dr Imran Malik
placement	Dr Simona Petkovic
Mala data afti	- Dr Thomas John
Main duties of the placement	Preparing and presenting the clinical cases
	Documenting plan from clinical review
	Undertaking jobs from the clinical review
	Maintaining patient safety at all times
	Communicating with specialties and disciplines to facilitate discharge Proporting appearance and plan in MDT maching.
Typical working nattern in this	Presenting cases and plan in MDT meeting All F1 Dectars in heapital pasts are generally word based during the
Typical working pattern in this placement (e.g. ward rounds,	 All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to do daily ward rounds and be
clinics, theatre sessions)	involved in daily medical care of patients on their ward irrespective of
Similar, tributa a dedolorio)	specialty attachment.
	Opportunities exist to attend theatre and specialty clinics with
	agreement with educational and clinical supervisors
Local education provider (LEP) /	The employer for this post is Epsom and St Helier University Hospitals
employer information	NHS Trust. http://www.epsom-sthelier.nhs.uk

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Educational Opportunities for Foundation Year 1 Junior Doctors

F1 Programme codes:

LDN/RVR50/035/F1/001 LDN/RVR50/035/F1/002 LDN/RXX36/035/F1/001

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning	Opportunities for obtaining experience	Useful links and additional resources
	opportunities	and training outcomes	
 the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen increasing understanding of the healthcare environment start to develop interest for career progression 	 Weekly F1 teaching ALS Simulation Crisis Communication skills Script modules e-learning specialist clinics theatre sessions presentations participation in Quality improvement projects 	SLEs including - mini-CEXs - DOPs - CBDs - Developing the clinical teacher	http://www.foundationprogramme.n hs.uk/pages/home/e-portfolio http://www.foundationprogramme.n hs.uk/pages/home/your-career-path http://www.foundationprogramme.n hs.uk/pages/home/foundation- ARCP http://www.stfs.org.uk/

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www.stfs.org.uk

	Acute Medicine – AMU – Epsom		
Monday	 Board Round 09:00-09:15 		
	Ward Round 09:15-12:00		
	MDT Meeting: 12:00-12:30		
	Ward jobs + Engagement: 13:00-16:00		
	MDT update: 16:00-16:10		
	 Finishing off outstanding jobs & handover: 16:10-17:00 		
Tuesday	 Board Round 09:00-09:15 		
	Ward Round 09:15-12:00		
	 MDT Meeting: 12:00-12:30 		
	Ward jobs + Engagement: 13:00-14:00		
	 Weekly F1 Teaching (3Hrs) 14:00 – 17:00 		
Wednesday	 Board Round 09:00-09:15 		
	Ward Round 09:15-12:00		
	 MDT Meeting: 12:00-12:30 		
	Radiology meeting 13:30-14:30		
	Ward jobs + Engagement: 14:30-16:00		
	MDT update: 16:00-16:10		
	Finishing off outstanding jobs & handover: 16:10-17:00		
Thursday	Board Round 09:00-09:15		
	– Ward Round 09:15-12:00		
	- MDT Meeting: 12:00-12:30		
	- Grand Round Meeting 12:30-13:30		
	- Ward jobs + Engagement: 13:30-16:00		
	- MDT update: 16:00-16:10		
F.M.	Finishing off outstanding jobs & handover: 16:10-17:00		
Friday	- Board Round 09:00-09:15		
	- Ward Round 09:15-12:00		
	- MDT Meeting: 12:00-12:30		
	- Ward jobs + Engagement: 13:00-16:00		
	- MDT update: 16:00-16:10		
Oncall shift	Finishing off outstanding jobs & handover: 16:10-17:00 Handover from pight toom: 08:20, 00:00		
Oncall Stillt	Handover from night team: 08:30-09:00 Moeting take team and releable election for arrest team: 00:00, 00:10.		
	Meeting take team and role allocation for arrest team: 09:00-09:10 Clarking acute unsclosed nations 09:10, 20:00		
	 Clerking acute unselected patients 09:10-20:00 Mid-take and Evening-take ward round throughout the day 		
	Ward cover: 17:00-20:00		
	- Finishing off jobs & preparation for handover: 20:00-20:30		
	- Handover: 20:30-20:45		
	– Папиочет. 20.30-20.43		

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Trust	Epsom And St Helier University Hospitals NHS Trust
Site	Epsom Hospital
Intrepid Post Code (and local post	LDN/RVR50/011/F1/006
number if known)	LDN/RVR50/011/F1/002
Placement details (i.e. the specialty	Geriatric Medicine - COTE
and sub-specialty)	(N/A)
Department	The care of the elderly departments at Epsom Hospital and St Helier Hospital sees all patients over the age of 75 for all medical conditions referred by GPs or other referring consultants. We aim to see patients within four to six weeks of referral to our consultants, and a plan is usually discussed with the patient regarding their pathway. Once they are medically fit and the consultant is happy with the progress made, the patient is discharged back to the GP's care.
Type of work to expect and learning opportunities	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the COTE attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit There are three care of the elderly wards (two female and one male) at St Helier Hospital, and four general medicine wards and one CCU ward at Epsom Hospital. If considered necessary, our patients will be admitted to these wards. They can also be admitted to these wards through A&E. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Use evidence, guidelines and audit to benefit patientcare Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems

	 Educate patients effectively Become life-long learners and teachers. 	
Where the placement is based	Epsom	
Clinical supervisor(s) for the placement	Dr Mashkur Khan	
Main duties of the placement	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the COTE attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.	
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	· · · · · · · · · · · · · · · · · · ·	
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University	
	Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk	

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F1 Programme codes:

LDN/RVR50/011/F1/006 LDN/RVR50/011/F1/002

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F1 teaching ALS Simulation Crisis	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs. uk/pages/home/e-portfolio http://www.foundationprogramme.nhs. uk/pages/home/your-career-path http://www.foundationprogramme.nhs.
 the ability to manage patients with acute and long-term conditions 	Communication skills Script modules e-learning		uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

•	continuous improvement in their professional and clinical skills/acumen	clinics theatre sessions
•	increasing understanding of the healthcare environment	

	Geriatric Medicine
	Epsom
Monday	Board round 9:00
	Elderly Medicine / Case Based Discussion 12:30
Tuesday	Board round 9:00
	Elderly Medicine Journal Club 12:30
	Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	Board round 9:00
	COTE MDT 13:00
Thursday	Board round 9:00
	Grand Round Lunchtime meeting 12:30 pm – 13:30
Friday	Board round 9:00

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Trust	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital
Intrepid Post Code (and local post	LDN/RVR05/001/F1/010
number if known)	LDN/RVR05/001/F1/002
Placement details (i.e. the specialty	General Medicine - Gastroenterology
and sub-specialty)	
Department	Gastro Ward A4
Type of work to expect and learning opportunities	The gastroenterology department deals with all aspects of general gastroenterology (digestive system) and hepatology (liver) in both inpatient and outpatient settings. Endoscopy is carried out at Epsom, St Helier and the Nelson hospitals, with more complex therapeutic endoscopies (ERCP, stents) centralised at St Helier Hospital. The department works closely with the gastrointestinal surgical department and specialist gastrointestinal radiologists within the Trust. There are five full time adult gastroenterology consultants, two registrars, SHO's, plus nurse specialists in endoscopy, viral hepatitis, inflammatory bowel disease and upper and lower gastrointestinal cancer. There is also one full-time consultant in paediatric gastroenterology. Services the department provides are: •gastroenterology outpatients •viral hepatitis and inflammatory bowel disease services •gastroscopy •colonoscopy •ERCP •liver biopsy •therapeutic endoscopy •urea breath testing •oesophageal manometry
	•24 hour PH testing
Where the placement is based	St Helier Hospital
Clinical supervisor(s) for the placement	Dr Asif Mahmood / Dr Andras Fenyvesi
Main duties of the placement	Generally ward based during "Normal "working day and expected to deliver the medical care of all patients.
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	Whilst in the General Medicine/ Gastroenterology Attachment the F1 will be involved with the generic clerking of patients, being admitted and the on-going care of the patients in the unit.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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F1 Programme codes:

LDN/RVR05/001/F1/010 LDN/RVR05/001/F1/002

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Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F1 teaching ALS Simulation	SLEs including mini CEXs, DOPs, CBDs, developing the clinical	http://www.foundationprogram me.nhs.uk/pages/home/e- portfolio
 the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen 	Crisis Communication skills Script modules e-learning clinic theatre sessions	teacher	http://www.foundationprogram me.nhs.uk/pages/home/your- career-path http://www.foundationprogram me.nhs.uk/pages/home/found ation-ARCP http://www.stfs.org.uk/
increasing understanding of the healthcare environment			

	General Medicine - Gastroenterology St Helier
Monday	Consultant Ward round 8:00 – 9:00
Tuesday	Ward round 8:00 – 9:00
	GI Radiology Meeting 13:20
	Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	Ward round 8:00 – 9:00
Thursday	Grand Round Breakfast meeting 8:30 - 9:30
	Consultant Ward round 9:30
	Hospital Meeting 12:30 - 13:30
Friday	Ward round 8:00 – 9:00



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Trust	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital
Intrepid Post Code (and local post number if known)	LDN/RVR05/011/F1/002 LDN/RVR05/011/F1/004 LDN/RVR05/011/F1/006 LDN/RVR05/011/F1/007
Placement details (i.e. the specialty and sub-specialty)	Geriatric Medicine
Department	The Care of the Elderly department St Helier Hospital comprises of four wards, A5, C5 and A3 (Orthogeriatric) in addition to B5 which is Frailty. All admissions come directly from ED and subsequently AMU (Acute Medical Unit). We admit any patient over the age of 65 with complex medical issues. The department has three medical Registrars and a large number of junior doctors i.e. GPST, IMT and FY1's. There are also T & P year medical students as well as physician associates whom we train and teach. The department is renowned for teaching and training and multi-disciplinary teamwork.
Type of work to expect and learning opportunities	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the COTE attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patientcare • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	St Helier
Clinical supervisor(s) for the placement	Dr Samad Samadian / Dr Rajaratnam Jeyarajah/ Dr Nivi Singh / Dr Mohamed Elokl
Main duties of the placement	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the COTE attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	There are four Care of the Elderly wards at St Helier Hospital and four general medicine wards. There is one CCU ward at Epsom Hospital. If considered necessary, our patients will be admitted to these wards. They can also be admitted to these wards through ED.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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F1 Programme codes:

LDN/RVR05/011/F1/002

LDN/RVR05/011/F1/004

LDN/RVR05/011/F1/006

LDN/RVR05/011/F1/007

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F1 teaching ALS Simulation	SLEs including mini CEXs, DOPs, CBDs, developing the clinical	http://www.foundationprogramme.nh s.uk/pages/home/e-portfolio http://www.foundationprogramme.nh
the ability to manage patients with acute and long-term conditions	Crisis Communication skills Script modules	teacher	s.uk/pages/home/your-career-path http://www.foundationprogramme.nh s.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/
continuous improvement in their professional and clinical skills/acumen	e-learning clinic theatre sessions		
increasing understanding of the healthcare environment			

	Geriatric Medicine - COTE St Helier
Monday	Consultant Ward round
Tuesday	Ward round
	Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	Consultant Ward round
Thursday	Grand Round Breakfast meeting 8:30 – 9:30
	Consultant Ward round
Friday	COTE teaching 09:00-10:00
	Consultant Ward round after teaching



Trust	Epsom And St Helier University Hospitals NHS Trust		
Site	Epsom Hospital		
Intrepid Post Code (and local post number if known)	LDN/RVR05/001/F1/002		
Placement details (i.e. the specialty and sub-specialty)	Endocrinology & Diabetes		
Department	The Diabetes Specialist team provides a comprehensive, multidisciplinary service, which is based in purpose-built centres at St Helier Hospital and at Epsom Hospital. The Department also delivers community diabetes service that is part of Sutton Health & Care and Surrey Downs Health & Care, a Tier 3 diabetes service. Our highly experienced and integrated teams include diabetes physicians, diabetes specialist nurses, specialist dietitians, a diabetes psychiatrist, specialist optometrist, and diabetes specialist podiatrists. We have an active and highly regarded educational programme for doctors, nurses and other staff involved in diabetes care, including the Warwick Certificate in diabetes care. Acute Medical Unit (AMU). The Acute Medical Unit consists of an Assessment Unit, a Short Stay Ward and a Same Day Emergency Care (SDEC) Unit, supported by Specialist teams. Patients are sent to the Acute Medical Unit from A&E or can be referred directly by their GP. Patients will be seen by the on call medical team within two hours and assessed to determine the time that they are likely to stay in hospital.		
Type of work to expect and learning opportunities	The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to		
	 Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Use evidence, guidelines and audit to benefit patientcare Act in a professional manner at all times Cope with ethical and legal issues which occur 		

	during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers
Where the placement is based	Epsom
Clinical supervisor(s) for the placement	Dr Ratnasingam Nithiyananthan
Main duties of the placement	
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the General Medicine/Diabetes. The F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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F1 Programme codes:

LDN/RVR05/001/F1/002

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Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
 the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen 	Weekly F1 teaching ALS Simulation Crisis Communication skills Script modules e-learning clinics theatre sessions	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs.uk /pages/home/e-portfolio http://www.foundationprogramme.nhs.uk /pages/home/your-career-path http://www.foundationprogramme.nhs.uk /pages/home/foundation-ARCP http://www.stfs.org.uk/
increasing understanding of			

the healthcare environment		

	General Medicine- Endocrinology - Epsom
Monday	Consultant Ward round 9:00
Tuesday	IMT/ST4+ ward round
	Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	ST4+ ward round 9:00 MDT 11:30-12:30
Thursday	Consultant ward round 9;00
	Grand Round Lunchtime meeting 12:30 – 13:30
Friday	IMT Ward round 9:00



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Site	St Helier Hospital	
Intrepid Post Code (and local post number if known)	LDN/RVR05/001/F1/009	
Placement details (i.e. the specialty and sub-specialty)	Endocrinology and Diabetes Mellitus (N/A)	
Department	The Diabetes Specialist team provides a comprehensive, multidisciplinary service, which is based in purpose-built centres at St Helier Hospital and at Epsom Hospital. Our highly experienced and integrated teams include diabetes physicians, diabetes specialist nurses, specialist dietitians, a diabetes psychologist, and diabetes specialist podiatrists. We have an active and highly regarded structured educational programme for patients (BERTIE). There are educational meetings for the diabetes team held in the Diabetes Centre and trainees are encouraged to attend. There are opportunities to attend specialist diabetes clinics such as weekly diabetes foot clinics, insulin pump clinics and antenatal services. Also, endocrine clinics and MDT endocrine-radiology and endocrine-chemical pathology meetings.	
Type of work to expect and learning opportunities	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the General Medicine/Diabetes attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to	
	 Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers. 	

