

# Welcome to the South Thames Foundation School – Presentation 2 - what next?

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Professor Jan Welch  
Director

Dr Mark Cottee  
Deputy Director

Dr Paul Reynolds  
Deputy Director

Developing people  
for health and  
healthcare



# Allocation to 2 year programmes

- 2 stage process using Oriel
- 1 – ranking to 5 programme groups already complete
  - Coast and country
  - London links 1
  - London links 3
  - Continuity
  - London links 2
- 2 – ranking programmes in your group

# Our programmes

800+ x 2  
 year  
 programmes  
 in 18 acute  
 and 6 mental  
 health trusts  
 plus local  
 GP practices  
 and  
 community  
 services



# Programme composition

- 2 years in the same or 2 different places
  - Some trusts have more than one site
  - Some hospitals in STFS have similar names
- Generally no more than 1 year in a teaching hospital
- 22.5% of F1s and 22.5% of F2s have 4/12 psychiatry placement
- All have 4/12 based in the community
- Spreadsheet of programmes on STFS website

# Programme composition and linkages

Usually 3 x 4/12 posts in each year

F1 programme

(eg 4/12 geriatric medicine/ 4/12 gastroenterology/ 4/12 surgery at Ashford)

linked to F2 programme

(eg 4/12 emergency medicine / 4/12 GP / 4/12 cardiology at Brighton)



## Potential changes

- We try to ensure accurate descriptions – but service reconfigurations on-going
- It is a generic programme and we do ensure that your 2 years meet curricular requirements
- F2 Swaps - annually for single placements or entire F2 year
- Foundation Review largely implemented eg new priority programmes



# What should you be aiming for?

- **Breadth**
  - specialty
  - location
  - ways of working
- **Opportunities to try out specialties**
- **Gain relevant competences / develop your portfolio**
- **Complementary areas**



# Careers and allocation

Know what  
you want  
to do?

- **Test it**
  - post
  - tasters
- **Complementary areas**
- **Plan B**

Not sure?

- **Sample different areas**
- **Reflection**
- **Observe and ask**
- **Tasters**



Specialty	Level	UK		
		Applications	Posts	Ratio
ACCS Anaesthetics/Core Anaesthetics	CT1/ST1	1479	569	2.60
Acute Care Common Stem - Emergency Medicine	CT1/ST1	863	348	2.48
Broad Based Training	CT1/ST1	109	13	8.38
Cardio-thoracic surgery	CT1/ST1	129	13	9.92
Clinical Radiology	CT1/ST1	1308	311	4.21
Community Sexual & Reproductive Health	CT1/ST1	108	6	18.00
Core Psychiatry Training	CT1/ST1	895	410	2.18
Core Surgical Training	CT1/ST1	2322	605	3.84
General Practice	CT1/ST1	5770	3836	1.50
Histopathology	CT1/ST1	261	97	2.69
Internal Medicine Training	CT1/ST1	2798	1610	1.74
Neurosurgery	CT1/ST1	220	26	8.46
Obstetrics and Gynaecology	CT1/ST1	672	256	2.63
Ophthalmology	CT1/ST1	430	75	5.73
Oral and Maxillo-facial Surgery	CT1/ST1	32	10	3.20
Paediatrics	CT1/ST1	712	461	1.54
Public Health Medicine	CT1/ST1	933	77	12.12
Trauma and Orthopaedic Surgery (Scotland Only)	CT1/ST1	221	9	24.56

# LTFT – less than full time training

- Usually 50 – 80% whole time equivalent (WTE)
- Developed for people with disability or carer responsibilities but becoming more available
- Duration of training increases pro rata
- May have less choice of later placements
- Slot shares – helpful if you can find a colleague to share with



# Arranging LTFT

- Once appointed to training scheme
- Need to complete application for LTFT
- May then take several months to arrange
- Usually working LTFT in an existing FT post with special arrangements and support from the employing trust
  - LTFT in full-time post
  - or
  - Slot share

# Careers and part-time working

- Women remain under-represented at senior levels of many professions
- Currently women tend to provide more childcare than men
- Part-time work can slow down progression
- Increasing trend to share responsibilities more evenly

# 2021 Dates for F1 allocation

- **11<sup>th</sup> March**- Standard Foundation allocation information released
- **17<sup>th</sup> March** Oriel closed for group allocation
- **22<sup>nd</sup> March** Group match results and programme preferencing opens
- **30<sup>th</sup> March** – **Oriel closes for programme ranking - noon**
- **8<sup>th</sup> April** applicants notified of programme result

# Prescribing Safety Assessment (PSA)

- Passing the PSA now necessary to complete F1
- Those who have failed/unable to sit at F1 entry (eg overseas graduates) are encouraged to do additional SCRIPT on-line modules
- Advice on passing the PSA on website
- Foundation school PSA sittings for anyone who has not yet sat/passed held in September, March and May

## Other prescribing

- In addition, STFS trusts carry out a practical prescribing assessment using local charts etc.
- Aim to identify areas of prescribing weakness and provide support, by use of specific [SCRIPT](#) e-learning modules
- All STFS doctors must do at least 6 SCRIPT modules a year

# Dr Paul Reynolds

- Role of a Deputy Director
- Geographical aspects
- Training in trusts and sources of support
- Quality
- Simulation