Where the placement is based	St Helier
Clinical supervisor(s) for the	Dr Steve Hyer
placement	
Main duties of the placement	All F1 Doctors in hospital posts are generally ward based
	during the 'normal' working day and expected to deliver the
	daily medical care of all the patients on their ward
	irrespective of specialty.
Typical working pattern in this	Whilst in the General Medicine/Diabetes attachment the F1
placement (e.g. ward rounds, clinics,	will be involved with the generic clerking of patients being
theatre sessions)	admitted and the on-going care of the patients in the unit.
Local education provider (LEP) /	The employer for this post is Epsom and St Helier University
employer information	Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk
-	

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F1 Programme codes:

LDN/RVR05/001/F1/009

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Le	arning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
•	the ability to work adaptively in healthcare teams	Weekly F1 teaching ALS	SLEs including mini CEXs, DOPs, CBDs, developing the clinical	http://www.foundationprogramme.n hs.uk/pages/home/e-portfolio http://www.foundationprogramme.n
•	the ability to manage patients with acute and long-term conditions	Simulation Crisis Communication skills	teacher	hs.uk/pages/home/your-career-path http://www.foundationprogramme.n hs.uk/pages/home/foundation- ARCP
•	continuous improvement in their professional and clinical skills/acumen	Script modules e-learning clinics theatre sessions		http://www.stfs.org.uk/
•	increasing understanding of the healthcare environment			

	General Medicine- Endocrine St Helier
Monday	Consultant Ward round 9:30 -12:00
Tuesday	Ward round: 9:00
	Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	MDT radiology 8:30 – 9:00 Ward round: 9:00
	vvaru round. 9.00
Thursday	Grand Round 8:30 – 9:30
	Consultant Ward round 9:30
	Hospital Meeting 12:30 – 13:30
Friday	Ward round: 9:00

STFS is a collaboration between HE Kent, Surrey & Sussex, HE South London, Brighton & Sussex Medical School, King's College London School of Medicine & St George's University of London

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Foundation Programme Individual Placement Descriptor*

Trust	Epsom And St Helier University Hospitals NHS Trust
Site	Epsom General Hospital
Intrepid Post Code (and local post	LDN/RVR50/011/F1/001
number if known)	
Placement details (i.e. the specialty	Integrated care Geriatric Medicine - Frailty
and sub-specialty)	(N/A)
Department	The frailty service works within Epsom General
	Hospital (EGH) and Surrey Downs Health and Care
	(SDHC). This interface role offers a fantastic
	opportunity to work across the whole frailty pathway for
	patients within Surrey Downs interfacing with the acute hospital as part of a wider team. As a member of a
	large multidisciplinary team, there are opportunities to
	develop a variety of skills that can be transferred into
	other specialities.
Type of work to expect and learning opportunities	The F1 will have the opportunity to work across the whole frailty pathway. There are opportunities for ward work with a group of enthusiastic juniors; to assess patients with supervision in the ED, SDEC and AMU, frailty hot clinic and opportunities to work with GPs in the SDHC @home team and undertake joint home visits. If desired there are also opportunities to gain exposure to community MDT work including community matron frailty reviews. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to Take a history and examine a patient Identify and synthesise problems
	 Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively
	Communicate effectively with patients, relatives
	and colleagues and working as part of a team
	Use evidence, guidelines and audit to benefit
	patientcare
	Act in a professional manner at all times
	Cope with ethical and legal issues which occur
	during the management of patients with general medical problems
	Educate patients effectively
	Become life-long learners and teachers
	Many opportunities to be involved with clinical
	audits and quality improvement work
Where the placement is based	EGH and SDHC

Clinical supervisor(s) for the	Malin Farnsworth
placement	
Main duties of the placement	The F1 will have the opportunity to work across the whole frailty pathway. There are opportunities for ward work with a group of enthusiastic juniors; to assess patients with supervision in the ED, SDEC and AMU, frailty hot clinic and opportunities to work with GPs in the SDHC @home team and undertake joint home visits. If desired there are also opportunities to gain exposure to community MDT work including community matron frailty reviews. Medical On-calls.
Typical working pattern in this	Supervised ward work with senior clinicians. Regular
placement (e.g. ward rounds, clinics,	MDT meetings and MDT review of patients on wards
theatre sessions)	and in ED. Opportunities to be part of the general
	medicine on-call rota at SHO level at EGH
Local education provider (LEP) /	The employer for this post is Epsom and St Helier
employer information	University Hospitals NHS Trust.
	http://www.epsom-sthelier.nhs.uk

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F1 Post codes:

LDN/RVR50/011/F1/001

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

	Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
adaptively in healthcare teams the ability to manage patients with acute and long-term conditions	Weekly F1 teaching ALS Simulation Crisis Communication skills Script modules e-learning Teaching MDT working	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfoliohttp://www.foundationprogramme.nhs.uk/pages/home/your-career-pathhttp://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCPhttp://www.stfs.org.uk/

	Frailty Epso	m
Monday		
Tuesday	F1 Teaching St Helier -	14:00-17:00

Grand Round Epsom – 12:30-13:30

the healthcare environment

Wednesday Thursday

Friday



Foundation Programme Individual Placement Descriptor*

Trust	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital
Intrepid Post Code (and local post number if known)	LDN/RVR05/035/F1/001
Placement details (i.e. the specialty	General (Internal) Medicine
and sub-specialty)	(Medical Assessment Unit)
Department	Acute Medicine The Acute Medical Units encompass Same Day Emergency Care (SDEC) service and the Acute Medical Unit. In the acute medical pathways, Consultants work closely with speciality physicians, providing care for acutely unwell medical patients referred directly from their GP's care or from the A&E Department either at the front door or following admission.
Type of work to expect and learning opportunities	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the General Medicine/CAU attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to •Take a history and examine a patient •Identify and synthesise problems •Prescribe safely •Keep an accurate and relevant medical record •Manage time and clinical priorities effectively •Communicate effectively with patients, relatives and colleagues •Use evidence, guidelines and audit to benefit patientcare •Act in a professional manner at all times Undertake and complete relevant clinical administrative documentation •Cope with ethical and legal issues which occur during the
Where the placement is based	management of patients with general medical problems St Helier Hospital
Clinical supervisor(s) for the placement	Educational Lead: Dr Shuaib Quraishi Acute Internal Medicine Senior Physician Team
Main duties of the placement	Acute Medicine The Acute Medical Units encompass Same Day Emergency Care (SDEC) service and the Acute Medical Unit. In the acute medical pathways, Consultants work closely with speciality physicians, providing care for acutely unwell medical patients referred directly from their GP's care or from the A&E Department. either at the front door or following admission.
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F1 Programme codes:

LDN/RVR05/035/F1/001

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F1 teaching ALS Simulation Crisis	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs.uk/p ages/home/e-portfolio http://www.foundationprogramme.nhs.uk/p ages/home/your-career-path http://www.foundationprogramme.nhs.uk/p
the ability to manage patients with acute and long-term conditions	Communication skills Script modules e-learning clinics		ages/home/foundation-ARCP http://www.stfs.org.uk/
continuous improvement in their professional and clinical skills/acumen	theatre sessions		
 increasing understanding of the healthcare environment 			

	Acute Medicine - MAU St Helier
Monday	AMU board round 9:00
	AMU Board Review 1530
Tuesday	AMU board round 9:00
,	Weekly Bedside Teaching for non-F1 1500
	Weekly F1 Teaching (3Hrs) 14:00 – 17:00
	AMU Board Review 1530
Wednesday	AMU board round 9:00
	Radiology + AMU Meeting 13:30
	AMU Board Review 1530
Thursday	AMU board round 9:00
	Grand Round Breakfast meeting 8:30 – 9:30

	Hospital Meeting 12:30 – 13:30 AMU Board Review 1530
Friday	AMU board round 9:00 AMU Board Review 1530

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Trust	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital
Intrepid Post Code (and local post number if known)	LDN/RVR05/073/F1/001
Placement details (i.e. the specialty and sub-specialty)	Haematology
Department	The Department of Haematology offers a 24-hour clinical and laboratory service. We have our own in- and outpatient workload, and we support general medical, surgical and paediatric services and GP surgeries. Our in-patients usually have complications of their disease or its treatment. We also haveresponsibility for providing support to the anti-coagulant clinic whenever appropriate. The laboratory holds training status with Health Professions Council and has training programmes in place for technical staff and specialist nurses. It liaises with the community to provide a neonatal screening service for the diagnosis of sickle disease and other abnormal haemoglobins. The department also includes the South West ThamesNewborn Bloodspot Screening laboratory. This provides screening for rare congenital, usually inherited, disorders using a bloodspot sample.
Type of work to expect and learning opportunities	The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to: Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers.
Where the placement is based	St Helier Hospital
Clinical supervisor(s) for the placement	Dr Simon Stern
Main duties of the placement	Whilst in the Haematology attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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F1 Programme codes:

LDN/RVR05/073/F1/001

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
 the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen 	Weekly F1 teaching ALS Simulation Crisis Communication skills Script modules e-learning clinics theatre sessions	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogram me.nhs.uk/pages/home/e- portfolio http://www.foundationprogram me.nhs.uk/pages/home/your- career-path http://www.foundationprogram me.nhs.uk/pages/home/founda tion-ARCP http://www.stfs.org.uk/
 increasing understanding of the healthcare environment 			

	Haematology St Helier
Monday	Morning Consultant ward round 9:00
	Afternoon: putting ward round plans into action
Tuesday	SpR ward round 9:00
	Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	SpR ward round 9:00
	Blood film teaching 16:00 (monthly)
Thursday	Grand Round Breakfast meeting 8:30 –9:30
	Haematology MDT 9.30
	M&M meeting 11.30 (every <u>8</u> 4/52)
	Hospital Meeting 12:30 – 13:30
	Afternoon Consultant Ward round
Friday	SpR Ward round 9:00



Trust	Epsom And St Helier University Hospitals NHS Trust	
Site	St Helier Hospital	
Intrepid Post Code (and local post	LDN/RVR05/001/F1/005	
number if known)	LDN/RVR05/001/F1/016	
Placement details (i.e. the specialty and sub-specialty)	Respiratory Medicine	
Department	 Services: Outpatient clinics Home visits Ward rounds and assessments Airborne allergy testing Hyper-reactivity testing Education programmes for all health care staff in both primary and secondary care, patients and carers Oxygen and nebuliser assessment clinics Pulmonary rehabilitation programmes 	
Type of work to expect and learning opportunities	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty Whilst in the General Medicine/Respiratory attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to	
	 Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Use evidence, guidelines and audit to benefit patientcare Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers. 	

Where the placement is based	St Helier Hospital
Clinical supervisor(s) for the placement	Dr Tsvetana Getsova / Dr Rebecca Lawrence
Main duties of the placement	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	Whilst in the General Medicine/Respiratory attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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F1 Programme codes:

LDN/RVR05/001/F1/005 LDN/RVR05/001/F1/016

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F1 teaching ALS Simulation Crisis	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme. nhs.uk/pages/home/e-portfolio http://www.foundationprogramme. nhs.uk/pages/home/your-career-
 the ability to manage patients with acute and long-term conditions continuous improvement in their professional and 	Communication skills Script modules e-learning clinics theatre sessions		path http://www.foundationprogramme. nhs.uk/pages/home/foundation- ARCP http://www.stfs.org.uk/
 clinical skills/acumen increasing understanding of the healthcare environment 			

	General Medicine- Respiratory St Helier
Monday	Consultant Ward round 8:00 – 9:00 (2 x 1 month)
	Respiratory Journal Club 13:30
Tuesday	Lunch cancer MDT 9:00
	Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	Respiratory & X-ray Meeting 8:30
Thursday	Consultant ward round 9:30
	Grand Round Breakfast meeting 8:30 – 9:30
	Hospital Meeting 12:30 – 13:30
Friday	Ward round 8:00
	TB MDT (once a month) 12:30



Trust	Epsom And St Helier University Hospitals NHS Trust	
Site	Epsom Hospital	
Intrepid Post Code (and local post	LDN/RVR05/001/F1/003	
number if known)	LDN/RVR05/001/F1/005	
Placement details (i.e. the specialty	Respiratory Medicine	
and sub-specialty)	(N/A)	
Department	Services:	
	Outpatient clinics	
	Home visits	
	Ward rounds and assessments	
	Airborne allergy testing	
	Hyper-reactivity testing	
	Education programmes for all health care staff in both	
	primary and secondary care, patients and carers	
	Pulmonary rehabilitation programmes	
Type of work to expect and learning opportunities	 Oxygen and nebuliser assessment clinics Pulmonary rehabilitation programmes All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the General Medicine/Respiratory attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Use evidence, guidelines and audit to benefit patientcare Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively 	
Where the placement is bessel	Encom	
Where the placement is based	Epsom	

	Dr Shakil Rahman/Dr Jonathan Ratoff
placement	
Main duties of the placement	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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F1 Programme codes:

LDN/RVR05/001/F1/003 LDN/RVR05/001/F1/005

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Le	arning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
•	the ability to work adaptively in healthcare teams	Weekly F1 teaching ALS Simulation	SLEs including mini CEXs, DOPs, CBDs, developing the clinical	http://www.foundationprogramm e.nhs.uk/pages/home/e-portfolio http://www.foundationprogramm
•	the ability to manage patients with acute and long-term conditions	Crisis Communication skills Script modules e-learning	teacher	e.nhs.uk/pages/home/your- career-path http://www.foundationprogramm e.nhs.uk/pages/home/foundation
•	continuous improvement in their professional and clinical skills/acumen	clinics theatre sessions		-ARCP http://www.stfs.org.uk/
•	increasing understanding of the healthcare environment			

General Medicine- Respiratory
Epsom

Monday	White board MDT 9:00
	Daily Consultant Ward round (teaching component) 9:30 - 12:30
	X Ray MDT 12:30 – 13:00
Tuesday	White board MDT 9:00 - 9:30
	Daily Consultant Ward round, (teaching component) 9:30 - 12:30
	Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	White board MDT 9:00
	9:30 - 12:30 Daily Consultant Ward round, (teaching component)
Thursday	White board MDT 9:00 - 9:30
	Daily Consultant Ward round, (teaching component) 9:30- 12:30
	Grand Round Lunchtime meeting 12:30– 13:30
Friday	Formal Respiratory Teaching. Junior doctor feedback. Review & Planning Staffing levels + Junior doctor feedback. MDT. 8:30 - 9:30
	9:30 - 10:00 White board MDT
	10:30 - 12:30 Daily Consultant Ward round. (Teaching component)



Trust	Epsom and St Helier University Hospitals NHS Trust
Site	Epsom Hospital
Intrepid Post Code (and local	LDN/RXX36/007/F1/001
post number if known)	
Placement details (i.e. the	Cardiology (Cardio-vascular Disease)
specialty and sub-specialty)	Garaiology (Garaio Vaccaiai Biocacc)
Department	The department offers inpatient and outpatient treatment for patients
	with all forms of heart disease. There are consultants with specialist interests in arrhythmia, coronary heart disease, imaging, heart failure and devices. Patients requiring invasive treatment go to Epsom Hospital or one of the tertiary centres (St Thomas', St George's or King's College). The team consists of two specialist doctors, a ST4 and a Clinical Fellow. We provide care combined with cardiac nurses, physiologists support staff. The departments has a full range of non-invasive investigation including transoesophageal echocardiography, CT angiography and perfusion scanning.
Type of work to expect and learning opportunities	F1 doctors are based on the cardiology ward during the 'normal' working day supported by the ST4 or Clinical Fellow. They are expected to deliver the daily medical care to patients under the cardiology team of 11 patients under supervision. The educational objectives of the F1 year are provide the trainee with the knowledge, skills and attitudes to be able to: Take a history and examine a patient Formulate a diagnosis using appropriate clinical reasoning. Identify and synthesise a problem list. Prescribe safely. Keep accurate and relevant medical records. Manage time and clinical priorities effectively. Communicate effectively with patients, relatives, and colleagues. Use evidence, guidelines, and audit to benefit patient care. Act in a professional manner. Cope with ethical and legal issues which occur during the management of patients with general medical problems.
	Educate patients effectively.
	Become life-long learners and teachers.
Where the placement is based	Epsom Hospital
Clinical supervisor(s)	Dr Abhay Bajpai
Main duties of the placement	The FY1 doctor will be involved with the clerking of patients, attending
	the ward round, keeping notes, arranging investigations, writing discharge summaries, liaison with tertiary cardiology centres. There is an opportunity to attend the echocardiography meeting and the heart failure MDT meeting. Experience of outpatient cardiology clinic can also be provided. There is also an opportunity to undertake a quality improvement project.
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	Daily Ward Round and then Ward Work. Opportunity to come to outpatient clinic. Opportunity to be taught bedside echo if the post-holder wishes.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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F1 Programme codes:

LDN/RXX36/007/F1/001

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal	Opportunities for	Useful links and additional
	learning	obtaining experience	resources
	opportunities	and training outcomes	
the ability to work	Weekly F1 teaching	SLEs including mini	http://www.foundationprogramme.n
adaptively in healthcare	ALS	CEXs, DOPs, CBDs,	hs.uk/pages/home/e-portfolio
teams	Simulation	developing the clinical	http://www.foundationprogramme.n
	Crisis	teacher	hs.uk/pages/home/your-career-path
the ability to manage	Communication skills		http://www.foundationprogramme.n
patients with acute and long-term conditions	Script modules		hs.uk/pages/home/foundation-
	e-learning		<u>ARCP</u>
	clinics		http://www.stfs.org.uk/
continuous improvement in	theatre sessions		
their professional and			
•			
clinical skills/acumen			
 increasing understanding of 			
the healthcare environment			

	Cardiology St Helier	
Monday	Heart Failure MDT Meeting 08:00 (Optional) Ward round 09:00 14:00 Echo Meeting	
Tuesday	Ward round 09:00 Weekly F1 Teaching (3Hrs) 14:00-17:00	
Wednesday	Ward round 09:00 Attendance at Outpatient Clinic (Optional)	
Thursday	Grand Round Breakfast meeting 08:30–09:30 Ward Round 09:30 Hospital Meeting 12:30-13:30	
Friday	Ward round 09:00	

STFS is a collaboration between HE Kent, Surrey & Sussex, HE South London, Brighton & Sussex Medical School, King's College London School of Medicine & St George's University of London

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Foundation Programme Individual Placement Descriptor*

Trust	Epsom and St Helier University Hospitals NHS Trust
Site	St Helier Hospital
Intrepid Post Code (and local post number if known)	LDN/RVR05/007/F1/001
Placement details (i.e. the	Cardiology (Cardio-vascular Disease)
specialty and sub-specialty)	Gardiology (Gardio-vascular bisease)
Department	The department offers inpatient and outpatient treatment for patients with all forms of heart disease. There are consultants with specialist interests in arrhythmia (Dr Foran), coronary heart disease (Dr Bogle), imaging (Dr Khan), heart failure and devices (Dr Ara). Patients requiring invasive treatment go to Epsom Hospital or one of the tertiary centres
	(St Thomas', St George's or King's College). The team consists of two specialist doctors, a ST4 and a Clinical Fellow. We provide care combined with cardiac nurses, physiologists support staff. The departments has a full range of non-invasive investigation including transoesophageal echocardiography, CT angiography and perfusion scanning.
Type of work to expect and	F1 doctors are based on the cardiology ward during the 'normal' working
learning opportunities	day supported by the ST4 or Clinical Fellow. They are expected to
	deliver the daily medical care to patients under the cardiology team of 11
	patients under supervision. The educational objectives of the F1 year
	are provide the trainee with the knowledge, skills and attitudes to be able to:
	Take a history and examine a patient
	 Formulate a diagnosis using appropriate clinical reasoning.
	Identify and synthesise a problem list.
	Prescribe safely.
	Keep accurate and relevant medical records.
	Manage time and clinical priorities effectively.
	Communicate effectively with patients, relatives, and colleagues.
	Use evidence, guidelines, and audit to benefit patient care.
	Act in a professional manner.
	 Cope with ethical and legal issues which occur during the management of patients with general medical problems. Educate patients effectively.
	Become life-long learners and teachers.
Where the placement is based	St Helier Hospital
Clinical supervisor(s)	Dr Richard Bogle
Main duties of the placement	The FY1 doctor will be involved with the clerking of patients, attending
_	the ward round, keeping notes, arranging investigations, writing
	discharge summaries, liaison with tertiary cardiology centres. There is
	an opportunity to attend the echocardiography meeting and the heart
	failure MDT meeting. Experience of outpatient cardiology clinic can also be provided. There is also an opportunity to undertake a quality
	improvement project.
Typical working pattern in this	Daily Ward Round and then Ward Work. Opportunity to come to
placement (e.g. ward rounds,	outpatient clinic. Opportunity to be taught bedside echo if the post-holder
clinics, theatre sessions)	wishes.
Local education provider (LEP)	The employer for this post is Epsom and St Helier University Hospitals
/ employer information	NHS Trust. http://www.epsom-sthelier.nhs.uk

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

Updated: 21 March 2023

F1 Programme codes:

LDN/RVR05/007/F1/001

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal	Opportunities for	Useful links and additional
	learning	obtaining experience	resources
	opportunities	and training outcomes	
the ability to work	Weekly F1 teaching	SLEs including mini	http://www.foundationprogramme.n
adaptively in healthcare	ALS	CEXs, DOPs, CBDs,	hs.uk/pages/home/e-portfolio
teams	Simulation	developing the clinical	http://www.foundationprogramme.n
	Crisis	teacher	hs.uk/pages/home/your-career-path
the ability to manage	Communication skills		http://www.foundationprogramme.n
patients with acute and	Script modules		hs.uk/pages/home/foundation-
long-term conditions	e-learning		<u>ARCP</u>
	clinics		http://www.stfs.org.uk/
continuous improvement in	theatre sessions		
their professional and			
clinical skills/acumen			
ciiiicai skiiis/acuiiieii			
increasing understanding of			
9			
the healthcare environment			

	Cardiology St Helier
Monday	Heart Failure MDT Meeting 08:00 (Optional)
	Ward round 09:00
	14:00 Echo Meeting
Tuesday	Ward round 09:00
	Weekly F1 Teaching (3Hrs) 14:00-17:00
Wednesday	Ward round 09:00
	Attendance at Outpatient Clinic (Optional)
Thursday	Grand Round Breakfast meeting 08:30–09:30
	Ward Round 09:30
	Hospital Meeting 12:30-13:30
Friday	Ward round 09:00

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Trust	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital
Intrepid Post Code (and local post number if known)	LDN/RVR05/052/F1/001
Placement details (i.e. the specialty and sub-specialty)	General Psychiatry (Liaison Psychiatry)
Department	 The liaison psychiatry service assesses and manages mental health problems arising in the general hospital, including the emergency department. These include: Self-harm Complex problems related to alcohol and substance misuse Mood disorders in the context of physical illness Complex confusional states (delirium and dementia) Medically unexplained physical symptoms Behavioural problems related to psychological issues (e.g. poor adherence to treatment, brain injury) Complex assessments of capacity Eating disorders
Type of work to expect and learning opportunities	 Ante- and post-natal mental health problems. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Understand and address ethical and legal issues which occur in the general hospital Educate patients effectively
Where the placement is based	St Helier
Clinical supervisor(s) for the placement	Dr Jim Bolton (for F1 post)
Main duties of the placement	The liaison psychiatry service assesses and manages mental health problems arising in the general hospital, including the emergency department.
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	Twice daily handover/board meetings. Assessment and follow-up of patients. Team business meetings and educational sessions.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F1 Programme codes:

LDN/RVR05/052/F1/001

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F1 teaching ALS Simulation	SLEs including mini CEXs, DOPs, CBDs, developing the clinical	http://www.foundationprogramme.n hs.uk/pages/home/e-portfolio http://www.foundationprogramme.n
the ability to manage patients with acute and long-term conditions	Crisis Communication skills Script modules e-learning	teacher	hs.uk/pages/home/your-career-path http://www.foundationprogramme.n hs.uk/pages/home/foundation- ARCP
continuous improvement in their professional and clinical skills/acumen	clinics theatre sessions		http://www.stfs.org.uk/
increasing understanding of the healthcare environment			

	Liaison Psychiatry St Helier
Monday	Board Rounds 9:00 & 13:30
	Ward and ED assessments and follow-up 09:30-17:00
	Clinical supervision occurs within the working week and at meetings held at
	variable times
Tuesday	Board Rounds 9:00 & 13:30
	Ward and ED assessments and follow-up 09:30-17:00
	Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	Board Rounds 9:00 & 13:30
	Ward and ED assessments and follow-up 09:30-17:00
	Team business and educational meetings are held monthly on different days
Thursday	Grand Round Breakfast meeting 8:30 – 9:30
	Board Rounds 9:00 (if F1 not at Grand Round) & 13:30
	Ward and ED assessments and follow-up 09:30-17:00
	Hospital academic meeting 12:30 – 13:30
Friday	Board Rounds 9:00 & 13:30
	Ward and ED assessments and follow-up 09:30-17:00

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Trust	Epsom And St Helier University Hospitals NHS Trust	
Site	St Helier Hospital / Cross site	
Intrepid Post Code (and local post	LDN/RVR05/021/F1/003	
number if known)	LDN/RVR05/021/F1/011	
· ·	LDN/RVR05/021/F1/009	
	LDN/RVR05/021/F1/010	
	LDN/RVR05/021/F1/002	
	LDN/RVR05/021/F1/005	
	LDN/RVR05/027/F1/003	
	LDN/RVR05/027/F1/004	
Placement details (i.e. the specialty and sub-specialty)	General Surgery/Urology	
Department	An extensive range of surgery is carried out at the Trust, including:	
	General surgery	
	Ear, nose and throat	
	Ophthalmology	
	Oral	
	Plastics	
	Trauma and orthopaedics	
	Urology.	
	All emergency surgery takes place at St Helier Hospital, while all elective (pre-booked) surgery takes place at Epsom Hospital.	
Type of work to expect and learning opportunities	. , , , , , , , , , , , , , , , , , , ,	

	Act in a professional manner at all times
	Cope with ethical and legal issues which occur
	during the management of patients with general
	medical problems
	Educate patients effectively
	Become life-long learners and teachers.
Where the placement is based	St Helier / Cross site
Where the placement is based	· -
Clinical supervisor(s) for the	Mr Trystan Lewis / Mr Ashraf Raja / Mr Tou Pin Chang
placement	/ Mr Abdulazeez Bello / Mr Ben Horsburgh / Mr Philip
	Brousil / Miss Lavanya Varatharajan
Main duties of the placement	Whilst in the General Surgery attachment the F1 will be
•	involved with the generic clerking of patients being
	admitted and the ongoing care of the patients in the
	,
	unit.
Typical working pattern in this	All F1 Doctors in hospital posts are generally ward
placement (e.g. ward rounds,	based during the 'normal' working day and expected to
clinics, theatre sessions)	deliver the daily medical care of all the patients on their
Í	ward irrespective of specialty.
Local education provider (LEP) /	The employer for this post is Epsom and St Helier
employer information \(\)	University Hospitals NHS Trust. http://www.epsom-
	sthelier.nhs.uk
	Striction.inio.uk

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F1 Programme codes:

LDN/RVR05/021/F1/003 LDN/RVR05/021/F1/011 LDN/RVR05/021/F1/009 LDN/RVR05/021/F1/010 LDN/RVR05/021/F1/002 LDN/RVR05/021/F1/005 LDN/RVR05/027/F1/003 LDN/RVR05/027/F1/004

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities.

Learning Outcomes	Formal and	Opportunities for	Useful links and additional
	Informal learning	obtaining experience	resources
	opportunities	and training	
		outcomes	

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 the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen increasing understanding of the healthcare environment Weekly F1 tead ALS Simulation Crisis Communication Script module e-learning clinics theatre session	CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfoliohttp://www.foundationprogramme.nhs.uk/pages/home/your-career-pathhttp://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCPhttp://www.stfs.org.uk/
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	General Surgery & Urology St Helier
Monday	Gen Surgery Ward Round & handover 8:00 – 9:00 Urology Consultant Ward round 8:00 – 9:00
	General surgery department teaching/X-ray meeting 12:30 Urology departmental teaching 12:30 – 14:00
Tuesday	Ward Round & handover 8:00 – 9:00
	Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	Ward Round & handover 8:00 – 9:00
Thursday	Ward Round & handover 8:00 – 9:00
	Grand Round Breakfast meeting 8:30 –9:30
	Hospital Meeting 12:30 – 13:30
Friday	Ward Round & handover 8:00

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Trust	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital / Springfield Hospital
Intrepid Post Code (and local post	LDN/RVR50/056/F1/001
number if known)	
Placement details (i.e. the specialty	Psychiatry
and sub-specialty)	(Older age Psychiatry)
Department	Merton CMHT for Older People, Springfield Hospital,
	61 Glenburnie Road, London SW17 7DJ, 0203 513
	5000
Type of work to expect and	Extensive outpatient Memory clinic experience (new
learning opportunities	patient assessments and follow up reviews, under
	supervision)
	Home visits with Consultant and team members.
	Learning to work in the Community.
	MDT working/team meetings
	In-patient acute older adult psychiatric ward work
	(Wednesday).
	Academic meetings in term time (Thursday afternoon)
Where the placement is based	Springfield Hospital – On calls St Helier Hospital
Clinical supervisor(s) for the	Dr Yasmin Al-Daghistani
placement	
Main duties of the placement	See above: clerking of Memory Clinic new patients and
	follow up reviews.
	Letter writing to GP and other health and social
	services.
	Home visits with Consultant and correspondence to GP
	Medical r/v of community caseload with MDT and
	Crocus ward inpatients.
Typical working pattern in this	Surgery On calls - St Helier Hospital
placement (e.g. ward rounds,	
clinics, theatre sessions)	The appropriate this past is Francis and Ot 11.15
Local education provider (LEP) /	The employer for this post is Epsom and St Helier
employer information	University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk
	Strieller.nns.uk