# Foundation Year 1

- Pivotal role often organisational
- Usually greater time spent with patients than any of the rest of team
- Organise investigations and chase up results
- Liaise with relatives
- More interaction with nursing staff

# Challenges in taking this massive step up in responsibility

- Sleep pattern and punctuality
- Personal organisation
- Secure accommodation and social environment
- Social media
- Professionalism

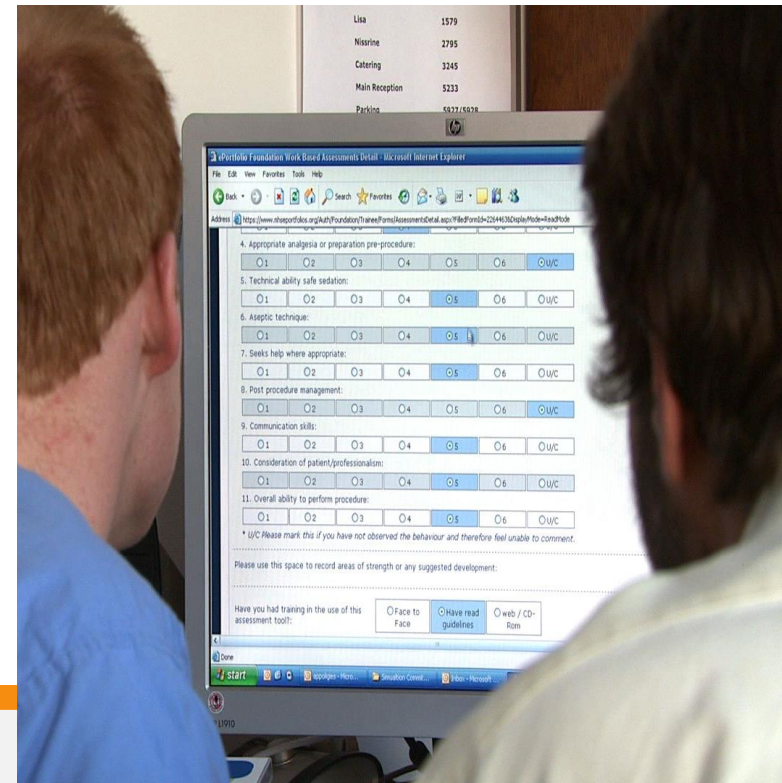
# Strategic Considerations

## Advantages of going outside London

1. Less competitive
2. More appreciated
3. Social aspects
4. Cheaper
5. Better access to a variety of presentations and procedures

# Quality

- Part of role of STFS / HEE local teams
- Training vs employers' responsibilities eg hours, contract, etc
- Unit Feedback
  - Regional and Local Foundation Representatives
  - Faculty Feedback
  - GMC Surveys
  - Quality visits



# Dr Mark Cottee

- Learning as a doctor
- New curriculum
- Supervised learning events
- Teaching

## Other aspects

- Curriculum
- Prescribing
- Supervised learning events
- e portfolio



### Horus ePortfolio

Home Admin menu ▾ Trainer menu ▾ Forms (start new) ARCP panels

#### Create New Forms

##### Mandatory forms for each placement

###### At the beginning of each placement

Form	Who	Min.
<a href="#">Initial Meeting with Educational Supervisor</a>	ES	1
<a href="#">Induction Meeting with Clinical Supervisor</a>	CS	1
<a href="#">or Combined Induction Meeting with Clinical Supervisor &amp; Initial Meeting with Educational Supervisor</a>	ES	1 *
PDP	FD	1

###### Throughout each placement

Form	Who	Min.
<a href="#">Mini-Clinical Evaluation Exercise (Mini-CEX)</a>	FD/T	3+
<a href="#">Direct observation of procedural skill (DOPS)</a>	FD/T	0+
<a href="#">Case-based discussion (CBD)</a>	FD/T	2
Reflection	FD	†

# Curriculum

- Outcome based and an emphasis on team working and personal qualities (eg empathy)
- Have to complete time period
- e-portfolio (Horus)
- Generic training
- Clinical supervisor, educational supervisor and foundation training programme director
- New curriculum for August 2021

# Doctors and the GMC

- Doctors now under great scrutiny
- Recent problems in which the GMC became involved include:
  - Speeding / drunk driving
  - Drug use
  - Urinating in street outside pub
  - Parking violations/forging parking permits
  - Posting patient information on Facebook
  - Pictures on WhatsApp
  - Taking indecent pictures on a mobile phone
  - Not declaring previous issues (can delay registration)
- Provisional registration time limited (3 years & 30 days)
- Revalidation with GMC for all doctors with full registration and a licence to practise



# STFS

- 1 school, based virtually / at Stewart House in Russell Square
- fair and transparent
- e mail / meetings
  
- fortnightly bulletins
- representatives
- check website for policies etc
- [www.lonkssfoundation.hee.nhs.uk/stfs](http://www.lonkssfoundation.hee.nhs.uk/stfs)

**Contact details for all Foundation  
enquiries tel: 020 7866 3216**

**[https://lasepgmdesupport.hee.nhs.uk  
/support/home](https://lasepgmdesupport.hee.nhs.uk/support/home)**