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F1 Programme codes:

LDN/RVR50/056/F1/001

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F1 teaching ALS Simulation	SLEs including mini CEXs, DOPs, CBDs, developing the clinical	http://www.foundationprogramm e.nhs.uk/pages/home/e-portfolio http://www.foundationprogramm
the ability to manage patients with acute and long-term conditions	Crisis Communication skills Script modules	teacher	e.nhs.uk/pages/home/your- career-path http://www.foundationprogramm e.nhs.uk/pages/home/foundation
continuous improvement in their professional and clinical skills/acumen	e-learning clinics theatre sessions		-ARCP http://www.stfs.org.uk/
 increasing understanding of the healthcare environment 			

	Older People Psychiatry Springfield Hospital
Monday	AM Clinic at the dementia hub, Mitcham
	PM – admin or home visit
	New patient assessments with Consultant or SpR
Tuesday	AM Clinic at the Nelson (during Covid this is phone/hybrid clinic)
	OPC, follow up patients, seen under supervision. 9:00 – 12:00
	Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	AM – Crocus ward day
	PM Crocus ward day

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Updated: 21 March 2023



Trust	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital
Intrepid Post Code (and local post	LDN/RVR05/024/F1/001
number if known)	LDN/RVR05/024/F1/003
	LDN/RVR05/024/F1/004
Placement details (i.e. the specialty	Trauma and Orthopaedic Surgery
and sub-specialty)	(N/A)
Department	The trauma and orthopaedics department of the Trust provides acute care for patients with musculoskeletal injuries (such as fractures and dislocations) as well as planned care for patients with bone and joint disorders and the care of children with orthopaedic problems. Specialist services are offered in a number of different areas. The department is actively involved in training junior doctors and teaching medical students from St George's Medical School.
	The department offers care for almost the entire range of orthopaedic problems. The Elective Orthopaedic Centre (EOC) is recognised as a national centre of excellence.
Type of work to expect and learning opportunities	The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to
Where the pleasant is based	 Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Use evidence, guidelines and audit to benefit patientcare Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers.
Where the placement is based	St Helier
Clinical supervisor(s) for the	Mr Markus Baker / Mr Jonathan Craik / Mr Mark Middleton
placement Main duties of the placement	All E1 Doctors in hospital pasts are generally word based
Main duties of the placement	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.
Typical working pattern in this	Whilst in the Orthopaedics attachment the F1 will be
placement (e.g. ward rounds, clinics,	involved with the generic clerking of patients being admitted
theatre sessions)	and the ongoing care of the patients in the unit.
Local education provider (LEP) /	The employer for this post is Epsom and St Helier University
employer information	Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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F1 Programme codes:

LDN/RVR05/024/F1/001 LDN/RVR05/024/F1/003 LDN/RVR05/024/F1/004

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outco	omes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to healthcare to	work adaptively in eams	Weekly F1 teaching ALS Simulation	SLEs including mini CEXs, DOPs, CBDs, developing the clinical	http://www.foundationprogramm e.nhs.uk/pages/home/e-portfolio http://www.foundationprogramm
,	manage patients nd long-term	Crisis Communication skills Script modules e-learning	teacher	e.nhs.uk/pages/home/your- career-path http://www.foundationprogramm e.nhs.uk/pages/home/foundation -ARCP
	mprovement in iional and clinical n	clinics theatre sessions		http://www.stfs.org.uk/
 increasing up healthcare e 	nderstanding of the nvironment			

	Trauma & Orthopaedics St Helier
Monday	Trauma & teaching meeting 8:00
	FT/SHO teaching FOOT & Ankle 13:00 TBC once a month
Tuesday	Trauma meeting & handover 8 :00 – 9:00
	GP teaching meeting 1 pm
	Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	Trauma meeting & handover 8 :00 – 9:00
Thursday	Trauma/teaching Meeting T&O am
	Grand Round Breakfast meeting 8:30 –9:30
	Hospital Meeting 12:30 – 13:30
Friday	Trauma meeting & handover 8 :00 – 9:00



Trust	Epsom And St Helier University Hospitals NHS Trust	
Site	Epsom Hospital	
Intrepid Post Code (and local post	LDN/RVR50/001/F1/001	
number if known)	LDN/RVR50/001/F1/004	
Placement details (i.e. the specialty and sub-specialty)	Stroke Medicine	
Department	The care of the elderly departments at Epsom Hospital and St Helier Hospital sees all patients over the age of 75 for all medical conditions referred by GPs or other referring consultants. We aim to see patients within four to six weeks of referral to our consultants, and a plan is usually discussed with the patient regarding their pathway. Once they are medically fit and the consultant is happy with the progress made, the patient is discharged back to the GP's care. There are three care of the elderly wards (two female and one male) at St Helier Hospital, and four general medicine wards and one CCU ward at Epsom Hospital. If considered necessary, our patients will be admitted to these wards. They can also be admitted to these wards through A&E.	
Type of work to expect and learning opportunities	The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues. Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems	
	 Educate patients effectively Become life-long learners and teachers. 	
Where the placement is based	Epsom Hospital	
Clinical supervisor(s) for the placement	Dr Puneet Kakar Dr Ugharadar Shehzadhusain	
Main duties of the placement	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.	
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	Whilst in the Care of Stroke (COTE) attachment the F1 will be involved with the generic clerking of patients being admitted and the on-going care of the patients in the unit.	
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk	

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F1 Programme codes:

LDN/RVR50/001/F1/001 LDN/RVR50/001/F1/004

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F1 teaching ALS Simulation Crisis	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs. uk/pages/home/e-portfolio http://www.foundationprogramme.nhs. uk/pages/home/your-career-path http://www.foundationprogramme.nhs.
the ability to manage patients with acute and long-term conditions	Communication skills Script modules e-learning clinics		uk/pages/home/foundation-ARCP http://www.stfs.org.uk/
continuous improvement in their professional and clinical skills/acumen	theatre sessions		
 increasing understanding of the healthcare environment 			

	Geriatric Medicine- Stroke Epsom
Monday	Consultant Ward round 8:00 – 9:00
Tuesday	Junior ward round
	Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	Consultant Ward round 8:00 – 9:00
	X-ray meeting 13:00
Thursday	Grand Round Breakfast meeting 8:30 – 9:30
	Junior ward round
Friday	Consultant Ward round after teaching

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Foundation Programme Individual Placement Descriptor*

Site	0.11 2 11 2 1	
	St Helier Hospital	
Intrepid Post Code (and local post	LDN/RVR05/094/F1/001	
number if known)		
Placement details (i.e. the specialty	Palliative Medicine	
and sub-specialty)		
Department	The palliative care team works together with other disciplines to provide support and information for patients, their family and friends. We are experienced in helping people cope with the problems they may face when a life limiting illness has been diagnosed; for example managing pain, other symptoms, or emotional issues.	
	Core team members:	
	Consultants in palliative medicine	
	Clinical nurse specialists	
	Senior social workers	
	Admin support	
Type of work to expect and learning opportunities	During their rotation with Palliative Care Team, the F1 will be part of a liaison service which provides specialist advice to patients under the direct clinical care of other teams on different wards across the hospital.	
	They will have opportunities to build on their communication skills in addition to knowledge about opioids and symptom control. They will have the chance to visit the local hospice and follow patients from hospital into the community.	
	There are opportunities to take part in projects, audit, grand rounds and journal clubs. Previous F1s have put forward abstracts/posters for publication.	
	The F1 will learn procedures relevant to palliative care such as the insertion of subcutaneous insuflon lines and syringe pump set up.	
	If available during their rotation, the F1 can join an End-of-Life Care Simulation Teaching Session or Sage and Thyme Communication Teaching.	
Where the placement is based	St Helier Hospital	
Clinical supervisor(s) for the placement	Dr Sam Raveney Dr Rina Patel	
Main dution of the placement	Dr Martine Meyer	
Main duties of the placement	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day. Whilst in the Palliative Care attachment the F1 will be part of a liaison service, providing specialist advice to patients under the direct clinical care of other teams on different wards across the hospital.	

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Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	The palliative care team has a daily multidisciplinary handover am and pm. The F1 will work alongside senior doctors and nurses. They will share a caseload with a Clinical Nurse Specialist and have senior supervision. The F1 will take part in the acute medicine on-call rota. During their on-call, they will be expected to undertake generic clerking of patients being admitted and the on-going care of
	the patients in the hospital.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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F1 Programme codes:

LDN/RVR05/001/F1/009

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
 the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen 	Weekly F1 teaching ALS Simulation Crisis Communication skills Script modules e-learning clinics theatre sessions	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.n hs.uk/pages/home/e-portfolio http://www.foundationprogramme.n hs.uk/pages/home/your-career-path http://www.foundationprogramme.n hs.uk/pages/home/foundation- ARCP http://www.stfs.org.uk/
increasing understanding of the			

healthcare environment		

	Palliative Care St Helier
Monday	Handover & Ward round 9:00 – 17:00
Tuesday	Handover & Ward work 9:00 – 12:00
	Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	MDT Meeting 9.30am
	Handover and Ward work 14:00-17:00
Thursday	Grand Round Breakfast meeting 8:30 – 9:30
	Journal Club 9.00 - 9.30 (monthly)
	Lunchtime Hospital Teaching 12:30 – 13:30
Friday	Handover & Ward work 9:00 – 17:00



Trust	Epsom & St Helier University Hospitals NHS Trust		
Site	St Helier Hospital		
Intrepid Post Code (and local post	LDN/RVR05/030/F1/001		
number if known)	LDN/RVR05/030/F1/002		
Placement details (i.e. the specialty	Primary Care / Emergency Medicine		
and sub-specialty)			
Department	Urgent Treatment Centre		
Type of work to expect and	See and treat patients (under supervision of a GP) with		
learning opportunities	minor injury or illness who present to the Urgent		
	Treatment Centre.		
	Assist with / carry out practical procedures appropriate		
	to experience		
	Multidisciplinary team liaison with occupational therapy,		
	physiotherapy and social services.		
	Communication with patient, family and carers		
	Facilitate discharges with community support		
	Complete an Audit / QIP		
	Weekly morning teaching Wednesdays 08.00 –		
	09.00hrs		
	Trust Foundation Yr 1 teaching programme Tuesday		
	14.00-17.00hrs		
	Majority of the Foundation curriculum can be covered		
	over the placement.		
Where the placement is based	Self-Development time		
Where the placement is based Clinical supervisor(s) for the	Urgent Treatment Centre/ St Helier Dr Sharif Zarif – GP		
Clinical supervisor(s) for the placement	Di Silalii Zalii – GP		
Main duties of the placement	Urgent Treatment Centre		
Main duties of the placement	See and treat patients (under supervision of a GP) with		
	minor injury or illness who present to the Urgent		
	Treatment Centre. Assist / carry out with practical		
	procedures.		
	Communication with patient, family and carers		
	Facilitate discharges with community support		
Typical working pattern in this	Primarily based in the Urgent Treatment centre		
placement (e.g. ward rounds, clinics,	however opportunity given to experience emergency		
theatre sessions)	and urgent care in the Majors or SDEC areas		
	Shifts either 8-16.30, 9-17 or 9-17.30		
	Protected time for teaching -Foundation programme		
	Tuesdays 14-17 and Departmental Wednesday 8-9		
	Self-Development Time Tuesdays 12-14		
	·		
Local education provider (LEP) /	The employer for this post is Epsom and St Helier University		
employer information	Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk		

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F1 Post codes:

LDN/RVR05/030/F1/001 LDN/RVR05/030/F1/002

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F1 teaching ALS Simulation Crisis	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs.uk/p ages/home/e-portfolio http://www.foundationprogramme.nhs.uk/p ages/home/your-career-path http://www.foundationprogramme.nhs.uk/p
the ability to manage patients with acute and long-term conditions	Communication skills Script modules e-learning clinics		ages/home/foundation-ARCP http://www.stfs.org.uk/
continuous improvement in their professional and clinical skills/acumen	theatre sessions		
 increasing understanding of the healthcare environment 			

	Urgent Treatment Centre (UTC) – St Helier Additional opportunity to spend time in the SDEC & Majors area of the ED & UTC
Monday	9:00-17:00 UTC
Tuesday	9-12 UTC 12-14 SDT Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	8-9 Departmental Teaching 8-17 UTC
Thursday	9:00-17:00 UTC
Friday	9:00-17:00 UTC



Trust	Epsom And St Helier University Hospitals NHS Trust	
Site	St Helier Hospital	
Intrepid Post Code (and local post number if known)	LDN/RVR05/052/F2/003	
Placement details (i.e. the specialty and sub-specialty)	General and Old Age Psychiatry (Liaison Psychiatry)	
Department	 The liaison psychiatry (with older adult specialism) service assesses and manages mental health problems arising in the general hospital, including the emergency department. These include: Self-harm and assessment and management of Risks Complex problems related to alcohol and substance misuse Mood disorders in the context of physical illness Complex confusional states (delirium and dementia) Behavioural problems related to psychological issues (e.g. poor adherence to treatment, brain injury) Complex assessments of mental capacity Principles and practice of medico-legal frameworks (MHA/MCA/DoLS) Holistically integrated care of older people with frailty and cognitive impairment in the hospital environment. 	
Type of work to expect and learning opportunities	The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Use evidence, guidelines and audit to consistently improve patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients, carers and colleagues effectively	
Where the placement is based	St Helier Hospital	
Clinical supervisor(s) for the	Dr Sentil Soubramanian	
placement	The ligious payabietry convice accesses and recorded	
Main duties of the placement	The liaison psychiatry service assesses and manages mental health problems arising in the general hospital, including the emergency department. (Note: This post is protected from on-call commitments.)	
Typical working pattern in this	Monday-Friday, 9Am to 5PM: Board-round/ Hand-over at	
placement (e.g. ward rounds, clinics, theatre sessions)	team base in the first half-hour followed by ward reviews, participating in follow-up clinics, ward MDTs and virtual ward	

	rounds of remote patients
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F2 Programme codes:

LDN/RVR05/052/F2/003

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
 the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen 	Weekly F2 teaching ALS Simulation Crisis Communication skills Script modules e-learning	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme. nhs.uk/pages/home/e-portfolio http://www.foundationprogramme. nhs.uk/pages/home/your-career- path http://www.foundationprogramme. nhs.uk/pages/home/foundation- ARCP http://www.stfs.org.uk/
increasing understanding of the healthcare environment			

	Liaison Psychiatry St Helier	
Monday	Board Round 9:00	
	Regular reviews and Assessments thereafter	
Tuesday	Board Round + Teaching 9:00	
	Clinical Supervision, Audits, Departmental teaching 14:00	
Wednesday	Board Round 9:00 (Note: When not attending teaching)	
	Weekly F2 Teaching (3Hrs) 09:30-12:30	
	Self-directed learning 2hrs/week or Ward reviews in the afternoon	
Thursday	Grand Round Breakfast meeting 8:30 – 9:30	
	Weekly academic programme (half-day)	
	Hospital Meeting 12:30 – 13:30	
	Ward reviews and assessments	

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Friday	Board Round 9:00
	(Monthly departmental reflective practice – 1hr)
	Ward reviews and emergency assessments

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Updated: 23 March 2023



Trust	Epsom And St Helier University Hospitals NHS Trust
Site	Epsom Hospital
Intrepid Post Code (and local post	LDN/RVR50/800/F2/002
number if known)	
Placement details (i.e. the specialty	General Practice
and sub-specialty)	(N/A)
Department	General Practice
Type of work to expect and learning opportunities	To work in a supervised capacity with Doctors and members of the Primary Care Team. Specific duties to be determined by mutual agreement but will include working in the surgery and possibly home visits. Generic Skills / Professional Development FY2 Programme (6 days). E-learning resources to support induction and on-going professional development. All teaching is provided by your C/S in practice time. Psychiatry Exposure Each trainee attends 1 day per week in a psychiatry
	community and/or ward setting, per rotation.
Where the placement is based	Tattenham Medical Centre (Surrey) TBC
Clinical supervisor(s) for the placement	Dr Suzanne Moore
Main duties of the placement	Specific duties to be determined by mutual agreement but will involve seeing a full spectrum of primary care presentations including adults medicine, paediatrics, O&G and psychiatry as well as primary care specific presentations, you will have one to one clinical support by supervisor in the practice. Your duties may also include reviewing patient results, phone calls and home visits as well under close supervision.
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	This will vary depending on practice but most practices operate from 8 until 6.30 with 2 clinical sessions per day during these hours.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F2 Post codes:

LDN/RVR50/800/F2/001

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
 the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions 	Weekly F2 teaching ALS Simulation Crisis Communication skills Script modules e-learning	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs. uk/pages/home/e-portfolio http://www.foundationprogramme.nhs. uk/pages/home/your-career-path http://www.foundationprogramme.nhs. uk/pages/home/foundation-ARCP http://www.stfs.org.uk/
continuous improvement in their professional and clinical skills/acumen			
 increasing understanding of the healthcare environment 			

	General Practice Epsom
Monday	To be agreed with Clinical Supervisor
Tuesday	To be agreed with Clinical Supervisor
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs)
Thursday	Grand Round Breakfast meeting 8:30 – 9:30 Hospital Meeting 12:30 – 13:30
Friday	To be agreed with Clinical Supervisor

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Trust	Epsom And St Helier University Hospitals NHS Trust
Site	Epsom Hospital
Intrepid Post Code (and local post	LDN/RVR50/800/F2/003
number if known)	
Placement details (i.e. the specialty	General Practice
and sub-specialty)	(N/A)
Department	General Practice
Type of work to expect and learning opportunities	To work in a supervised capacity with Doctors and members of the Primary Care Team. Specific duties to be determined by mutual agreement but will include working in the surgery and possibly home visits. Generic Skills / Professional Development FY2 Programme (6 days). E-learning resources to support induction and on-going professional development. All teaching is provided by your C/S in practice time. Psychiatry Exposure Each trainee attends 1 day per week in a psychiatry
	community and/or ward setting, per rotation.
Where the placement is based	Thorkhill Surgery (Surrey) TBC
Clinical supervisor(s) for the placement	Dr Hazim Taki
Main duties of the placement	Specific duties to be determined by mutual agreement but will involve seeing a full spectrum of primary care presentations including adults medicine, paediatrics, O&G and psychiatry as well as primary care specific presentations, you will have one to one clinical support by supervisor in the practice. Your duties may also include reviewing patient results, phone calls and home visits as well under close supervision.
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	This will vary depending on practice but most practices operate from 8 until 6.30 with 2 clinical sessions per day during these hours.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F2 Post codes:

LDN/RVR05/800/F2/003

The Foundation Programme Curriculum 2016 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
 the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions 	Weekly F2 teaching ALS Simulation Crisis Communication skills Script modules e-learning	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs. uk/pages/home/e-portfolio http://www.foundationprogramme.nhs. uk/pages/home/your-career-path http://www.foundationprogramme.nhs. uk/pages/home/foundation-ARCP http://www.stfs.org.uk/
continuous improvement in their professional and clinical skills/acumen			
 increasing understanding of the healthcare environment 			

	General Practice Epsom
Monday	To be agreed with Clinical Supervisor
Tuesday	To be agreed with Clinical Supervisor
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs)
Thursday	Grand Round Breakfast meeting 8:30 – 9:30
	Hospital Meeting 12:30 – 13:30
Friday	To be agreed with Clinical Supervisor

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Foundation Programme Individual Placement Descriptor*

Trust	Epsom And St Helier University Hospitals NHS Trust	
Site	St Helier Hospital	
Intrepid Post Code (and local post	LDN/RVR05/021/F2/003	
number if known)	LDN/RVR05/021/F2/004	
Placement details (i.e. the specialty	General Surgery	
and sub-specialty)	(N/A)	
Department	An extensive range of surgery is carried out at the Trust,	
	including:	
	ear, nose and throat	
	general surgery	
	• ophthalmology	
	• oral	
	• plastics	
	trauma and orthopaedics urology.	
	All emergency surgery takes place at St Helier Hospital,	
	while all elective (pre-booked) surgery takes place at Epsom	
	Hospital, Sutton Hospital and St Helier Hospital.	
Type of work to expect and	To examine patients, investigate, instigate treatment,	
learning opportunities	prescribe as appropriate and/or admit or discharge, in line	
g opportunities	with departmental protocols, with the required senior	
	supervision.	
	Give advice and assistance to the departmental F1s	
	To participate in Audit within the department.	
Where the placement is based	General Surgery - Epsom & St Helier Hospitals (cross site)	
Clinical supervisor(s) for the	Mr Dhiren Nehra/Mr Trystan Lewis	
placement		
Main duties of the placement	See 'Type of work to expect and learning opportunities'	
Typical working pattern in this	All F2 Doctors in hospital posts are generally ward	
placement (e.g. ward rounds,	based during the 'normal' working day and expected to	
clinics, theatre sessions)	deliver the daily medical care of all the patients on their ward	
	irrespective of specialty.	
Local education provider (LEP) /	The employer for this post is Epsom and St Helier University	
employer information	Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk	

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

Educational Opportunities for Foundation Year 2 Junior Doctors

F2 Post codes:

LDN/RVR05/021/F2/003 LDN/RVR05/021/F2/004 The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
 the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions 	Weekly F2 teaching ALS Simulation Crisis Communication skills Script modules e-learning	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs. uk/pages/home/e-portfolio http://www.foundationprogramme.nhs. uk/pages/home/your-career-path http://www.foundationprogramme.nhs. uk/pages/home/foundation-ARCP http://www.stfs.org.uk/
 continuous improvement in their professional and clinical skills/acumen increasing understanding of the healthcare environment 			

	General Surgery St Helier
Monday	Surgery Handover 08:00
	Surgery Teaching 12:30
Tuesday	Surgery Handover 08:00
	To be agreed with Clinical Supervisor
Wednesday	Surgery Handover 08:00
	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs)
	Palliative Care Teaching (pm)
Thursday	Surgery Handover 08:00
	Grand Round Breakfast meeting 8:30 – 9:30
	Hospital Meeting 12:30 – 13:30
Friday	Surgery Handover 08:00
	To be agreed with Clinical Supervisor

Updated: 21 March 2023



Trust	Epsom And St Helier University Hospitals NHS Trust	
Site	Epsom Hospital	
Intrepid Post Code (and local post number if known)	LDN/RVR05/040/F2/001	
Placement details (i.e. the specialty and sub-specialty)	Obstetrics and Gynaecology (N/A)	
Department	Gynaecology. There are seven consultant-led clinics	
	General gynaecology (e.g. menopausal symptoms) Urogynaecology (bladder control) Scanning (e.g. trans-vaginal scan) Oncology (cancer) Urgent gynaecology referrals Pre-clerking Subfertility (e.g. assisted conception) Colposcopy Hysteroscopy Theatres Educational meetings in O&G The consultants are supported by sister, staff nurses, healthcare assistants and support staff, including a	
	counselling service. The consultant's team may also include registrars, senior house officers, staff grades, and medical and nursing students. Obstetrics. Both Epsom Hospital and St Helier Hospital have a maternity unit, providing care for pregnant women at the antenatal, intrapartum (labour and birth) and postnatal stages. The hospital and community midwifery service is fully integrated and managed by the Trust.	
Type of work to expect and learning opportunities	 Learning Opportunities: Gaining experience and familiarity in dealing with a wide variety of medical conditions Developing the skills of history taking, physical examination, appropriate investigation and rational prescribing Mastering several basic medical techniques Improving communication skills with patients, relatives and colleagues Developing skills in managing time and conflicting priorities. 	
Where the placement is based	Epsom Obstetrics and Gynaecology	
Clinical supervisor(s) for the placement	Miss Faizah Mukri	
Main duties of the placement	Specific duties to be advised upon placement.	
Typical working pattern in this		
placement (e.g. ward rounds, clinics, theatre sessions)	Rota TBC.	
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk	

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F2 Post code:

LDN/RVR05/040/F2/001

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There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning	Opportunities for obtaining experience	Useful links and additional resources
	opportunities	and training outcomes	
 the ability to work adaptively in 	Weekly F2 teaching ALS	SLEs including mini CEXs, DOPs, CBDs, developing the	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio
healthcare teams	Simulation	clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/your-career-path
the ability to manage	Crisis Communication skills		http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP
patients with acute and long-term conditions	Script modules e-learning		http://www.stfs.org.uk/
Conditions			
continuous improvement in their professional and clinical skills/acumen			
 increasing understanding of the healthcare environment 			

	Obstetrics & Gynaecology Epsom
Monday	To be agreed with Clinical Supervisor
Tuesday	To be agreed with Clinical Supervisor
Wednesday	F2 Weekly Teaching 9:00 –12:30 (3.5Hrs)
	Bleep Free O&G teaching 12:30 – 13:00
Thursday	Grand Round Lunchtime meeting 12:30 – 13:30
Friday	To be agreed with Clinical Supervisor

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Trust	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital
Intrepid Post Code (and local post	LDN/RVR05/040/F2/002
number if known)	
Placement details (i.e. the specialty	Obstetrics and Gynaecology
and sub-specialty)	(N/A)
Department	Gynaecology. There are seven consultant-led clinics General gynaecology (e.g. menopausal symptoms) Urogynaecology (bladder control) Scanning (e.g. trans-vaginal scan) Oncology (cancer) Urgent gynaecology referrals Pre-clerking Subfertility (e.g. assisted conception) The consultants are supported by sister, staff nurses, healthcare assistants and support staff, including a counselling service. The consultant's team may also include registrars, senior house officers, staff grades, and medical and nursing students. Obstetrics. Both Epsom Hospital and St Helier Hospital have a maternity unit, providing care for pregnant women at the antenatal, intrapartum (labour and birth) and postnatal stages. The hospital and community midwifery service is fully integrated and managed by the Trust.
Type of work to expect and	Gynae & post-natal ward rounds; seeing new cases in labour
learning opportunities	ward and A&E variety of theatre & clinics in 'specials week'
Where the placement is based	St Helier
Clinical supervisor(s) for the	Mr Dimitri Panayi
placement	·
Main duties of the placement	Specific duties to be advised upon placement.
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	Please refer to the Educational Opportunities. Rota TBC.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F2 Post code:

LDN/RVR05/040/F2/002

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
 the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions 	Weekly F2 teaching ALS Simulation Crisis Communication skills Script modules e-learning	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nh s.uk/pages/home/e-portfolio http://www.foundationprogramme.nh s.uk/pages/home/your-career-path http://www.foundationprogramme.nh s.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/
continuous improvement in their professional and clinical skills/acumen			
 increasing understanding of the healthcare environment 			

	Obstetrics & Gynaecology St Helier
Monday	To be agreed with Clinical Supervisor
Tuesday	To be agreed with Clinical Supervisor
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs) O&G teaching (pm)
Thursday	Grand Round Breakfast meeting 8:30 – 9:30 Hospital Meeting 12:30 – 13:30
Friday	To be agreed with Clinical Supervisor

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Trust	Epsom And St Helier University Hospitals NHS Trust
Site	Epsom Hospital
Intrepid Post Code (and local post	LDN/RVR05/011/F2/002
number if known)	
Placement details (i.e. the specialty	Geriatric Medicine STROKE
and sub-specialty)	(N/A)
Department	The care of the elderly departments at Epsom Hospital and St Helier Hospital sees all patients over the age of 75 for all medical conditions referred by GPs or other referring consultants. We aim to see patients within four to six weeks of referral to our consultants, and a plan is usually discussed with the patient regarding their pathway. Once they are medically fit and the consultant is happy with the progress made, the patient is discharged back to the GP's care. There are three care of the elderly wards (two female and one male) at St Helier Hospital, and four general medicine wards and one CCU ward at Epsom Hospital. If considered necessary, our patients will be admitted to these wards. They can also be admitted to these wards through A&E.
Type of work to expect and learning	Day to day management of inpatients
opportunities	 To support and supervise the F1s attached to COTE To support the SpR and Consultant on call in providing assessment, investigation and treatment of patients as directed To participate in out of hours medical team as part of a full shift system To ensure clear handover of patients to colleagues at the change of each shift To attend outpatients for educational purposes To ensure that prompt written communication is made with GPs when patients are discharged.
Where the placement is based	St Helier
Clinical supervisor(s) for the	Dr Shehzadhusain Ugharadar
placement	
Main duties of the placement	See 'Type of work to expect and learning opportunities'
Typical working pattern in this	Whilst in the Care of the Elderly (COTE) attachment the F2
placement (e.g. ward rounds, clinics, theatre sessions)	will be involved with the generic clerking of patients being admitted and the on-going care of the
uicaue sessions)	patients in the unit: On call requirements:
Local education provider (LEP) /	The employer for this post is Epsom and St Helier University
employer information	Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F2 Post codes:

LDN/RVR05/011/F2/002

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F2 teaching ALS Simulation Crisis	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs. uk/pages/home/e-portfolio http://www.foundationprogramme.nhs. uk/pages/home/your-career-path http://www.foundationprogramme.nhs.
the ability to manage patients with acute and long-term conditions	Communication skills Script modules e-learning		uk/pages/home/foundation-ARCP http://www.stfs.org.uk/
continuous improvement in their professional and clinical skills/acumen			
increasing understanding of the healthcare environment			

	Geriatric Medicine - COTE St Helier
Monday	Consultant Ward round 08:00 – 09:00
Tuesday	Ward round 08:00 – 09:00
Wednesday	Consultant Ward round 08:00 – 09:00
	Weekly F2 Teaching (3.5Hrs) 09:00 – 12:30
	X-ray meeting (13:00)
Thursday	Grand Round Breakfast meeting 8:30 – 09:30
	Hospital Meeting 12:30 – 13:30
Friday	COTE teaching 08:30 – 09:30
	Consultant Ward round after teaching

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LDN/RVR05/034/F2/001South Thames Four state of Four State of School

Trust	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital
Intrepid Post Code (and local post	LDN/RVR05/034/F2/001
number if known)	
Placement details (i.e. the specialty	Intensive Care Medicine
and sub-specialty)	(N/A)
Department	The Critical Care Unit at St Helier incorporates both
	Intensive Care and High Dependency aspects (level 2 and 3
	patients) and supports
	Epsom and St Helier University Hospitals NHS Trust on both
	acute hospital sites. The multi-disciplinary team of staff
	works together to provide the highest standards of care to
	patients and their families. There are a total of 16 critical
	care beds at St Helier, staffed by a dynamic, supportive and
	proactive team, influencing critical care for the future. The units are multidisciplinary, admitting the more
	The units are multidisciplinary, admitting the more complicated elective surgical patients and all general,
	medical and surgical patients requiring intensive or high
	dependency care.
	Each unit is supported by one-to-one nursing, and there is a
	consultant on-call 24 hours per day for each sub-unit.
	There is now a large multi-disciplinary team (of which the
	FY2 is intrinsic and pivotal). The FY2 is treated as an equal
	in all respects within this team and there is 24/7 ITU
	Consultant availability/supervision.
Type of work to expect and learning	You will always be supported by a registrar or
opportunities	Consultant whilst on duty.
	The main aim of the attachment is to learn to identify
	Critically III patients and to initiate life-saving therapy.
	As part of the team, you will be an active participant on the
	on-call rota (always paired up with a senior trainee). This will
	include weekend work.
	You will have multiple learning opportunities, including ward
	round presentations, taking (and reviewing) acute referrals,
	learn many practical procedures and be an active member of a Critical Care team.
Where the placement is based	ITU, St Helier
Clinical supervisor(s) for the	Dr Stanislaw Jankowski
placement	DI Cianisiaw Jankowski
Main duties of the placement	Specific duties to be advised upon placement.
Typical working pattern in this	Ward rounds: 08:00, 12:00 & 17:00
placement (e.g. ward rounds, clinics,	On call requirements; rota compiled by Dr V Shukla
theatre sessions)	2 2
Local education provider (LEP) /	The employer for this post is Epsom and St Helier University
employer information	Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk
omployor information	1100pitalo 14110 11dot. 11ttp://www.opoolii otilolioi.iliio.dit

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F2 Post code:

LDN/RVR05/034/F2/001

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F2 teaching ALS Simulation	SLEs including mini CEXs, DOPs, CBDs, developing the clinical	http://www.foundationprogramme.nh s.uk/pages/home/e-portfolio http://www.foundationprogramme.nh
the ability to manage patients with acute and long-term conditions	Crisis Communication skills Script modules e-learning	teacher	s.uk/pages/home/your-career-path http://www.foundationprogramme.nh s.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/
continuous improvement in their professional and clinical skills/acumen			
increasing understanding of the healthcare environment			

	ITU St Helier
Monday	Ward rounds: 08:00, 12:00 & 17:00
	To be agreed with Clinical Supervisor
Tuesday	Ward rounds: 08:00, 12:00 & 17:00
	To be agreed with Clinical Supervisor
Wednesday	Ward rounds: 08:00, 12:00 & 17:00
	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs)
Thursday	Ward rounds: 08:00, 12:00 & 17:00
	Grand Round Breakfast meeting 8:30 – 9:30
	Hospital Meeting 12:30 – 13:30
Friday	Ward rounds: 08:00, 12:00 & 17:00
	To be agreed with Clinical Supervisor

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Epsom And St Helier University Hospitals NHS Trust
Intropid Post Code (and local post number if known) LDN/RVR05/002/F2/002
Placement details (i.e. the specialty and sub-specialty) Department Services are provided from Epsom Hospital, Queen Mary's Hospital for Children, and a wide range of community settings, including children's own homes. • Neonatal care the neonatal unit provides emergency care for sick newborn babies. Babies born at less than 34 weeks and those likely to need intensive or high dependency care are brought to St Helier Hospital which offers level two care. • Children's accidents and emergencies (A&E) The Trust provides accident and emergency facilities at both Epsom and St Helier hospitals, and there is a dedicated paediatric A&E area on both hospital sites, where children under the age of 16 are seen. • Inpatient services. We have two dedicated children's wards in the Trust. Casey ward at Epsom Hospital and the children's wards at Queen Mary's Hospital for Children. Our children's wards care for children with a variety of surgical, orthopaedic and medical conditions. • Outpatient services We have two designated children's outpatients' departments providing services for babies, children and young adults (0-16 years). • Assessment units the assessment units at Queen Mary's Hospital for Children and Ebbisham ward at Epsom Hospital provide a day service for medical investigations and procedures. • Specialist care the paediatric department provides treatment and care in a number of specialist areas: cystic fibrosis, diabetes, endocrinology, epilepsy, gastroenterology, haematology, nephrology, respiratory services and oncology. • Paediatric surgery All types of paediatric surgery are performed by the Trust; mostly day surgery but also some inpatient surgery for orthopaedics and general surgery
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such as appendectomy. • <u>Children's therapies and other departments Children being</u> cared for at Epsom Hospital or Queen Mary's Hospital for Children can be referred by their consultant to a range of
therapies including physiotherapy, dietetics and occupational therapy.
Type of work to expect and learning Specific duties to be determined upon placement.
opportunities
Where the placement is based St Helier – Queen Mary's Hospital for Children
Clinical supervisor(s) for the placement Dr Ritu Handa / Dr Ranga Tirumallai
Main duties of the placement Specific duties to be determined upon placement
Typical working pattern in this placement Please refer to the Educational Opportunities.
(e.g. ward rounds, clinics, theatre sessions) Rota TBC.
Local education provider (LEP) / employer The employer for this post is Epsom and St Helier University
information Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F2 Post codes:

LDN/RVR05/002/F2/001 LDN/RVR05/002/F2/002

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptive healthcare teams	ely in Weekly F2 teaching ALS Simulation	SLEs including mini CEXs, DOPs, CBDs, developing the clinical	http://www.foundationprogramm e.nhs.uk/pages/home/e-portfolio http://www.foundationprogramm
the ability to manage paties with acute and long-term conditions	Crisis Communication skills Script modules e-learning	teacher	e.nhs.uk/pages/home/your- career-path http://www.foundationprogramm e.nhs.uk/pages/home/foundation -ARCP
continuous improvement ir their professional and clinic skills/acumen			http://www.stfs.org.uk/
 increasing understanding o healthcare environment 	f the		

	Paediatrics St Helier
Monday	To be agreed with Clinical Supervisor
Tuesday	To be agreed with Clinical Supervisor
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs) Renal/Histopath Teaching 16:00 – 17:00
Thursday	Grand Round Breakfast meeting 8:30 - 9:30 Hospital Meeting 12:30 - 13:30 Paediatrics teaching 14:00 - 17:00
Friday	To be agreed with Clinical Supervisor

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Trust	Epsom And St Helier University Hospitals NHS Trust
Site	Epsom Hospital
Intrepid Post Code (and local post number if known)	
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine, Respiratory Medicine
Department	Services: Outpatient clinics Home visits Ward rounds and assessments Airborne allergy testing Hyper-reactivity testing Education programmes for all health care staff in both primary and secondary care, patients and carers Oxygen and nebuliser assessment clinics Pulmonary rehabilitation programmes
Type of work to expect and learning opportunities	The department has an excellent multidisciplinary clinical governance and education programme to which all junior doctors contribute
Where the placement is based	Epsom Hospital
Clinical supervisor(s) for the placement	Dr Claire Wells
Main duties of the placement	Specific duties to be advised upon placement
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	Specific working pattern to be advised upon placement
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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F2 Post code:

LDN/RVR05/004/F2/002

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Learning Outcomes	Formal and	Opportunities for	Useful links and
	Informal learning	obtaining experience	additional resources
	opportunities	and training outcomes	
the ability to work adaptively in healthcare teams	Weekly F2 teaching ALS Simulation	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme _nhs.uk/pages/home/e-portfolio http://www.foundationprogramme _nhs.uk/pages/home/your-career-
the ability to manage patients with acute and long- term conditions	Crisis Communication skills Script modules		path http://www.foundationprogramme .nhs.uk/pages/home/foundation- ARCP
continuous improvement in their professional and clinical skills/acumen	e-learning		http://www.stfs.org.uk/
 increasing understanding of the healthcare environment 			

	Respiratory Epsom
Monday	Lung MDT 9:00
	Ward Round after MDT
Tuesday	Ward Round 9:00
Wednesday	Ward Round 9:00
	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs)
Thursday	Grand Round Lunchtime meeting 12:30 – 13:30
Friday	Ward Round 9:00



Trust	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital
Intrepid Post Code (and local post number if	LDN/RVR05/024/F2/001
known)	LDN/RVR05/024/F2/002
Placement details (i.e. the specialty and sub-specialty)	Trauma and Orthopaedic Surgery (N/A)
Department	The trauma and orthopaedics department of the Trust provides acute care for patients with musculoskeletal injuries (such as fractures and dislocations) as well as planned care for patients with bone and joint disorders and the care of children with orthopaedic problems. Specialist services are offered in a number of different areas. The department is actively involved in training junior doctors and teaching medical students from St George's Medical School. The department offers care for almost the entire range of orthopaedic problems. The Elective Orthopaedics Centre (EOC) is recognised as a national centre of excellence.
Type of work to expect and learning opportunities	The FY2 doctor attached to Orthopaedics will share responsibility for patients under all consultants on the ortho wards with the other FY2 doctors, supported by middle grade staff for each specialty. Responsibilities include: Day to day care of all patients on the ward (admission clerking and assessment, daily or more frequent clinical review, legible notes in medical records, prescribing, requesting investigations and actioning results),Ward Rounds, Attending theatre lists, Discharge planning and discharge notifications, Maintaining patient safety by abiding by the Medicines Code, Infection Prevention procedures and Medical Equipment/Devices policy, On-Call responsibilities (nights & lates), Clerking of new admissions and other ward-based duties as above, Reviewing of sick patients of other teams and specialties & inputting into their care. Learning Opportunities. Generic Skills / Professional Development FY2 Programme (6 days) Departmental educational Meetings Learning on the Job: Ward rounds, informal teaching from peers, middle grade and consultant staff, interaction with medical students and their educational activities etc. e-learning resources to support induction and on-going professional development
Where the placement is based	St Helier
Clinical supervisor(s) for the placement	Ms Andrea Sott/Mr Sohail Yousaf
Main duties of the placement	See 'Type of work to expect and learning opportunities'
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	Mon-Fri: 8am - trauma handover meeting; 9am - ward round +/- SHO/SpR/Cons. If consultant on call, ward round for pre-op patients first, afternoon - ward jobs.
Local advection provides (LED) / see the con-	On call requirements.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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F2 Post codes:

LDN/RVR05/024/F2/001 LDN/RVR05/024/F2/002

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Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F2 teaching ALS Simulation	SLEs including mini CEXs, DOPs, CBDs, developing the clinical	http://www.foundationprogramm e.nhs.uk/pages/home/e-portfolio http://www.foundationprogramm
the ability to manage patients with acute and long-term conditions	Crisis Communication skills Script modules e-learning	teacher	e.nhs.uk/pages/home/your- career-path http://www.foundationprogramm e.nhs.uk/pages/home/foundation -ARCP
continuous improvement in their professional and clinical skills/acumen			http://www.stfs.org.uk/
 increasing understanding of the healthcare environment 			

	Trauma & Orthopaedics - St Helier
Monday	Mr Dinah T&O teaching 7:45
	Trauma meeting & handover 8:00
	FT/SHO teaching foot & ankle tbc (once a month)
Tuesday	Trauma meeting & handover 8:00
	GP teaching 13:00
Wednesday	Trauma meeting & handover 8:00
	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs)
Thursday	Trauma meeting & handover 8:00
	Grand Round Breakfast meeting 8:30 – 9:30
	Hospital Meeting 12:30 - 13:30
Friday	Trauma meeting & handover 8:00



Trust	Encom And St Holiar University Heapitals NHS Trust
	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital LDN/RVR05/027/F2/003
Intrepid Post Code (and local post number if known)	LDN/RVR05/02/1F2/003
Placement details (i.e. the specialty	Urology (N/A)
and sub-specialty)	drology (N/A)
Department	The department is staffed by six consultant urological
Department	surgeons, two specialist registrars, two trust registrars, five junior surgical trainees and four foundation year doctors from the St George's Hospital Medical School. There are six clinical nurse specialists and a team of ward and clinic nurses who are experienced in the management of urological conditions. Together we provide a comprehensive multidisciplinary service in all aspects of adult urology. We have well developed tertiary referral links with the Royal Marsden Hospital and St Georges Hospital. Sub-specialties The department has sub-specialist interests in a number of areas. These include:
Type of work to expect and learning opportunities	 Modern management of Benign prostatic hyperplasia (BPH) including Greenlight laser prostatectomy. A comprehensive multidisciplinary prostate cancer service, provided in collaboration with Dr Chris Parker and Mr Chris Ogden from the Royal Marsden Hospital. A large stone unit providing a comprehensive service involving all aspects of stone treatment including a regional lithotripsy service and laser stone surgery. Advanced laparoscopic ("keyhole surgery") for kidney cancer and benign kidney conditions. Female urology service including vaginal tape procedures (TVT) and botox bladder injections. St Helier site deals with acute admissions only. There are occasional opportunities to go to theatre & clinic.
Where the placement is bessel	Linelanu dant masimiu at Ctilalian but a mastimas - Francis
Where the placement is based	Urology dept, mainly at St Helier, but sometimes Epsom.
Clinical supervisor(s) for the placement	Mr Pieter Le Roux
Main duties of the placement	Ward work; clerking patients; surgical on calls.
Typical working pattern in this	Please refer to the Educational Opportunities.
placement (e.g. ward rounds, clinics, theatre sessions)	Rota TBC.
Local education provider (LEP) /	The employer for this post is Epsom and St Helier University
employer information	Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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F2 Post code:

LDN/RVR05/027/F2/003

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Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F2 teaching ALS Simulation	SLEs including mini CEXs, DOPs, CBDs, developing the clinical	http://www.foundationprogram me.nhs.uk/pages/home/e- portfolio
the ability to manage patients with acute and long-term conditions	Crisis Communication skills Script modules e-learning	teacher	http://www.foundationprogram me.nhs.uk/pages/home/your- career-path http://www.foundationprogram me.nhs.uk/pages/home/found
continuous improvement in their professional and clinical skills/acumen			ation-ARCP http://www.stfs.org.uk/
 increasing understanding of the healthcare environment 			

	Urology St Helier
Monday	Consultant Ward round 8:00 – 9:00
	Urology departmental teaching 12:30 – 14:00
Tuesday	Ward round 8:00
Wednesday	Ward round 8:00 Weekly F2 Teaching (3Hrs) 9:00 – 12:30
Thursday	Ward round 8:00-10:00 MDT & X-ray meeting Grand Round Breakfast meeting 8:30 – 9:30
	Hospital Meeting 12:30 – 13:30
Friday	Ward round 8:00



Trust	Epsom And St Helier University Hospitals NHS Trust
Site	Epsom Hospital
Intrepid Post Code (and local post	LDN/RVR05/030/F2/001
number if known)	LDN/RVR05/030/F2/002
	LDN/RVR05/030/F2/004
	LDN/RVR05/030/F2/005
	LDN/RVR05/030/F2/008
Placement details (i.e. the energialty)	LDN/RVR05/030/F2/009 Emergency Medicine
Placement details (i.e. the specialty	Emergency Medicine
and sub-specialty)	Decreased adult an annual adult and an anti-
Department	Busy general adult emergency department seeing all
Type of work to expect and	varieties of acute illness and injury. You will see a large number of patients with everything from
learning opportunities	minor trauma to cardiac arrest. You will be supported by a registrar or Consultant whilst on duty. You will have the opportunity to learn many practical procedures including fracture reduction and
	ultrasound scanning. There are Clinical Educators on each site who are Emergency medicine consultants being present purely to support your educational activities such as WBAs, procedures etc. ALS and Simulation training provided on site. ATLS and APLS courses also run in Trust. EDT time is embedded in the rota.
	Community Specific Exposure All trainees are able to attend: 1. GP delivered Urgent Care Centre. 2. Rapid Response/Community Discharge team.
Where the placement is based	Epsom Hospital Emergency Department
Clinical supervisor(s) for the placement	Dr Amir Hassan, Dr Anand Pratap, Dr Annali Lawrenson, Dr Asif Mushtaq, Dr Aziz Siddiqui, Dr Besnik Nurboja, Dr Dai Davies, Dr Dwynwen Robert, Dr Jameel Karim, Dr Mevan Pererra, Dr Milan Subba, Dr Rainbow Roach, Dr Robert Tan, Dr Sayed Qudsi, Dr Shahbaz Ahmed, Dr Shilpa Gajjar, Dr Sylvester Rodrigues, Dr Irphan Yonis, Dr Sharif Zarif,
Main duties of the placement	Initial assessment and clinical management of adult patients. Shop floor teaching for medical students. Role in departmental audit.
Typical working pattern in this	Please refer to educational opportunities. Rota tbc
placement (e.g. ward rounds, clinics, theatre sessions)	
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F2 Post codes:

LDN/RVR05/030/F2/001 LDN/RVR05/030/F2/002 LDN/RVR05/030/F2/004 LDN/RVR05/030/F2/005 LDN/RVR05/030/F2/008 LDN/RVR05/030/F2/009

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
 the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen increasing understanding of the healthcare environment 	Weekly F2 teaching ALS Simulation Crisis Communication skills e-learning Minor Injuries couses	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs.uk/p ages/home/e-portfolio http://www.foundationprogramme.nhs.uk/p ages/home/your-career-path http://www.foundationprogramme.nhs.uk/p ages/home/foundation-ARCP http://www.stfs.org.uk/

	Emergency Medicine St Helier
Monday	To be agreed with Clinical Supervisor
Tuesday	To be agreed with Clinical Supervisor
Wednesday	ED Breakfast teaching STH 8:00 - 9:00
	F2 Weekly Teaching 9:00– 12:30 (3.5Hrs)
Thursday	Grand Round Breakfast meeting 8:30 –9:30
	Hospital Meeting 12:30 – 13:30
Friday	To be agreed with Clinical Supervisor



Trust	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital
Intrepid Post Code (and local post	LDN/RVR05/030/F2/001
number if known)	LDN/RVR05/030/F2/002
,	LDN/RVR05/030/F2/004
	LDN/RVR05/030/F2/005
	LDN/RVR05/030/F2/008
	LDN/RVR05/030/F2/009
Placement details (i.e. the specialty	Emergency Medicine
and sub-specialty)	
Department	Busy general adult emergency department seeing all
	varieties of acute illness and injury.
Type of work to expect and	You will see a large number of patients with everything from
learning opportunities	minor trauma to cardiac arrest. You will be supported by a
	registrar or Consultant whilst on
	duty. You will have the opportunity to learn many practical
	procedures including fracture reduction and
	ultrasound scanning. There are Clinical Educators on each
	site who are Emergency medicine consultants being present
	purely to support your educational activities such as WBAs,
	procedures etc.
	Compulsory ALS and Simulation training provided on site. ATLS and APLS courses also run in Trust.
	ATES and AFES courses also full in Trust.
	Community Specific Exposure All trainees will attend:
	GP delivered Urgent Care Centre.
	2. Community based Alcohol Clinic (4 x 4 hour sessions per
	rotation).
	3. Rapid Response/Community Discharge team.
Where the placement is based	St Helier Emergency Department
Clinical supervisor(s) for the	Dr Sayed Qudsi, Dr Milan Subba, Dr Asif Mushtaq, Dr Sharif
placement	Zarif, Dr Amir Hassan, Dr Shahbaz Ahmed, Dr Amir Hassan,
pidomoni	Dr Anand Pratap, Dr Besnik Nurboja, Dr Mevan Pererra, Dr
	Rainbow Roach, Dr Jameel Karim, Dr Robert Tan
Main duties of the placement	Initial assessment and clinical management of adult
	patients. Shop floor teaching for medical students. Role in
	departmental audit.
Typical working pattern in this	Please refer to educational opportunities. Rota tbc
placement (e.g. ward rounds, clinics,	
theatre sessions)	
Local education provider (LEP) /	The employer for this post is Epsom and St Helier University
employer information	Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F2 Post codes:

LDN/RVR05/030/F2/001 LDN/RVR05/030/F2/002 LDN/RVR05/030/F2/004 LDN/RVR05/030/F2/005 LDN/RVR05/030/F2/008 LDN/RVR05/030/F2/009

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

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Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
 the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen increasing understanding of the healthcare environment 	Weekly F2 teaching ALS Simulation Crisis Communication skills Script modules e-learning	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs.uk/p ages/home/e-portfolio http://www.foundationprogramme.nhs.uk/p ages/home/your-career-path http://www.foundationprogramme.nhs.uk/p ages/home/foundation-ARCP http://www.stfs.org.uk/

	Emergency Medicine St Helier
Monday	To be agreed with Clinical Supervisor
Tuesday	To be agreed with Clinical Supervisor
Wednesday	ED Breakfast teaching STH 8:00 - 9:00
	F2 Weekly Teaching 9:00– 12:30 (3.5Hrs)
Thursday	Grand Round Breakfast meeting 8:30 –9:30
	Hospital Meeting 12:30 – 13:30
Friday	To be agreed with Clinical Supervisor



Trust	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital
Intrepid Post Code (and local post	LDN/RVR05/015/F2/001
number if known)	LDN/RVR05/015/F2/002
Transce ii kilowii)	LDN/RVR05/015/F2/003
Placement details (i.e. the specialty	Renal Medicine (Nephrology)
and sub-specialty)	
Department	The South West Thames Renal and Transplantation Unit is one of the largest units in the UK. As a tertiary renal unit, we offer the full range of renal services including nephrology, dialysis and transplantation services, serving a population of about two million across south west London and Surrey. Transplant surgery is performed at St George's Hospital. Each of the acute trusts served by the renal unit has an on- site nephrologist presence at least twice a week, offering clinic and ward referral services. Inpatient services include a 57-bed unit on three wards with fully trained renal nurses and facility for acute haemodialysis and plasma exchange. At the end of 2008/09 there were 527 transplant recipients, 630 haemodialysis patients, 130 peritoneal dialysis patients and 5519 patients attending the nephrology clinics. On average the network undertakes 45 kidney transplants for patients at St Helier
Type of work to expect and	Hospital each year. At the Renal referral centre you will see a large number
Type of work to expect and learning opportunities	of patients with renal disease. You will always be supported
learning opportunities	by a registrar or Consultant whilst on duty. You will have the
	opportunity to learn many practical procedures.
Where the placement is based	Renal Unit, St Helier
Clinical supervisor(s) for the placement	Dr David Makanjuola/Dr Pauline Swift/Dr Ayesha Irtiza-Ali
Main duties of the placement	See 'Type of work to expect and learning opportunities'
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	Please refer to the Educational Opportunities. Rota TBC.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F2 Post codes:

LDN/RVR05/015/F2/001 LDN/RVR05/015/F2/002 LDN/RVR05/015/F2/003

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

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Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
 the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions 	Weekly F2 teaching ALS Simulation Crisis Communication skills Script modules e-learning	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogram me.nhs.uk/pages/home/e- portfolio http://www.foundationprogram me.nhs.uk/pages/home/your- career-path http://www.foundationprogram me.nhs.uk/pages/home/found ation-ARCP
 continuous improvement in their professional and clinical skills/acumen increasing understanding of the healthcare environment 			http://www.stfs.org.uk/

	Renal Medicine St Helier
Monday	Journal Club 13:00 – 14:00
Tuesday	Renal Teaching 13:00 – 14:00
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs)
	Teaching 8:15 - 9:00
	Renal/Histopath MDT 4:00 – 5:00
Thursday	Grand Round Breakfast meeting 8:30 – 9:30
	Hospital Meeting 12:30 - 13:30
	Microbiology MDT 14:00 – 15:00
Friday	Renal Teaching 12:30 – 14:00



Trust	Epsom And St Helier University Hospitals NHS Trust
Site	Epsom Hospital & Princess Alice Hospice
Intrepid Post Code (and local post	LDN/RVR50/094/F2/001
number if known)	
Placement details (i.e. the specialty	Palliative Care - Princess Alice Hospice
and sub-specialty)	
Department	Palliative Care
Type of work to expect and learning opportunities	They would gain valuable experience in the community; a sound grounding in the in-patient hospice unit, visiting patients in their own homes, joint working with Primary Care Team professionals, including GPs, involvement with education and teaching. They will experience the continuity of care that we provide for palliative care patients across hospital/hospice/community (home). They will get the opportunity to follow patients seen at Epsom Hospital through to the hospice/community setting, and vice versa when they are re-admitted to hospital. Experience in managing holistic needs of palliative care patients including developing skills in prescribing opioids and the wide range of medications for symptom control.
	Gain an understanding of bereavement risks and support available Experience in liaising with external professionals including oncology centres to co-ordinate patient care. Non-medical interventions in symptom control Supporting patients to be cared for in their preferred place of care. Ethical decision making and application of the Mental Capacity Act and advance care planning. They will gain a better understanding of true multidisciplinary working and decision making. Opportunity to complete the European Certificate in Essential Palliative care - to be discussed with clinical supervisor.
Where the placement is based	Princess Alice Hospice/ Epsom General Hospital
Clinical supervisor(s) for the placement	Dr Aruni Wijeratne
Main duties of the placement	The attachment will include a 2 – 3 month block at Princess Alice Hospice (in-patient and community), where they would be closely supervised and take part in hospice educational activities. After this period, the aim would be to work with the specialist palliative care team at Epsom Hospital. They would gain valuable experience in the continuity of care that we provide for palliative care patients across

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)		
Local education provider (LEP) /	Daily ward patient reviews with senior supervision Internal educational meetings including Journal Club Handover for weekend on-call doctors The employer for this post is Epsom and St Helier	
employer information	University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk	

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F2 Post code:

LDN/RVR50/094/F2/001

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Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F2 teaching ALS Simulation	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramm e.nhs.uk/pages/home/e-portfolio http://www.foundationprogramm e.nhs.uk/pages/home/your-
the ability to manage patients with acute and long-term conditions	Crisis Communication skills Script modules		career-path http://www.foundationprogramm e.nhs.uk/pages/home/foundation -ARCP http://www.stfs.org.uk/
continuous improvement in their professional and clinical skills/acumen	e-learning		
 increasing understanding of the healthcare environment 			

	Palliative Medicine Epsom Hospital/Princess Alice Hospice
Monday	Princess Alice Hospice in-patient unit/Epsom Hospital
Tuesday	Princess Alice Hospice in-patient unit/Epsom Hospital
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs) Princess Alice Hospice in-patient unit/Epsom Hospital
Thursday	Princess Alice Hospice in-patient unit/Epsom Hospital
Friday	Princess Alice Hospice in-patient unit/Epsom Hospital



Trust	Epsom And St Helier University Hospitals NHS Trust		
Site	Morden Community Mental Health team		
Intrepid Post Code (and local post	LDN/RVR05/052/F2/001		
number if known)			
Placement details (i.e. the specialty	General Adult Psychiatry - community		
and sub-specialty)	(Morden Community Mental Health team)		
Department	South West London & St George's Mental Health NHS Trust		
Type of work to expect and learning opportunities	Working as part of a multidisciplinary team, which includes a fulltime consultant, a full time higher trainee (rotational) and a core trainee (rotational), and Community Psychiatric nurses, social workers and other staff. Gaining skills in the diagnosis and treatment of the whole range of psychiatric disorders from patients with affective disorders to those patients with severe and enduring mental health disorders who are already under the care of the Merton Recovery & Support Team. There is frequent need to liaise with other community and primary care services to assess changes in functioning, and to make safe plans for continuity of care after discharge and to communicate the discharge plan to the GP.		
Where the placement is based	In the community in Merton borough, with a team base at Wilson Hospital, Cranmer Road, Mitcham CR4 4TP Tel: 0203 458 5580		
Clinical supervisor(s) for the	Dr Nicola Omu, Consultant Psychiatrist		
placement	Nicola.Omu@swlstg-tr.nhs.uk		
Main duties of the placement	Gaining experience and skills in community psychiatry, which will include seeing outpatients the team base and in their own homes with more experienced clinicians. See job description in the following pages of this Placement Descriptor.		
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	The work will include outpatient clinics, community visits, meeting with families, multidisciplinary meetings, and adult safeguarding meetings.		
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk		

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F2 Post code:

LDN/RVR05/052/F2/001

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There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F2 teaching ALS Simulation	SLEs including mini CEXs, DOPs, CBDs, developing the clinical	http://www.foundationprogramm e.nhs.uk/pages/home/e-portfolio http://www.foundationprogramm
the ability to manage patients with acute and long-term conditions	Crisis Communication skills Script modules	teacher	e.nhs.uk/pages/home/your- career-path http://www.foundationprogramm e.nhs.uk/pages/home/foundation -ARCP
continuous improvement in their professional and clinical skills/acumen	e-learning		http://www.stfs.org.uk/
increasing understanding of the healthcare environment			

	Community Psychiatry - Morden Recovery and Support Team
Monday	AM - Assessment Team meeting Outpatient clinics
Tuesday	Outpatient clinics AM CPA reviews PM
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs) Home visits
Thursday	AM - MDT meeting PM - Springfield Academic Programme
Friday	Outpatient clinics



Trust	Epsom And St Helier University Hospitals NHS Trust
Site	Sutton (Address below)
Intrepid Post Code (and local post	LDN/RVR05/052/F2/004
number if known)	
Placement details (i.e. the specialty	Community Psychiatry
and sub-specialty)	(Home Treatment team - Sutton)
Department	South West London & St George's Mental Health NHS Trust
Type of work to expect and	Working as part of a multidisciplinary team, which
learning opportunities	includes a fulltime consultant, a part-time F2 doctor, Band 6 specialist nurses and support workers. Gaining skills in the diagnosis and treatment of the whole range of psychiatric disorders from patients with affective disorders presenting in acute crises who may be seen briefly by the team and discharged back to primary care to those patients with severe and enduring mental health disorders who are already under the care of the Sutton Recovery & Support Team. There is frequent need to liaise with community and primary care services to assess changes in functioning, and to make safe plans for continuity of care after discharge, and to communicate the discharge plan to the GP.
Where the placement is based	In the community in Sutton borough, with a team base at Jubilee Health Centre East, 6 Stanley Park Road, Wallington, Sutton, SM6 0EX, Tel: 020 3513 3926
Clinical supervisor(s) for the placement	Dr Louise Guest, Consultant Psychiatrist
Main duties of the placement	Gaining experience and skills in community psychiatry, which will include seeing outpatients the team base and in their own homes with more experienced clinicians. See job description in the following pages of this Placement Descriptor.
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	The work will include outpatient clinics, community visits, meeting with families, multidisciplinary meetings, and adult safeguarding meetings.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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F2 Post code:

LDN/RVR05/052/F2/004

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
 the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen 	Weekly F2 teaching ALS Simulation Crisis Communication skills Script modules e-learning	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs.uk/page s/home/e-portfolio http://www.foundationprogramme.nhs.uk/page s/home/your-career-path http://www.foundationprogramme.nhs.uk/page s/home/foundation-ARCP http://www.stfs.org.uk/
 increasing understanding of the healthcare environment 			

	General Psychiatry Home Treatment Team St Helier - Sutton
Monday	AM -Assessment Team meeting.
	CPA clinic
Tuesday	AM- Urgent MDT reviews/admin
	PM - Outpatient Clinic/CPAs
Wednesday	F2 Weekly Teaching 9:00-12:30 (3.5Hrs)
	PM - GP Liaison Visits
Thursday	AM - MDT Meeting
	Grand Round Breakfast meeting 8:30–9:30
	Hospital Meeting 12:30–13:30
	PM – Springfield Academic Programme
Friday	AM - Assessment clinic

STFS is a collaboration between HE Kent, Surrey & Sussex, HE South London, Brighton & Sussex Medical School, King's College London School of Medicine & St George's University of London

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STFS is a collaboration between HE Kent, Surrey & Sussex, HE South London, Brighton & Sussex Medical School, King's College London School of Medicine & St George's University of London Page 3 of 3

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Updated: 21 March 2023



Trust	Epsom And St Helier University Hospitals NHS Trust		
Site	Jubilee Health Centre, Wallington		
Intrepid Post Code (and local post	LDN/RVR05/052/F2/002		
number if known)			
Placement details (i.e. the specialty	General Psychiatry		
and sub-specialty)	(Carshalton and Wallington Recovery & Support Team)		
Department	Carshalton and Wallington Recovery & Support Team		
Type of work to expect and	Gaining experience and competencies in the		
learning opportunities	assessment and ongoing management of patients with		
	common and serious mental illness		
Where the placement is based	Jubilee Health Centre East, 6 Stanley Park Road,		
	Wallington, Surrey. SM6 0EX		
	D. O A. I.		
Clinical supervisor(s) for the	Dr Stuart Adams		
placement			
Main duties of the placement	Working alongside the substantive consultant and the		
	other locum consultant within the team in the outpatient		
	clinics. Writing reports, assessments, referral, or letters		
	which provide meaningful clinical information. Provision		
	of accurate prescriptions, Supporting the MDT with the completion of Cardiometabolic Assessments, Providing		
	teaching and support to medical students. Reviewing		
Typical working pattern in this			
thouse decolories			
	1.		
Local education provider (LEP) /			
	sthelier.nhs.uk		
	·		
	Acting TPD for Foundation Doctors: Dr Marcus Hughes		
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions) Local education provider (LEP) / employer information	The local education provider is South West London & St George's Mental Health NHS Trust.		

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F2 Post code:

LDN/RVR05/052/F2/002

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal	Opportunities for	Useful links and additional
	learning	obtaining experience	resources
	opportunities	and training outcomes	
the ability to work	Weekly F2 teaching	SLEs including mini	http://www.foundationprogramme.nhs
adaptively in healthcare	ALS	CEXs, DOPs, CBDs,	.uk/pages/home/e-portfolio
teams	Simulation	developing the clinical	http://www.foundationprogramme.nhs
	Crisis	teacher	.uk/pages/home/your-career-path
 the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen 	Communication skills Script modules e-learning clinics Individual supervision Multidisciplinary and multiagency meetings		http://www.foundationprogramme.nhs .uk/pages/home/foundation-ARCP http://www.stfs.org.uk/
increasing understanding of the healthcare environment			

	Psychiatry – Carshalton & Wallington Recovery and Support Team
Monday	Flexible Assertive Community Treatment (FACT) /Zoning Meeting 9:00 – 10:00 Consultant's Outpatient clinic 10:00 -13:00 FY2 Outpatient Clinic 13:00 – 16:00 plus supervision afterwards
Tuesday	Outpatient clinic 09:30 – 13:00 13:00- 16:00 Home visits/ Outpatient clinic 16:00- 17:00 Formal supervision
Wednesday	Weekly F2 Teaching (3.5Hrs) 09:00 - 12:30
Thursday	MDT 9:00 – 11:00 Monthly Learning Forum OR home visits with consultant OR Monthly Business Meeting Academic Programme, Springfield University Hospital (weekly guest speakers, case presentations and journal clubs) or Audit / Research / Service Improvement Projects 13:15-17:00
Friday	Flexible Assertive Community Treatment (FACT) /Zoning Meeting 09:00 – 10:00 Consultants Outpatient Clinic 10:00 -11:00 New Patient Assessment with Consultant 11:00 – 12:30 New Patient Assessment with Consultant 14:00 – 15;30

STFS is a collaboration between HE Kent, Surrey & Sussex, HE South London, Brighton & Sussex Medical School, King's College London School of Medicine & St George's University of London



Trust	Epsom And St Helier University Hospitals NHS Trust		
Site	St Helier Hospital		
Intrepid Post Code (and local post	LDN/RVR05/800/F2/001		
number if known)	LDN/RVR05/800/F2/003		
	LDN/RVR05/800/F2/005		
	LDN/RVR05/800/F2/006		
	LDN/RVR05/800/F2/007		
Placement details (i.e. the specialty	General Practice (N/A)		
and sub-specialty)			
Department	General Practice		
Type of work to expect and learning opportunities	To work in a supervised capacity with Doctors and members of the Primary Care Team. Specific duties to be determined by mutual agreement but will include working in the surgery and possibly home visits. Generic Skills / Professional Development FY2 Programme (6 days) Monthly Tuesday Lecture Programme e-learning resources to support induction and on-going professional development. Psychiatry Exposure Each trainee attends 1 day per week in a psychiatry community and/or ward setting, per rotation.		
Where the placement is based	Local GP surgeries		
Clinical supervisor(s) for the placement	Varies depending upon which General Practice.		
Main duties of the placement	Specific duties to be determined by mutual agreement but will include working in the surgery and possibly home visits.		
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	Varies depending upon which General Practice.		
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk		

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F2 Post codes:

LDN/RVR05/800/F2/001

LDN/RVR05/800/F2/003 LDN/RVR05/800/F2/005

LDN/RVR05/800/F2/006

LDN/RVR05/800/F2/007

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There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F2 teaching ALS Simulation	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme. nhs.uk/pages/home/e-portfolio http://www.foundationprogramme. nhs.uk/pages/home/your-career-
 the ability to manage patients with acute and long-term conditions 	Crisis Communication skills Script modules e-learning	the clinical teacher	path http://www.foundationprogramme. nhs.uk/pages/home/foundation- ARCP
 continuous improvement in their professional and clinical skills/acumen 			http://www.stfs.org.uk/
increasing understanding of the healthcare environment			

	General Practice - St Helier
Monday	To be agreed with Clinical Supervisor
Tuesday	To be agreed with Clinical Supervisor
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs)
	GP teaching Wednesday or Thursday 13:00 - 14:00
Thursday	Grand Round Breakfast meeting 8:30 – 9:30
	Hospital Meeting 12:30 – 13:30
	GP teaching Wednesday or Thursday 13:00 - 14:00
Friday	To be agreed with Clinical Supervisor



Trust	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital
Intrepid Post Code (and local post	LDN/RVR05/011/F2/003
number if known)	
Placement details (i.e. the specialty	Orthogeriatrics (N/A)
and sub-specialty)	, ,
Department	The Hip Fracture Unit at St Helier Hospital is a centre of excellence for the management of older patients with hip fractures. In the recent 2013 National Hip Fracture Database National Report St Helier was the highest achieving Trust in the country for the Department of Health's best practice tariff for hip fractures. It is a busy unit with approximately 400 hip fractures per year. All patients are admitted under joint care of the orthopaedic and the orthogeriatric teams and remain under both teams for the duration of their admission. There is also very close working with the anaesthetic
Town of words to some of and	department, pain control teams, rheumatology, dietetics and therapy teams.
Type of work to expect and learning opportunities	Attend the daily trauma meeting to discuss new hip fracture patients. Attend daily acute hip fracture ward rounds to optimise new patients for surgery so that delays to surgery are minimised. Peri-operative care including careful fluid balance, early detection of decompensation in cardiac status etc so that complications are minimised. Day to day management of elderly hip fracture patients including management of nutritional status, skin care, assessment of falls risk and assessment of secondary bone protection. Attend regular MDT meetings to enable safe and timely
	discharge of patients. On the on call rota for general medicine.
Where the placement is based	St Helier
Clinical supervisor(s) for the placement	Dr Nivi Singh
Main duties of the placement	Specific duties to be advised upon placement.
Typical working pattern in this	Please refer to the Educational Opportunities.
placement (e.g. ward rounds, clinics, theatre sessions)	Rota TBC.
Local education provider (LEP) /	The employer for this post is Epsom and St Helier
employer information	University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

^{*}It is important to note that this description is a typical example of the placement and may be subject to change.

F2 Post code:

LDN/RVR05/011/F2/003

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
 the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions 	Weekly F2 teaching ALS Simulation Crisis Communication skills Script modules	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme. nhs.uk/pages/home/e-portfolio http://www.foundationprogramme. nhs.uk/pages/home/your-career- path http://www.foundationprogramme. nhs.uk/pages/home/foundation-
 continuous improvement in their professional and clinical skills/acumen increasing understanding of the 	e-learning		ARCP http://www.stfs.org.uk/
healthcare environment			

	Orthogeriatrics St Helier
Monday	Trauma Meeting 8:00 – 9:00
	Orthogeriatrics MDT 13:30
Tuesday	Trauma Meeting 8:00 – 9:00
Wednesday	Trauma Meeting 8:00 – 9:00
	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs)
Thursday	Grand Round Breakfast meeting 8:30 – 9:30
	Hospital Meeting 12:30 – 13:30
Friday	To be agreed with Clinical Supervisor

STFS is a collaboration between HE Kent, Surrey & Sussex, HE South London, Brighton & Sussex Medical School, King's College London School of Medicine & St George's University of London



Trust	Epsom And St Helier University Hospitals NHS Trust
Site	Epsom Hospital
Intrepid Post Code (and local post number if	LDN/RVR05/002/F2/002
known)	LDN/RVR50/002/F2/001
Placement details (i.e. the specialty and	Paediatrics
sub-specialty)	(N/A)
Department	 Services are provided from Epsom Hospital, Queen Mary's Hospital for Children, and a wide range of community settings, including children's own homes. Neonatal care The neonatal unit provides emergency care for sick newborn babies. Babies born at less than 34 weeks and those likely to need intensive or high dependency care are brought to St Helier Hospital which offers level two care. Children's accidents and emergencies (A&E) The Trust provides accident and emergency facilities at both Epsom and St Helier hospitals, and there is a dedicated paediatric A&E area on both hospital sites, where children under the age of 16 are seen. Inpatient services We have two dedicated children's wards in the Trust: Casey ward at Epsom Hospital and the children's ward at Queen Mary's Hospital for Children. Our children's wards care for children with a variety of surgical, orthopaedic and medical conditions. Outpatient services We have two designated children's outpatients departments providing services for babies, children and young adults (0-16 years). Assessment units The assessment units at Queen Mary's Hospital for Children and Ebbisham ward at Epsom Hospital provide a day service for medical investigations and procedures. Specialist care The paediatric department provides treatment and care in a number of specialist areas: cystic fibrosis, diabetes, endocrinology, epilepsy, gastroenterology, haematology, nephrology, respiratory services and oncology. Paediatric surgery All types of paediatric surgery are performed by the Trust; mostly day surgery but also some inpatient surgery for orthopaedics and general surgery such as appendicectomy. Children's therapies and other departments Children being cared for at Epsom Hospital or Queen Mary's Hospital for Children can be referred by their consultant to a range of therapies including physiotherapy, dietetics and occupational therapy.
Type of work to expect and learning opportunities	Specific duties to be advised upon placement.
Where the placement is based	Paediatrics - Epsom
Clinical supervisor(s) for the placement	Dr Emily Goodlad, Dr Meena Hindmarch
saparrison(s) for the placement	2. 2, 333444, 51 1113514 1 11141141141
Main duties of the placement	Specific duties to be advised upon placement.
Typical working pattern in this placement	Please refer to the Educational Opportunities.
(e.g. ward rounds, clinics, theatre sessions)	Rota TBC.
Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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F2 Post codes:

LDN/RVR05/002/F2/002 LDN/RVR50/002/F2/001

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Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
the ability to work adaptively in healthcare teams	Weekly F2 teaching ALS Simulation	SLEs including mini CEXs, DOPs, CBDs, developing the clinical	http://www.foundationprogramme. nhs.uk/pages/home/e-portfolio http://www.foundationprogramme. nhs.uk/pages/home/your-career-
the ability to manage patients with acute and long-term conditions	Crisis Communication skills Script modules	teacher	path http://www.foundationprogramme. nhs.uk/pages/home/foundation- ARCP
continuous improvement in their professional and clinical skills/acumen	e-learning		http://www.stfs.org.uk/
increasing understanding of the healthcare environment			

	Paediatrics Epsom
Monday	SHO presentation and X-ray meeting 12.30-2pm
Tuesday	Journal club or SHO topic teaching 09.00 – 09.30
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs)
Thursday	Paediatric / Neonatal Simulation 09.00 – 09.30
	Grand Round Lunchtime meeting 12:30 – 13:30
	Paediatric Academic Afternoon 14:00-15.00/16.00
Friday	Informal Teaching / "Cake" Friday – no set time

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